

2015 NPC Southern Classic Bodybuilding, Figure, Bikini & Physique Championships

Check-In and Weigh-In

EMBASSY SUITES RIDGELAND-200 TOWNSHIP PLACE-RIDGELAND, MS 39157

ALL ATHLETES MUST CHECK-IN AND WEIGH-IN ON FRIDAY NIGHT JUNE 5, 2015 BETWEEN THE HOURS OF 4:00 P.M. AND 8:00 P.M.

- NPC cards will be sold at check-in but **NO CASH** will be accepted!! CHECK OR MONEY ORDER ONLY, made payable to the NATIONAL PHYSIQUE COMMITTEE

ONLY ATHLETES WILL BE PERMITTED IN THE ROOM DURING WEIGH-IN. NO WEIGH-IN ON SATURDAY MORNING.

GOODIE BAG AND T-SHIRT WILL BE GIVEN TO THE FIRST 150 PRE-ENTERED ATHLETES. ENTRY FORM MUST BE RECEIVED BY MAY 18, 2015 TO INSURE THE CORRECT T-SHIRT SIZE. SEND YOUR ENTRY IN EARLY!!!

Music/NPC Regulations

- ALL COMPETITORS ARE REQUIRED TO BRING BANDS FOR PUMP-UP. NO WEIGHTS WILL BE ALLOWED IN PUMP-UP ROOM.
- ALL BODYBUILDING AND WOMEN PHYSIQUE ATHLETES MUST SUPPLY THEIR OWN MUSIC. MUSIC MUST BE NO LONGER THAN 45 SECONDS
- POSING MUSIC MUST BE ON A CD AND MUSIC MUST BE AT THE BEGINNING OF THE CD
- POSING MUSIC MUST BE THE ONLY MUSIC ON THE CD.
- MUSIC WILL BE COLLECTED AT WEIGH-IN ON FRIDAY NIGHT.
- COMPETITORS WILL NOT USE MUSIC AT PREJUDGING.
- BODYBUILDING AND BIKINI COMPETITION SUITS MUST BE WORN TO WEIGH-IN FOR APPROVAL.
- NO "T" OR THONG SUITS WILL BE ALLOWED. EMPHASIS IS ON "GOOD TASTE"!
- ALL ATHLETES MAY CROSSOVER IN THE SAME DIVISION WITH A LIMITATION OF THREE TIMES. NO CROSSOVER WILL BE PERMITTED BETWEEN DIVISION, EXAMPLE: PHYSIQUE TO BODYBUILDING, BIKINI TO FIGURE.
- NO REFUNDS
- DUE TO VENUE RULES, ALL ATHLETES WEARING TANNING PRODUCTS MUST WEAR LONG SLEEVE SHIRTS AND LONG PANTS TO SIT IN AUDITORIUM SEATING!! NO EXCEPTIONS
- NO DREAM TAN ALLOWED
- THE NPC RESERVES THE RIGHT TO DETERMINE THE NUMBER OF COMPETITORS THAT WILL POSE AT NIGHT SHOW.

POSING AND AWARDS

All competitors in Bodybuilding, Figure, Bikini & Physique will be introduced on stage at the night show. The top 5 competitors in each bodybuilding class and top 5 competitors in Women's Physique height class will perform their routine. The top 5 competitors in each bodybuilding class, the top 5 Figure, Bikini & Physique finalists in each height class, and the overall winners will be awarded trophies.

TICKET PRICES

Prejudging	\$20.00	Open Seating
Night Show	\$30.00	General Admission
	\$40.00	VIP

ENTRY FEES

Money order or check made payable to "Southern Classic" in the amount of \$80.00 for each athlete (Men and Women) for each division entered, \$120.00 after entry deadline of May 30, 2015. Only cash, money order, certificated check accepted on Friday night entries.

ENTRY DEADLINE

All entries must be postmarked no later than Saturday, May 30, 2015 to avoid a late fee of \$40.00.

Check List:

- Entry form & RELEASE- signed and completed
- Copy of your 2015 NPC card (can be purchased at check-in) Check or money order only made payable to National Physique Committee
- Copy of your 2015 NPC Official Height Card (will be given at check-in if you don't have one)
- Check or money order for \$80.00 payable to "Southern Classic"
- Copy of driver license if you are entering Teenage, All Masters including 35, 40, 45 & Over

2015 NPC Southern Classic Bodybuilding, Figure, Bikini & Physique Championships

Official Bodybuilding, Figure, Bikini & Physique Entry Form- Sanction #12875

Name: First _____ Last _____ DOB _____
Address _____ City _____ State _____
Phone () _____ Email: _____
Age: _____ Height: _____ Contest Weight: _____ T-Shirt Size _____

PLEASE CHECK THE DIVISIONS/CLASS IN WHICH YOU INTEND TO COMPETE

Men's Open Bodybuilding

- _____ Bantam (Up to & Inc.143.25 lbs)
- _____ Light (Over 143.25 lbs & Inc.154.25 lbs)
- _____ Welter (Over 154.25 lbs & Inc. 165.25 lbs)
- _____ Middle (Over 165.25 lbs & Inc. 176.25 lbs)
- _____ Light-Heavy (Over 176.25 lbs & Inc.198.25lbs)
- _____ Heavy (Over 198.25 lbs & Inc. 225.25 lbs)
- _____ Super-Heavy(Over 225.25 lbs)

Teen Bodybuilding (Male 16-19 yrs old)

- _____ Teen (One class)

Men's Junior Bodybuilding

- _____ Light (Up to & Inc.165.25 lbs)
- _____ Middle (Over 165.25 lbs & Inc.187.25 lbs)
- _____ Heavy (Over 187.25 lbs)

Men's True Novice Bodybuilding(First-time Competitor)

- _____ Light (Up to 176.25 lbs)
- _____ Heavy (Over 176.25 lbs)

Men's Masters Bodybuilding

- _____ 35 & Over (One Class)
- _____ 40 &Over Light (Up to & Inc.176.25 lbs)
- _____ 40 & Over Heavy (Over 176.25 lbs)
- _____ 50 &Over Light (Up to & Inc.176.25 lbs)
- _____ 50 & Over Heavy (Over 176.25 lbs)
- _____ 60 & over (One Class)

Men's BB Uniform Class (Military, Police or Fire)

- _____ Light (Up to & Inc.176.25 lbs)
- _____ Heavy (Over 176.25 lbs)

Men's Physique

- _____ True Novice (One Class) (**First Time Competitor**)
- _____ Teen (One Class) (**16 to 19 yrs old**)
- _____ A (Up to & Inc. 5'7")
- _____ B (Over 5'7"& & Inc. 5'8")
- _____ C (Over 5'8" & Inc.5'9")
- _____ D (Over 5'9" & Inc. 5'11")
- _____ E(Over 5'11" & Inc. 6')
- _____ F (Over 6')
- _____ Masters (35 & Over) (One Class)

Women's Physique

- _____ A (Up to & Inc 5'4")
- _____ B (Over 5'4")
- _____ Masters 35 & Over (One Class)

Women's Figure

- _____ True Novice (One Class) (**First Time Competitor**)
- _____ **Teen (One Class) (16 to 19 yrs old)**
- _____ A (Up to Inc. 5'1")
- _____ B (Over 5'1" & Inc. 5'2 1/2")
- _____ C (Over 5'2 1/2" & Inc. 5'4")
- _____ D (Over 5'4" & Inc. 5'5 1/2")
- _____ E (Over 5'5 1/2" & Inc. 5'7")
- _____ F (Over 5'7")
- _____ Masters (35 & Over)
- _____ Masters (40 & Over)
- _____ Masters (45 & Over)

Women's Bikini

- _____ True Novice (One Class) (**First Time Competitor**)
- _____ **Teen (One Class) (16 to 19 yrs old)**
- _____ A (Up to & Inc. 5'1")
- _____ B (Over 5'1" & Inc. 5'2 1/2")
- _____ C (Over 5'2 1/2" & Inc. 5'4")
- _____ D (Over 5'4" & Inc. 5'5 1/2")
- _____ E (Over 5'5 1/2" & Inc. 5'7")
- _____ F (Over 5'7")
- _____ Masters (35 & Over)
- _____ Masters (40 & Over)

I agree to waive and release all rights and claims to damages for myself and all heirs from the release extends to the National Physique Committee, Don Hollis, Betty Hollis, the promotions and sponsors, agents, leaders, officials of the above described contest I also grant the promoter the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my appearance and name in any and all media with respect to any advertising or publicity. I also understand that this contest may be videotaped for television and I hereby release and waive all rights to the television productions of this contest. The NPC reserves the right to determine the number of competitors that will pose at the evening show. The undersigned consents and agrees that the undersigned will comply with all rules and regulations of the "Embassy Suites-Ridgeland, Ms" Host Hotel including any rules or regulations prohibiting cooking or food preparation in the Hotel Rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the promoter from and against any damages caused by the undersigned to the "Embassy Suites-Ridgeland, Ms" Host Hotel or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the "Embassy Suites-Ridgeland, Ms" Host Hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC.

Signature _____
PARENTS/GUARDIAN (if Athlete is under 18 years of Age) _____

****THIS FORM MUST BE SIGNED AND MAILED IN WITH YOUR ENTRY FORM****

In consideration of being allowed to participate in any way in the **Name of Event NPC Southern Classic** (“Event”) promoted by **Name of Promoter Don Hollis** (“Promoter”) and sanctioned by the National Physique Committee of the USA, Inc. (“NPC”), its related events and activities,

I, Please print your name _____), the undersigned, acknowledge, appreciate and agree that: The risk of injury from the activities involved in this Event is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE PROMOTER AND/OR THE NPC or others, and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation, if, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Promoter immediately; and, I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE PROMOTER AND THE NPC and each of their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used for the activity (“Releasees”), WITH RESPECT TO ANY AND ALL INJURY DISABILITY, DEATH, or loss or damage to person or property associated with my presence at or participation in or in traveling to and from the Event, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

The undersigned further consents and agrees that the undersigned will comply with all rules and regulations of the **Name of Hotel Embassy Suites - Ridgeland, MS** (“Hotel”) including any rules or regulations prohibiting cooking or food preparation in the hotel rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the Promoter from and against any damages caused by the undersigned to the Hotel or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned’s failure to comply with any rule or regulation of the Hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC. And in further consideration of permission being granted to me to participate in the Event and its related events. I hereby grant the NPC, Promoter and/or any other NPC-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing on digital or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate the NPC, Promoter, and/or any other NPC-approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that the NPC, the Promoter and/or any NPC-approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to the NPC, Promoter and/or any other NPC-approved video or entertainment organization hereunder. **I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

X _____ Age: _____ Date Signed _____ PARTICIPANTS
SIGNATURE

FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my child and our heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child’s involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

X _____ Age: _____ Date Signed _____ PARTICIPANTS
SIGNATURE

2015		NATIONAL PHYSIQUE COMMITTEE APPLICATION		2015	
REGISTRATION		MEN'S AND WOMEN'S REGISTRATION CARD		REGISTRATION	
YOUR MEMBERSHIP EXPIRES ON DECEMBER 31, 2015					
COMPLETE THE ENTIRE CARD – PRINT CLEARLY					
LAST NAME		FIRST NAME		INITIAL	
STREET ADDRESS				REGISTRATION NUMBER	
				NPC OFFICE USE ONLY	
CITY			STATE	ZIP CODE	
E-MAIL ADDRESS:					
AREA CODE		TELEPHONE #		DATE OF BIRTH	MALE/FEMALE
REGISTRATION FEE		DATE OF APPLICATION		MAKE CHECK PAYABLE TO:	
\$120.00				NATIONAL PHYSIQUE COMMITTEE	
ENCLOSE CHECK IN AN ENVELOPE WITH THE APPLICATION AND MAIL TO:					
BODYBUILDING CHECK HERE <input type="checkbox"/>		MENS PHYSIQUE CHECK HERE <input type="checkbox"/>		423 ST AUGUSTINE DR	
WHEELCHAIR CHECK HERE <input type="checkbox"/>		WOMENS PHYSIQUE CHECK HERE <input type="checkbox"/>		MADISON, MS 39110	
FITNESS CHECK HERE <input type="checkbox"/>		FIGURE CHECK HERE <input type="checkbox"/>			
		BIKINI CHECK HERE <input type="checkbox"/>			
IF UNDER 18, HAVE PARENTS INITIAL		I CERTIFY THAT THE ABOVE ANSWERS ARE CORRECT AND THAT I AM ELIGIBLE IN ACCORDANCE WITH THE RULES OF THE NATIONAL PHYSIQUE COMMITTEE		SIGNATURE	
				X _____	

If you are entering the NPC Southern Classic and do not already have a 2015 NPC card:

(1) Print this application and complete

(2) Enclose a check for \$120.00 made payable to National Physique Committee

(3) Mail this application and your NPC Southern Classic entry form to:

NPC Southern Classic

423 St Augustine Dr.

Madison, MS 39110

NPC cards will be sold at check-in but NO CASH will be accepted!!

CHECK OR MONEY ORDER ONLY, made payable to the NATIONAL PHYSIQUE COMMITTEE