

Week's Activities	Date	Comments
<b>Week 1:</b> Introduce PFR & Handout #1 – YOUR CHILD'S SOCIAL AND EMOTIONAL HEALTH		
Begin JOINING process with parent		
Handout #3 (Creating Circle of Security)		
Define Attachment and discuss purpose of visit		
VIDEOTAPE parent & child interacting (10 min)		
Thoughts for Week 1: Circle of Security		

<b>Week 2:</b> Check in, discuss thoughts from week & continue joining		
Share ELEMENTS OF A HEALTHY RELATIONSHIP h/o and/or leave PFR video (new 15 min. version)		
Handout #2- MEETING THE SOCIAL & EMOTIONAL NEEDS		
REFLECTIVE OBSERVATION: Show and reflect on video		
Thoughts for Week 2: Social & Emotional Needs		

<b>Week 3:</b> Check in, discuss thoughts from week & continue joining		
VIDEOTAPE parent-child interact 10 min & teaching <5 min		
Handout #4/4b PATH TO TRUST & SECURITY		
BabyCues video & look at BabyCues cards		
Thoughts for Week 3: Path and BabyCues		

<b>Week 4:</b> Check in, discuss thoughts from week & continue joining		
REFLECTIVE OBSERVATION: Show and reflect on video		
Discuss Feeding/Sleeping - Keys to Caregiving handouts		
Thoughts for Week 4: feeding and sleeping		

<b>Week 5:</b> Check in, discuss thoughts from week & continue joining		
VIDEOTAPE parent & child interacting (10 min)		
Handout #13: CHALLENGING BEHAVIORS & discussion		
Handout #5 INTIMATE CONNECTIONS WITH BABIES		
Thoughts for Week 5: Challenging behaviors & Intimate Connections		

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<b>Week 6:</b>		
Check in, discuss thoughts from week & continue joining		
REFLECTIVE OBSERVATION: Show and reflect on video		
Memory of a Strong Emotion & bring discussion to present		
Handout #8: CIRCLE OF REPAIR and discussion		
Thoughts for Week 6: Circle of Repair		

<b>Week 7:</b>		
Check in, discuss thoughts from week & continue joining		
VIDEOTAPE parent & child interacting (10 min)		
Relate Handout #2 SOCIAL & EMOTIONAL NEEDS to family of origin		
Safe and Scary exercise and discussion		
Thoughts for Week 7: Safe vs. Scary		

<b>Week 8:</b>		
Check in, discuss thoughts from week & continue joining		
Discuss Three Steps to a Calmer Self		
REFLECTIVE OBSERVATION: Show and reflect on video		
Handout #10 Playtime with your child & discuss		
Handout #11 Teaching through play		
Thoughts for Week 8: Three steps to a calmer self		

<b>Week 9:</b>		
Check in, discuss thoughts from week & continue joining		
VIDEOTAPE parent-child interact 10 min + teaching <5 min		
Reintroduce Handout #13: CHALLENGING BEHAVIORS OF INFANTS & TODDLERS		
Explain Handout #14: BEHAVIORS, FEELINGS, & NEEDS: AN INTERVENTION WORKSHEET		
Fill out Intervention Worksheet together		
Thoughts for Week 9: Behaviors, Feelings, & Needs		

<b>Week 10:</b>		
Check in, discuss thoughts from week & continue joining		
REFLECTIVE OBSERVATION: Show and reflect on video		
H/O #12/12b: Encouraging Cooperation (apply to future)		
Handout #9: Staying Connected During Difficult Moments		
Consider a CLOSING RITUAL to honor the time you have spent together and to celebrate the developing parent-child relationship		

