1 Austria's highest peaks, waterfalls which are amongst the most impressive in Europe, vast glaciers and alpine meadows in full bloom. National Park Hohe Tauern is a high altitude landscape of extraordinary beauty and offers a wonderful retreat for thousands of animal and plant species in the Alps' largest nature reserve. Amenities: multimedia exhibition with audio-guide system on the nature and culture of the Hohe Tauern at Park House Matrei i. O. Shop. Special exhibitions, information. Info: Tel. +43 4875 5161-10

#

Exhibition: "Into the Open' 50 years Alpine Association - Kesslerstadt Matrei in East Tyrol

2 The mystical power of the mountains fascinated and inspired the pioneers of the Alpine Association, who began building trails and shelters 150 years ago, just as much as those who have campaigned for the creation of the Hohe Tauern National Park. And the cool climbing community too, who, with their thirst for freedom, climb skywards on the Falkenstein, are obviously also attracted by this mysterious force Permanent exhibition on the 150th anniversary of the Austrian Alpine Association.

Open during the summer from June 1st to Oct. 26th, Mon-Sat 10 a.m. to 6 p.m.

Großglockner Resort Kals-Matrei

During the winter from Dec. 20th to April 30th,



a breathtaking experience. Easily accessible from Kals am Grossglockner with the cable car, visitors are offered a magnificent view of the Panorama World 3000 with over 60 peaks over three thousand metres. Culinary delicacies. modern architecture, combined with quality art and culture are further highlights Starting point for numerous hikes and climbing tours such as the summit tour to the Rotenkogel or the Blauspitze. Europe Panorama Route for families to the mountain station Blauspitz, the Sudetendeutsche Hütte or the valley hike with nature trail "Life in Snow and Ice" and the herbal nature trail. Info: www.adlerlounge.at and www.gg-resort.at **◎****(**)

Stüdlhütte The Space Station on the Grossglockner



4 On the Grossglockner, Austria's highest mountain, in the heart of National Park Hohe Tauern lies the architecturally unique Stüdlhütte (2,802 m). On a hike through picturesque pine forests, 2.5 h from the Lucknerhaus parking lot through the Kodnitz valley, or 3.5 h through the Teischnitz valley you can reach the mountain hut on high mountain pastures. Organically farmed products are the basis of the delicious food served in the Studlhutte. Magnificent dinner buffets. Also open in the spring from early March to mid May for ski tours on and around the Grossglockner (overnight accommodation available). Contact: Fam. Oberlohr Georg, Tel.: +43 4876 8209, www.stuedlhuette.at

Virgental Valley – Hiking Valley Virgental Valley mountain huts



5 Mountain hut magic on the Lasörling and the Venediger mountain trail. See the world from above, day after day. From the easily reached Alpine pasture to the high-altitude mountain hut at the edge of the glacier. Stunning views, shimmering lakes, vultures, eagles, chamois ... Hike through spectacular natural scenery with countless flowers, enjoy the warm hospitality of the lodge hosts and the delicious local delicacies. The Virgentaler Valley mountain huts await you.

Info: office@virgentaler-huetten.at, www.virgentaler-huetten.at **◎***** **

Zedlacher Paradies

A nature trail under mighty larches



6 When the large expanse of larches, some of which are up to 500 years old, turns a golden yellow in the autumn, this is when the Zedlacher Paradise is at its most beautiful. But even in the spring and summertime, a walk through the "paradise" - and to the popular Wodenalm mountain pasture - lives up to this name. The nature trail Zedlacher Paradise above Matrei teaches the nature lover everything worth knowing about the forest and its creatures. And under one or the other powerful larch you may find one of the over-dimensional cast iron animals by the Matreian artist Erich Trost, created especially for this nature trail.

Pilgrimage Church Maria Schnee Late Gothic architecture on historic ground

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7 One of art history's most interesting churches in East Tyrol is the

pilgrimage church "Maria Schnee" in Obertauern, built 1456. The impressive

rescoes from the late 15th century were painted by Simon von Taisten, the

court painter of the Görzer counts. Due to a vow in the 17th century - when

the plague was raging in the valley – the symbolic offering of a sacrificial

ram is practiced to this very day. The church is surrounded by an ancient,

well kept court ensemble. A popular way of the cross with 15 expressive

stations leads directly to the pilgrimage church. Free cultural and historical

8 The small church in the district Bichl near Matrei East Tyrol, with its rare

double choir and the famous Romanesque frescoes, is one of Austria's and

the Alps' most important sacral buildings. The frescoes in the choir tower

period. The paintings in the lower choir (Adam & Eve - fall of mankind) are

by a local artist. The highly symbolic figures and scenes in the upper choir

vere created by a master from Padua under "influence of Venice" and a

So close to the king – Kals Valley Tour

are a monument to alpine-Italian culture before the onset of the Gothic

touch of the Orient". Info: Tourismusinformation Matrei i. Osttirol,

Tel. +43 50 212 500, www.matreiosttirol.com

Exploring the garden of giants

Kalser Glocknerhaus

Friday, 3-6 p.m.

A museum dedicated to Austria's highest mountain

10 NEW: large mineral exhibit & national park room "nature" in the exhibition

crystal groups the from the Glocknerwand are displayed for the first time and

can experience the unique culture and landscape, the colonization and customs

around Austria's highest mountain. The story of the first ascent, alpinism, the

various ascent routes and the panorama of the Grossglockner are placed in

the spotlight. Info: Tel. +43 50 212 540, www.kals.at. Opening hours: June +

ORTNERHOF*** gourmet restaurant, horse ranch Eldorado Prägraten

Alpine pasture. Covered round pen and riding arena. Horse riding training.

Tame animals to pet. Winter Riding adventure in the snow. Family Kratzer.

by the Grossvenediger + riding arena Matrei i.O. Guided trail rides.

Alpine trekking in high valleys over 2,000 m. Day ride on the

Tel. +43 664 3527180, info@ortnerhof.at, www.ortnerhof.at,

Nature Energy Path Umbalfälle

New Water Vista Trail - Prägraten am Grossvenediger

12 In late spring and early summer

in particular, when the melting

the valley, you can experience the

famous natural spectacle taking

place at the Umbalfälle waterfall.

peen completely refurbished.

keeping nature in the forefront.

Europe's first water vista trail has

New platforms were created using

steel and larch wood, bringing the

ne tour is an easy hike suitable for

arting point: parking lot Ströden

harges apply) bei Hinterbichl/

aten/Grossvenediger,

sitors closer to the Umbalfälle.

ildren and older people.

43 50 212 530

water flows from the glacier to

www.reiten-tirol.com, www.facebook.com/ortnerhof.tirol

Western trainer. Horse trekking guide. Reservations:

Happiness on Horseback ..

Go horseback riding in National Park Hohe Tauern

October, Friday, 2.30-5.30 p.m. – July, August, September.: Monday, Wednesday,

the adventure of their recovery is shown on film. In a further 5 rooms, visitors

"Kal under the spell of the Alps" in the Kals Glockner house! Particularly beautiful

Cultural and Historic Treasure

The Church of St. Nicholas in Matrei East Tyrol

tours: early July to early September.

Info: www.osttirol-nationalpark.at



13 At the foot of the Grossvenediger lies the valley head recognised as the most beautiful of the Eastern Alps. Innergschlöss is accessible by foot from the Matreier Tauernhaus via a level forest road or on a romantic walkway on the other side of the glacier stream. Another charming and comfortable option is getting there by horse-drawn carriage. The "picture book" mountain village Aussergschlöss lies on the way with its Berghaus Aussergschlöss (refreshments available) and a lovely cliff chapel. The alpine inn Venedigerhaus awaits you in Inneroschlöss (1.691 m), starting point for the breathtaking glacier scenic path.

Alpine delicacies in the heart of Gschloess Alpengasthof Venedigerhaus Innergschlöss, 1.691 m



rounded by impressive mountain scenery and views of the "most beautiful valley of the eastern Alps" the house has offered rest and relaxation to generations of hikers, climbers and fresh air fanatics at a level that exceeds the standard of an average Alpine inn. You will be spoilt with traditional, typical East Tyrolean cuisine with fresh produce from the farm next door. The Venedigerhaus is the starting point of many tours in the area. For those who want to stay the night or even longer - rooms and mountaineers' camps are available. Info: Tel.: +43 4875 8820 oder 6771, www.venedigerhaus-innergschloess.at

Kalser Glocknerstrasse Experience The most beautiful view of the Grossglockner



15 An unforaettable experience on Austria's highest mountain! The 7 km long toll road (toll free in winter!) branching off in the district Kals/Burg. is accessible to buses and takes you to the picturesque Ködnitz Valley amongst the most beautiful mountain valleys of Tyrol. Directly from the parking lot Lucknerhaus, enjoy the most beautiful view of the Grossglockner. This is the starting point for many hikes, mountain and ski tours to the Grossglockner- and Schober- mountain ranges as well as the nature trail "Glocknerspur - BergeDenken", for nature and alpine history of the Grossglockner.

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The region around Kals at the oot of the "King" Grossglockner is ne Austria's most pristine landsapes, in the heart of the National Park Hohe Tauern. The 19.5 km ong Kals Valley tour, which has

een awarded the Austrian hiking seal, takes about 6 hours of solid

hiking time to complete. However, at it can be broken down into

> eparate stages with several entry nd exit opportunities. Rest areas a number of lookout points are nished with rustic Glockner

airs, numerous fountains pro-

de crystal clear drinking water.

ne route is easy with only slight

cents and descents, fantastic

stas and exciting features, the

8 m high suspension bridge.

fo: www.kals.at.

el. +43 50 212 540

ahliaht being the 55 m long and

Lucknerhaus · Stunning Glockner View



Glocknerstrasse. Hot meals served all day, offering a rich selection of local specialties. Over 200 seats in the restaurant. Sun deck, children's playground next to the house. 39 beds available in rooms with shower/WC, February to late October and over Christmas. Info: Fam. Johann Oberlohr, 9981 Kals, Glor-Berg 16, Tel. +43 4876 8555, info@lucknerhaus.at, www.lucknerhaus.at. (Livecam Grossglockner)

Lucknerhütte, 2.241 m

To Can be reached by foot path from the Kalser Glocknerstrasse car park in 1 hour. Our kitchen will spoil you with its organic specialties. Sun terrace with stunning views of the Grossglockner - watch wildlife such as ibex, eagles, bearded vultures and marmots. For kids there is a playground. We offer accommodation for 40 people in mountaineering camps with a communal shower, as well as rooms with shower and toilet, which allow for a longer stay. Webcam with a view of the Grossglockner www.grossglocknerwetter.at. Info: Fam. Florian Oberlohr, Glor 1, 9981 Kals am Großglockner, Tel. Tal: +43 4876 8221, Tel. Hütte: +43 4876 8455, info@lucknerhuette.at, www.lucknerhuette.at

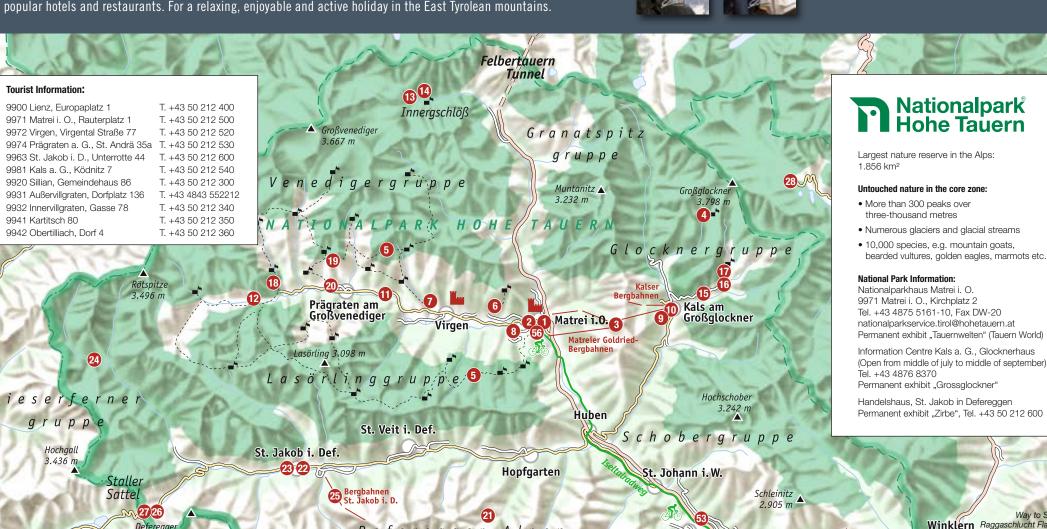
Climbing Park Großvenediger



Family Sigi Hatzer and team look forward to seeing you! Open daily! Info: www.grossvenediger-adventures.at,

Most Beautiful Valley Head of the Eastern Alps

ast Tyrol offers a variety of activities and a holiday with a quality that is hard to match. The new online tourism atform **www.deinbergtirol.at** takes you to the most interesting holiday destinations and sights, points you towards eal adventure highlights, looks into the cooking pots of the best chefs in the country, visits extraordinary shops and eptional craftsmen, shows you the most dreamily beautiful pictures of the region and tells you about the most oular hotels and restaurants. For a relaxing, enjoyable and active holiday in the East Tyrolean mountains.



DEIN BERG TIROL.AT

Berge

Dobbiaco Figure legend Natural beauty
Magnificent views X Near a restaurant or Cultural site; nature path Admission charge or toll road ** For families with children Accessible by car Accessible by mountain railway Bad weather option

Info: www.kalser-glocknerstrasse.at **◎ *** 🛖 🕆 火** 🤄



16 Ideal destination in summer and in winter, at the very end of the Kalser 16 camp beds. New: sauna/steam room, TV, W-LAN. Inn is open from early

A popular destination at the foot of the Grossglockner



Unique adventure in one of the most beautiful spots in the world!



exciting, thrilling and airy action with a breathtaking glacier backdrop. We guarantee a varied and unforgettable day of adventure for the whole family! 2015, a new ultimate KICK: 20 m long giant swing! Many new stations await you! The climbing park Grossvenediger lies at the starting point of the famous Umbal falls in Prägraten/Hinterbichl at the foot of the Grossvenediger. Tel. +43 680 1452075

New Sajat Hütte · 2,600 m **National Park Exhibition** The largest enclosed stone pine forest of the Eastern Alps



19 The Sajathütte located in the beautiful Virgen Valley at an altitude of 2,600 m offers highest comfort. Two dining rooms with open fireplaces, two sun terraces with stunning views, 10 m indoor climbing tower and much more. The kitchen prepares traditional Tyrolean dishes, game dishes and homemade desserts. The lodge is accessible from the parking lot Wallhorn via the Timmeltal in 2.5 h, via Bichl-Blumenweg in 3 h, via Bichl-Timmeltal 4 h and via the Johannishütte (ascent with the Venedigertaxi Kratzer) in 2.5 h. Open from mid-May to mid-October. Contact: Kratzer Stefan, Bichl 1c, 9974 Prägraten a. G., el. hut +43 664 5454460, www.sajathuette.at

Venediger-Taxi Prägraten

.. so close to the Grossvenediger (3,659 m)



Take the Hüttentaxi right into the mountains. From Hinterbichl (1.312 m) to the Johannishütte (2.121 m) Shortest and easiest ascent to the **Grossvenediger** (3,659 m) From 6.30 a.m. hourly as required; requests from 3.30 a.m. Starting point to the Sajahütte (2.5 hrs) - Eisseehütte (3.5 hrs) Essener-Rostockerhütte (3 hrs) - Defreggerhaus (2.5 hrs) Registration required! Kratzer Siegfried, Bichl 8, 9974 Prägraten am Grossvenediger, Tel. +43 4877 5369. - Regular taxi service and patient transport also available!

The Bloshütte • 1,800 m That little bit closer to the sky!

tination for hikers, mountain bikers nature lovers and gourmets. At the estaurant "Glauritwasserfall" you unwind before being spoiled he landlord and his team with e-made delicacies. The "Biker mtisch" (biker's regular table), y Wednesday from about 4 p.m. conular with quests. Every cyclist eives a little snack free of charge. can reach the hut by foot via ofgarten in 2.5 h, with the hut taxi ssnig or after consulting with the ndlord by phone. Overnight acnodation available: 22 people amps/16 people – rooms. Wi-Fi able! Open early June to early ctober. Contact: Pongritz Franz, 9961 Hopfgarten im Defereggen el. hut +43 4872 20314

. vallev +43 664 1873602

I. taxi Blassnig +43 4872 5361

The Bloshütte is a popular des-

Austria's Oldest Mountain Pastures Jagdhausalmen & Pfauenauge im Defereggental

3 The exhibition "Time Travel Defereggental" in the archaeological valley

room the visitors go on an interactive journey from the ice age through the

millennia. The 1000 year old dug-out canoe, conserved in a glass show

case, is the centre of the exhibition. In the second room articles found tell

and wandering tradesmen. Info: Tourismusinformation St. Jakob,

stories from the Jägerstation on Hirschbichl to the flourishing days of mining

nuseum in St. Jakob town centre is divided into two rooms. In the first

22 The National Park Hohe Tauern has been presenting the exhibit "Erlebnis"

Zirbe" ("Pine Experience") in the trade house in St. Jakob (an old listed miner's

house in the center of town) for 16 years. This exhibit has now been completely

revised and expanded. The stone pine museum aims to encourage hands-on

discovery and to motivate its visitors to seek out the fascinating Oberhauser

Pine Forest in the National Park Hohe Tauern - the largest such forest in the

Eastern Alps - to experience it first hand. The very slow-growing pine trees can

reach up to 1,000 years of age. Regional wood carvers almost exclusively use

the soft stone pine wood for their handicraft. From stone pine cones fine spirits

Exhibition Time Travel Defereggental

Travel back in history in the Talschaftsmuseum

and liquors are produced. Tel. +43 50 212 600.



stone, Austria's oldest mountain pastures - the Jagdhausalmen - were first mentioned in the 13th century. From the parking lot Alpengasthaus Oberaus, accessible from Erlsbach via a toll road, you follow a track into the valley through a pine and larch wood and reach the Jagdhausalm after a 2 hour walk. Above the Jagdhausalm, hidden behind a moraine wall, lies a small circular lake – the Pfauenauge (eye on the peacock's tail).

Pleasure Hike on the Brunnalm



The brochures in practical pocket format "Peak of Indulgence — Restaurant Guide"

and "Insider Tips — Special Shops and Craft

are available in German and Italian at

Hiking in Defereggentail is a very special experience. Amidst impressive mountain scenery you can forget about everyday life. In summer as well as winter you can take the cable car and the chair lift up to 2,300 m sea level, an ideal starting point for many easy to moderate hikes. Go up to mountain peaks of over 2,900 m. At a number of mountain restaurants you can enjoy a well deserved snack and a stunning panoramic view of many mountain peaks of three thousand metres or more.

③ (** * × €

Info: Skizentrum St. Jakob i. Def., Tel. +43 4873 5274

Obersee & Staller Sattel

Border between Austria and Italy



The Staller Sattel is a mountain pass in the Eastern Alps at 2,052 meters above sea level, which connects the East Tyrolean Defereggental Valley with the South Tyrolean Antholzertal Valley. Motorcyclists and motorists driving over the Staller Sattel usually have a short wait due to traffic light regulated hours of use on the Italian side. These can be passed pleasantly with a walk to the lake and by visiting the information point where you can always find the latest information on the Dreffregen and Antholzer Valleys. The road to Antholz is open from May to November (crossing closed in the winter).

Alpengasthaus Obersee Romantic lakefront inn at 2,050 m

www.alpengasthaus-obersee.com



The Alpine tavern, located right by Obersee Lake on Staller Sattel in Defreggental Valley, is a popular tourist destination year round. Newly opened in 2013, the surrounding area has plenty to offer for hikers, bikers or connoisseurs who simply want to spend quiet hours at the romantic and historic lake shore. Relax and enjoy the hearty Tyrolean cuisine, ideally on the covered and wind sheltered terrace with a magnificent view of the guiet lake and the spectacular mountain scenery. No matter what time of year – stopping off at

Life is better on a Wakeboard High alpine experience for nature lovers, and a scenic drive



The wake park with its 2-pole system at Gössnitzsee is unique in Austria. Wakeboarding is a combination of water skiing and surfing. You can also use this facility for water skiing, surfing, wakeskating or whizzing across the lake on a kneeboard. There are several obstacles in the water e.g. a funbox with a 22 m long jumping platform. Various boards. life jackets, wetsuits and helmets can be rented on site. Contact: Tel. +43 664 3304400, www.wakestall.at

for an unforgettable day InfoCenter: Grossglockner Hochalspenstraße AG,

The Grossglockner High Alpine Road is one of the most fascinating

the National Park Hohe Tauern. High above the Pasterze Glacier the

themed trails, children's playgrounds and a marvellous view all make

Grossalockner appears close enough to touch. Changing exhibits,

Grossglockner High Alpine Road

T. +43 662 873673-0, M. info@grossglockner.at, www.grossglockner.at **◎ *** ⊕ X** € &

The Wildly Romantic Raggaschlucht An adventure for the whole family



Alps. Vertical rock walls narrow romantic gorge, the sound of ne water's roaring fills the air. A hemed walk. on which vou learn everything about the structure and he special features of the gorge, leads you through the natural onument on artistically crafted ootbridges. On the way back, on ı shady forest path, you can enjoy agnificent views of Flattach and surrounding mountains. Opeg times: 09/05-13/06/2015 ily 10 a.m.-4 p.m., 14/06 09/2015, daily 9 a.m.-5 p.m. 5/09-11/10/2015, daily 10 a.m.-4 p.m. Info at: www.flattach.at ontact: At the cash at Ragga chlucht, Tel. +43 4785 333 or 15 o@flattach.at **③⇔**** ♣ * **X** €

most beautiful gorges in the

Boat trip on the Weissensee A trip to Carinthia to the Alps' cleanest swimming lake



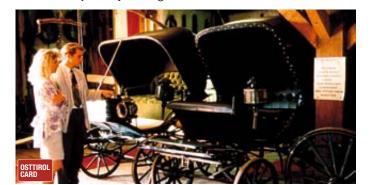
In the neighbouring province of Carinthia, 54 km from Lienz, lies the untouched and nature protected Weissensee Lake. Like a fjord with white shores, Austria's swimming lake at the highest altitude is situated among beautiful meadows and woods. Large parts of the lake are accessible by foot or by boat only. Tour boats of Weissenseeschifffahrt.at will take you across the quiet lake via various landing places, through a unique nature landscape to the eastern shore. Time table: from May 10th to October 4th 2015, special ours from ~ April 20th to end of October 2015. Info: Tel. +43 676 6761708, el. +43 4713 2267, www.weissenseeschifffahrt.at, winkler@techendorf.at **◎ ** ⊕ *** × €

Porzehütte. 1.942 m



31 A forestry road, which can be traveled by car, leads out of Obertilliach on a moderate slope through the Dorfer valley to the idyllic Klapfsee lake which lies under the rocky summit of the Porze. From there the Porze cabin can be reached in about an hour's walk on an easy path suitable for children and seniors. It is located just below the Tilliacher Joch (30 minutes walk) where the border of the Italian province Belluno runs. The cabin is also a popular destination for mountain bikers. Info: Tel. Hütte: +43 664 4038929, www.alpenverein.at/porzehuette

Carriage and Heritage Museum A historical journey through time in Obertilliach



32 The newly renovated carriage and heritage museum in the "Lugger-Stadl", located in the historic village centre of Obertilliach is host to a grand collection of carriages and sleighs from several eras, from rural craftsmanship to wedding carriages to hearses. Opening times: Beginning of July to middle of September, Mondays, Wednesdays and Fridays from 4-6 p.m. Other times available to groups upon request. Info: Toursmusinfo Obertilliach, Tel. +43 50 212 360 or Ortner Erwin, Tel. +43 664 9149014

△¥#**4**×€**↑**

Vantage Point Golzentipp "Sweet Temptation" Loacker Mountain Railway Obertilliach Loacker Moccaria and BrandStore in Heinfels



village to the hiking area Golzentipp, which offers an incomparable 360° mountain panorama, in about 5 minutes! This hiking area is particularly beautiful in the early summer, when blue enzian, arnica and other mountain flowers line the path. Ideal for walkers of all ages, a wide path with a slight incline leads to just below the Golzentipp summit. Launch sites for paragliders who enjoy special rates here, right by the mountain station!



Villgrater Nature Experience A trip to the Vigratental Valley



rials, we make everything from pure new wool. Visit us in the Villgrater Natur Haus and experience the very best wool products on a company tour. Villgrater Natur Haus, 9932 Innervillgraten 116, Tel. +43 4843 5520, office@ Opening times: Monday to Friday 7:30 am - midday and 1:30 pm to 6 pm, aturday 9 am to midday. Extended opening times from July to September Monday to Friday 7 am to 6:30 pm, Saturday 9 am to 12 pm.

Unique Mountain Village Oberstaller Alm and viewing platform in Villgratental



36 An impressive village with 18 sun burned and history-charged alpine cabins and a chapel. First mentioned in 1675, the alpine cabins today are a popular and easily accessible destination. The starting point for the short hike is the Unterstalleralm at the rear of Villgratental. The newly constructed viewing platform Klapfbach Waterfall, as part of a walking tour, is within about 10 minutes walking distance from the Unterstalleralm mountain tavern. From the viewing platform you get a wonderful view of the highest mountains in the region, the Oberstalleralm and the Unterstalleralm as well as the Kamelisenalm and the Villgrater mountains. Info: Tourismusinfo Innervillgraten, Tel. +43 50 212340.

Reiterstube

Enjoy an idyllic alpine pasture



37 The "Reiterstube" in the Winkeltal is about 5 km from Ausservillgraten Cosy rooms, terrace, Villgrater and Tyrolian specialties, homemade pastries, lamb and game dishes. Individual wishes are always possible if requested in advance. In wintertime the "Reiterstube" is a popular meeting place after sledding on a well-lit run as well as the starting point for horse drawn sleigh rides and ski tours. A visit to the new "Alpine Kneipp Spa" is also not to be missed. The Bachlechner family looks forward to your visit. Info: Fam. Bachlechner, Winkeltal 108, 9931 Ausservillgraten, Tel. +43 4843 5188, info@reiterstube.at, www.reiterstube.at

Alpine Spa in the Winkeltal Valley Kneipping keeps body and soul fit



Ausservillgraten near the Reiterstube (1,517 m), a new kneipp spa has been built, in keeping with nature. The spa, built from local materials, offers many kinds of water and foot applications such as: the cold arm bath - wading face affusion - knee affusion - footbath - barefoot path - vein steps a relaxation area - herb and flower gardens - children's play area inhalation enclosure with relaxation cabin. Tourism office Außervillgraten, Tel. +43 4843 552212

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making its products since 1925. The entire product range of waffers with a variety of creams and flavours, with or without chocolate coating is available in the Loacker BrandStore in Heinfels. And all this without any artificial preservatives colours or flavourings. The **Loacker Moccaria** has a special atmosphere. The old coffee-house now has a modern touch. Let yourself be spoilt with our own blends of coffee and our home made patisserie products. Visit the Loacker world of indulgence, an interactive experience for young and old (free admission!). pen daily. Info: Loacker Heinfels, Panzendorf 196, 9919 Heinfels, Tel. + 43 (0)4842 6060, konfekt@loacker.com

Lake Hike at the Thurntaler Hochpustertaler Mountain Railway



40 An extensive hiking paradise at 2,100 m sea level. Diverse, not too steep hikes to the Thurntaler Lake or a long hiking tour across blooming mountain pastures around Thurntaler Peak. You are met by a magnificent panoramic view of the famous Dolomites and Karnian Alps in the South and to the Villgrater Mountains in the North. Our family hiking tip is the lovely and short hike to the "Three Lakes", an ideal starting place for paragliders and

Info: Hochpustertaler Bergbahnen, Tel. +43 4842 6011,



41 In Sillian's Wichtelpark even the little ones feel big, as there are many exciting attractions: an autodrome is a popular meeting place, especially for the younger kids; the zipline offers action at dizzy heights. Further there is a two-tower complex with tube slides, a 30 meter tube slide, seesaws, family swings, climbing walls, a water playground and an 18-hole miniature golf course. New: the 10 meter high sand mine over 3 floors. With diggers, conveyor belts and sand cranes there is much for the children to discover in the tunnels. Info: Tourism Info Sillian, Tel. +43 50 212 300, www.wichtel.at

Challenges of courage and skill



42 On this exciting journey of discovery you can expect new challenges of courage and ability, entertaining tasks, unusual views and above all, lots of fun! Experience the adventure area "forest" from a completely new perspective! 9 different courses at different levels of difficulty lead you to heigh of 1.5 – 8 meters. 73 elements and stations with 12 Flying Foxes to a total of 890 m length require climbing, balancing, sliding and swinging across a large variety of cable and bridge constructions Tourism office Sillian, Tel. +43 50 212 300, www.wichtel.a

Pustertaler Drauradweg



43 The paved and well marked bike path from Innichen (San Candido) to Lienz runs with a slight slope over 40km alongside the river Drava. Almost always away from the main road and on the opposite river bank. Thanks to its width and slope, it is also suitable for families with young children. There are train stations all along the way which allow you to shorten the route. You take the train - including bicycle transport - from Lienz to Innichen in South Tyrol and cycle back on the Drava bike path. The ride along the shady river bank is a pleasure, especially in the hot summer months. Info: Tourismusinfo Lienz, Tel. +43 50 212 400, www.drauradweg.com

Swimming and kneipping in the old farmers' baths in Abfaltersbach



bath from the 18th century. Open from late May to the end of September, it is situated on the right bank of the Drau (about 100 m from the cycle path). In 1996 the baths were recognized as a healing spa by the government office of Tyrol. You will bathe in calcium sulphate mineral healing water in pine basins with lids. A newly built kneipp path is just below the bath house by the old mill with a Tretpfad pool, two plunge pools as well as a small barefoot path. Meeting point is the snack bar for locals and holiday makers

The White Gold of the Mountains Cheese Dairy Drei Zinnen · Milk County South Tyrol



own or under our expert leadership our visitors are offered insights into the world of milk processing, and invited to sample our products. Opening times: Tues-Sat 8 a.m. to 7 p.m., Son 10 a.m. to 6 p.m. Closed Mondays. Open every day in July, August, September and over Christmas/New Year. Tel. +39 474 971317 oder +39 474 971300. info@schaukaesereidreizinnen.com, www.3zinnen.it

interesting facts about the history and modern trends of milk. Either on their

scenic roads in Europe. On 48 kilometres it leads directly into the heart of

Adventure Park Wichtelpark Sillian

Wichtelpark Sillian with new mine on 3 levels



Adventure Park Rope Course Sillian



A popular bike adventure for the whole family

"Aigner Badl" Spa

Info: Obertilliacher Bergbahnen, Tel. +43 4847 5300. the Alpendasthof Obersee is always delightful. Contakt: Tel. +43 680 1182971. www.obertilliacher-bergbahnen.com **◎***** ♣ ***** ×

Whether family bike, electric icing bike or mountain bike bike", like East Tyrol itself, Mecca for cyclists and the mber 1 place for bike repairs and service. A range of excellent ental bikes (including electrical es) is available any time. A wide ange of functional, state of the art ycling clothing and accessories also available. The homepage fers more than 50 suggestions nd descriptions of mountain bike ww.probike-lienz.at

ienz. Amlacherstrasse 1a. Opening times: Mon-Sat 9 a.m. -12 n.m. and 2-6 p.m., Tel. +43 4852 73536

*****† 4 €

First Tyrolian Vitalpinum Discover, learn, experience · Well-being from the Tyrolean mountains!



W Relaxation, vitality, pampering: located directly on the Draustrasse (B 100) in Thal, the show and adventure park (5000 m²) of the First Tyrolean mountain pine oil distillery of the Unterweger brothers awaits you. Discover the vital power of the mountains with all your senses: show distillery, wellness garder with many 'senses' stations (new: spring basin), jubilee path, playground, shop with high-quality care products by Unterweger - the Hochpustertal trip destination! Open: daily from May to October 10 a.m. to 5 p.m., July to August 9 a.m. to 6 p.m., package deals for buses/groups, guided tours on request, bus/car parking area; shop open year round, tel. +43 4855 81009, www.vitalpinum.com, office@vitalpinum.com

Toboggan through the Wildlife Park



Lienz Dolomites, past grazing elk and deer is an unforgettable experience for the whole family. A small cable lift takes you to the mountain station. he route of approximately 360 metres has a height difference of 100 metres. In the "Bärenwirt" inn hungry tobogganers can enjoy regional delicacies. Off season: Mon-Fri 1-5 p.m., Sat, Son, public holidays 11 am-5 p.m. Closed weekdays in April, May and October. Peak season: 11 a.m.-5 p.m.

Wildlife Park Assling

daily. Tel. +43 664 1212287, www.funalpin.at

Restaurant · playground · farm shop



49 Dive into the world of indigenous species. Experience nature and animals in the 1 ½ hour tour of the wildlife park - amongst deer and lynx, past raccoons, owls, mountain goats and bison, and many more. Leave everyday life behind you. And afterwards choose a souvenir from the farm shop. You can also sample regional specialties in the restaurant "Bärenwirt". A new 800 \mbox{m}^{2} large lynx enclosure. Wildlife Park Assling, playground and farm shop open daily from 9 a.m. to 7 p.m., dogs admissible on leads, stroller-friendly. Tel: +43 664 4207282, +43 4855 20474 www.wildparkassling.at,

◎☆±** * **X** €

◎ ** -- × €

Summer Gondola where the Sun Shines



www.erlebniswelt-assling.at

Lienzer Bergbahnen

10 Hiking Area Lienz-Zettersfeld gondola panoramic cable car 4-seat chairlift up to 2,278 m above sea level. Zettersfeld is the gateway to the National Park Hohe auern and the starting point for many beautiful hikes. Enjoy the most sunshine hours in Austria and East Tyrolean specialties in the nountain restaurants facing the enz Dolomites.

Hiking Area Lienz-Hochstein mbination trip (8-seat gondola 6-seat chair lift) Osttirodler up to 000 m above sea level. Petting , woodland playground, excel nt refreshments, nordic walking trails and great mountain tours wait you on the Lienzer Hausberg fo: Tel. +43 4852 63975 w.lienzer-bergbahnen.at

◎ * * * * ®**

③ ** €

Rental bike with service

With Papin on Austria's most popular bike path



22 Papin Sport features more than 4,000 new and modern oikes. In addition, the rental shops offer anything a cyclist's heart may desire: city bikes, mountain bikes, kking bikes, electric bikes, bikes children, tandem bikes, various ailers and essential accessories ch as helmets, child seats, cks, bags, etc. You can borrow ur ideal bike at the train stations olach, Innichen, Sillian or Lienz, ce along the beautiful Drava ke path and then easily return it he starting point can be reached y train, comfortably and stressfo: Papin Sport, Rental, Shop. el. +39 0474 913450, +43 720 45566, info@papinsport.com, vww.papinsport.com

RAFTING-CLUB AKTIV OSTTIROL



Bafting on the island – pure action, fun and excitement. Whether it is your first time in a boat, or whether you know all the tricks when it comes to rafting: everybody will get their money's worth. Highest level of professionalism is the motto! As pioneers of outdoor sports – especially of rafting and canyoning - Osttirol (East Tyrol) Rafting has set significant standards in the last 25 years. The highest level of safety and professionalism is thus guaranteed. Daily from May 15th to September 30th. Hotline: +43 676 5566019, Osttirolrafting, 9951 Ainet 143 www.osttirolrafting.at ***** ⊕** €

With Bow and Arrow Archery in East Tyrol



59 Walking through East Tyrol's beautiful landscape carrying bow and arrow is a very special holiday experience. There are numerous options for archers: \cdot archery hunting course at the Iselsberg with the special offer "bow hunting" for groups of 3 or more people - "Bogensport Zentrum Lienz", Pfister – indoor facility BOGENSPORT MOSER in Lienz · archery range "Losach" in Bichl near Matrei. "Prosseggklamm" range in Matrei. Range at the sports grounds St. Veit in the Defereggental · Range in Rangersdorf/Mölltal. Info from the tourism offices in each region and from Bogensport Moser in Lienz – Tel. +43 664 1000735

Dolomitengolf • an Echo with Every Strike One of Austria's most beautiful golf courses in Lavant



ackdrop of the Lienz Dolomites Lavant, GC Dolomitengolf comes you with one of ustria's most beautiful 27-hole ampionship courses. The el course offers three different nd distinctive 18-hole course riations. The practice course th open or roofed tee boxes, I bunkers, chipping greens putting greens offers the bes ing facilities. The Akademie nitengold is amongst the st professional Austrian golf chools. Mondays from 4-5 p.m. olf taster course with golf instruc or (appointment required).

National Park Nature Trails

56 The National Park Hohe Tauern offers a series of nature trails, which convey many things worth knowing about nature and the cultural area. With interactive points, information boards and brochures, those with an interest in nature can experience the real thing. Nature trails are a window to nature, they point out things that usually remain hidden from the hastily moving eye. Some of the trails are in the valley and are an easy walk, others lead through mountain pastures up to the glaciers. With extensive mountaineering experience, an education in natural history and great regional knowledge our ranger team offers you an interesting and varied hiking and nature adventure program. Info: www.hohetauern.at, www.hohetauern.at/lehrwege

Getaway Tip Dolomitenstrasse

In the heart of the Lienz Dolomites



on a paved toll road you can take your own car right into the heart of the famous Lienz Dolomites. The destination is the large parking lot of the Dolomitenhütte at 1,620 metres, the starting point for many beautiful climbing tours in the solid grey Dolomite rock, hikes, such as the two hour route to the Karlsbader Hütte or a pleasant walk to the romantically situated Instein chapel. Enjoy the magnificent view of the imposing cliffs of the Lienz Dolomites. Let yourself be carried away by the fascination of high altitude mountains. Info: Tel. +43 676 6781300 or +43 4852 63700, www.dolomitenstrasse.at

Dolomitenhütte ... be amazed & enjoy

Unforgettable views in the heart of the Dolomites



cape. A place as spectacular as he peaks of the Lienz Dolomites the background. A cottage raight from a picture book – old aditions perfectly restored. Built mountain wood with breaaking terraces and comfortable rlors. Modern cuisine - traditioal menu. Unforgettable views of e unique East Tyrolean mountain rld. The experience in the heart the Dolomites. New: overnight ommodation in a double room th panoramic view and seminar m for 12 people. Closed on ondays! (May and October) arlett & Juraj Olesova Oles, -9908 Amlach, Dolomitenhütte 1 . +43 664 2253782 o@dolomitenhuette.at dolomitenhuette.at

58 The Dolomite lodge – harmo-

niously integrated into the lands

Osttirodler on the Lienzer Schlossberg The Alps' most spectacular Alpine Roller Coaster



59 Experience the spectacu r ride on one of the longes Alpine Coasters" in the world! rough green forests, spinning ofty heights, racing through oid bends, waves... You will be rilled! Directly at Lienz/Hochstein / limits! Daily from 10 a.m. to 5 . Children can speed 2.7 km o the valley on sleds in ones or wos. Children under 8 must be companied. Experience Lienz a new way, never before seen vith a view of Bruck Castle and reath-taking view of the city of www.lienzer-bergbahnen.at,

◎***€

Petting Zoo Moosalm

The children's world at the Lienz Schlossberg



60 One of Austria's most modern cable cars comfortably takes the whole family to a height of 1,000 metres sea level. The fenced in petting zoo is located in a flat forest and meadow area with various stables and a pond. There are plenty of animals that cannot get enough of the children's attention and caresses. The forest adventure playground is shaded by enormous trees. Among many other things, a huge zip line awaits brave little adventurers. Admission is free. A restaurant with large sun terrace is in close proximity. Info: Moosalm, Lienz, Tel. +43 4852 63837

Water Vista Trail Galitzenklamm With stone ball mill in Leisach near Lienz



gnificent view of the imposing waterfalls and allows them to feel the elemental force of the Galitzenbach. The cliff massif of the Lienz Dolomites is an attraction for visitors from around the world. In addition one can watch the climbers as they approach the summit on the sheer rock wall. As a souvenir we recom mend a stone ball from the only stone ball mill in southern Austria, where hydropower sculpts pieces of stone and marble into beautiful spheres. Info Tel. +43 664 1567457, +43 50 212 400, www.galitzenklamm.info. Opening hours: 9./10.5., 14.-17.5., 23.-25.5. and 30.5.-4.10.2015, July and August, 9 a.m.-6 p.m., otherwise 10 a.m.-5 p.m.

Adventure Park Galitzenklamm



🔁 Beginners can try the gorge via ake on the challenges of the difficult Adrenalin' route, and on the family ia ferrata children as young as 10 years can climb independently. The ecessary equipment can be rented t the cash desk. Splash around the water park with its brook, able ferry, water maze, mud area. obbly bridge" and more. Balance exterity and courage are needed the three courses with 35 ments of the forest rope parks d on the flying fox trail over the litzenbach. The Galitzenklamm is ooling alternative in hot weather or opening times see Water Vista Trail Gallitzenklamm. Info: www.galitzenklamm.info

Hochsteinstrasse Bannberg

100 "moments" to marvel at



Starting at Leisach near Lienz, you reach the mountain village Bannberg, where the Hochsteinstrasse branches off. On this beautiful sunny ride, amongst other things, the best views of the spectacular Spitzkofeltürme towers await you. Past an old farmhouse known from movies, through a bright larch forest to a parking lot just below the Hochsteinhütte at 1,900 m sea level. From here you have the best views of Lienz. Our tip: a short hike (1/2 hour) to the "Hochsteinkreuz" cross and back over the spacious, level mountain pastures. The toll road is open from May to

Hiking Bus

An easy ride to the best hikes



If you want to walk the Pustertaler Almweg trail, we will pick you up at the finishing point, the Pedretscher Kaser in the late afternoon. Departure and return trip times and more information: Tourismusinformation Lienzer Dolomiten, Europaplatz 1, 9900 Lienz, Tel. +43 50 212 400, lienz@osttirol.com **③ ** **** €



from 06/06/2015 to 27/09/2015 with the Osttirol Card. Adults Children (born 2001-2009) Children (born 2010 or younger, or from 3 or more children) **EUR 5,00** Deposit per card

The deposit is refunded to you when you return your East Tyrol card. 20 activities are available to you once a day without additional charge. Valid for 7 days from first use. The East Tyrol Card 2015 is available at all East Tyrolean information offices and at all East

| lyrolean mountain railways. | |
|------------------------------|---------------------|
| Mountain Railways | |
| Lienzer Bergbahnen | Tel. +43 4852 63975 |
| Hochpustertaler Bergbahnen | Tel. +43 4842 6880 |
| Matreier Goldried Bergbahnen | Tel. +43 4875 6067 |
| Kalser Bergbahnen | Tel. +43 4876 8233 |
| Bergbahnen St. Jakob i. Def. | Tel. +43 4873 52740 |
| Bergbahnen Obertilliach | Tel. +43 4847 5300 |
| Mölltaler Gletscherbahnen | Tel. +43 4785 81100 |
| Swimming Pools | |
| Strandbad Tristachersee | Tel. +43 4852 65601 |
| Freizeitarena Virgen | Tel. +43 4874 52117 |
| Schwimmbad Matrei i. O. | Tel. +43 4875 6455 |
| Schwimmbad Dölsach | Tel. +43 4852 68233 |
| Culture | · |

Tel. +43 4852 61550 ömerstadt Aguntum Tel. +43 4852 6258083 Schloss Bruck Lienz Tel. +43 4843 5481 armhouse Wurzerhof Carriage and Heritage Museum Obertilliach Tel. +43 50 212 360 First Tyrolean Vitalpinum Tel. +43 4855 81009 Tel. +43 664 4207282 Wildpark (deer park) Assling

Tel. +43 4875 5161-10

Adventure Park Galitzenklamm Tel. +43 664 1567457 Summer Toboggan Run Assling Tel. +43 664 1212287 The East Tyrol Card 2015 is available at all East Tyrolean information offices and at all East Tyrolean mountain railways.

Nationalpark Hohe Tauern

Info-Hotline +43 50 212 212

Swimming and Fun at the Tristachersee



65 Surrounded by woods and meadows, lies East Tyrol's only swimming lake. A popular beach with a beach volleyball court, a children's playground, a diving tower, a lawn area and a café. A shady, 1 km long trail leads along the lakeshore, past the Parkhotel Tristacher See with its award winning gourmet restaurant zum Naturdenkmal "Alter See" in the West. The camping ground Seewiese with its shaded restaurant offers a magnificent view of the lake which is the home of rare plants and birds. Open late May to early September. From early July to late August a free bus service runs several times daily from Lienz to the parking lot Seewiese

Faschingalm



Indulgence and beautiful views

66 The Faschingsalm lies at 1660 meters sea level, in the hiking and skiing paradise Zettersfeld, with stunning views of the Lienz Dolomites and the peaks of the Schobergruppe mountain range. Regional products, fish from our own springs and home-made cakes and tortes from the famously good kitchen of this family business. Experience the beautiful panorama on the sun terrace and enjoy the cosy cottage atmosphere in the warmth of the rustic parlors. The Faschingalm is accessible via a toll-free road open year round. Info: Family Bachlechner, Tel. +43 4852 63844, www.faschingalm.com

Hammer and Sparks

Riepler blacksmith and nailer Lienz

A fascinating glimpse of the middle ages. The smell of smoke and fire, the matt gleaming of iron and the fascinating stories from long ago will inspire you. The blacksmiths rade has had its place in history centuries. In the original Rieple cksmith's and nailer's workshop sparks fly in weekly perforces. At the Riepler Nagelstock can nail your own good luck m to the door post with a wish. r wish will become true. You will opening times in the brochure Holiday Ideas" or at Tourismusormation Lienz, Europaplatz 1 el. +43 50 212 400

Roman Town Aguntum



mprint: Publisher: Profer & Partner, Profer Georg, A-9900 Lienz, Franz v. Defregger-Strasse 8, zartography and city map: Profer & Partner, Photos: Profer & Partner, Stadtgemeinde Lienz-Sportanlage lationalparkverwaltung/Lammerhuber, Feichtinger Leopold, Peter Gruber, Walter Mair, Grafik Zloebl, Jang Tran, Kofler Alfred, Martin Lugger, Archives of information offices and of the individual providers.

it (even extracts) with the publisher's written approval only.

68 The new museum in Aguntum offers a comprehensive look at Roman everyday life. Take an exciting and informative trip to Tyrol's only Roman town. A highlight of the exhibition is the large marble basin in the luxurious atrium house. The extensive excavation area with thermal baths, forum and antique shopping centre (Macellum) can be viewed from an 18 m high observation tower. Virtual tour and shop are located directly in the Museum. Opening hours: 1st - 31st May (Mon - Sat, 9.30 am - 16 pm), 1st June - 20th September (daily, 9.30 am - 16 pm), 21st September - 26th October (Mon -Sat, 9.30 am - 16 pm). Info: Tel. +43 4852 61550, www.aguntum.info ₺₽₩₴Х€♠

Lavanter Kirchbich A sacred mountain in East Tyrol

2 km east of the Roman town of Aguntum lies the Lavanter Kirchbichl vith excavations from pre-Christian times and the pilgrimage churches St Urlich and St. Peter and Paul. Temples have been in this place as early as in Celtic times. Separated from the valley by a gorge and two brooks, Kirchbichl has always offered a natural defence from enemies. Within a fort dating back to the 5th century an Episcopal church was built. A collection of antiques from the excavation are on display in a museum at the foot of the Kirchbichl. The maiority of the items, however, are in the archeological museum of the Schloss Bruck in Lienz. **◎ ⇔** €

Frauenbach-Wasserfall

Breathtaking Viewing Platforms at Lavant



even families with small children to gain insight into the world of gorges and thundering waterfalls. You can also take a hiking trail that leads you alongside the stream part of the way. A forest path is also part of the route. Here you will find interesting information on the flora and fauna of the recreation area "forest". Admission only possible at certain times! Info: Tel. +43 50 212 400 * * * * * *

Schloss Bruck



SONNENSTADT WILLIENZ

uns beginnt der Süden

Built by the counts of Gorizia in the 13th century as a residence castle, Schloss Bruck today holds not only a chapel decorated with Gothic frescoes and a night hall, but also a museum famous nationwide for the impressive presentation of the works of ALBIN EGGER-LIENZ. But also contemporary art by the painter and sculptor JOS PIRKNER as well as alter nating photo exhibitions in the west wing (HEINRICH KÜHN and ARTWORK ALPS) find 2015 an impressive stage in the imposing museum rooms. Further highlights: knight's hall with painted Romanesque wooden beam ceiling and keep with views over the entire Lienz valley. Open from 22/5 until **◎☎***±**×€†

Schloss Bruck exhibitions 2015



W ALBIN EGGER-LIENZ • JOS PIRKNER • HEINRICH KÜHN • ART-WORK ALPS • SPOTLIGHT • BATS The imposing works by the contemporary sculptor and painter Jos Pirkner form a stunning counterpoint to the newly adapted permanent exhibition Albin Egger-Lienz. In the west wing photo exhibitions "Heinrich Kühn" and "Artwork Alps". Family and children's programs, children's birthday parties, guided tours, cultural events in the courtyard. Castle Cafe with sun terrace, Museum Shop, Opening times: 22/5 to 26/10/2015, May: 10 am to 6 pm. closed on Mondays. June/July/August: open daily 10 am to 6 pm, September October: 10 am to 4 pm, closed on Mondays. **△**→ ★ ★ ● †

14th Int. Summer Academy For arts and crafts · July 13th - September 4th 2015



the Cultural Centre Sinnron in Dölsach provides a comprehensive program. Week long courses in painting, drawing, ceramics, instrument making, gold and silver jewelry making, puppet making, photography, stage and lighting technology, sculpture, fashion, calligraphy, woodcutting and more are offered. Every Friday there is a studio party and exhibition of the work, free admission for family, friends, acquaintances and interested parties NEW: Repair Café – 16th May, 18th July, 22nd August 2015 Info: Tel. +43 4852 62886, +43 676 4738911, www.kunstwerklienz *** 🕰 🖲 🛧

Sonnenstadt Lienz – Our town is a treasure trove



Literature and **Download Tip**

art your search. First early ristian settlements, Roman illas and baths, medieval ortresses, grand town houses,

eresting cultural and historical

he **brochure** is available at a nominal charge in the tourism office Lienzer Dolomiten, Europaplatz 1

Free download a www.DeinBergTirol.at

A little tour of the town • Lienz in 2 hours ...

Starting point is the 🚹 Florianibrunnen fountain on Lienz' main square.

The **2 Liebburg** with its two distinctive onion domes was built in the 17th century as a residential castle by the baron von Wolkenstein-Rodenegg. After two fires and many different assignations, since its renovation in 1988 it now serves the town of Lienz as a magnificent city hall.

The 3 Antoniuskirchl is situated at the east side of the main square. For a while this was the meeting place of the Greek Orthodox community in Lienz. The exterior of the chapel was renovated by the citizens of Lienz in 1976 and holds a worthy spot in the Lienz main square.

to the 4 **Spitalskirche** church. Built in the 13th century it was later transformed to become Lienz's most important baroque building. At present the church provides a beautiful location for various events.

We continue our stroll in a northwesterly direction across the Kärntnerstrasse

Continue to the 😈 **Spitalsbrücke** bridge, which owes its name to the building on its right, a hospital. This is where, a long time ago, the old and frail residents of the town were cared for. Today it houses a secondary school. Over the bridge and on, along the Kärntnerstrasse heading east, a little detour

to the periphery of Lienz to the "Siechenhaus". This is where people with par-

ticularly aggressive contagious diseases were once housed. In the adjoining

orchard is the 🜀 **oldest painted "Bildstöckl"** (picture of a saint) in Tyrol.

We now walk back a short distance on the Kärntnerstrasse and take a turn into the Beda-Weber-Gasse. Here, on a small square, is the 🕜 St.-Michaels-Kirche. (For sightseeing purposes the key can be borrowed at Beda-Weber-Gasse 9.) The church dates back to the 14th century and was the burial place of the Herren von Graben, who were esteemed citizens of the town.

Continue west along the Beda-Weber-Gasse to the 8 Stadtpfarrkirche St. Andrä, the oldest church in Lienz. It was built on the foundations of an early Christian sacral building of Romanesque style and refurbished by the Görzer family in the 15th century. The three-aisled Gothic basilica is adorned with a paroque alter. The last counts of Görzen found their final resting place here in two ornate tombs.

On the north side of the church is the ც Bezirkskriegerdenkmal, a war memorial. It was built in 1925 by Clemens Holzmeister. Initially East Tyrol's famous painter Albin Egger-Lienz was met with strong resistance to his four-part cycle of paintings, which led to the temporary closure of the chapel. This is where the painter Albin Egger-Lienz is buried.

Going along the Oberdrumer Strasse we reach the 10 Tamerburg just above Lienz.

Natural Distillery Kuenz Experience Taste fine brandies at the old family farm in Dölsach

Lovers of fine distillates will find a special treat here in East Tyrol, Visit a traditional distillery in the "Kuenz-Schnapsgarten". Experience the culture of brandy production on the 400 year old family farm. Distillery viewing including tasting of brandies and liqueurs and a tour through the "Schnapsgarten" every Thursday at 4 p.m. from May to October (fee € 7 per person). 'ear round for groups: distillery tour and product tasting upon advance booking. Shop opening times: Mon-Sat 9 a.m. to 6 p.m. Road access via Dölsach swimming pool, Tel. +43 4852 64307, www.kuenz-schnaps.at

Lienz Town Market



75 Freshness, high quality, and regionalism mark the products at the Lienz town market. We are proud of our local goods that we have produced and prepared for you with hard work, skill, and attention to detail. The products for sale at the town market reflect our love of closeness to nature and love of our homeland. We are happy to tell you all about the cultivation, the production and the preparation of our goods and look forward to welcoming you as a customer to the Lienz town market. Weekly Fridays from 1.00 p.m. to 6.30 p.m., Saturdays from 8.30 a.m. to 12.30 p.m. in the Messinggasse, Lienz city centre. www.stadtmarkt-lienz.at

Individual Ceramik Workshop and studio "Tonspuren"



ceramics. Soft, organic shapes and irregularities are characteristic. The exclusively handmade objects are unique and make for stylish gifts to bring home from vacation. Visits by appointment at any time. During July and August workshop and studio open every Thursday 10-12 a.m. and 4-6 p. m. Or just show up and try your luck. Info: Dagmar Eder, 9900 Lienz, Auenweg 25, on the bike path to Lienz

Kärnten, Tel. +43 676 4309339, www.tonspuren.at

reasures of art and the impressive oyal palace of the Görzer counts. is booklet will take you on an

ur through a city with a

Our town tour takes us back to the Stadtpfarrkirche and further along the Beda-Weber-Gasse across Lienz's oldest bridge, the 11 Pfarrbrücke. On our right we now see the 😢 **Dominikanerinnenkloster**, the convent locally known as the "Klösterle". Built in 1220, it is Lienz's oldest monastery. For many centuries children were school here by the nuns. Today the convent is a women's school for economic professions.

The 13 "Rieplerschmiede" at the start of the Schweizergasse is from the 16th century and is a listed building. Weekly blacksmith demonstrations provide an understanding of this ancient craft. We continue our tour to the Schweizergasse to the 🚹 Memorial of the Tyrolean freedom fighter 1809 and the und dem paternal home of Albin Egger-Lienz. At the end of the Schweizergasse, on Egger-Lienz-Platz is a statue of the famous painter.

A few steps to the north towards the Isel river are the remains of the old extended (6) city wall and the Iselturm, from where one can take the bridge directly to the 🕧 Schmetterlingsbrunnen

In the Muchargasse we find the 18 Franziskanerkirche and monastery. Both buildings were built under the rule of the counts of Görzer in the 15th century and were an old place of refuge to those who felt persecuted. The nave is markedly Gothic and beautiful frescoes contribute to the overall beauty. The emarkable high altar and the mosaic over the entrance are by the Lienz sculptor Jos Pirkner. We continue the walk along the Muchargasse until we reach Johannesplatz. Here is where the **Johanneskirche** once stood, which sadly was not rebuilt after a fire. Today you can find the 19 Mariensäule here. An old commercial street which now boasts a new look is the Rosengasse. It

at the time of the Görzer counts. It was the industrial area of the town. After the town fire of 1609 it was rebuilt and flourished in the 18th century! This is where weekly, on Friday afternoons and Saturday mornings, regional delicacies are for sale at the 20 "Stadtmarkt Lienz". At the west end of Lienz, just above the town and impossible to miss, is

1 the castle **Schloss Bruck**. Built in the 13th century, it was the centre of economics, politics and social life until the death of the last Görzer count in the year 1500. Inside is a remarkable permanent exhibition of works by great East Tyrolean painters such as Albin Egger-Lienz, Franz von Defregger, Hugo Engl, Karl Hoffmann and Franz Walchegger. A folkloric collection and a wonderful chapel adorned with frescoes complete the impressive inner life of Schloss Bruck.

East Tyrolean Schnapsothek "im grössten Fass"



77 A tasting in an interesting and unusual location! After prior arrangement by telephone Hans Pramstaller leads you through the "big barrel" which can be seen from afar and has become a kind of landmark. Quality and distinguishing features of good spirits are brought to you in amusing detail. An extensive selection of regional spirits is available. There is also a variety of special gift ideas for all occasions. Furthermore Diogenes fashions furni ture out of original barrels, which is fun and inviting. Furniture like fine wine. Visit das grösste Fass and be inspired! Cost of guided tour including tasting € 15 p.p., groups of 5 pers. or larger € 10 p.p. Diogenes, Glocknerstr. 4, 9990 Debant, Tel. +43 4852 62498, www.diogenes.at

Original Italian Ice Cream



18 It is a fact that the best ice cream makers in the world come from the Cadore Valley in Northern Italy, only about 100 km from Lienz. One of these talented "ice cream men" graces our town with his presence year after year. So sometimes being in the Messinggasse makes you feel like you're on a piazza in the south. Be it an ice cream cone or an ice cream creation in a cup - faced with so many delicious flavours, it is often a very, very tough choice. Italy's best ice cream, produced traditionally and with love, available until 10 p.m. and beyond ... in Lienz only, Messinggasse.

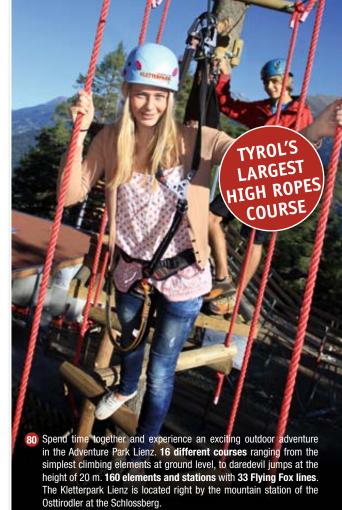
Tyrol to Wear and to Treasure Tirol Shop on the Lienz main square



whips any wardrobe into shape. "Wild Hen", "Tyrolean Mountain(mis)leader or "Tirolian Wench" are more than just a souvenir, they are a portable piece of Tyrol. Tyrol is stylish, Tyrol is functional, Tyrol is traditional yet fashionable. Get your very own piece of Tyrol, take it home and keep a bit of the Tyrol eeling once your holiday is over. Info: Tirol Shop Lienz, Hauptplatz 8a, Lienz

Tel. +43 4852 61218, www.facebook.com/tirolshop.lienz





Info / Opening times: Early May to late October, daily from 10 a.m. to 5 p.m.



and Activity Tips

Information: www.lienzer-bergbahnen.at, T +43 4852 63975



Martina Mellitzer, T + 43 664 1212899 · www.kletterpark-lienz.at

NEW: Guided via ferrata tours, beginners' courses, via ferrata

SCHLOSSBERG LIENZ