



### DID YOU KNOW?

Massachusetts ranks as the  
39<sup>th</sup> highest state for seniors  
suffering from food insecurity

### Old Colony Elder Services DOES!

Each day we deliver more than  
1600 meals to seniors

## Sponsor a Senior

Since 1974, Old Colony Elder Services (OCES) has been providing services to people living in Plymouth County, Avon, Easton and Stoughton. Through our Nutrition Program, nutritious meals are provided to low-income, frail elders and individuals with disabilities. Many face obstacles that include mental and physical problems, financial strain and the loss of companions and friends. OCES' Nutrition Program promotes better health through improved nutrition, and social contact; this helps keep individuals in their homes rather than institutions.

OCES provided over 465,000 meals last year and anticipates an increased need during 2012. Funding constraints and the current economic climate will make it difficult to keep up with demand.

You can make a difference in the life of an elderly family member, friend or neighbor. Please **Sponsor a Senior** to give them the daily nutrition needed to remain at home.

**Please send donations to: Old Colony Elder Services  
144 Main Street, Brockton, MA 02301**

508-584-1561 [www.oldcolonyelderservices.org](http://www.oldcolonyelderservices.org)

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### Old Colony Elder Services (OCES)

**provides nutritional meals to seniors  
and individuals with disabilities.**

OCES assists thousands of people  
living in 23 communities in  
Southeastern MA

OCES is a private nonprofit organization funded in part  
by the Executive Office of Elder Affairs



### PLEASE HELP US SPONSOR A SENIOR

- ☐ **\$35** will provide one week of meals
- ☐ **\$140** will provide one month of meals
- ☐ **\$1680** will provide one year of meals
- ☐ **\$ other** \_\_\_\_\_

**Each donation will benefit a local senior**

Name \_\_\_\_\_

Company \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**Thank you** for your tax-deductible donation.