

GRADE 8 COMPLEMENTARY COURSES – 2015/16

ACTIVE LIVING 8

This program offers students the opportunity to learn and develop skills in several sports, depending on the season. In addition, students will learn about fitness activities that will help them in a program of “fitness for life”.



ART 8



Are you drawn to art? The art program in grade eight focuses on three major components of visual learning: drawing, composition, and encounters with art.

In grade eight we focus on learning to draw by creating volume, space, light and shadow. We work in a variety of mediums as we discover how colour, value and light can express mood in a composition. Projects are more in depth this year and have greater opportunity for student creativity and design. If you enjoy art and would like to develop your creativity and skill level, this course is for you!

BAND 8

Enjoy playing a musical instrument and participate in the fun of playing together in a band! This course is an instrumental (wind) music program offered during the first half of the school year. Instruments where instruction is offered include:

alto saxophone
baritone saxophone
bass clarinet
clarinet

euphonium/baritone
french horn
flute
tenor saxophone

trombone
trumpet
tuba

During the course, there will also be opportunities to learn:

percussion (snare drum, bass drum, vibraphone, triangle, tambourine, etc.)



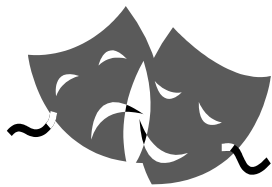
Students are required to practice at home or during lunch hours in order to show progress on their instruments. Evaluation will be based on playing tests, written theory tests, progress, and in-class participation.

Students will be able to rent their own instrument from the school, or through The Bandstand Ltd. Students are also welcome to use their own instruments.

Highlights of participation in band 8 include the following opportunities:

Band Camp at Camp Nakamun (November)
Christmas Concert (December)
Spring Tour (May)
Year End Concert (June)

DRAMA 8



So you want to be the next big triple threat? The focus for Drama 8 is for students to become active and to "play" through a variety of theatre exercises and games that will teach different aspects of movement and speech for the stage. An emphasis on character development allows students to explore different ways to present their character to an audience. Time is also devoted to studying technical theatre and stagecraft in order to show students that the actor is only a portion of the theatre experience. If there is no one to turn on the stage lights, how will anyone know what the story is?

Evaluations are based upon participation, effort and on improvement of abilities through projects and a culminating in-school one act production.

FILM STUDIES 8



This course will focus on the history of film. Students will view films that were cutting edge in their time and discuss the social and technological factors that have influenced transitions in the film industry. Students will be presented with two challenges.

- #1 Create a live action movie that shows the progression of film from the silent era to the present day.
- #2 Create a presentation that shows the progression of animation.

FOODS 8



Do you like to eat? Continue to improve your skills to cook some delicious items in your kitchen at home? This course could be exactly what you are looking for!

Emphasis in foods 8 will be placed on kitchen safety, kitchen procedures, organization and recipe use. Students will practice their skills in preparing and tasting numerous recipes. Foods prepared will include such things as cookies, muffins, yeast breads, pancakes, pretzels, salads, pizza, quiche, meat, vegetables, pasta, and Christmas baking. The course consists of lab work and classroom work.

Evaluation is based on practical lab experiences, team effort and interpersonal interactions during the lab experiences, and written tests.



FRENCH 8

This program is a continuation of the grade 7 program which will focus on the communication skills of speaking, reading, writing, listening, and viewing through various thematic units.

The key objectives are to provide the students with as many language experiences that will enable them to:

- develop and expand upon acquired language learning,
- continue to learn new vocabulary in the themes related to the world of work, trips and excursions, health, close friends, and social life
- build on a variety of verbs in the present tense, past tense, and future tense
- foster an appreciation of all French culture which will include research
- simulate “real world” situations through all forms of creative expression such as dramatic presentations, visual displays, projects, story writing, letter writing, and biographies

Evaluation will be based on presentations, projects, assignments, peer assessments, self-evaluation, and quizzes.

HOCKEY 8

ÉLJH is pleased to offer a hockey option at the Leduc Recreation Centre. Research has shown the development of a skilled hockey player requires time spent on skill and training. By providing this opportunity during the school day, it helps alleviate the pressure to find time for training in addition to playing during the evening hours. As well, the time commitment of approximately eighty minutes twice a week is ideal for growing students. Features of the program:

- a hockey option for male and female students
- both hockey and ringette students are welcome
- hockey option runs for half the year
- hockey players will be transported to the LRC by bus
- students must supply all personal equipment
- enrollment will be based on a first-come, first-served basis to limit class to an effective size



The cost of the hockey option will be \$600.00 and is subject to change based upon LRC costs. A cheque made payable to École Leduc Junior High School in the amount of \$600.00 dated September 2, 2015, must accompany the option form.

LEADERSHIP 8



LEADERSHIP 8 is a group of grade 8 students who will play a leadership and mentorship role in our school and community.

Students are responsible for developing positive peer relationships with all École Leduc Junior High School students, as well as mentoring our local elementary school students. Students will be required to take an online mentoring course.

Students will have the opportunity to develop their public communication skills. Grade 8 leadership students will take a leadership role in our school fundraising projects, reporting to the school newsletter, the school district newsletter and the Leduc Representative.

Students will be responsible for the promotion and recording of all of the leadership activities in the school. Students will be responsible for various dress-up days, clothing and food drives and other healthy school initiatives. Students will be expected to volunteer in their school community a minimum of 10 hours.

This teacher-selected group will be reliable, responsible, creative, and dedicated to the promotion of school and community wellness. Students chosen for this option will be students who can work independently or collaboratively within a group, and they will show initiative and commitment to the different initiatives throughout the year. However, if the student is not achieving success in these areas, they may be asked to choose an alternate option.

NEXT LEVEL TRAINING 8

This exciting opportunity is available to all students, but geared toward the athlete who wants to get to the “next level”. The program will be comprised of activities that will address the components of fitness (aerobic/anaerobic training, strength and speed training, muscular endurance, flexibility and body composition), introductory anatomy/physiology concepts, sports nutrition, goal-setting, sports psychology, program design, and beginner level Athletic First Aid (such as treating sprains/strains, taping, and strapping).

Classes will take place in the classroom, fitness room, fields, and gymnasium. These elements will center on sport and the application of sport into life both inside and outside of the school. Those interested in performing at an advanced level in weight training, wrestling, rugby and/or football are strongly encouraged to choose this option. The course material will review topics and issues not traditionally present in the regular physical education program. This co-ed learning context will aid in promoting self-awareness, team building and lifelong wellness skills. A focus on continued improvement and strong work ethic are central to success. If you like to have fun while pushing the limit, this is the course for you!



OUTDOOR EDUCATION 8



Students get to experience the fun of outdoor activities. They will develop skills in activities such as underwater hockey, orienteering, wall climbing, canoeing/kayaking, fire starting, knot tying, cross country skiing, snowshoeing, hypothermia/ice safety, shelter building and hiking. Students must be ready to go outdoors in a variety of weather conditions and have a reasonable fitness level. In all activities, emphasis will be placed on safety, knowledge of equipment, skill development and, above all, the ability to follow directions. Evaluation is based on written assignments, skill development, participation level and effort. (There is an additional cost of \$75.00 for this option).

SEWING 8

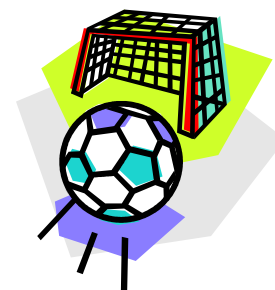
This is a program that will expose students to the world of sewing. It will be comprised of activities that will introduce students to hand sewing as well as machine sewing, including a serger. No experience is necessary but if students have taken a sewing option in grade seven they will be able to build on previously learned skills. Students will learn basic hand sewing skills, how to safely use a sewing machine and how to decipher a commercial pattern for project construction.



A couple of projects will be constructed; choices for projects vary from year to year. There is a cost to the students, depending on what type of project is chosen. (Approximately \$38.00-\$50.00)

SOCCER SKILLS 8

The Soccer Skills 8 program provides students with hands-on opportunities to develop more specific outdoor and indoor (boarded) soccer skills, fitness and strength while working in a team environment. Excellence in effort, drive for personal improvement and sportsmanship are core values to achieve success. Every lesson focuses on a concept; breaking down the required motor and mental skills, allowing time for practical improvement as well as game applications. Many, if not all of these concepts, are transferable to other sports and activities.



Soccer 8 is suitable for intermediate or experienced athletes as the lessons include individual development, ability based goals as well as team and tactical development. Soccer 8 builds on the skills and concepts learned in soccer 7 and together, create the foundation for future team endeavors such as high level competition, coaching, officiating and directing community recreational events. Soccer 8 is not necessarily a prerequisite for soccer 9, but should be considered, along with Phys-Ed, to be a good indicator of success in soccer 9. It is strongly suggested for students who have a passion for soccer or other team sports, have an athletic background or have an interest in leadership. As this is a full semester course, we travel to the Leduc Recreation Centre to use the turf field during the winter months. This results in an extra cost of approximately \$60 to cover the field and bus cost and is subject to change based on the LRC rental rates. The fee and permission forms are sent home on the first day.

CAREER AND TECHNOLOGY FOUNDATIONS 8

Career and Technology Foundations (CTF) courses will allow students to explore their interests, and apply knowledge from multiple subject areas in a challenge based setting. Students must design, create, appraise, and communicate a solution in a collaborative environment. Skills developed can apply to daily living and create personal connections to career possibilities.

Tech Ed 1: CO2 Cars & Folding Stool

Science/Math/Social/Design/Construction



In the first challenge students will develop their engineering ability as they design and construct a CO2 powered car which will compete in various categories. In the second challenge students will explore woodworking techniques as they build a very functional folding stool.

Tech Ed 2: Electronics /Robotics

Science/Math/Design/Construction/Electro-Technologies

Electronics introduces the basics of electricity, soldering, and fabrication techniques. The robotics challenge involves learning about mechanical systems, sensors, automation, and provides an introduction to basic programming.

VISUAL COMMUNICATIONS 8

Students will learn how to:

- use digital cameras and take digital pictures
- download pictures and enhance them
- make power point presentations using their pictures and music files
- use digital video cameras
- edit digital video
- prepare video presentations



Grade 8 Complementary Course Selection Form – 2015/16

Student's Legal Name (please print): _____ Home Rm: _____

1st Choice Column

- Check (✓) 4 first choice courses.

2nd Choice Column

- Check (✓) 4 second choice courses (cannot be the same as first choice selections)

Half Year Courses	1 st Choice	2 nd Choice
Active Living		
Art		
Band (Instrument Rental)		
Drama		
Film Studies		
Foods		
French		
Hockey (\$600 cheque required)		
Leadership		
Next Level Training		
Outdoor Education \$75.00		
Sewing \$38.00 approx		
Soccer Skills \$60.00		
Tech. Ed. I - CO ₂ Dragster & Stool		
Tech. Ed. II – Electronics/Robotics		
Visual Communications		

Note: Additional fees may be required for field trips and/or special projects.

PLEASE READ THE BACK OF THIS FORM AND SIGN.



Grade 8 – Complementary Course Selection Form – 2015/16

- If you are signing up for the Hockey course, a post-dated cheque (September 2, 2015) must accompany this form.
- Please be aware that your selections are considered selections for the entire 2015/16 school year. Staffing and timetabling are based on student selection. ***Please choose carefully as no changes will be made once staffing is in place.***
- Course availability will be dependent upon the number of students indicating an interest in that course and the availability of the staff to teach the course.
- All other courses are half year courses.

The deadline to return this form is

April 9, 2015.

Student's Legal Name (please print): _____

Present School: _____

Parent's Signature: _____

Date: _____