



# Hypertension and Kidney Specialists

## Patient History Form

The following information is very important to your health. Please take the time to fully and accurately fill out this form.

**Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Which physician or practice referred you to Hypertension and Kidney Specialists**

\_\_\_\_\_

**What is your understanding of why you are being seen?** \_\_\_\_\_

**Current Medical Problems** (examples: diabetes, high blood pressure, high cholesterol, other medical problems for which you take medications, etc)

1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

4) \_\_\_\_\_ 5) \_\_\_\_\_ 6) \_\_\_\_\_

Others \_\_\_\_\_

**Past Medical Problems that are no longer active** (example heart attack, stroke, cancer that is in remission)

1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

4) \_\_\_\_\_ 5) \_\_\_\_\_ 6) \_\_\_\_\_

Others \_\_\_\_\_

**Past Surgeries you have had** (example appendix removed, gallbladder removed, etc)

1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

Others \_\_\_\_\_

### **Do you have a History in Your Family of:**

Kidney Disease including anyone

on dialysis or needed kidney transplant    No    Yes

Hypertension "high blood pressure"    No    Yes

Blood or protein in the urine    No    Yes

Rheumatologic condition such as    No    Yes

Lupus, Rheumatoid Arthritis    No    Yes

If yes to the above, please explain who

\_\_\_\_\_

### **Have you or do you:**

Smoke    No    Yes    Quit? \_\_\_\_\_

Drink Alcohol    No    Yes

if yes how much \_\_\_\_\_

Ever used illicit or  
recreational drugs    No    Yes

if yes which ones \_\_\_\_\_

Drink caffeine    No    Yes

if yes how much \_\_\_\_\_

**Are you allergic to any medications or environmental allergens (food, bees, etc):**

Have you ever received a Pneumonax (pneumonia vaccine)? No Yes (if yes when)\_\_\_\_\_

Did you receive influenza vaccine this year? No Yes

**List All Medications** (including Over the Counter and herbal medications) currently being taken or stopped in last month. **Please bring all your medication bottles with you to your appointment.**

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Do you follow special diet (low salt, diabetic, etc) \_\_\_\_\_

**Do You Have or Have History of**

<b>Weight Loss or Weight Gain</b>	No	Yes	<b>Pain with urination</b>	No	Yes
<b>If Yes how many pounds</b> _____			<b>Blood in urine</b>	No	Yes
<b>Fevers or Night Sweats</b>	No	Yes	<b>Kidney stones</b>	No	Yes
<b>Vision Problems</b>	No	Yes	<b>Frequent Bladder Infection</b>	No	Yes
<b>Bleeding in eye from high blood pressure or diabetes</b>	No	Yes	<b>Are you up at night to urinate</b>	No	Yes
<b>Diabetes in your eye(s)</b>	No	Yes	<b>Painful Joints</b>	No	Yes
<b>Problems with Sinuses</b>	No	Yes	<b>Numbness in hands or feet</b>	No	Yes
<b>Persistent Cough</b>	No	Yes	<b>Weakness in arms or legs</b>	No	Yes
<b>Coughing up blood</b>	No	Yes	<b>Bruise or bleed easily</b>	No	Yes
<b>Tuberculosis or exposure to Tb</b>	No	Yes	<b>Skin Rash</b>	No	Yes
<b>Chest pain or tightness</b>	No	Yes	<b>Depressed Mood</b>	No	Yes
<b>Swollen legs, feet, around eyes</b>	No	Yes	<b>Confusion</b>	No	Yes
<b>Irregular or rapid heart beat</b>	No	Yes	<b>Excessive Thirst</b>	No	Yes
<b>Do you take medications for upset stomach/heartburn</b>	No	Yes	<b>Loss of appetite</b>	No	Yes
<b>Nausea/vomiting</b>	No	Yes	<b>Bad taste in your mouth</b>	No	Yes
<b>Jaundice or Hepatitis</b>	No	Yes	<b>Have you ever been denied ability to donate blood</b>	No	Yes

I attest that the above information is true and correct to the best of my knowledge.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Office use only:

Reviewed by \_\_\_\_\_ Date: \_\_\_\_\_