

WITC-RICE LAKE  
January – May 2011

# CONTINUING EDUCATION CATALOG

Dozens of NEW Classes!

*Open up to a new world . . . find it here.*

Including:  
Barron  
Cameron  
Chetek  
Cumberland  
Flambeau  
Hayward  
Ladysmith  
Rice Lake  
Spooner  
Stone Lake  
Weyerhaeuser



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**WITC-Rice Lake**  
**1900 College Dr**  
**Rice Lake, WI 54868**

**715.234.7082 or 800.243.9482**

**TTY: 715.468.7755**

**witc.edu**

### Registering is easy!

Online: [witc.edu/search](http://witc.edu/search)

Call to register: 800.243.9482  
or 715.234.7082, ext. 5409

Mail-in registration form  
on page 39 .

## table of contents

WITC-Rice Lake campus	3
Barron	24
Cameron	25
Chetek	25
Cumberland	26
Flambeau	27
WITC-Hayward	28
WITC-Ladysmith	35
Spooner	37
Stone Lake	38
Weyerhaeuser	38

### Safety equipment

(glasses, shoes, etc.)

**must be worn in all shop classes.**

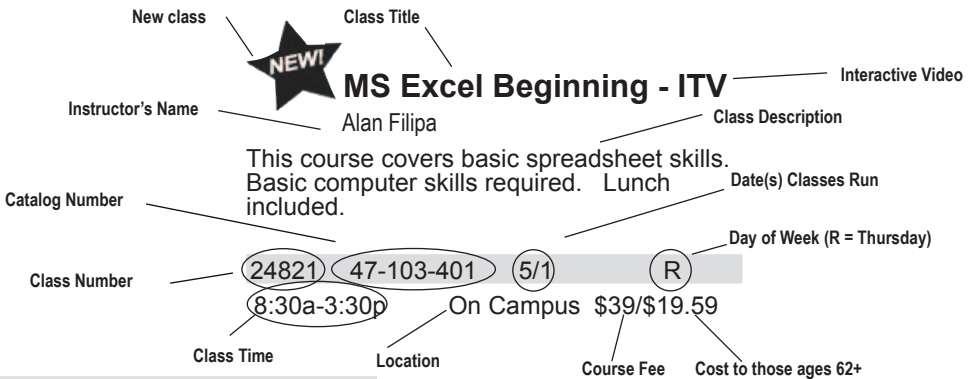
### Accommodations for Persons With Disabilities

Reasonable accommodations for persons with disabilities will be made to ensure access to academic programs, activities, services, and employment in accordance with 504 of the Rehabilitation Act of 1973, the Americans With Disabilities Act of 1990, and the Americans with Disabilities Act (ADA) Amendments Act of 2008. If accommodations are needed, the student should contact the campus Disabilities Specialist or Cher Vink, WITC Affirmative Action Officer/ Title IX, Section 504 and Title VII Coordinator, at 715.468.2815, TTY 711, three days in advance of needed assistance.

### Nondiscrimination Notice

The Wisconsin Indianhead Technical College does not discriminate on the basis of color, national origin, sex, disability or age in employment, admissions, or its programs or activities. The following person has been designated to handle inquiries regarding nondiscrimination policies: Director, Human Resources, Wisconsin Indianhead Technical College, 505 Pine Ridge Drive, Shell Lake, Wisconsin 54871, 715.468.2815 ext.2225, TTY 711.

## how to read this catalog:



Each gray bar shows a new class.

**Please note:** We always try to provide accurate, up-to-date information; however, unintentional mistakes occur or information changes after the material goes to print. We are sorry for any inconvenience.



# WITC-Rice Lake

## Art & Hobbies

### Art: Photography & Photo Painting

**Candace Falk**

5-session class. For beginners or continuing students. Learn what makes a good photo, using composition, lighting, form and subject matter. Bring at least one favorite image (4x6, 5x7, or 8x10). Students will have a workable image(s) printed on B/W archival paper to paint the next session. Also includes how to prepare paper to accept paints, media experimenting and presentation of your work. Students will invite friends and family to the final session—a Photo Painting Reception from 5-7pm on April 28. A \$30 fee is payable at the first session, including a framing allowance.

26766 60-815-600 3/24-4/28 R  
5-6:30p On Campus \$34.00 /\$19.00

### Fishing: Bass Fishing

**Pat Havenor**

Designed to infuse anglers of all ages with Bass Fishing information to make fishing trips more enjoyable. Classes will consist of the overview of bass seasonal movements and seasonal patterns, tackle and lure selection—where and when to use specific lures and tackle, casting and pitching and map interpretations. The instructor has been a Bass Tournament Angler since 1978. No class on March 10 & 17.

26798 60-891-601 2/24-4/14 R  
6:30-8p On Campus \$41.50 /\$22.75

### Gardening: Hanging Baskets

**Debra Weegman**

Create your own 16" wire hanging basket for Mother's Day or for your own home. Included is the coco lined basket, soil, fertilizer and up to 6 plants of choice. Participants may leave the basket at the green house for care until Mother's Day. Cost of the materials is \$50 payable to Weegman Greenhouse the day of the class. Bring gardening gloves.

26638 60-001-602 9-Apr S  
9a-12p Weegman's \$19.00 /\$11.50

### Gardening: Vegetable Garden

**Elaine Schuck**

Learn the steps in planning your vegetable garden, drawing out the garden plot, hints on watering, bug and weed control and an opportunity to share your own success in the gardening process. Participants should bring a lunch or maybe snacks to share for a working lunch. The instructor will offer a class on harvesting and freezing in August and a chance to share 2011 garden stories.

26669 60-001-602 26-Mar S  
10a-3p On Campus \$26.50 /\$15.25

### GPS: Beginning

**Matthew Fitch**

Personal GPS units not required. Students may bring their own GPS and manual if they wish, along with their manual and extra batteries to class. All students using WITC units, should bring four "AA" batteries.

26640 47-421-415 30-Apr S  
9a-3p On Campus \$19.90 /\$4.00

### Guitar Beginning

**Karen Hall**

This course is offered to parents and students who want to learn the basics of guitar playing for the first time or renew what you have learned before. Participants should bring a guitar to class.

26629 60-805-605 3/22-4/26 T  
6:30-8:30p On Campus \$49.00 /\$26.50

### Hand Spinning for Beginners

**Sydney Tanner**

Learn how to wash, card and hand spin wool. Learn that working with wool is not all baaa'ed. Hand spinning is the art of twisting fiber into a continuous thread by hand or by using a spinning wheel. The thread can be spun thick or thin, dyed or left natural and used for knitting, and weaving projects. You can also use unspun fiber for knitting, weaving and felting. Sydney Tanner is a WITC Adjunct instructor living in the Colfax area. Tanner adds that, "Wool is probably the most popular fiber to spin, largely because of its versatility. It is also the easiest fiber for beginners to spin". Those who have their own wheel can bring it.

26816 60-301-605 3/1-3/8 T  
6-8:30p On Campus \$26.50 /\$15.25



## Emergency Medical Technician Training

Start and continue your career education as an EMT. WITC offers beginning through advanced level EMT training courses, such as EMT-Basic, ACLS and PALS.

For more information, go to [witc.edu/coned/ems](http://witc.edu/coned/ems) or call your regional training specialist at 800.243.9482:

Ashland – Cindy Lazorik,  
ext. 3126

New Richmond –  
Greg Carlson,  
ext. 4202

Rice Lake – Steve  
Mackiewicz, ext. 5244

Superior – Lee  
Kennedy, ext. 6331



## Firefighter Training

WITC offers a full range of advance level firefighter training courses.

For more information, go to [witc.edu/coned/fire](http://witc.edu/coned/fire) or call your area training specialist at 800.243.9482.

- Ashland & Superior, Mike Herrmann, ext 3123
- New Richmond, Ken Gilliam, ext 4343
- Rice Lake, Jack Running, ext 4208



## Real Estate Continuing Education Classes

WITC offers Real Estate Continuing Education classes throughout the district.

For full class descriptions go to:  
[witc.edu/continuing-education/realestate](http://witc.edu/continuing-education/realestate)





**Art: Oil Painting***Rachel Murphy*

This class is designed for individuals interested in realistic oil painting. Bring your painting skills to another level. All levels/ages welcome. Knowledge of tools and materials will be emphasized along with shape, value, color and composition. Have fun in a supportive atmosphere with people of similar artistic interest. A supply list will be provided shortly before the start of the class. The artist suggests to bring a photo reference to paint from.

27110 60-815-600 2/9-3/2 W

5:30-8:30p On Campus \$49.00 /\$26.50

**Camping 101***Sydney Tanner*

Includes the basics of how to set up a tent and what to pack, including how to camp with children. Hands on-activity and interaction with the the instructor. Sydney Tanner is a WITC Adjunct instructor, living in the Colfax area, who operates the Azen Lodge Outfitters, teaching people about life in the outdoors that includes emergency preparedness and food storage.

27293 60-305-600 12-Mar S

1-3p On Campus \$11.50 /\$7.75

**Fiber Art Creations***Cathy Greschner*

Learn to create designs using methods of traditional rug hooking on a simple frame in this three-session course. By using a hook the instructor uses wool as an artist would use paint to create designs. Viewing of tools, fibers from yard goods and recycled clothing, and how to get started on a project will be included. View a display of completed rugs and other projects, like purses, decorative accessories, pillows, wearable art or a simple mat to throw in front of the door. Participants will be able to try the technique and plan their own project. Patterns and prepared wool to begin your own project will be available. Materials fee of \$25 is paid to the instructor at the first session. View her blog at orangesink.blogspot.com to find out more. Class meets on 2/24, 3/3, & 3/9.

26631 60-305-600 2/24-3/9 WR

6-8p On Campus \$26.50 /\$15.25

**Fishing Tips For All Anglers***Pat Havenor*

Designed to infuse anglers of all ages with fishing tips to make fishing trips more productive and enjoyable. Take this class to prepare for the season opener. The instructor has been a Bass Tournament Angler since 1978 and has won multiple awards.

27064 60-891-601 12-Mar S

9-11:30a On Campus \$19.00 /\$11.50

**Homemade Gift Ideas***Sydney Tanner*

Get dozens of useful ideas on how to create gifts from items in your home. Money is short or you can't get to the store? Find out what you can 'give' from the staples found right under your thumb.

26821 60-815-640 5-Apr T

6:30-8p On Campus \$11.50 /\$7.75

**Ojibwa Style Snowshoes***Storme Nelson*

Make handmade, traditional, wooden frame Ojibwa style snowshoes from a kit. Bindings not included. The Ojibwa snowshoe has a pointed tail, highly efficient pointed toe and "nesting" shape. The beautiful design comes from thousands of years of challenge and survival. It is strongly preferred by Canadian and US snowshoers and winter guides for beginners to start on, for general day trips and serious expeditions. On Ojibwas you can be an expert in 20 minutes. The first class, learn basic techniques and complete the toe and heel sections of one shoe. The second night you will complete the center section on the same shoe. Patience is a MUST! Lacing material is tough tubular nylon, when varnished looks like rawhide but much more durable. Completion of the second shoe, varnishing, and attaching bindings will be completed on your own at home. Bindings are highly personal - variable designs and personal experience affect choice of style, so bindings will be available at an additional cost. Storme Nelson is the Executive Director at Hunt Hill Audubon Sanctuary. After registering, call Hunt Hill, 715.635.6543, by January 21 to order the snowshoe kit-(\$100).

26849 60-409-603 2/8-2/10 TR

6-9p On Campus \$26.50 /\$15.25





## Quilting: Boston Common

*Diann Raymond*

Learn new techniques and sew up an old traditional strip pieced quilt design. Prior sewing and quilt knowledge is necessary. Supply list will be provided at the first of four sessions.

26930 60-304-615 3/24-4/7 R  
9:30a-12:30p On Campus \$41.50 /\$22.75

## Quilt: Basics for Beginners

*Diann Raymond*

Learn the very basics in quilt making in four sessions. Demonstrations on rotary cutting, speed sewing, hand and machine quilting will be presented. Supply list will be provided at the first session.

26847 60-304-615 2/7-2/28 M  
6-8:30p On Campus \$41.50 /\$22.75

## Quilting: Basics in Applique

*Diann Raymond*

Learn several methods to applique by hand and machine in four sessions. If you have avoided applique in the past, this class is for you! No sewing experience necessary. A supply list will be given out at the first class.

26835 60-304-615 2/10-3/3 R  
6-8:30p On Campus \$41.50 /\$22.75



## Serger: Cover/Chain Stitch

*Sandra Stratton*

If your serger has a coverstitch and a chainstitch, learn how to use them. Class one will focus on getting to know your serger and threading for these two stitches using your owner's manual. In class two make a cosmetic bag using the chainstitch for a decorative tassel. In class three make a hooded towel using the coverstitch to apply a decorative trim. The Serger Basics class is recommended and some knowledge and experience is necessary. Bring to the first class: 4 colors of serger thread, manual, several decorative threads, fabric scraps-woven and knit, thread nets if possible, scissors and all Serger accessories. Book and supplies will be discussed in the first class. Call your instructor with questions at 715-642-2404. Bring a snack or lunch or the WITC snack bar is open.

26845 60-301-605 3/23-4/6 W  
9:30a-1:30p On Campus \$49.00 /\$26.50



## Sewing Aprons with Kids

*Sandra Stratton*

Fun for mother and daughter, grandmother and granddaughter or maybe all three. A great project for beginners (age 7 and above) to learn straight stitching, pinning, pressing and measuring. Supplies include: Chef's Apron pattern and fabric, small ruler, paper and fabric scissors, pencil, fabric marker, pins, thread and trimmings(optional) such as ric-rac. Bring a sewing machine in good working condition with accessories, including a regular size 80/12 needle. A snack or lunch is suggested or WITC's vending area is accessible. For further info, call the instructor at 715.642.2404.

26842 60-301-605 16-Apr S  
10a-2p On Campus \$19.00 /\$11.50



## Sewing: Wildlife Illusions

*Sandra Stratton*

This slight change in ordinary fabric is such an eye-catching technique you will want to use it in quilts, home dec, garments, and accessories. This is accomplished by simply cutting "theme" fabric into strips. The first class will be a trunk show of completed projects and discussion of appropriate fabrics. Bring a pillow panel and other themed large print fabric. In the second class you will create your 'illusion' with your fabric, constructed into a vest, pillow, curtain, purse, etc. May need to be completed at home. Supply list will be given out in the first class/meeting. Call instructor with questions. 715-642-2404. Bring a snack or lunch or the WITC snack bar is open.

26869 60-301-605 5/9-5/16 M  
9:30a-12:30p On Campus \$26.50 /\$15.25



## Travel Tips

*Terry and Sandy Brown*

Terry and Sandy Brown, local travel enthusiasts, have recently returned from a 30-day cruise to Hawaii and the South Pacific, and will offer useful information, insider tips on acquiring passports, planning a cruise, booking flights, packing for the trip, airport ease, customs, wearables and general information to take your travel experiences to a new level.

26815 60-305-600 3-Mar R  
7-8p On Campus \$11.50 /\$7.75



## Serger Basic Workshop

**Sandra Stratton**

Three classes starting with threading, basic stitches, straight lines, layering fabrics and repurposing ready-made items. Bring your serger with user's manual, accessories, 4 different colors of thread, scissors, fabric scraps and a notebook. Additional supplies will be discussed at the first class. Book required. Contact instructor with questions: 715-642-2404. Bring a sack lunch or the WITC snack bar is open.

26868 60-301-605 2/3-2/17 R

9:30a-1:30p On Campus \$49.00 /\$26.50

## Sewing: Bags, Purses, Organizers

**Diann Raymond**

Keep your life in order with new ideas for sewing up beautiful bags and purses with organizers. In four sessions, learn tricks and tips on how to easily construct them, different than past classes, so repeat students will learn something new. Prior sewing knowledge is necessary. You will receive a supply list at the first session. No class 3/14.

26834 60-301-605 3/7-4/4 M

6-8:30p On Campus \$41.50 /\$22.75

## Strawbale Gardening

**Sydney Tanner**

Straw Bale/Lasagna Gardening is simply a different type of container gardening, the straw bale itself is held together with two or three strings. A no bending, no tilling, no weed approach to gardening. Once the straw inside the bale begins to decay it becomes "conditioned" compost that creates an extraordinary plant-rooting environment. Getting the straw bales conditioned is an essential part of the process, and should be started in the early spring for most parts of the country.

26813 60-001-602 3-May T

6-8p On Campus \$11.50 /\$7.75

## Barbering & Cosmetology

### BC: Laws, Safety & Sanitation

**Deanna Mathews**

This course provides an exploration of the Barbering and Cosmetology Administrative Code and Statutes in the State of WI. It focuses on locating and applying current laws and rules for barbers, cosmetologist and estheticians. In addition, it addresses the concerns, dangers and procedures relating to sanitation, safety and health in barbering and cosmetology establishments. The 6 hours of training meet the Continuing Education requirements for Laws and Rules (2 hours) and Safety and Sanitation (4 hours) established for license renewal by the Department of Regulation and Licensing. Please bring your current copy of Wisconsin Statutes and Administrative Code Relating to the Practice of Barbering and Cosmetology to class with you. If you do not have a copy, you can download it at [http://165.189.60.145/board\\_code\\_detail.asp?boardid=5&locid=0](http://165.189.60.145/board_code_detail.asp?boardid=5&locid=0) or order one at 1-608-266-3358. Lunch will be provided.

23729 47-502-484 28-Feb M

9-4p On Campus \$39.00 /\$23.10

## Business

### Evaluation Basics (For Non-Profits and Others)

**Su Neuhauser**

This workshop will help program managers and staff practice basic evaluation techniques for process and outcome measurement. It is designed to help people with little or no prior experience learn simple evaluation techniques that anyone can do using a calculator. More advanced techniques and programs such as SPSS will be discussed but will not be the focus of this workshop. Both quantitative and qualitative techniques will be discussed along with some fun and simple practice.

26968 47-196-453 4/26-4/27 TW

5-8p On Campus \$19.90 /\$4.00

**It's easy to register -- by phone, mail, web, or in person**

**See page 38-39 for easy registration instructions.**



## Grantwriting Practicum

**Su Neuhauser**

This hands-on learning experience will go through the proposal writing process by formulating the individual components of a grant proposal. The ideas and techniques used in this practicum are applicable to several skill sets required in not-for-profit management including strategic planning and the development of a program evaluation. Time will be spent in helping students to translate an idea into a marketable set of goals and objectives.

26974 47-801-409 4/19-4/20 TW

5-8p On Campus \$19.90 /\$4.00



## Start a Business - An Overview

**Darcy Crotteau**

This five-session course is designed to develop planning, organizing, financing and management functions needed to start a small business. Included are identification of the resources to create, and develop business plans and techniques to solutions to problem solving within your business environment. Students will also develop appropriate strategies to initiate or maintain a small business. There are no prerequisites. Information will include strategies for starting a business, tax regulations, and programs for minorities and women entrepreneurs. The final class focuses on writing a business plan.

27212 47-102-416 2/2-3/2 W

6:30-8:30p On Campus \$30.50 /\$4.00



## Strengths Finder

**Lenore Knock**

Millions have taken Gallup's Strengthsfinder 2.0 to identify strengths, explore career fit, to concentrate efforts for achieving excellence and personal fulfillment and to increase productivity of teams. Course includes book, assessment and activities to gain fundamental understanding of developing strengths-based strategies for life. Your instructor for the class is Lenore Knock M. Ed., who received strengths training from Gallop in 2009 and continues to assist individuals and teams in applying

strengths to goal achievement.

26088 47-196-465 2/9-2/23 W

6:30-8:30p On Campus \$39.00 /\$23.10

26094 47-196-465 4/13-4/27 W

6:30-8:30p On Campus \$39.00 /\$23.10



## The ABCs of Accounting

**Shay Horton**

No accounting experience? This course is for the non-accountant, providing basic accounting knowledge, including T accounts, basic business transaction analyses, the accounting cycle, and a brief history. A great prerequisite for QuickBooks Beginner.

26317 47-101-415 2/8-2/22 TR

5-8p On Campus \$46.40 /\$4.00

## CBRF

### CBRF Challenging Behaviors

**Doris Eberhardy**

This course identifies causes and preventive measures of challenging behaviors, how to intervene when challenging behaviors occur, and how to document the behavior incident.

26786 47-575-405 9-Mar W

8:30a-4:30p On Campus \$25.20 /\$4.00

### CBRF Client Specific Training

**Doris Eberhardy**

This course covers client specific personal care, including techniques to improve the ability to communicate. Participants look at potential health problems and document essential information regarding the frail elderly resident.

26793 47-575-404 4/5-4/6 TW

9a-3p On Campus \$30.50 /\$4.00

### CBRF Dietary

**Marsha Stoeberl**

This course will prepare the learner to plan and prepare healthy, nutritious meals using the Food Guide Pyramid. Proper food handling, storage, and sanitation principles will also be covered.

26800 47-303-485 7-Feb M

12:30-4:30p On Campus \$14.60 /\$4.00

26802 47-303-485 25-Apr M

12:30-4:30p On Campus \$14.60 /\$4.00



## CBRF Fire Safety Training

**Gary Strong**

This course is designed to instruct community-based residential facility (CBRF) operators and staff on how to prepare themselves to react effectively for staff and resident preservation in residential fires of different origins and intensities. Participants will be taught to understand the nature of fire, recognize fire hazards, learn about early warning systems and understand the use of fire extinguishers. They will be taught to focus on the evacuation needs of the residents, follow the CBRF emergency and disaster plan and how to respond well in an emergency. Completion of this 5-hour training meets the requirements of DHS 83.20 (2) (B) Fire Safety.

22327 47-503-432 22-Feb T  
5-10p On Campus \$44.90 /\$29.00

22328 47-503-432 26-Mar S  
8a-1p On Campus \$44.90 /\$29.00

22329 47-503-432 10-May T  
5-10p On Campus \$44.90 /\$29.00

## CBRF Medications

**Doris Eberhardy**

Initial training applicable to the responsibilities of CBRF caregivers designed to meet the requirements of administrative rule HFS 83 for CBRFs in the area of medication administration and documentation. The learner will be taught general categories of medications, effects and side effects, documentation, proper administration, legal issues of controlled substances and the proper procedure for handling medication errors. Tuition includes \$25.00 state registry fee.

22324 47-575-401 2/22-2/23 TW  
9a-4p On Campus \$60.80 /\$29.00

22325 47-575-401 29-Mar T  
9a-4p On Campus \$60.80 /\$29.00

22326 47-575-401 5/10-5/11 TW  
9a-4p On Campus \$60.80 /\$29.00

## CBRF Needs Assessment

**Doris Eberhardy**

Learner reviews pre-admission assessment, helps establish and report according to CBRF policy and procedure, and

identifies changes in resident's abilities as identified in ISP.

26784 47-575-402 2-Feb W  
8a-5p On Campus \$25.20 /\$4.00

## CBRF Standard Precautions Training

**L'rae Flynn**

Learn how to handle potential exposure to bloodborne pathogens, standard precautions and why they are important. You will understand how bloodborne diseases and other communicable diseases spread from person to person, how to prevent the spread of communicable diseases and learn what to do during and after an exposure incident. Participants must successfully complete this two-hour training to meet the CBRF training requirements of CH DHS 83.20 (2)(a) Standard Precautions. Tuition includes \$25.00 state registry fee.

22322 47-531-479 23-Feb W  
5:30-7:30p On Campus \$34.30 /\$29.00

22323 47-531-479 11-May W  
5:30-7:30p On Campus \$34.30 /\$29.00

## NA/CBRF Medications Refresher

**Doris Eberhardy**

A refresher course for CBRF caregivers currently certified to pass medications.

26795 47-510-479 28-Apr R  
8:30a-12:30p On Campus \$14.60 /\$4.00

## NA/CBRF Refresh: Feet & Ankles

**Doris Eberhardy**

Class covers anatomy, foot problems, infections and cares. Three CEUs earned for class completion.

26799 47-510-479 18-May W  
1-4p On Campus \$14.60 /\$4.00

## NA/CBRF Refresher: Skin

**Doris Eberhardy**

Class covers information about and the cares of skin conditions, infections and inflammations as well as normal cares. Class also covers hair and nail care and conditions and general skin anatomy. Three CEUs earned for class completion.

26796 47-510-479 18-May W  
9a-12p On Campus \$14.60 /\$4.00



## Child Care



### Child Care: Fundamentals of Family Child Care

*Dorothy Lillo*

Provides essential information about establishing a family child care that is in accordance with Wisconsin's State Law. The Toolkit is needed and can be purchased at class and costs \$48.53. Lunch is included.

26872 47-307-420 26-Mar S

8:30a-3p On Campus \$27.90 /\$12.00



### Child Care: Intro to Child Care Profession

*Mary Matthys*

Provides entry level knowledge and skills for individuals as they begin or intend to care for children in group or family child care. Learners explore rules and regulations governing group and family child care and the responsibilities of child care providers. This course fulfills introductory non-credit course requirements as specified in HFS Chapters 45 and 46 for family and group day care in Wisconsin's Administrative Code. Class is held in a Flex lab, a lab/classroom offering an approach to learning that combines printed materials, textbooks, electronic support and the individual attention of the instructors. Students are responsible for completing work and tests with minimal supervision and scheduled instructional assistance. No class 3/10 or 3/17. Last day to register 4/7.

27352 47-307-461 2/3-5/12 R FLEX

6-9p On Campus \$115.30 /\$4.00



### Child Care: Skills and Strategies for Child Care Teacher

*Mary Matthys*

Focuses on skills and strategies for the child care teacher with emphasis on selecting developmentally appropriate activities, planning lessons, and facilitating children's activities. This course meets Wisconsin's requirements for Child Care Teacher. Prerequisite: Introduction to the Child Care Profession. Class is held in a Flex lab, a lab/classroom offering an approach to learning that combines printed materials, textbooks, electronic support and the individual attention of the instructors. Students

are responsible for completing work and tests with minimal supervision and scheduled instructional assistance. No class 3/10 or 3/17. Last day to register 4/7.

27357 47-307-462 2/3-5/12 R FLEX

6-9p On Campus \$125.90 /\$4.00



### Child Care: Dr Seuss

*Carrie Herman*

Participants will explore the work of Dr. Seuss and activities that can be used on his birthday and the Read Across America celebration on March 2.

26525 47-307-464 10-Feb R

6-8p On Campus \$9.30 /\$4.00



### Child Care: Frogs and Toads

*Carrie Herman*

Participants will jump into spring with frog and toad books and activities to use with your kids!

26527 47-307-464 13-Apr W

6-8p On Campus \$9.30 /\$4.00



### Child Care: Profession Mod A

*Mary Matthys*

Provides entry level knowledge and skills for individuals as they begin to or intend to care for children in group or family child care. Explore rules and regulations governing group and family child care and the responsibilities of child care providers. This course fulfills introductory non-credit course requirements as specified in HFS Chapters 45 and 46 for family and group day care in Wisconsin's Administrative Code. Class is held in a Flex lab, a lab/classroom offering an approach to learning that combines printed materials, textbooks, electronic support and the individual attention of the instructors. Students are responsible for completing work and tests with minimal supervision and scheduled instructional assistance. No class 3/10 or 3/17. Last day to register 4/7.

27354 47-307-461 2/3-5/12 R FLEX

6-9p On Campus \$46.40 /\$4.00





## **Child Care: Profession Mod B**

**Mary Matthys**

Provides entry level knowledge and skills for individuals as they begin or intend to care for children in group or family child care. Explore rules and regulations governing group and family child care and the responsibilities of child care providers. Fulfills introductory non-credit course requirements as specified in HFS Chapters 45 and 46 for family and group day care in Wisconsin's Administrative Code. Class is held in a Flex lab, a lab/classroom offering an approach to learning that combines printed materials, textbooks, electronic support and the individual attention of the instructors. Students are responsible for completing work and tests with minimal supervision and scheduled instructional assistance. No class 3/10 or 3/17. Last day to register 4/7.

27355 47-307-461 2/3-5/12 R FLEX

6-9p On Campus \$78.20 /\$4.00



## **Child Care: Proj Learning Tree**

**Nikki Nelson**

More attention is being focused on the need to connect students to nature at a younger age. Project Learning Tree has released a new curriculum guide and music CD to engage children ages 3-6 in outdoor exploration and play. Eleven hands-on activities showcase over 130 early childhood experiences that integrate investigations of nature with art, literature, math, music, and movement. Early childhood educators and caregivers will get a copy of the activity book, music CD, additional resources and training to effectively implement the activities. Nikki Nelson is the program director at Hunt Hill Audubon Sanctuary. A materials fee of \$20 will be collected.

26626 47-307-464 14-Apr R

5:30-8:30p On Campus \$14.60 /\$4.00



## **Child Care: Shaken Baby Syndrome**

**Mary Matthys**

Designed for child care teachers and assistants. Class is held in a Flex lab, a lab/classroom offering an approach to learning that combines printed materials, textbooks, electronic support and the individual attention of the instructors. Students are responsible for completing work and tests

with minimal supervision and scheduled instructional assistance. No class 3/10 or 3/17. Last day to register 5/5.

27356 47-307-464 2/3-5/12 R FLEX

6-9p On Campus \$9.30 /\$4.00



## **Child Care: Sudden Infant Death**

**Mary Matthys**

For child care teachers and assistants. Class is held in a Flex lab, a lab/classroom offering an approach to learning that combines printed materials, textbooks, electronic support and the individual attention of the instructors. Students are responsible for completing work and tests with minimal supervision and scheduled instructional assistance. No class 3/10 or 3/17. Last day to register 5/5.

27358 47-307-464 2/3-5/12 R

6-9p On Campus \$9.30 /\$4.00

## **ECE CE: Process vs Product Art**

**Haley Hennlich**

This program will provide the seasoned teacher or the new teacher ideas, insight, and research behind process vs product art. Experience some different types, and learn practical solutions for classrooms.

28169 47-307-445 5/5-5/5 R

6-9p On Campus rm 123 \$14.60/\$4.00

## **ECE CE: Classroom Management**

**Haley Hennlich**

Classroom management affects room environment, which in turn affects learning. Learn research-based activities, interventions, and strategies for the classroom.

28172 47-307-445 4/7-4/7 R

6-9p On Campus rm128 \$14.60/\$4.00

## **ECE CE: Challenging Behavior**

**Haley Hennlich**

Teachers will learn ideas and concepts to drastically impact their students, as well as the overall classroom dynamic. A look at research supporting pyramid-based, challenging behavior intervention, processes and pieces of challenging behavior, and a process to identify, teach, and impact students through effective skill development.

28175 47-307-445 4/26-4/26 T

6-9p On Campus 123 \$14.60/\$4.00



## Communication & Languages

### French Conversation 1

**Annette DeZiel**

This introductory course offers students the basic fundamentals of pronunciation, grammar and culture. Vocabulary related to greetings, telling time and counting numbers as well as looking for lodging, food and wine will also be introduced. Interaction with class members and the instructor will be included in the course structure. A book will be required and is available at the Rice Lake Campus Bookstore.

26871 60-802-615 2/9-3/2 W

6-8p On Campus \$34.00 /\$19.00

### French Conversation 2

**Annette DeZiel**

This continuation of the French I Conversation course will cover how to navigate through Paris and the country side by learning vocabulary related to driving, road signs and directions; shopping, currency and what to say if you are ill and how to get to the hospital along with more on culture and history of France.

26870 60-802-615 3/23-4/13 W

6-8p On Campus \$34.00 /\$19.00

### Sign Language: Beginning

**Betsy Wolford-Phillips**

Beginning students learn how to communicate on a basic level using common phrases, questions, negatives, the manual alphabet, signs of greeting, family signs, foods, numbers and much more. Instruction also included will be the initializing of signs, speed, motion, signs of force, facial expressions, body language, location, and direction. No class on 3/15.

26931 47-533-405 3/8-4/1 T

6:30-9:30p On Campus \$51.70 /\$4.00

### Sign Language: Intermediate

**Betsy Wolford-Phillips**

This sign language course is designed for persons with some knowledge of the skill or those who have taken the beginning class. Participants will learn additional vocabulary and polishing skills. No class on 3/14.

26932 47-533-405 3/7-4/18 M

6:30-9:30p On Campus \$51.70 /\$4.00

### Spanish I

**Sara Turner**

Participants in this introductory class will learn the basic fundamentals of pronunciation, grammar, and culture through interactive conversation with varied activities with the instructor and other class members.

26836 60-802-600 2/1-2/17 TR

6-8p On Campus \$49.00 /\$26.50

26907 60-802-600 2/22-4/5 T

6-8p On Campus \$49.00 /\$26.50

### Spanish II

**Sara Turner**

Participants in this class will review the basic fundamentals of pronunciation, grammar, and culture through interactive conversation that were acquired in Spanish I or from prior knowledge. The instruction will take the participants to another level of speaking the language and understanding of the culture using varied instructional methods with continued interaction. No class on 3/10 & 3/17.

26908 60-802-600 2/24-4/14 R

6-8p On Campus \$49.00 /\$26.50

### Writing Your Life Story

**Helen Block**

Learn effective, concise writing styles and techniques, including basic sentence and letter construction as you write about your life. Class participants will have the opportunity to share their writing progress during the course meetings. No class on 4/25.

26864 42-801-402 3/21-4/18 M

9:30-11:30a On Campus \$35.80 /\$4.00

## Computers

### Absolute Beginners I

**Ron Gehler**

For those who have no experience with personal computers. Participants will learn skills in the operation of the computer including mouse, keyboard, and terminology. Special emphasis will be on the use of the mouse. No book is required.

26481 47-103-403 2/7-2/11 MWF

1-4p RL Senior Ctr \$30.50 /\$4.00



# WITC Insurance Courses

## Pre-Licensing and Continuing Education

**Pre-licensing courses** – all you need to take the Insurance Licensing exam.  
**Continuing Education** – several courses are offered each year to provide agents opportunities to fulfill their required credits.

For full course descriptions, go to [witc.edu/continuing-education/insurance](http://witc.edu/continuing-education/insurance)

### Absolute Beginners II

**Ron Gehler**

This course is for those persons who have some knowledge of the use of the mouse and personal computers. Instruction will include how to use the keyboard, printer and the terminology required for successful operation. Word processing with an emphasis on MS Windows, and the internet will be included in the course. No book is required.

26483 47-103-403 2/14-2/18 MWF

1-4p RL Senior Ctr \$30.50 /\$4.00

### Computers: Absolute Beginners

**Cindy Tripp**

This computer course will teach basic word processing skills, document processing, printing skills and an introduction to the internet. Students should have mastery of keyboard and mouse skills to assist them in adding new computer skills. No book is required. Class will meet on Tuesday 3/1 and Thursday 3/3, Tuesday 3/8, and Wednesday 3/9.

26639 47-103-403 3/1-3/9 TWR

6-8p On Campus \$25.20 /\$4.00

### Computers: Digital Cameras for Beginning

**Wendy Loy**

Learn to use the basic features and functions of your digital camera, such as shooting modes and flash, plus techniques and tips to take better pictures. Bring your digital camera and instruction manual to class.

27094 42-103-460 12-Mar S

1-3:30p On Campus \$14.60 /\$4.00

### Computers: Internet/Email

**Cindy Tripp**

This course concentrates on document creation using MS Office-Word, productive and efficient Internet searches and the use of an E-mail account. Basic computer knowledge and mouse skills are essential. All participants will be required to have or establish a Yahoo, Hotmail, or other personal e-mail account. No book is required.

26528 42-103-400 3/22-3/31 TR

6-8p On Campus \$25.20 /\$4.00

### Computers: Intro to Computers & Internet

**Ron Gehler**

This introductory course will be using MS windows and is designed to welcome the participant to the world of computers and the internet. Participants will explore computer concepts, MS Windows, word processing, and the internet. Uploading digital camera photos to the computer will also be explored. Basic computer and mouse skills are required. A book is required and will be available for purchase from the instructor on the first day of the class. The books content covers both Windows XP and Windows Vista. The book is self paced-a valuable resource to use on your home computer.

26862 47-103-404 2/28-3/11 MWF

1-4p RL Senior Ctr \$51.70 /\$4.00

### Computers: MS PowerPoint

**Emilie Bailkey**

Participants will learn to create presentations for personal and professional use. Topics will include starting and saving a presentation; using templates; changing



## Barbering & Cosmetology

### BC: Laws, Safety & Sanitation

An exploration of the Barbering and Cosmetology Administrative Code and Statutes in the State of WI. It focuses on locating and applying current laws and rules for barbers, cosmetologists, and estheticians, as well as the Barbering and Cosmetology Administrative Code and Statutes in the State of WI. In addition, it addresses the concerns, dangers, and procedures relating to sanitation, safety, and health in barbering and cosmetology establishments. The 6-hour training meets the Continuing Education requirements for Laws and Rules (2 hours) and Safety and Sanitation (4 hours) established for license renewal by the Department of Regulation and Licensing.

Sections to be added as needed. Please check our website for updates.

[witc.edu/coned/barbercos](http://witc.edu/coned/barbercos)



layouts; using video, clip art, tables, charts, and other various graphics; creating notes; printing different types of handouts; using a variety of transitions, and running a slide show. Basic computer skills are recommended.

26228 47-103-422 4/26-5/5 TR  
6-8p On Campus \$25.20 /\$4.00

### Computers: MS Publisher

*Emilie Bailkey*

Microsoft Publisher is a desktop publishing software that will help you create professional-looking business and personal publications. This class will have an emphasis on making greeting cards; however, you will get the foundation for creating things such as newsletters, flyers, postcards, labels, invitations, and more.

27070 47-103-450 12-Mar S  
9-11:30a On Campus \$14.60 /\$4.00

### Computers: MS Word

*Emilie Bailkey*

Students will learn basic concepts of Microsoft Word such as creating, editing, saving, formatting, and printing documents.

26227 47-103-438 4/5-4/14 TR  
6-8p On Campus \$25.20 /\$4.00

### Computers: Online Social Networking

*Cindy Tripp*

This computer course will introduce participants to new web tools available that offer a way to stay in touch with family and friends. Learn about social networking sites, create simple web pages that families can edit together to explore the social networking tools. Students should have mastery of the keyboard and mouse to succeed in this class.

27318 42-103-481 12-Mar S  
1-3p On Campus \$9.30 /\$4.00

### Computers: Quickbooks Pro, Beginning

*Shay Horton*

Designed for new users of Quick Books to gain knowledge and efficiency. Topics include: entering checks, entering receipts, and chart of accounts. Questions regarding the software will be answered. The instructor will work the skill level of the students enrolled. Students will practice setting up a company for hands-on experience.

26256 47-103-439 2/24-3/8 TR  
5-8p On Campus \$35.80 /\$4.00





## When it comes to 'kid' learning, turn to WITC!

Whether you want ideas on child care, need early childhood continuing education, or want to attend a mini conference, WITC is your resource. Many ways to learn, too.

A variety of classes is available this spring, including a child care mini-conference, **"I Am Moving; I Am Learning"** set for April 15-16 at WITC-New Richmond.

Check the web site at [witic.edu](http://witic.edu) for details!

### Computers: Save Documents/ Organize PC

**Cindy Tripp**

Can't find the document you saved last week? E-mail accounts a mess? This course, tailored to the individuals in the class, will focus on how to create folders, save documents, organize your e-mail account and your PC so you can find your documents. No book required.

26641 42-103-481 4/05-4/12 TR  
6-8p On Campus \$19.90 /\$4.00

### Digital Cameras, Beginning

**Wendy Loy**

Learn to use the basic features and functions of your digital camera, such as shooting modes and flash, plus techniques and tips to take better pictures. Class also covers how to download, organize, print or share your photos. Bring your digital camera and instruction manual to class.

26863 42-103-460 3/24-3/31 R  
5:30-8:30p On Campus \$19.90 /\$4.00

## Driver Education

### Motorcycle - Basic Rider

This 16-hour course is approved by the Department of Transportation. It is designed to teach the beginner or experienced rider the safe techniques to riding a motorcycle. It consists of 6 hours of classroom and 10 hours of on-cycle instruction. Classroom: Saturday, April 9, 2011, 9am-4pm. Range: Saturday, Sunday, April 16, 17, 8am-1pm.

23010 42-816-400 4/9-4/17 S  
9a-4p On Campus \$220.02 /\$220.02

23011 42-816-400 4/9-4/17 S  
9a-4p On Campus \$220.02 /\$220.02

23012 42-816-400 4/16-4/24 S  
9a-4p On Campus \$220.02 /\$220.02

23013 42-816-400 4/16-4/24 S  
9a-4p On Campus \$220.02 /\$220.02

23016 42-816-400 4/23-5/1 S  
9a-4p On Campus \$220.02 /\$220.02

23019 42-816-400 4/23-5/1 S  
9a-4p On Campus \$220.02 /\$220.02

23020 42-816-400 4/30-5/8 S  
9a-4p On Campus \$220.02 /\$220.02

23021 42-816-400 4/30-5/8 S  
9a-4p On Campus \$220.02 /\$220.02

23022 42-816-400 5/7-5/15 S  
9a-4p On Campus \$220.02 /\$220.02

23023 42-816-400 5/7-5/15 S  
9a-4p On Campus \$220.02 /\$220.02

23024 42-816-400 5/14-5/22 S  
9a-4p On Campus \$220.02 /\$220.02

23025 42-816-400 5/14-5/22 S  
9a-4p On Campus \$220.02 /\$220.02

### NEW Motorcycle Maintenance & Inspection

**Richard Richter**

Ready to Ride! Motorcycle Maintenance and Pre-Ride Inspections. In this class you will learn how to inspect and prepare your motorcycle for a safe ride at the beginning of every season and how to do basic maintenance procedures on your own. Discussion and demonstration topics include tires, brakes, controls, chassis and suspension, engine and intake and driveline inspection



and service. WITC basic and advanced rider coach, Rick Richter, will guide you through the process. Bring your bike for practice and questions.

26608 60-816-600 23-May M  
6-9p On Campus \$19.00 /\$11.50

## Traffic Safety for Point Reduction

*Timothy Smith*

Participants of the Traffic Safety course will examine their driving behavior and review traffic laws and penalties. Emphasis will be placed on ways to drive responsibly. The Traffic Safety class will show participants how to develop a change plan to reduce their risk of traffic violations and crashes.

21806 42-812-404 2/12-2/19 S  
8a-2:30p On Campus \$50.30 /\$18.50

21808 42-812-404 5/14-5/21 S  
8a-2:30p On Campus \$50.30 /\$18.50

## Foods & Beverage



### Award Winning Sausage Making 1

*Louie Muench Jr.*

Louie Muench Jr. from Louies Finer Meats in Cumberland offers a short course in making award winning sausage. Louies Finer Meats has won International Gold Awards, noted for having the largest variety of product in NW Wisconsin, including many ethnic sausages. Instruction will include the fundamentals including selection of meat, grinding, mixing, seasoning and stuffing. Participants will have the opportunity to ask questions and take home a sample of the seasoning and sausage.

26636 60-303-610 1-Feb T  
6:30-8p On Campus \$11.50 /\$7.75



### Award Winning Sausage Making 2

*Louie Muench Jr.*

Louie Muench Jr. from Louies Finer Meats in Cumberland offers an advanced short course in making sausage. Louies Finer Meats has won International Gold Awards, noted for having the largest variety of product in NW Wisconsin, including many ethnic sausages. He will share information on the workmanship and flavor for a higher level of sausage making. This course will offer ad-

ditional tips on making sausage, including the many varieties offered at the Cumberland meat market. Class participants will have the opportunity to ask questions, enjoy samples and have the chance to take home seasoning samples and sausage. Class size is limited to 25 participants and a materials fee of \$10 payable to the instructor at the beginning of the session.

26637 60-303-610 8-Mar T  
6:30-8p On Campus \$11.50 /\$7.75

## Baking: Homemade Breads

*Sydney Tanner*

In this class, participants will learn to bake various types of yeast breads. The instructor adds, "What is more enticing than the smell of homemade bread?" A \$10.00 materials fee is payable to the instructor at the beginning of the class. Participants are encouraged to bring foil/food wrap or containers to take the 'breads' home at the end of the class. This is a hands on class! Bring an apron!

26818 60-314-600 31-Mar R  
6-9p RL HS \$19.00 /\$11.50

## Beer, Wine and Mead Making

*Richard Zaborski*

This course covers the basic techniques for making beer, wine and mead(honey wine). Demonstrations, "show and tell", descriptions of equipment, materials and ingredients are included. Handouts, catalog resources, and websites are all part of this one day workshop. The course will be held at the Rice Lake Elk's Lodge-15 East Eau Claire Street. A lunch break will be provided-weather permitting bring a picnic lunch and sit outside and take in a view of the lake.

26770 60-305-600 19-Feb S  
9a-3:30p Elk's Lodge \$26.50 /\$15.25

## Cake Decorating

*Fay Olson*

Participants in this class will have the chance to work with the owner of Fay's Fantasy Cakes-specializing in Weddings/Anniversaries/Birthdays and special request cakes. Fay shares some of her secrets as you work on borders, flowers, colors, cake themes and types of frostings-especially for layer and sheet cakes. Class



members will also have the opportunity to work on their own creations. Register early to receive a list of supplies in preparation for the first class. You will be working in one of the RLASD FACE rooms complete with individual kitchens. The instructor can be contacted at [cake4you@centurytel.net](mailto:cake4you@centurytel.net) or by calling 715.234.8663. Participants are urged to use door marked N #7.

26484 60-303-607 4/12-5/3 T

6-8p RL HS \$37.80 /\$22.80



### **Cook: Italian Aphrodisiac Food**

*Jeno Herman*

Chef Jeno Herman from Bistro 63 will teach the art of authentic Italian Aphrodisiac foods and so much more. A hands-on experience learning to make delectable foods, and ideas to make a special Valentine dinner. You will take the recipes home to use to entertain guests. There will be a \$30 materials fee payable to Chef Herman at the first session. Class participants will use Door # N7 at the Rice Lake High School.

26694 60-303-628 7-Feb M

6-9p RL HS \$19.00 /\$11.50



### **Cooking: Italian Pasta & Sauce**

*Jeno Herman*

Chef Jeno Herman from Bistro 63 will teach authentic Italian pasta and sauces. A hands-on experience learning to make delectable foods and take the recipes home to use in entertaining guests. There will be a \$30 materials fee payable to Chef Herman at the first session. Class participants will use Door # N7 at the Rice Lake High School.

26691 60-303-628 3/7-3/9 MW

6-9p RL HS \$28.35 /\$17.10



### **Cooking: Meat Smoking**

*Louie Muench Jr.*

Louie Muench Jr. from Louies Finer Meats in Cumberland offers an introductory course detailing the information necessary to smoke meat. The instructor will review the equipment necessary to complete the process. Meat smoking time will be reviewed, as smoking of meat depends on what you are trying to accomplish with the smoking process. Learning about proper

meat smoking time which varies from 5 minutes to 5 days depending on what you are smoking. Meat flavor preferences, meat preservations, and food safety will be included in the course topics. Participants will receive samples and take home a wealth of information. Class size is limited to 25 participants and a \$5 materials fee is payable to the instructor at the beginning of the session.

26628 60-303-610 22-Mar T

6:30-8p On Campus \$11.50 /\$7.75



### **Dessert and Wine Tasting**

*Jeno Herman and Tim Grenier*

Jeno Herman from Bistro 63 and Tim Grenier-A Certified Wine Specialist team up to present wine samples and desserts. This course will give participants a chance to sample gourmet desserts and taste appropriate wines. Recipes and how to acquire success in making the desserts at home will be presented. Participants will learn what types of wines are served with sweets. The course will be held at the local Elk's Lodge meeting room. A \$15 materials fee is payable to the instructor(s) at the beginning of the course.

26705 60-303-605 26-Apr T

6-9p Elk's Lodge \$19.00 /\$11.50



### **Food and Wine Pairing**

*Jeno Herman and Tim Grenier*

Jeno Herman from Bistro 63 and Tim Grenier-A Certified Wine Specialist team up to present Wine and Food Pairing. This course will give participants a chance to sample special foods and taste appropriate wines. Participants will learn what to serve with types of wines and find out how the experts pair the selections. The course will be held at the local Elk's Lodge meeting room. A \$20 materials fee is payable to the instructor(s) at the beginning of the course.

26703 60-303-605 29-Mar T

6-9p Elk's Lodge \$19.00 /\$11.50



### **Foods: Cooking Venison**

*Scott Maanum*

Chef Scott Maanum demonstrates his past experiences as he guides the course participants in how to prepare the venison that is in your freezer. Being an avid hunter he has been cooking up what has been shot



and has acquired many recipes for cooking wild game. It is a hands-on experience with Chef Maanum instructing you on how to make a local favorite. An additional fee of \$15 will be charged for the course-payable to Chef Maanum at the beginning of the session for materials. Class participants will use Door #N7 at Rice Lake High School.

26852 60-303-610 3-Feb R

6-9p RL HS \$19.00 /\$11.50



### **Foods: Wild Turkey Cuisine** **Scott Maanum**

Chef Scott Maanum demonstrates his past experiences as he presents cooking tips and recipes of the wild bird. Being an avid hunter he has been preparing the birds for eating and has acquired many recipes for cooking the game. It is a hands on experience with Chef Maanum instructing you on how to make a hunters favorite. An additional fee of \$15 will be charged for the course-payable to Chef Maanum at the beginning of the session for materials. Class participants will use Door # N7 at Rice Lake High School.

26854 60-303-610 22-Feb T

6-9p RL HS \$19.00 /\$11.50



### **Oriental Cooking** **Scott Maanum**

Chef Scott Maanum demonstrates his past experience of working with Lee Ann Chin in St. Paul as he guides the course participants in authentic Oriental cooking. Participants will make an appetizer, fried rice, beef/broccoli stir fry and a sweet and sour chicken. It is a hands on experience with Chef Maanum instructing you on how to make these delectable foods. An additional fee of \$15 will be charged for the course-payable to Chef Maanum at the beginning of the session for materials. Class participants will use Door # N7 at the Rice Lake High School.

26850 60-303-628 1-Mar T

6-9p RL HS \$19.00 /\$11.50

26851 60-303-628 7-Apr R

6-9p RL HS \$19.00 /\$11.50



### **Outdoor Cooking** **Sydney Tanner**

In this course the participants will have a hands on approach to learning to cook out-

doors not using a grill. Take the class and make and eat some fabulous food. This course will be held at WITC and weather permitting will move out to the grounds for the outdoor atmosphere. A materials fee of \$5 will be paid to the instructor at the beginning of the class.

26768 60-303-610 10-May T

6-9p On Campus \$19.00 /\$11.50



### **Wine Tasting: Summer Wines**

**Tim Grenier**

This course will give each participant a chance to sample the summer wine selections to prepare you for the upcoming warm weather. Extend your list of favorites of the season, along with appropriate appetizers and snacks. The facilitator is Tim Grenier who is employed by a local liquor company who has a wide variety of wines available for the consumer. The course will be held at the local Elk's Lodge meeting room. A \$15 materials fee is payable to the instructor at the beginning of the course.

26702 60-303-605 19-May R

6-9p Elk's Lodge \$19.00 /\$11.50

### **Wine Tasting 101**

**Tim Grenier**

This course will give each participant a chance to sample the finest wines and extend your list of favorites, along with appropriate appetizers and snacks. The facilitator is Tim Grenier who is employed by a local liquor company who has a wide variety of wines available for the consumer. The course will be held at the local Elk's Lodge meeting room. A \$15 materials fee is payable to the instructor at the beginning of the course.

26698 60-303-605 17-Feb R

6-9p Elk's Lodge \$19.00 /\$11.50

## **Health & Safety**

### **CPR Health Care Provider- AHA**

The AHA for Health Care Providers Course is designed to teach the skills of CPR for victims of all ages (including ventilation with a barrier device, a bag-mask device, and oxygen), use of an automated external defibrillator (AED), and relief of foreign-body airway obstruction (FBAO). It is intended for participants who provide health care to



patients in a wide variety of settings, including in-hospital and out-of-hospital settings. The course is also designed for anyone who is required to take a health care provider course for employment. This 6-8 hour program involves multiple learning activities: a videotaped overview of the Chain of Survival and other cognitive information; an instructor led discussion of the adult signs of heart attack, cardiac arrest, stroke, and choking; videotaped skills demonstration and practice; instructor-led practice scenarios; and peer practice sessions. Two manuals accompany this course. BLS for Health Care Providers should be used by all licensed and certified health care professionals. Fundamentals of BLS for Health Care Providers was developed for non-licensed healthcare providers and others with a minimal healthcare background that are required to take this course for employment. All participants who successfully complete the course, including the written examination and skill demonstrations, will receive a BLS for Health Care Providers Course completion card (credential).

22282 47-531-437 19-Feb S  
8:30a-4:30p On Campus \$25.20 /\$4.00

22284 47-531-437 26-Mar S  
8:30a-4:30p On Campus \$25.20 /\$4.00

22286 47-531-437 21-May S  
8:30a-4:30p On Campus \$25.20 /\$4.00

23006 47-531-437 7-May S  
8:30a-4:30p On Campus \$25.20 /\$4.00

## CPR Health Care Provider Renewal - AHA

This course is intended for the biennial renewal of the CPR Healthcare Provider. Students must successfully complete skills testing on one-and two-rescuer CPR (adult/child/infant), foreign body airway obstruction (FBAO) procedures (adult/child/infant), and mask with one-way valve usage. A minimum of 84 percent must be attained on the written test. (PREREQUISITE: CPR Healthcare Provider successful completion within previous two years.)

22283 47-531-439 19-Feb S  
12:30-4:30p On Campus \$14.60 /\$4.00

22285 47-531-439 26-Mar S  
12:30-4:30p On Campus \$14.60 /\$4.00

22287 47-531-439 21-May S  
12:30-4:30p On Campus \$14.60 /\$4.00

23007 47-531-439 7-May S  
12:30-4:30p On Campus \$14.60 /\$4.00

## Medic First Aid

This course will help students gain the knowledge, skills, and confidence necessary to manage a medical emergency using CPR, an automated external defibrillator (AED), and first aid until more advanced help is available. This course will certify a student for two years in CPR/AED/1st Aid.

22288 42-531-457 2/15-2/16 TW  
6-10p On Campus \$25.20 /\$4.00

22294 42-531-457 5/9-5/10 MT  
6-10p On Campus \$25.20 /\$4.00

## Medic First Aid Recertification

This course will recertify students in Medic First Aid. Students will renew skills in CPR, an automated external defibrillator (AED) and first aid. PREREQUISITE: Students must have taken the original course, 42531457 Medic First Aid within the last two years. This course will renew your certification for two years.

22289 42-531-460 15-Feb T  
6-10p On Campus \$14.60 /\$4.00

22295 42-531-460 9-May M  
6-10p On Campus \$14.60 /\$4.00

## 72 Hour Emergency Kits *Sydney Tanner*

In this course the participants will learn how to assemble a 72 Hour Emergency Kit. The instructor is a survival specialist. Take this short course and learn how to prepare you and your family for three days when you may have to evacuate due to a storm or other situation.

27345 42-817-402 12-Mar S  
10-11:30a On Campus \$9.30 /\$4.00

## Fitness Insanity *Tony Bergman*

Do you want to get fitter than you have ever been in your life? Then try Insanity! Experience first hand the power of MAX INTERVAL TRAINING and what it will do for your body. You can burn as much as 1000 calories doing an Insanity workout in as little as 39 minutes. There are no machines or weights, just your own body weight. Bring water and a towel to class because you will sweat! Wear comfortable, breathable cloth-



ing and clean workout shoes. Consult with your physician before starting this strenuous exercise program. This is the real deal.

26830 60-807-607 2/1-3/3 TR  
6-7p On Campus \$41.50 /\$22.75

26828 60-807-607 3/22-4/28 TR  
6-7p On Campus \$49.00 /\$26.50



### **Nordic Walking-Introduction** *Bjorn Hanson*

This course is the basics of Nordic Walking. The instructor is Bjorn Hanson from RLNA Nordic Association. Participants can bring their own poles or the association has poles for participants to use. Questions about this course can be directed to Hanson by e-mailing; info@outthereshop.com or by calling 715.234.4505. Information will be posted on the groups website also. The first class session will include a brief introduction and will be held in a WITC classroom close to the trail system.

26929 60-807-607 5/5-5/19 R  
6-7:30p On Campus \$26.50 /\$15.25



### **Smart Food Choices** *Joyce Mack Olson*

This 4-session course will include lessons and information on raising the bar to advancing the participant's nutritional awareness in changing the dietary habits of the modern family. Cooking hints will focus on natural fiber and energy from real food, protein sources, essential fatty acids, importance of fruit and vegetables and short cuts for quick energy foods and healthy snacks. A \$10 materials fee is payable to the instructor at the beginning of the first session. The instructor will provide snack samples at each session to fit into the specific lesson. Further information can be obtained by contacting the instructor at changinghabits1biteatatime@gmail.com

27435 60-560-610 3/24-4/14 R  
6-8:30p On Campus \$41.50 /\$22.75

## **Pediatric Medic First Aid & CPR**

This course will help students gain the knowledge, skills and confidence necessary to respond to and manage medical emergencies involving children and infants until more advanced help is available. A student will be taught the updated guidelines of CPR, and an automated external defibrillator (AED), and first aid for children

and infants. This course will certify a student for 2 years in CPR/AED/1st AID.

22314 42-531-464 26-Feb S  
8:30-4:30p On Campus \$25.20 /\$4.00

## **Pediatric Medic First Aid & CPR Recertification**

This course will recertify a student in Pediatric Medic First Aid & CPR. Students will renew their skills in CPR, an automated external defibrillator (AED) and first aid for infants and children. Students must have taken the original course, Pediatric Medic First Aid & CPR 42531464 within the last two years. This course will renew a student's certification for 2 years.

22315 42-531-477 26-Feb S  
8:30a-12:30p On Campus \$14.60 /\$4.00

## **Pilates**

*Lynda Sirianni*

Gentle movements of the Pilates exercises strengthen deep muscles of the body, not just the bigger ones. This will help you to feel stronger, faster. Many of the exercises are done lying down with your feet up, for better circulation. The exercises are very adaptable. Pilates is a refreshing mind-body workout which is challenging yet safe. Participants are encouraged to wear comfortable clothing and bring a mat and water bottle. Participants should wear comfortable clothing and bring a mat or a towel and a water bottle. The instructor is a Certified Body, Mind and Spirit practitioner who continues to take education credits in wellness. No class 3/15.

26671 60-807-629 2/23-4/6 W  
6-7p RL Senior Ctr \$26.50 /\$15.25

## **Skiing: Cross Country**

*Bjorn Hanson*

This course is an introduction to basic skate technique, V1, V2, & V2 alternate basics. Knowledge of Cross Country Skiing is necessary and skiers need to have their own equipment. The instructor is Bjorn Hanson from RLNA Nordic Association. Questions about this course can be directed to Hanson by e-mailing; info@outthereshop.com or by calling 715.234.4505. Information will be posted on the groups website also. The first class session will include a brief orientation at a designated WITC classroom



before going out to the trails.

26915 60-891-605 2/3-2/12 R, S

6-8p, 9a On Campus \$34.00 /\$19.00

## Tai Chi

**Lynda Sirianni**

Tai Chi Light is a great way to learn some basic routines involving movement and breathing techniques designed to bring more oxygen into our cells, help with balance, coordination and enhance overall wellness. Tai Chi can help release toxins, improve balance, and eliminate stress-related tension. Participants should wear comfortable clothing and bring a mat or a towel and a water bottle. The instructor is a Certified Body, Mind and Spirit practitioner who continues to receive continuing education credits as a wellness instructor.

26685 60-807-640 4/13-5/25 W

6-7p RL Senior Ctr \$34.00 /\$19.00

## Yoga

**Christy Moravitz**

Yoga focuses on developing balance, flexibility, and strength. You will calm your mind with relaxation and centering as your lung capacity is increased while you practice pranayama (breathing exercises). Yoga will challenge your muscles and realign your body giving you energy and a strong immune system.

26625 60-807-628 3/23-4/27 W

5:30-6:30p On Campus \$26.50 /\$15.25

## Yoga for Relaxation

**Lynda Sirianni**

Practicing Yogic relaxation techniques takes time and patience with your Body, Mind and Spirit. In this class you will learn how to balance your busy days of working, running errands, attending meetings, taking phone calls, text messages and other commitments. Sleep better, have more energy, release tension, and feel rejuvenated as you participate in this class. Participants should wear comfortable clothing and bring a mat or a towel and a water bottle. The instructor is a Certified Body, Mind and Spirit practitioner who continues to take education credits in wellness. No class 3/14.

26670 60-807-628 2/21-4/4 M

5:15-6:15p On Campus \$26.50 /\$15.25

## Zumba®

**Roni Tennant**

Choose to attend any of the weekly sessions to get a great workout. Use this optional session offering to attend any of the 12 sessions scheduled Feb 1 to March 31. It's flexible for YOUR busy schedule. Zumba® is a fun and exciting dance workout set to Latin-inspired music. The routines and dance steps are basic and easy to learn. Bring water and a small towel to class and wear comfortable, breathable clothing and shoes with a smoother sole like court or dance shoes. As always, consult with your physician before starting this or any other exercise program. This class # is scheduled to use any 12 of the 18 sessions available.

26936 60-807-631 2/1-3/31 TR

5:30-6:30p Hilltop Elem. \$49.00 /\$26.50

26937 60-807-631 2/1-3/31 TR

6:45-7:45p Hilltop Elem. \$49.00 /\$26.50

26938 60-807-631 2/1-3/31 TR

5:30-6:30p Hilltop Elem. \$71.50 /\$37.75

26940 60-807-631 2/1-3/31 TR

6:45-7:45p Hilltop Elem. \$71.50 /\$37.75

26942 60-807-631 4/5-6/2 TR

5:30-6:30p Hilltop Elem. \$49.00 /\$26.50

26943 60-807-631 4/5-6/2 TR

6:45-7:45p Hilltop Elem. \$49.00 /\$26.50

26944 60-807-631 4/5-6/2 TR

5:30-6:30p Hilltop Elem. \$71.50 /\$37.75

26945 60-807-631 4/5-6/2 TR

6:45-7:45p Hilltop Elem. \$71.50 /\$37.75

27066 60-807-631 12-Mar S

9-10a On Campus \$11.50 /\$7.75

27068 60-807-631 12-Mar S

10:30-11:30a On Campus \$11.50 /\$7.75

**Explore  
your creative side!**

**WITC offers arts, crafts  
and hobby classes at a  
location near YOU.**



## Pre-Arrangements and Estate Planning

### Estate Planning

**Susan Sharp-Miley**

This class covers the basics of estate planning, and shows you how to save money that would otherwise be spent by your estate for administrative costs and taxes when you pass away. It includes a discussion of probate and how to avoid it, the benefits and drawbacks of living trusts, and the importance of durable powers of attorney and health care documents. Susan Sharp Miley, the class instructor, can be reached at (715) 634-9390 or at mileylaw@centurytel.net.

26482 42-102-404 8-Feb T  
6-8:30p On Campus \$14.60 /\$4.00

### Introduction to Home Funerals

**Lucy Basler**

This class is an introduction to exploring choices for the family surrounding the death of a loved one and a compassionate alternative to current funeral practices. For more information contact the instructor -Lucy Basler @ Sacred Ceremonies, LTD in Webster, WI.

27414 42-305-420 10-May T  
2-4:30p On Campus \$14.60 /\$4.00

## Responsible Beverage Service

### Responsible Beverage Service

**Debra Lehmann**

Students will learn responsible beverage service techniques. Local and state laws will be discussed. Techniques for creating a more profitable business environment by preventing negative and/or unsafe situations in the serving of alcoholic beverages are included. Content will also include implications for legal action against owners and operators of beverage service facilities from inappropriate patron behavior. The course is designed to increase awareness of alcoholic beverage service techniques for owners/operators and the potential for increasing profits through responsible management practices. This course was jointly developed by the Wisconsin Restaurant Association and the Wisconsin Technical Col-

lege System and may fulfill or partially fulfill local municipal ordinance requirements.

21799 47-311-400 7-Mar M  
5:30-9:30p On Campus \$22.00 /\$11.40

21801 47-311-400 9-Apr S  
8:30a-12:30p On Campus \$22.00 /\$11.40

21805 47-311-400 16-May M  
5:30-9:30p On Campus \$22.00 /\$11.40

## Therapeutic Alternatives



### Hot Stone Technique

**William Raich**

This class is approved for 4 hours of CE for Massage Therapists. NCBTMB William Raich Approved provider #451237-10. Please bring your massage table.

26904 47-537-421 25-Mar F  
2-6p On Campus \$39.00 /\$28.40



### Sports Massage

**William Raich**

This class is approved for 11 hours of CE for Massage Therapists. NCBTMB William Raich Approved provider #451237-10. Bring your massage table. Lunch included.

26901 47-537-420 5/6-5/7 F, S  
2-6p/8:30a On Campus \$89.00 /\$57.20



### Therapeutic Massage (NCBTMB) Exam Review

**William Raich**

A basic review of the theory and skills needed to prepare for the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) exam.

27295 47-537-433 16-May M  
4-8p On Campus \$19.60 /\$9.00



### Therapeutic Massage: Clinical Approaches

**William Raich**

Focus will be on the Cervical and Upper Thorax region. This class is approved for 8 hours of CE for Massage Therapists. NCBTMB William Raich Approved provider #451237-10. Bring your massage table. Lunch included.

26902 47-537-422 26-Mar S  
8:30a-5p On Campus \$79.00 /\$57.80



## Trade & Industry



### ABC's of Auto Mechanics

*Curt Pacholke*

This course will be an entry level introduction to the fundamentals of the automobile. Topics include familiarization with vehicle systems, along with identification and proper use of various automotive hand and power tools. Upon completion, participants should be able to perform general maintenance on their own vehicles. The participants will be encouraged to bring in their own car to perform lab activities. Safety glasses required. Signs will be posted to identify the site. No class 3/15.

26550 60-404-610 2/22-4/5 T

6-8p RL HS \$49.87 /\$27.37

### Artistic Welding

*Paul Larson*

This course will review oxy-fuel, shielded metal arc, gas metal arc, and gas tungsten arc welding processes. Class is designed for the beginner and individuals looking to advance present welding skills. Bring notebook, pliers, safety glasses, and welding goggles/helmets to class. As a participant you will learn techniques to design and fabricate a variety of items like wine racks and garden ornaments to site a couple examples. The instructor will teach to the level of the participants. Those interested in taking the Artistic Welding course are encouraged to enroll in the beginning course to become familiar with the welding process, but it is not a requirement. No class the week of March 14th.

26716 60-442-600 3/8-3/31 TR

6:30-9:30p On Campus \$90.90 /\$57.15

### Auto Body Repair Skills-Repairpersons

*Erick Hassel*

The students will gain auto body repair skills. Geared for the hobbyist and those who want first hand knowledge of the auto body repair field. Safety glasses are required and must be supplied by the student. Students pay for own paint used.

26839 47-405-400 5/24-6/16 TR

6-9p On Campus \$88.95 /\$25.35

## Machine Tool Lab

*Clif Beyer*

This course is intended to provide training on machine tool equipment at the beginning and intermediate levels. Opportunities to work and learn safe machine tool operation will be provided for persons working in, or interested in the machine trades. Students will work independently on selected vocational objectives with the assistance of an instructor. Questions related to the course offering should be directed to the instructor at [clifbeyer@charter.net](mailto:clifbeyer@charter.net).

26865 47-420-409 2/3-3/3 R

6:30-9:30p On Campus \$52.80 /\$10.40

26866 47-420-409 3/24-5/5 R

6:30-9:30p On Campus \$59.40 /\$11.70

### Mobile Refrigerant Service and Handling

*Melvin Winberg*

This course is designed to meet the requirements for state certification of individuals who use refrigerant recycling equipment. The principles of air conditioning and the operation and service of the system will be reviewed.

26837 47-404-444 16-Feb W

5:30-9:30p On Campus \$14.60 /\$4.00

26838 47-404-444 6-Apr W

5:30-9:30p On Campus \$14.60 /\$4.00

## Welding I

*Paul Larson*

This course will include oxy-fuel, shielded metal arc, gas metal arc, and gas tungsten arc welding processes. Class is designed for the beginner and individuals looking to advance present welding skills. Projects should be reviewed with instructor. Bring notebook, pliers, safety glasses and welding goggles/helmet to class. The instructor will teach to the level of the participants. Those interested in taking the Artistic Welding course are encouraged to enroll in this course to become familiar with the welding process, but it is not a requirement.

26646 47-442-406 2/1-2/15 TR

6:30-9:30p On Campus \$79.00 /\$36.60



## Welding II

**Paul Larson**

This course will include oxy-fuel, shielded metal arc, gas metal arc, and gas tungsten arc welding processes. Class is designed for the beginner and individuals looking to advance present welding skills. Projects should be reviewed with instructor. Bring notebook, pliers, safety glasses and welding goggles/helmet to class. The course is an introduction to skill. The instructor will teach to the level of the participants. Those interested in taking the Artistic Welding course are encouraged to enroll in this course to become familiar with the welding process, but it is not a requirement.

27528 47-442-406 2/17-3/3 TR  
6:30-9:30p On Campus \$79.00/\$36.60

## Woodworking: Absolute Beginner

**Chad Weber**

Introduction to machine use and small projects will be the focus of the class. Participants will have the opportunity to design a project to complete after the first session. Safety glasses are required. Questions about the class can be directed to the instructor at [chad.weber@probuild.com](mailto:chad.weber@probuild.com)

26485 60-409-601 2/2-2/23 W  
6-8p On Campus \$34.00 /\$19.00

## Woodworking: Absolute Beg. II

**Chad Weber**

Introduction to machine use and small projects will be the focus of the class. Participants will have the opportunity to design a project to complete after the first session. Safety glasses are required. This class will review information presented in the first class and offer the opportunity to complete additional projects within the framework for the class. Questions about the class can be directed to the instructor at [chad.weber@probuild.com](mailto:chad.weber@probuild.com)

26486 60-409-601 4/6-4/27 W  
6-8p On Campus \$34.00 /\$19.00



WISCONSIN  
INDIANHEAD  
TECHNICAL  
COLLEGE

# Barron

## Estate Planning

**Susan Sharp-Miley**

Learn the basics of estate planning and how to save money that would otherwise be spent by your estate for administrative costs and taxes when you pass away. Also probate and how to avoid it, the benefits and drawbacks of living trusts, and the importance of durable powers of attorney and health care documents. Class is in the Middle School library.

26515 42-102-404 20-Apr W  
6-8:30p Barron MS \$14.60 /\$4.00



## Quilting: Easter Table Runner

**Staci Zimmer-Prasnicki**

For the beginner or advanced quilter. Learn rotary cutting, piecing, appliqueing and quilting. Participants must bring their own sewing machines. Kits can be purchased from the instructor, or participants should bring to class: the 2 fat eighths of different shades of yellow for chicks', 1/8-yard orange for beaks and feet or scraps, 1 fat quarter, medium to light green, for background, 1/4-yard pink for border can be checkered, Easter fabric, etc. for border, 1/4-yard green for binding, 1 fat eighths yellow for corner blocks, 1 fat eighths or 1/8-yard cream color for flag, 1 fat quarter of purple, 2/3-yard backing material, batting approx. 31 x 21, 3 micro mini buttons or black beads for the chicks' eyes, 4 buttons for corners, 1/3-yard of fusible web or spray, black thread, matching thread for quilting.

26504 60-304-615 3/15-3/29 T  
6-9p Barron MS \$41.50 /\$22.75



## Weight Lifting/General Fitness

**Tom Schaaf**

Schaaf has years of experience as a personal trainer, and will teach how to use weightlifting equipment properly, effectively and safely. Some aerobic training will also be covered. Gain the knowledge, confidence, and fitness level to start a program at home or in a health club. Class is in the weight room at Barron Middle School.

26514 60-807-607 2/15-3/24 TR  
4:30-5:30p Barron MS \$49.00 /\$26.50



# Cameron



## Absolute Beginners I

**Ron Gehler**

For those who have no experience with personal computers. Learn basic computer operating skills including: mouse, keyboard, and terminology. No book required.

26499 47-103-403 3/21-3/25 MWF

9a-12p Cameron Senior Ctr \$30.50 /\$4.00



## Absolute Beginners II

**Ron Gehler**

For those with some knowledge of the use of the mouse and personal computers. Learn how to use the keyboard, printer, and terminology required for successful operation. Also learn word processing with an emphasis on MS Windows, and the internet. No book required.

26502 47-103-403 3/28-4/1 MWF

9a-12p Cameron Senior Ctr \$30.50 /\$4.00



## Art: Water Color

**Judy Shaide**

For beginners to advanced. A presentation of the marketing aspects will be given. Will include varied techniques at all levels with emphasis on fun. Bring work in progress if desired. Bring own supplies: basic watercolor set, 140 lb. weight watercolor paper, sketch pad, HB pencil, kneaded eraser, water container, paper towels, spray bottle, board or easel to hold paper, and masking tape.

26512 60-815-600 4/7-5/12 R

1-4p Cameron Senior Ctr \$71.50 /\$37.75

26517 60-815-600 4/7-5/12 R

9a-12p Cameron Senior Ctr \$71.50 /\$37.75



## Computers: Intro Comp/ Internet/Email

**Ron Gehler**

This course uses Microsoft Windows and is designed to welcome you to the world of computers and the internet. You will explore computer concepts, word processing, uploading digital photos, and the internet. Basic computer and mouse skills are required. A book is required and is available for purchase on the first day of class. Contact the campus bookstore for the current price.

The book content covers Windows XP and Windows Vista. It is self-paced and a great resource for home use.

26503 47-103-404 4/4-4/15 MWF

9a-12p Cameron Senior Ctr \$51.70 /\$4.00

## Beginning Yoga

**Christy Moravitz**

Through gentle poses and movements, known in yoga as asana, as well as breathing techniques, yoga provides a special workout with an emphasis on relaxation and a balanced mind and body. Learn amazing poses that increase flexibility, balance and strength, plus calm the mind. Each session ends with a deep relaxation exercise. Bring a yoga mat and wear comfortable clothing.

26511 60-807-628 2/1-3/8 T

4:30-5:30p Cameron Snr. Ctr \$26.50/\$15.25

# Chetek

## Art: Intermediate Watercolor

**Leni Sovacool**

Intermediate Watercolor.....Using colors wisely and in a fun way. Exploring what can be done with a limited palette! I will have photos & drawings or you can bring your own. Focus will be on mixing colors. Any questions, feel free to call Leni at 715-458-0085.

27299 60-815-600 2/1-2/22 T

6-8:30p Chetek HS \$41.50 /\$22.75

## Art: Mixed Media

**Leni Sovacool**

Anything Goes! This is for all of you who have a stack of unfinished art, ideas that are stuck, or need to be inspired. We can work on watercolors, colored pencils, graphite, inks.....your own ideas or mine. This is an intermediate class. Focus will be on inspiration! Any questions, feel free to call Leni at 715-458-0085.

27303 60-815-608 4/5-4/26 T

6-8:30p Chetek HS \$41.50 /\$22.75

**New classes added often, so check the course listings at [witc.edu/search](http://witc.edu/search) regularly.**



# Discover your strengths

**Take Gallup's Strengthsfinder 2.0 to identify strengths, explore career fit, and use your strengths to concentrate efforts for achieving excellence and personal fulfillment.**

**See page 8 for the Strengthsfinder course information.**

## Computers: Internet/Email

**Mikki Jerdet**

Learn to safely navigate the internet, use search engine tools, website pages, email settings and safety. Learn to send and receive email messages, and the basics of sending document and photo attachments.

27755 42-103-481 2/8-2/15 T

9-11a Chetek Comm'ty Center \$25.20 /\$4



## Jewelry Pendant Design

**Maryanne Frawley**

Capture a bit of nature in a fine silver pendant! Learn the basics of working with Precious Metal Clay, which upon firing becomes .999 pure silver. The silver pendant will capture the texture and shape of a real leaf. Participants will design and form their own pendants and prepare them to be kiln-fired and construct a leather cord. Finally, you will polish the pendant, add a patina and wear it home. Materials fee of \$35 to be paid at class.

27306 60-815-602 14-Apr R

6:30-10p Chetek HS \$19.00 /\$11.50

## Zumba®

**Roni Tennant**

Zumba® is a fun, exciting dance workout set to Latin-inspired music and routines and dance steps basic and easy to learn. Burn 300-800 calories doing Zumba®.

Bring water and a small towel to class and wear comfortable, breathable clothing and shoes with a smoother sole like court or dance shoes. As always, consult with your physician before starting this or any other exercise program

26739 60-807-631 2/2-3/23 W

5:45-6:45p Chetek HS \$34.00 /\$19.00

26742 60-807-631 2/2-3/23 W

7-8p Chetek HS \$34.00 /\$19.00

## Cumberland

### Computers: Digital Photo Editing

**Thomas Ethen**

Learn how to improve the quality of your photos after they have been taken. Tom will introduce you to different photo editing programs used to improve lighting/contrast, fix blemishes, remove red eye and perform other digital enhancements. Please bring pictures on CD or flashdrive.

26563 42-103-493 3/1-3/3 TR

6-9p Cumberland HS \$19.90 /\$4.00

### Digital Cameras, Beginning

**Thomas Ethen**

You have just purchased your first digital camera or upgraded to a better product, but have no idea how to properly operate it. What features are available on my camera? How do I download pictures? What are some tips to maintaining my camera? Join Tom as he explains the different options available on your digital camera and assists you into the world of digital photography. Please bring your camera to the class.

26562 42-103-460 2/15-2/17 TR

6-9p Cumberland HS \$19.90 /\$4.00

### Digital Cameras, Intermediate

**Thomas Ethen**

Now that you know the basics of your camera, learn how to properly use the available functions to take the best pictures possible. Please bring your camera to the class.

26566 42-103-460 2/22-2/24 TR

6-9p Cumberland HS \$19.90 /\$4.00

**It's easy to register!  
See page 38-39.**



# SAFETY DAY

## April 14 at WITC-New Richmond

Get the latest OSHA updates about Arc Flash,  
Lockout-Tagout, Machine Guarding and more.

Check for updates at [witc.edu/coned/seminars](http://witc.edu/coned/seminars)



### Estate Planning

*Susan Sharp-Miley*

This class covers the basics of estate planning and shows you how to save money that would otherwise be spent by your estate for administrative costs and taxes when you pass away. It includes a discussion of probate and how to avoid it, the benefits and drawbacks of living trusts, and the importance of durable powers of attorney and health care documents.

26568 42-102-404 8-Mar T  
6-8:30p Cumberland HS \$14.60 /\$4.00



### Intro to Improv

*Hope Vicich*

Improv means to perform without previous thought or design. This class will improve your ability to think on your feet, sharpen your wit & help you to run with whatever life throws at you. It is a perfect venue for salesmen, educators, clergy, actors & parents...anyone who must tackle tricky situations on a moment's notice. The only requirements are an open mind, sense of humor & a willingness to explore your inner child! Hope is a graduate of the University of Minnesota's Theatre program. She grew up in Chicago learning the art of improv from the Second City Theatre group. Hope has appeared in and directed numerous productions with the Cumberland Community Theatre, Red Barn Theatre, Barron Spotlighters & Theatre in the Woods. She has over 40 years of theatre experience and looks forward to sharing it with you!

26905 60-810-600 3/1-4/21 TR  
7-8p Cumberland MS \$64.00 /\$34.00



### MARCH into a New Job!

*Carleen Matosky*

The job market is tight and every tip can have the potential to get you the job you want! In this class we will talk about cover letters and resumes, particularly focusing on cut and paste styles that can sell you better. We will talk about interviewing and the importance of that first impression along with follow-up. Also, we will cover some nontraditional tips for finding open positions, getting you noticed, and getting a new job!

26848 42-809-430 10-Mar R  
6-9p Cumberland HS \$14.60 /\$4.00

### Yoga for Relaxation

*Lynda Sirianni*

Lynda helps you experience Yoga by using breathing techniques along with movements to help you feel better in body, mind & spirit from the inside out. Bring your mat or towel, water, and dress comfortably.

26570 60-807-628 3/15-4/19 T  
5:30-6:30p Cumberland MS \$26.50 /\$15.25

## Flambeau



### Computers: Digital Scrapbooking

*Sharalyn Overhagen*

Learn to make beautiful digital scrapbooks with online programs or software you may already have on your computer. Bring your digital pictures on a flash drive.

27056 42-103-493 3/1-3/22 T  
6-9p Flambeau School \$35.80 /\$4.00



## Custom Rod Building

**Robert Hindal**

Whether you have built a rod before or this is your first one, you will leave with a fishing rod worth far more than the class and material fee. You may even have time to build a second rod for just the cost of materials. Material fee depends on rod chosen-call Community Ed for information. Orientation meeting to order supplies will be held on Thursday, February 3rd at 6 p.m. Also includes a free field trip to St. Croix Rod (lunch on your own).

26928 60-891-601 2/17-3/24 R  
6-9p Flambeau School \$71.50 /\$37.75

## Lathe Work & Engraver

**Robert Hindal**

Participants will make their choice of projects such as pen, game calls, bowls, fishing rod handles followed by laser engraving your item (if you choose).

26925 60-409-601 2/15-3/1 T  
6-9p Flambeau School \$41.50 /\$22.75

# WITC-Hayward

## Art & Hobbies

### Art: Contour, Pointillism

**Diana Randolph**

Explore methods of contour, pointillism, cross-hatching and ink washes. Create small value scales and drawings using these techniques inspired from your own photos. You may want to create a notecard design that you may bring to a print shop at a later date to have printed to mail to family and friends. In the afternoon the instructor will demonstrate how to combine color with pen and ink. This class is offered for participants who are at beginning, intermediate or advanced levels with the medium of pen & ink. Learn a new skill or practice techniques you may already know. A supply list will be provided by WITC-Hayward prior to the beginning of class.

22862 60-815-605 4-Apr M  
9:30a-3:30p WITC-Hayward \$26.50 /\$15.25



### Art: Drawing & Watercolor

**Roberta Jackson**

Tune up your drawing skills and learn to see things differently with a variety of drawing techniques, then add a splash of color and create your own painting. Create your own still life painting including flowers, fruits and/or veggies. The class is open to all levels of abilities, from the beginner to the advanced student. Bring a sack lunch and beverage for break. Class size is limited to 12 seats so register early. A supply list will be sent shortly before the class is scheduled to start.

26248 60-815-600 15-Apr F  
9a-3p WITC-Hayward \$26.50 /\$15.25



### Art: Loosen Up Your Watercolor

**Roberta Jackson**

Join us for a session that will focus on using techniques to help you loosen up your watercolor paintings. Paint birds or animals with lively color, emphasizing value and taking advantage of the explosive natural beauty of watercolor paints. The class is open to all levels of abilities, but some watercolor experience is helpful. Bring a sack lunch and beverage for break. Class size is limited to 12 seats so register early. A supply list will be sent shortly before class begins.

26250 60-815-600 29-Apr F  
9a-3p WITC-Hayward \$26.50 /\$15.25

### Art: Oil & Canvas Painting

**Theresa Karpowicz**

Bring your oil paints and supplies to create an artwork of your own. You will be completing three pictures in the four-night session. Topics may include landscape, trees, animals, snowscapes, flowers, etc. This class is intended for beginners or experienced students who want to practice their oil painting skills. Some supplies will be available for purchase from the instructor (approximately \$10+).

22859 60-815-600 3/30-4/20 W  
5:30-8:30p WITC-Hayward \$49.00 /\$26.50

**Find a class of interest? Don't procrastinate – register today!**





## Art: Oil Painting

**Rachel Murphy**

Realistic Oil Painting. Bring your painting skills to another level. This class is designed for individuals interested in realistic oil painting. All levels welcome. Knowledge of tools and materials will be emphasized along with shape, value, color and composition. Have fun in a supportive atmosphere with people of similar artistic interest. A supply list will be provided shortly before the start of the class.

27072 60-815-600 2/7-2/28 M

1-4p WITC-Hayward \$49.00 /\$26.50

## Gardening: Going Native

**Susan Reinardy**

A natural garden is not complete without native plants. Native trees provide important shelter and food for birds. Native shrubs can attract wildlife and provide several seasons of interest. In this course you will learn what, when and where to cultivate native plants that provide food for butterflies, song birds, hummingbirds and beneficial insects. Also learn about phenology: the study of the development of plants and animals as affected by our climate and weather. By using your observations you can know the best time for planting, the blooming cycles of plants, and the emergence of insect pests. All will help you become a more natural gardener.

22863 60-001-602 14-Apr R

1-3p WITC-Hayward \$11.50 /\$7.75

## Gardening: Herbs

**Susan Reinardy**

Herbs include many easy care perennials, self-seeders and a few thugs (rampant growers). This course will cover the gardening basics for most common and some uncommon herbs. Discover the herbs that make good companion plants for vegetables you grow. Have you ever tried garlic fudge? How about lemon balm tea? Or make rosemary flavored vinegar? You will learn the many culinary and medicinal uses for herbs as well as harvest and storage tips.

22865 60-001-602 5-May R

1-3p WITC-Hayward \$11.50 /\$7.75

## GPS Units-Beginning & Beyond

**Matthew Fitch**

In this two-day class, you will learn how a GPS unit operates, practice entering data, modifying menus and adjusting internal settings. You will practice using the unit outdoors and learn how to make your data coincide with various maps. You will also learn how to update maps on your GPS (if it is an upgradable unit), and find out which websites provide helpful tips. Bring your GPS unit, the manual, and extra batteries to class; if you don't own a unit or are in the process of shopping for one or upgrading, you can use a school unit (limited units available). No class on 4/9/11.

24968 47-421-415 4/2-4/16 S

9a-2:30p WITC-Hayward \$35.80 /\$4.00



## Gardening: Ornamental Edibles

**Susan Reinardy**

Yes, you can have a good looking landscape and eat it too! Many plants have berries, foliage, or flowers that are good looking and tasty. This course will identify the many ornamental edible plants for our area and how you can grow them in containers or add to a perennial garden. We will even identify some weeds that are edible providing you with even more motivation for weeding.

22866 60-001-602 21-Apr R

1-3p WITC-Hayward \$11.50 /\$7.75



## Hairstyles To Go

**Kami Weaver**

Tired of doing the same old thing with your hair? Want to learn something new and EASY? Join us to learn new and fun hairstyles that are quick and easy to do all on your own. The class is designed for short, medium or long hair. You'll have some one-on-one time with a licensed hair stylist as she guides you through several different hairstyles that you can do on your own whether on the go or for special occasions. Supplies: Bring a hand or table mirror, comb and brush, bobby pins, and pony tail holders.

26251 60-502-605 5-Feb S

10a-1p WITC-Hayward \$19.00 /\$11.50



## Sewing: Wine Tote Bag

**Stephanie Laakson**

Pick a fabulous piece of fabric, add a complimentary lining, some batting and – Voila! – a project as individual as you are. Bring sewing machine, thread, needles, pins, as well as a fat quarter of lining, fashion fabric & batting (optional) will be needed to make a gift bag to fit a normal size bottle of wine. If you need to oversize, adjust fabric & batting upwards. You can play with decorative stitching & thread on your machine, or bring your serger to practice new techniques. No other supply list will be provided.

26224 60-301-605 10-Mar R  
5:30-8:30p WITC-Hayward \$19.00 /\$11.50

## Business

### Evaluation Basics (For Non-Profits and Others)

**Su Neuhauser**

This workshop will help program managers and staff practice basic evaluation techniques for process and outcome measurement. It is designed to help people with little or no prior experience learn simple evaluation techniques that anyone can do using a calculator. More advanced techniques and programs such as SPSS will be discussed but will not be the focus of this workshop. Both quantitative and qualitative techniques will be discussed along with some fun and simple practice.

26965 47-196-453 4/26-4/27 TW  
5-8p WITC-Hayward \$19.90 /\$4.00

### Grantwriting Practicum

**Su Neuhauser**

This hands-on learning experience will go through the proposal writing process by formulating the individual components of a grant proposal. The ideas and techniques used in this practicum are applicable to several skill sets required in not for profit management including strategic planning and the development of a program evaluation. Students will be helped to translate an idea into a marketable set of goals and objectives.

26971 47-801-409 4/19-4/20 TW  
5-8p WITC-Hayward \$19.90 /\$4.00

## Computers

### Absolute Beginners II

**Patti Rumler**

This course will help you begin to understand some of the exciting things different computer programs can do. You will get more keyboard practice as you begin to open and operate some basic features within a few of the most common programs. You'll learn how to create, edit, and save a basic document and understand the importance of naming it so you can retrieve it later. You will print a document and discuss the basics of managing the files (documents) you store on your computer.

24830 47-103-403 3/1-3/22 T  
1-4p WITC-Hayward \$35.80 /\$4.00

### Absolute Beginners III

**Patti Rumler**

You will get more in depth information about operating a computer in this class. We will discuss more features of using the internet and will practice using e-mail and surfing the World Wide Web. In this 4-session class, you will spend a little time in the word processor (MS Word), the spreadsheet program (MS Excel), and the presentation software (PowerPoint), and we will discuss some other programs so you know what they can do for you. This class will pique your interest so you KNOW that you want to continue learning how to effectively operate a computer for your own personal and professional use.

24831 47-103-403 4/5-4/26 T  
1-4p WITC-Hayward \$35.80 /\$4.00

### Buy/Sell on eBay

**Taylor Foley**

Basic computer (i.e. using the mouse) experience is required. This course will teach the basics of setting up an eBay account and how to maneuver around the eBay website. Additional topics covered include pricing and shipping philosophies, PayPal features, feedback and tips from the experts about how to make your merchandise stand out for better sales.

24692 47-103-464 2/2-2/16 W  
5:30-8:30p WITC-Hayward \$30.50 /\$4.00



## Computers: Anti-virus for Beginners

**Patti Rumler**

Keep your computer safe from internet scammers, viruses, and identity theft. If you are a new computer user, it cannot be emphasized enough how you need this course! Putting the anti-virus software on your computer is not the only step! Using the anti-virus software properly will not only save you time and headaches, it will save money that you do not have to spend on repairs and cleanup!

24694 42-103-481 3-May T

1-4p WITC-Hayward \$14.60 /\$4.00

## Computers: Beginning Digital Photo Editing

**Roberta Pearson**

Learn how to do basic digital improvements on your photos after they have been taken. Adobe Photoshop Elements will be used in this class to improve lighting/contrast, remove red eye and perform other basic digital enhancements. You will learn how to complete basic computer projects with your photos using the Photoshop Elements program. Prior computer experience is required; students MUST already know how to download photos from their cameras or bring photos already on a disk. Please bring a flash drive to class with at least 2G memory.

27734 42-103-493 3/23-4/14 R

1-4p WITC-Hayward \$35.80 /\$4.00

## Computers: Intermediate Digital Photo Editing

**Roberta Pearson**

Learn how to do additional digital improvements on your photos with Adobe Photoshop Elements. You will have time to practice using your photos in great digital projects like cards and invitations. Bring your digital photos and your imagination and learn how to turn your photos into great memories! Prior computer experience is required; students MUST already know how to download photos from their cameras or bring photos already on a disk or jump drive. Elements 1 class is required.

27735 42-103-493 4/21-5/12 R

1-4p WITC-Hayward \$35.80 /\$4.00

## Computers: MS Excel Beginning

**Taylor Foley**

Students will learn basic Excel skills such as formatting columns, rows, font, shading, and borders. They will also learn how to create basic formulas, copy, paste, use Auto Fill and more. Some previous computer experience is required. Learn how this incredible software can help you organize information and figures, calculate figures, and return a wealth of information you never thought possible. Excel is an effective software for home or professional use.

27095 47-103-401 3/2-3/30 W

5:30-8:30p WITC-Hayward \$35.80 /\$4.00

## Computers: MS Word Beginning

**Patti Rumler**

In this class, you will learn how to enter, edit and enhance text in letters, tables and other word processing documents. Learn how to set tabs, create columns, tables, and more. Create fun and professional looking documents. This class is designed to enhance skills for personal and professional use. Hayward students do not purchase books.

24833 47-103-438 4/6-4/27 W

9a-12p WITC-Hayward \$35.80 /\$4.00

## Computers: MS Word Inter-mediate

**Patti Rumler**

You will begin with a short review of basics and then move into more advanced techniques such as additional formatting features, adding objects, wrapping text, page numbering, and more. You will learn the mail merge process and understand how much time this will save you in preparing documents. This class is designed to enhance skills for personal and professional use. Hayward students are not required to purchase books.

24838 47-103-438 5/4-5/25 W

9a-12p WITC-Hayward \$35.80 /\$4.00

## Computers: Windows 7

**Taylor Foley**

Windows 7 - The Undiscovered Country -- What is new? In this class, you will learn how to efficiently use the new task bar and



start button. You'll find out what happened to Outlook Express! You'll discover and learn to use included Windows 7 programs such as Desktop Gadgets and Windows DVD maker. And if you are thinking of purchasing a Windows 7 PC or laptop, you'll hear about what you should look for in the changes. For example, "why are my documents and pictures in different places?" You'll also take a look at the home folder and see how it's different, learn what is already new on the horizon, and at what is coming down the pipe (aka Windows 8).

24843 47-103-469 5/4-5/11 W  
5:30-8:30p WITC-Hayward \$19.90 /\$4.00

## Internet Safety

**Taylor Foley**

In this class, you will learn how to protect your computer and your identity from the myriad of schemes that haunt the internet. Learn how to protect your computer from phishing scams and hackers. In addition, you will discuss the steps you need to take to keep your virus protection software current and effective. After all, there's more to just loading anti-virus software; YOU need to do YOUR part, as well.

24120 42-103-466 4/12-4/19 T  
5:30-8:30p WITC-Hayward \$19.90 /\$4.00

## Intro to Internet and Email

**Patti Rumler**

In this class, you will learn how to safely navigate the internet, use search engine tools to locate information and learn how to move through web site pages. You will also learn how to send and receive e-mail messages. Basic e-mail settings and safety will be discussed.

24744 42-103-481 3/2-3/23 W  
9a-12p WITC-Hayward \$35.80 /\$4.00

## Driver Education



### Motorcycle Maintenance & Inspection

**Richard Richter**

Ready to Ride! Motorcycle Maintenance & Pre-Ride Inspections -- In this class, you will learn how to inspect and prepare your motorcycle for a safe ride at the beginning of every season and how to do basic maintenance procedures on your own. Discus-

sion and demonstration topics include tires, brakes, controls, chassis & suspension, engine & intake and driveline inspection & service. WITC basic and advanced rider coach, Rick Richter, will guide you through the process. Bring your bike for practice and questions.

26225 60-816-600 6-May F  
5:30-8:30p WITC-Hayward \$19.00 /\$11.50

## Foods & Beverage

### Beer, Wine and Mead Making

**Richard Zaborski**

Learn the basics of creating your own specialty mixes and the necessary skills for correct fermentation. Learn about websites that will provide additional information for use in future fermentation projects.

24871 60-305-600 5/13-5/20 F  
1-4p WITC-Hayward \$26.50 /\$15.25

## Health & Safety

### Medic First Aid

**Greta Coddington**

This course will help students gain the knowledge, skills, and confidence necessary to manage a medical emergency using CPR, an automated external defibrillator (AED), and first aid until more advanced help is available. This course will certify a student for two years in CPR/AED/1st Aid.

22290 42-531-457 3/21-3/22 MT  
6-10p WITC-Hayward \$25.20 /\$4.00

### Medic First Aid Recertification

**Greta Coddington**

This course will recertify students in Medic First Aid. Students will renew skills in CPR, an automated external defibrillator (AED) and first aid. PREREQUISITE: Students must have taken the original course, 42531457 Medic First Aid within the last two years. This course will renew your certification for two years.

22291 42-531-460 21-Mar M  
6-10p WITC-Hayward \$14.60 /\$4.00

### Pediatric Medic First Aid & CPR

**Greta Coddington**

This course will help students gain the knowledge, skills and confidence neces-



sary to respond to and manage medical emergencies involving children and infants until more advanced help is available. A student will be taught the updated guidelines of CPR, and an automated external defibrillator (AED), and first aid for children and infants. This course will certify a student for 2 years in CPR/AED/1st AID.

22317 42-531-464 9-Apr S

8:30a-4:30p WITC-Hayward \$25.20 /\$4.00

## **Pediatric Medic First Aid & CPR Recertification**

**Greta Coddington**

This course will recertify a student in Pediatric Medic First Aid & CPR. Students will renew their skills in CPR, an automated external defibrillator (AED) and first aid for infants and children. Students must have taken the original course, Pediatric Medic First Aid & CPR 42531464 within the last two years. This course will renew a student's certification for 2 years.

22319 42-531-477 9-Apr S

8:30a-12:30p WITC-Hayward \$14.60 /\$4.00

## **Pilates**

**Rhonda Rady**

The Pilates workout will tone and shape your entire body by using a flat band to mimic Pilates machines like the Reformer and the Cadillac. All fitness levels are welcome. Students will need an exercise mat (a beach towel will also work). Flat bands are required and can be purchased from the instructor for \$3 at the beginning of the class. This class # is scheduled to use any 6 of the 16 available pilates classes.

21786 60-807-629 2/28-3/30 MTW

8:30-9:30a/5:30 Hayw.Vet's Ctr \$26.50 /\$15.25

21787 60-807-629 2/28-3/30 MTW

8:30-9:30a/5:30 Hayw.Vet's Ctr \$41.50 /\$22.75

21788 60-807-629 2/28-3/30 MTW

8:30-9:30a/5:30 Hayw.Vet's Ctr \$64 /\$34

21789 60-807-629 4/18-5/25 MTW

8:30-9:30a/5:30 Hayw.Vet's Ctr \$26.50 /\$15.25

21790 60-807-629 4/18-5/25 MTW

8:30-9:30a/5:30 Hayw.Vet's Ctr \$41.50 /\$22.75

21791 60-807-629 4/18-5/25 MTW

8:30-9:30a/5:30 Hayw.Vet's Ctr \$64 /\$34

## **Smart Food Choices**

**Nancy Barnaby**

Learn how to make smart food choices from a certified nutrition and wellness counselor. In this class, you will hear about the wellness part of the food equation! Learn about basic nutrition information - the food pyramid, portion sizes, vitamins/minerals, the need for an exercise program, types of programs, and the mental aspect of taking care of yourself. Join this class and boost your commitment for getting healthier.

24966 60-560-610 5/19-5/26 R

5:30-7:30p WITC-Hayward \$19.00 /\$11.50

## **Yoga Level 1**

**Joan Shumway**

Level 1 Yoga focuses on developing balance, flexibility and strength for body, mind and spirit through mindful movement, breathing and meditation. Yoga will help you open your spine, release tension, provide gentle strengthening and stretching for all major muscle groups as well as strengthen the immune system. Pranayama practice (breathing exercises) will strengthen the respiratory system. You will calm your mind with relaxation, centering and meditation. This class is for beginning students and students seeking gentle movement. Focus is on breathing and moving with awareness through specific warm ups to open the body in preparation for the yoga poses being taught. Please bring your own mat, a blanket and a towel. As with any new exercise program, please check with your physician.

24861 60-807-628 4/6-5/25 W

2-3:30p Northwoods Fitness Ctr \$49/\$26.50

## **Zumba®**

**Lynn Fitch**

Choose to attend any of the three weekly Zumba® sessions to get a great blend of toning and cardio workout set to Latin-inspired music: Zumba® Fitness (Mon/Thur) and Zumba® Toning (Wednesdays). Use your 6-session option to attend any six classes available in this class session. Tone your body to fun Zumba® rhythms one night and get a great cardio workout on the others! It's flexible for YOUR busy schedule. The routines and dance steps are basic and easy to learn. Bring water and



a small towel to class and wear comfortable, breathable clothing and shoes with a smoother sole like court or dance shoes. As always, consult a physician before starting this or any other exercise program. This class # is scheduled to use any 6 of the 16 available classes. No class 2/23 & 2/24.

21796	60-807-631	2/7-3/17	MWR
5:15-6:30p	Hayw.Vet's Ctr	\$34.00	/\$19.00
21798	60-807-631	2/7-3/17	MWR
5:15-6:30p	Hayw.Vet's Ctr	\$49.00	/\$26.50
21800	60-807-631	2/7-3/17	MWR
5:15-6:30p	Hayw.Vet's Ctr	\$79.00	/\$41.50
21804	60-807-631	3/21-4/25	MWR
5:15-6:30p	Hayw.Vet's Ctr	\$34.00	/\$19.00
21807	60-807-631	3/21-4/25	MWR
5:15-6:30p	Hayw.Vet's Ctr	\$49.00	/\$26.50
21809	60-807-631	3/21-4/25	MWR
5:15-6:30p	Hayw.Vet's Ctr	\$79.00	/\$41.50
21811	60-807-631	4/27-6/6	MWR
5:15-6:30p	Hayw.Vet's Ctr	\$34.00	/\$19.00
21812	60-807-631	4/27-6/6	MWR
5:15-6:30p	Hayw.Vet's Ctr	\$49.00	/\$26.50
21813	60-807-631	4/27-6/6	MWR
5:15-6:30p	Hayw.Vet's Ctr	\$79.00	/\$41.50

## Pre-Arrangements and Estate Planning

### Introduction to Home Funerals

*Lucy Basler*

Family Directed Home Funerals/Natural Burials -- This class provides education to help families choose what after-life care they want for their loved ones. Class includes what a family would need to know: care of the body, legal issues, and burial and/or cremation arrangements. The DVD "A Family Undertaking" will be shown.

27051	42-305-420	21-Apr	R
10a-12:30p	WITC-Hayward	\$9.30	/\$4.00

### Wills and Trusts

*Susan Sharp-Miley*

Course looks at wills and trusts and what they do and do not do, who needs them and why. You will identify when to call in other investment professionals.

24967	42-102-404	12-May	R
10a-12p	WITC-Hayward	\$9.30	/\$4.00

## Responsible Beverage Service

### Responsible Beverage Service

*Elaine Schuck*

Students will learn responsible beverage service techniques. Local and state laws will be discussed. Techniques for creating a more profitable business environment by preventing negative and/or unsafe situations in the serving of alcoholic beverages are included. Content will also include implications for legal action against owners and operators of beverage service facilities from inappropriate patron behavior. In general the course is designed to increase the awareness of alcoholic beverage service techniques for owners/operators and the potential for increasing profits through responsible management practices.

This course was jointly developed by the Wisconsin Restaurant Association and the Wisconsin Technical College System and may fulfill or partially fulfill local municipal ordinance requirements.

21797	47-311-400	21-Feb	M
5:30-9:30p	WITC-Hayward	\$22.00	/\$11.40
21803	47-311-400	9-May	M
5:30-9:30p	WITC-Hayward	\$22.00	/\$11.40

## Trade & Industry

### Transition to Trainer

*Randy Deli*

Introduces students to the tools of a jobsite trainer. Students will explore the role of a journey worker/trainer, discover how to deliver hands-on training and examine the process for giving useful feedback.

21550	47-455-401	9-Apr	S
8a-4:30p	WITC-Hayward	\$45.00	/\$23.80

### *Enjoy eating?*

Learn to cook. WITC-Rice Lake has a variety of classes for the culinary at heart, starting on page 16.

- Sausage Making
- Outdoor Grilling
- Wine Tasting
- Cake Decorating
- Oriental Cooking -- *and more!*



# WITC-Ladysmith

## Art & Hobbies

### Quilt: Basics for Beginners

**Staci Zimmer-Prasnicky**

This is for the true beginner. If you've been wanting to learn the very basics in quilt making, now is the time! Demonstrations on rotary cutting, piecing, speed sewing, and finishing your quilt will be presented. We will be making a bright-and-cheery Nine-Patch quilt in class. Pick your fabric and make it fun. Choose a theme fabric and colors to match. Participants must provide their own sewing machine. Supplies and fabrics need to be purchased before start of class. Supply list will be provided before the first session. If you don't have a sewing machine, please call 715-532-3399 and we'll arrange to have a sewing machine for you.

26771 60-304-615 2/19-2/26 S  
9a-1p WITC-Ladysmith \$34.00 /\$19.00

26772 60-304-615 5/3-5/17 T  
6-8:30p WITC-Ladysmith \$34.00 /\$19.00

### Table Runner/Wall Quilt

**Staci Zimmer-Prasnicky**

Decorate your table/wall with a cute spring quilt. Finished quilt measures 27" x 17" with three dancing chicks, one is holding a flag with the words "Spring is Here" appliqued on the flag. Techniques in rotary cutting, piecing, appliqueing, and quilting will be demonstrated. Participants must provide their own sewing machine. Supplies and fabrics need to be purchased before start of class. Supply list will be provided before the first session. If you don't have a sewing machine, please call 715-532-3399 and we'll arrange to have a sewing machine for you.

26773 60-304-615 4/5-4/19 T  
6-8:30p WITC-Ladysmith \$34.00 /\$19.00

## Business

### Evaluation Basics (For Non-Profits and Others)

**Su Neuhauser**

This workshop will help program managers and staff practice basic evaluation tech-

niques for process and outcome measurement. It is designed to help people with little or no prior experience learn simple evaluation techniques that anyone can do using a calculator. More advanced techniques and programs such as SPSS will be discussed but will not be the focus of this workshop. Both quantitative and qualitative techniques will be discussed along with some fun and simple practice.

26966 47-196-453 4/26-4/27 TW  
5-8p WITC-Ladysmith \$19.90 /\$4.00

### Grantwriting Practicum

**Su Neuhauser**

This hands-on learning experience will go through the proposal writing process by formulating the individual components of a grant proposal. The ideas and techniques used are applicable to several skill sets required in not for profit management including strategic planning and the development of a program evaluation. Time will be spent in helping students to translate an idea into a marketable set of goals and objectives.

26972 47-801-409 4/19-4/20 TW  
5-8p WITC-Ladysmith \$19.90 /\$4.00

## Computers

### Computers: Absolute Beginners

**Jessica Bingham**

A must course for true personal computer novices. An introduction to the hardware and terminology necessary to use a computer. An introduction/overview to word processing and using the internet.

26780 47-103-403 2/15-3/8 T  
5:30-8:30p WITC-Ladysmith \$35.80 /\$4.00

### Computers: Introduction to Computers

**Jessica Bingham**

This course introduces students to basic computer tasks using Windows, typing with a word processor, navigating the Web, and working with email (including email attachments). Students will work with Microsoft Word as they type letters and use AutoCorrect, Copy and Paste, and other features. They also learn to open, move, copy, delete, and restore files.

26783 47-103-404 3/22-4/26 T  
5:30-8:30p WITC-Ladysmith \$51.70 /\$4.00



## Computers: MS Excel Beginning

*Veronica Turek*

Learn the basics of using Microsoft Excel spreadsheet software. Topics include editing, viewing, and printing worksheets; working with formulas and functions; formatting the contents of cells, and changing the appearance of worksheets. Basic computer knowledge is required.

27412 47-103-401 2/24-3/10 R

5-8p WITC-Ladysmith \$30.50 /\$4.00

## Introduction to MS Office

*Veronica Turek*

This course will provide an overview of Microsoft Office software applications. You will learn how to use the essential features of Microsoft Word, Excel, PowerPoint, and Access in the most efficient possible way. We will cover the basics of word processing, spreadsheets, databases, and presentation software. Some prior basic computer knowledge is required.

27413 47-103-437 3/24-4/28 R

5-8p WITC-Ladysmith \$51.70 /\$4.00

## Health & Safety

### Medic First Aid

This course will help students gain the knowledge, skills, and confidence necessary to manage a medical emergency using CPR, an automated external defibrillator (AED), and first aid until more advanced help is available. This course will certify a student for two years in CPR/AED/1st Aid.

22292 42-531-457 16-Apr S

8:30a-4:30p WITC-Ladysmith \$25.20 /\$4

### Medic First Aid Recertification

This course will recertify students in Medic First Aid. Students will renew skills in CPR, an automated external defibrillator (AED) and first aid. **PREREQUISITE:** Students must have taken the original course, 42531457 Medic First Aid within the last two years. This course will renew your certification for two years.

22293 42-531-460 16-Apr S

8:30a-12:30p WITC-Ladysmith \$14.60 /\$4

## Pediatric Medic First Aid & CPR

This course will help students gain the knowledge, skills and confidence necessary to respond to and manage medical emergencies involving children and infants until more advanced help is available. A student will be taught the updated guidelines of CPR, and an automated external defibrillator (AED), and first aid for children and infants. This course will certify a student for 2 years in CPR/AED/1st AID.

22320 42-531-464 2-Apr S

8:30a-4:30p WITC-Ladysmith \$25.20 /\$4.

## Pediatric Medic First Aid & CPR Recertification

This course will recertify a student in Pediatric Medic First Aid & CPR. Students will renew their skills in CPR, an automated external defibrillator (AED) and first aid for infants and children. Students must have taken the original course, Pediatric Medic First Aid & CPR 42531464 within the last two years. This course will renew a student's certification for 2 years.

22321 42-531-477 2-Apr S

8:30a-12:30p WITC-Ladysmith \$14.60 /\$4.

## Yoga

*Jeri Dunlap*

This class is for beginning Yoga students and students seeking gentle movement. We will focus on developing balance, flexibility, and strength for body, mind, and spirit through mindful movement and breathing. Yoga will help open your spine, release tension, provide gentle strengthening and stretching for all major muscle groups. Please bring your own mat, and wear comfortable clothing. As with any new exercise program, please check with your physician before participating in class. No class 3/21.

21771 60-807-628 3/7-5/2 M

4-5p WITC-Ladysmith \$34.00 /\$19.00

## Pre-Arrangements and Estate Planning

### Estate Planning

*Susan Sharp-Miley*

This course will cover the basics of estate planning, and shows you how to save money that would otherwise be spent by



your estate for administrative costs and taxes when you pass away. It includes a discussion of probate, and how to avoid it; the benefits and drawbacks of living trusts, and the importance of durable powers of attorney; and health care documents.

21768 42-102-404 15-Feb T  
4:30-7p WITC-Ladysmith \$14.60 /\$4.00

21769 42-102-404 17-May T  
10a-12:30p WITC-Ladysmith \$14.60 /\$4

## Responsible Beverage Service

### Responsible Beverage Service

**Elaine Schuck**

Students will learn responsible beverage service techniques. Local and state laws will be discussed. Techniques for creating a more profitable business environment by preventing negative and/or unsafe situations in the serving of alcoholic beverages are included. Content will also include implications for legal action against owners and operators of beverage service facilities from inappropriate patron behavior. In general the course is designed to increase the awareness of alcoholic beverage service techniques for owners/operators and the potential for increasing profits through responsible management practices.

This course was jointly developed by the Wisconsin Restaurant Association and the Wisconsin Technical College System and may fulfill or partially fulfill local municipal ordinance requirements.

21802 47-311-400 18-Apr M  
5:30-9:30p WITC-Ladysmith \$22./\$11.40

## Spooner

### Computers: Save/Organize Documents

**Lynda Marquardt**

Learn how to take photos from camera or cell phone and safely store them on the computer and photo docking stations. Also how to organize/save other documents and how to save to CDs and jump drives..

26910 42-103-481 2/5-2/19 S  
9a-12p Wshbrn Cty L. Ctr \$30.50 /\$4.00

26911 42-103-481 3/31-4/14 R  
5:30-8:30p Wshbrn Cty L. Ctr \$30.50 /\$4

## Computers: Absolute Beginners

**Joann Schmidt**

This course is for students with no computer experience. Please contact WITC's Washburn County Learning Center, 635-9120 for further information.

26913 47-103-403 2/3-2/24 R  
12:30-2:30p Wshbrn Cty L. Ctr \$25.20/\$4.



## Computers: Intro to iMac

**Amy Zabinski**

Apple's computers are completely intuitive and easy to use, except when they're not. Bring your Mac to class to learn and practice new techniques. Ask questions and get the answers.

26914 47-103-404 18-Mar F  
9a-12p Wshbrn Cty L. Ctr \$14.60 /\$4.00

## Dance: Learn to Cha Cha

**Bill & Kay Burkholder**

Cha cha is a rhythmical couple's Latin dance that is energetic and great fun. Couples will be taught cha cha dance basics and beginning dance patterns. Call Bill or Kay Burkholder with questions at 635-8470.

26745 60-891-610 2/21-3/14 M  
6:30-8p Ag Research Stn \$26.50/\$15.25

## Quilting: Tulip Runner

**Ruth Skeie**

Make a runner with easy nine patch tulip blocks. Learn to set blocks on point. Size depends on how many blocks you make. Supply list available upon registration. Blocks can also be made into a wall hanging or lap quilt.

26761 60-304-615 28-Mar M  
6-8:30p Ag Research Station \$11.50/\$7.75

## Twitter, Blog, Facebook & More

**Amy Zabinski**

What's a twitter, "Do I want to blog?", "Face what?" Students will be introduced to twittering, blogging and Facebook. Learn the positive aspects of each and some of the danger signals. Some hands-on practice will be done in class, if time permits.

26912 42-103-481 18-Mar F  
12:30-3:30p Wshbrn Cty L. Ctr \$14.60/\$4.



# Stone Lake

## Zumba®

*Lynn Fitch*

Zumba® is a fun and exciting dance workout set to Latin-inspired music. The routines and dance steps are basic and easy to learn. On average, burn between 300-800 calories doing Zumba®. Bring water and a small towel to class and wear comfortable, breathable clothing and shoes with a smoother sole like court or dance shoes. As always, consult with your physician before starting this or any other exercise program. Proper shoes MUST be worn in every class. No class on 05/24/11.

21810 60-807-631 4/5-6/28 T

5:30-6:30p Stone Lake Lion's \$49/\$26.50

24118 60-807-631 5/3-7/26 T

5:30-6:30p Stone Lake Lion's \$49 /\$26.50

24928 60-807-631 2/8-4/26 T

5:30-6:30p Stone Lake Lion's \$49 /\$26.50

# Weyerhaeuser

## Woodworking:Wood Carving/ Profit

*Richard Manor*

For carvers from novice to advanced and all types of carving. Students will complete a project. Included is a presentation on marketing handcrafted wood products.

26734 47-410-430 3/2-3/23 W

5:30-8:30p Weyerh. School \$37.65 /\$5.85

26736 47-410-430 3/30-4/20 W

5:30-8:30p Weyerhaeuser Sch \$37.65/\$5.85

# It's Easy to Register!

**In Person:** Visit Student Services Monday-Thursday, 7:30 a.m.- 8 p.m.; Friday, 7:30 a.m.- 4:30 p.m. Cash, checks or credit cards.

**By Mail:** Send registration with payment to WITC-Rice Lake, 1900 College Drive, Rice Lake, WI 54868. It must be received before the course begins. For cash registrations, you must register in person.

**Web Registration:** Register and submit your credit card payment at [witc.edu/search](http://witc.edu/search).

**By Phone:** Register by phone at 715.234.7082 or 800.243.9482, ext 5409 or 5410. Only credit card payments are accepted by phone or FAX (715-234-5172).

**Plan to Attend:** "No news is good news!" You will be notified only if your class is postponed or cancelled.

**Eligibility:** Anyone 16 and older may register. Younger students may be able to enroll with parental permission. Call 715.234.7082, for more info.

## Senior Fees

WITC is excited to announce the implementation of a new waiver for students ages 62 and better. The new waiver is for community services classes (aid code 60), effective last summer term 2010. This waiver provides a 50% reduction of program fees if the student's age is 62+ at the official start of the term (Spring is February 1, 2011).

Students ages 62+, who are enrolled in vocational adult courses (aid code 42 and 47), continue to be exempt from program fees under State Statute 38.24 (1)(b). Those students are still required to pay the appropriate material fees, which continues to be \$4 for many courses.







# Interested in developing a skill?

WITC offers

- Auto Mechanics and Body Repair
- Welding I, II and Artistic Welding
- Machine Tool Lab
- Mobile Refrigerant Handling
- Woodworking

See the Trade and Industry course offerings beginning on page 23.

# Indulge yourself . . .

WITC-Rice Lake has savory new classes taught by expert cooks, chefs and connoisseurs.

- Italian or Oriental Cooking
- Outdoor Grilling or Sausage Making
- Wine and Dessert Tasting
- Preparing Wild Turkey or Venison
- and much more.

Check out our “menu” of new courses.

WISCONSIN  
INDIANHEAD  
TECHNICAL  
COLLEGE

WITC-Rice Lake  
1900 College Drive  
Rice Lake, WI 54868

WITC-Rice Lake Continuing Education Classes January – May 2011