

DEMENTIA MANAGEMENT

Please select a date and location: ALEXANDRIA - May 15 FREDERICK - May 16 BALTIMORE - May 17
 HARRISBURG - May 29 SCRANTON - May 30 PHILADELPHIA - May 31



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 EDUCATION**
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Total Registration Fee:

	Early*	Regular
Single Registrant	\$189	\$209
2 to 4**	\$179 ea.	\$199 ea.
5 or more**	\$169 ea.	\$189 ea.

*Registrations received 10 days prior to seminar date.
 **Price per person when registering at the same time.

I am registering and would like to order an audio set for \$59 plus S&H \$8US/\$30CAN: audiotapes CDs

Dementia Management #3017
 Audio/manual package: \$189 plus S&H \$8US/\$30CAN
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Dementia Management

Advanced Skills for the Health Care Practitioner

- ◆ Understand the etiology and progression of different types of dementia
- ◆ Develop strategies for managing and preventing symptoms, including confusion, challenging behaviors, balance and sensory problems, contractures and more
- ◆ Integrate ADLs and other treatment tools into the client care plan
- ◆ Increase documentation, evaluation and staff education skills



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Alexandria, VA - May 15
 Frederick, MD - May 16
 Baltimore, MD - May 17
 Harrisburg, PA - May 29
 Scranton, PA - May 30
 Philadelphia, PA - May 31

Continuing education available for Physical Therapists,
 Occupational Therapists, Speech-Language Pathologists, Activity Professionals,
 Social Workers, Dietary Managers, Nursing Home Administrators and Nurses.

Dementia Management

Advanced Skills for the Health Care Practitioner

Improving Quality of Care and Quality of Life for Dementia Patients

As our world's population ages, the incidence of dementia and other dementing illnesses continues to grow. It is important, as more health care facilities create dementia-specific programming, that practitioners learn about the disease process and special considerations for care and treatment planning. By improving the quality of care given to clients with dementia, providers can recognize predictors of cognitive transitions, prevent challenging behaviors and successfully intervene at key points of cognitive decline. With the mandate to decrease physical and chemical restraints, practitioners must learn alternate interventions to help clients keep themselves and others from harm. Due to the large demands of OBRA guidelines, most care has had to focus strictly on personal hygiene and nutritional intake. Clients and their family members need activity intervention, social support and programming and measurement of not only cognition, but also cognitive performance. With growing demands to utilize evidence-based practice, health care professionals also have a responsibility to employ tools and measures to gauge the client's level of dementia, cognitive performance and independent living skills.

This one-day seminar provides tools for effective assessment and therapeutic intervention with the dementia patient. Participants will learn to evaluate cognition and cognitive performance and utilize effective strategies to enhance independence, function, cooperation and behaviors for the client with dementia. You will acquire new skills to enhance long-term care planning and help patients and families prepare for disease progression and future transitions in cognition. The skills and strategies taught in this seminar can be implemented into practice the very next day to provide better care and achieve better results with dementia patients.

Course Director

HEATHER VASILOPOULOS, MS, OTR/L, is a Licensed and Registered Occupational Therapist with more than eight years of experience specializing in dementia care. She is the owner and director of Vital Spark, LLC, an occupational therapy and life coaching company, where she provides therapy consulting services and clinical education for Licensed Nursing Assistants in nursing facilities. Ms. Vasilopoulos also works clinically as a home health Occupational Therapist. As a result of a grant application with the state of New Hampshire Department of Labor, she is in the process of becoming a continuing education provider for the state's Workforce Opportunity Council to help LNAs maximize employment and career ladder opportunities. Ms. Vasilopoulos previously served as a Program Leader and Occupational Therapist for a locked dementia unit at Harborside Healthcare Northwood in Bedford, New Hampshire. In this role, she provided clinical training and education, rolled out the LightHouse program for 40 dementia patients and created dementia color groups as a care plan and staff education tool. She was trained by Mary Lucero, Registered Nurse and Gerontologist in dementia care.

As a college student, Ms. Vasilopoulos interned at Edith Norse Rogers Memorial Veterans Hospital in Bedford, Massachusetts, with Dr. Ladislav Volicer in the Geriatric Research and Education Program. She earned a Bachelor of Science in Occupational Therapy from the University of New Hampshire-Durham in 2001 and earned a dementia training certificate from the Cleveland Alzheimer's Association in 2002. Ms. Vasilopoulos also completed dysphagia training at Harborside Crestwood in Milford, New Hampshire. She received her master's degree in Occupational Therapy in 2008 from San Jose State University. Her thesis project was on clinical education for LNAs in dementia care. Ms. Vasilopoulos is a member of the American Occupational Therapy Association and the New Hampshire Occupational Therapy Association. In 2003 she served as chair of the Mental Health Special Interest Section for the NHOTA.

Ms. Vasilopoulos is talented in the arts and enjoys creating artist trading cards, puppetry, sculptures, altered art and drawings. She coordinates community craft nights through her company Vital Spark. Ms. Vasilopoulos lives in Manchester, New Hampshire, with her husband and two young daughters.

Heather uses examples that benefit all professionals working with geriatric patients. Her relaxed and comfortable teaching style paired with her thorough knowledge of the topic makes the training valuable and enjoyable.

Sarah McEvoy, Administrator
Villa Crest Nursing and Retirement Center



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COURSE CONTENT

ETIOLOGY/STAGES OF DEMENTIA

- ◆ Different types of dementia
- ◆ Stages—early, mid, end
- ◆ Communication
- ◆ Sensory systems
- ◆ Comorbid diagnoses

MANAGEMENT OF DEMENTIA

- ◆ Activities of daily living (ADLs)
 - case studies
- ◆ Challenging behaviors
 - case studies
- ◆ Contractures
- ◆ Eating
- ◆ Balance and strength
- ◆ Sensory deprivation
- ◆ Fall prevention
- ◆ Activities
- ◆ Decreasing confusion

CARE PLANNING

- ◆ Classification of ADL levels
- ◆ Psychosocial models
 - Cognitive Disability Frame of Reference
 - Information Processing Model
- ◆ Toys and tools
- ◆ Group activities
- ◆ Coordinating programs
- ◆ Caregiver support

ASSESSMENT AND EVALUATION

- ◆ Allen Battery
- ◆ Mini Mental State Examination (MMSE)
- ◆ Brief Cognitive Rating Scale (BCRS)
- ◆ Codes
- ◆ Billing
- ◆ Trial data collection

SCREENING AND STAFF EDUCATION

- ◆ Interdisciplinary communication
- ◆ Restorative programs
- ◆ Training for nursing assistants
- ◆ Creating and managing referrals
- ◆ Color groups
- ◆ Discharge planning

Dates & Locations

ALEXANDRIA - May 15, 2012

Hampton Inn Alexandria-Old Town South
5821 Richmond Hwy, Alexandria, VA 22303 703-329-1400

FREDERICK - May 16, 2012

Hampton Inn
5311 Buckeystown Pk, Frederick, MD 21704 301-698-2500

BALTIMORE - May 17, 2012

Four Points by Sheraton BWI
7032 Elm Rd, Baltimore, MD 21240 410-859-3300

HARRISBURG - May 29, 2012

Radisson Penn Harris Hotel and Convention Center
1150 Camp Hill Bypass, Camp Hill, PA 17011 717-763-7117

SCRANTON - May 30, 2012

Hilton Scranton and Conference Center
100 Adams Ave, Scranton, PA 18503 570-343-3000

PHILADELPHIA - May 31, 2012

Four Points by Sheraton
4101 A Island Ave, Philadelphia, PA 19153 215-492-0400

Course Hours

Registration begins at 7:30 a.m. The seminar **begins at 8:00 a.m.** and **concludes at 3:30 p.m.** Coffee/hot tea provided in a.m. One-hour break for lunch on your own. For late arrivals or early departures, please see amended certificate information under Continuing Education Credit.

Who Should Attend

- ◆ Occupational Therapists
- ◆ Certified Occupational Therapy Assistants
- ◆ Physical Therapists
- ◆ Physical Therapist Assistants
- ◆ Speech-Language Pathologists
- ◆ Speech-Language Pathology Assistants
- ◆ Social Workers
- ◆ Dietary Managers
- ◆ Activity Professionals
- ◆ Administrators
- ◆ Registered Nurses
- ◆ Nursing Assistants

Our Guarantee

Cross Country Education is a national leader in high-quality educational products and services for the health care industry. We have trained over one million health care providers, managers, professionals, and key personnel through our seminars, conferences, and study programs. Our programs are guaranteed to improve the effectiveness and efficiency of participants. If you attend one of our live seminars or webinars, or purchase an audio, video, or online product, and do not receive the professional or business benefits described in our literature, or have some other professional complaint, please let us know in writing within seven days and we will issue a credit voucher that you or anyone in your facility may use toward another live seminar, webinar, audio, video, or online product. All returned audio and video products and materials must be received in original condition before a voucher or replacement is issued. You may contact us at Cross Country Education, P.O. Box 200, Brentwood, TN, 37024.

Register online at
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What You Will Learn

- ◆ Discuss the etiology of dementia and stages of progression
- ◆ Identify key areas for managing dementia, including ADLs, challenging behaviors, balance, strength and fall prevention
- ◆ Devise care plans that ensure quality and continuity of care
- ◆ Perform and document assessment and evaluation measures to help support evidence-based practice
- ◆ Utilize effective screening tools and staff development strategies
- ◆ Examine the Cognitive Disability Frame of Reference, Information Processing Model and other psychosocial models that can be used in care planning

Audio Products

Audio products include a comprehensive CD recording (audiotape available on request) and companion course manual. If you are registered to attend this seminar, you may order a set of tapes/CDs at a reduced fee. Pricing can be found on the registration form, along with shipping and handling. All pricing given in US currency; please call for international rates. You can order online at our website, by faxing or mailing the registration form on this brochure, or by calling 800-397-0180 or 615-331-4422. All material is under copyright; any duplication is unauthorized without written consent from Cross Country Education. Products in stock will typically ship within 5-7 business days. Call for availability.

Continuing Education Credit

Occupational Therapists, Occupational Therapy Assistants: Cross Country Education is an AOTA Approved Provider of continuing education. This course is offered for .6 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. AOTA Educational level Introductory, Category 2: Occupational Therapy Process.



Social Workers: Cross Country Education provider #1005, is approved as a provider for social work continuing education by the Association of Social Work License Boards (ASWB), through the Approved Continuing Education (ACE) program (an approved provider since 1999, approved through 1-27-15). Cross Country Education maintains responsibility for the program. Social workers will receive 6 continuing education clock hours for participating in this course. Licensed social workers should contact their individual state jurisdiction to review the current continuing education requirements for licensure renewal. Visit ASWB's website at www.aswb.org for more information.



According to the regulatory criteria established by the New Jersey Board of Social Work Examiners, and by our compliance with that criteria, Cross Country Education offers this program for 6 Clinical (C) hours for New Jersey Social Workers to meet the continuing education requirements for the 2010-2012 renewal of your New Jersey social work license/certification.

Nurses:

Cross Country Education, LLC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This course is offered for 6 contact hours.

Cross Country Education is an approved provider with the Iowa Board Of Nursing, approved provider #328. This course is offered for 7.2 contact hours. Cross Country Education is approved by the California Board of Registered Nursing, Provider #CEP 13345, for 7.2 contact hours. Cross Country Education is an approved provider by the Florida Board of Nursing, provider #50-466. This course is offered for 6.0 contact hours.



Dietary Managers: This program has been approved for 6 general educational clock hours by the Certifying Board for Dietary Managers (approval #120994).

NHAs: Cross Country Education is a Certified Sponsor of professional continuing education with the National Association of Long Term Care Administrator Boards (NAB) and has approved this program for the number of clock hours listed under their sponsor agreement with NAB/NCERS. State licensure boards, however, have final authority on the acceptance of individual courses.

Speech-Language Pathologists and Audiologists:



Cross Country Education, LLC is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for up to .6 ASHA CEUs (Intermediate level; Professional area).

Activity Professionals: This course has been pre-approved for 6 hours of continuing education by NCCAP (approval #NCCAP29228-12).

Physical Therapists: This program has been approved by the West Virginia Board of Physical Therapy for 6 Continuing Education hours (Approval #CCE-R12-14). Approval of this course does not necessarily imply that the WV Board of Physical Therapy supports the views of the presenter or sponsor. This course has been approved by the Maryland State Board of Physical Therapy Examiners for 0.6 CEUs. You will be issued a CEU certificate upon completion of the course. A record of CEUs earned will be retained by the sponsor. The Maryland Board of Physical Therapy does not award CEUs for fractions of an hour per COMAR 10.38.08.02(B)(2)(ii). This program has been approved for 6 continuing education credits by the District of Columbia Board of Physical Therapy for Physical Therapists. This program has been approved by the Pennsylvania State Board of Physical Therapy for a total of 6 contact hours of which 0 hours have been approved for Direct Access. PA Board Approval #PTCE002061. This program has been submitted for 6 continuing education credits to the New Jersey State Board of Physical Therapy Examiners for Physical Therapists and Physical Therapy Assistants.

Other professions: This educational offering qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

All professionals: In order to process continuing education, please bring the appropriate license/certification number to the seminar.

Amended certificates: Please note that the credit hours listed above are offered by Cross Country Education and/or boards/associations for a full day's attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of credit hours earned will be provided upon calling Cross Country Education.

ADA: If you require ADA accommodations, please contact Cross Country Education at least two weeks before the seminar date or prior to purchasing any online or distance learning products so that arrangements can be made.

Confirmations & Cancellations

Confirmations of registration are sent via email within three days of receipt in our office. Add customerservice@crosscountryeducation.com to your email address book to ensure delivery. **If you have not received a confirmation, you may call our office at 800-397-0180 or 615-331-4422 to verify registration.** Cancellations received at least five working days before the event are refundable less a \$20 administrative charge per registrant. There is no refund for cancellations received later; however, a credit will be issued toward a future event or product order. Please note that if you register and do not attend, you are still liable for full payment. Substitutions may be made at any time. The expense of continuing education, when taken to maintain and improve professional skills, may be tax deductible. Please contact your accountant for complete details.

Disclaimer: Any opinions, findings, recommendations or conclusions expressed by the author(s) or speaker(s) do not necessarily reflect the views of Cross Country Education. Cross Country Education reserves the right to substitute a qualified instructor due to unforeseen circumstances.

Registrants will not receive a certificate until payment has been received and course has been successfully completed. If payment is not received ten (10) days prior to the seminar, the certificate may not be present at the seminar. If your payment is returned marked NSF it will be represented electronically and a processing fee will be charged as allowed by law.