

Parent Post



Our newsletter this half term contains lots of activities for you and your children, to keep you entertained over the holidays. It also contains details of courses we are running as well as information on other local services.

Happy Easter!



Easter Family Fun



Thurs 17th April 10-11.30am or 1.30-3pm

@ Christchurch, Broadwater Road, WGC, AL7 3AX

Come along and decorate eggs, make Easter baskets, create Easter cards, baby area, book corner & lots more!

Come and have fun with your 0-10 year olds.

Suggested donation of £2 per family (1 adult & 2 children), 50p per extra child. Parents/ carers must stay. Includes juice, tea, coffee and biscuit.

Places **MUST** be pre-booked. Please call Diane on 0772 410 4653 or email diane.webb@christchurchwgc.org.uk



Premier Sport - Easter Activities

(For children aged 5 to 12 years)



Football Course - Holwell Primary School, Holwell Road, WGC, AL7 3RP.

Mon 7th - Fri 11th April, 9.30am - 3.30pm. £12 per day.

Multi-Sports - Sir Philip Howard School, Woods Ave, Hatfield, AL10 8NN.

Mon 14th - Thurs 17th April, 9.30am - 3.30pm. £12 per day.



To book, or for more information, please call Jason on 07843 460552 or visit www.chewitspremiersport.org

Jungle Mania Soft Play @ Gosling Sports Park



Free Entry on Monday 14th April, 10am-12pm for children with learning difficulties and their families. For more info call 01707 384305 or

(Stanborough Road, WGC AL8 6XE) felicity.chandler@goslingsports.co.uk

The Team



Nicola Fisher

Lead School Family Worker

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Debbie Jones

School Family Worker

djones@stanborough.herts.sch.uk

M: 07535 704247

Debbie supports the following schools:

Stanborough, Applecroft, Lakeside, Our Lady, Peartree, St. John's Lemsford, Templewood, Tenterfield and Welwyn St. Mary's.



Sarah Cafferty

School Family Worker

scafferty@stanborough.herts.sch.uk

M: 07535 704255

Sarah supports the following schools:

Monks Walk, Harwood Hill, Holy Family, Homerswood, Knightsfield, Oaklands, Rowans, St. John's Digswell and St. Michael's Woolmer Green.



Freya Rymer

School Family Worker

frymer@stanborough.herts.sch.uk

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Freya supports the following schools:

Sir Frederic Osborn, *Commonswood, Creswick, Holwell, Ludwick, Panshanger, Springmead, *Swallow Dell and Watchlytes .

* Swallow Dell & Commonswood have a school based Family Worker, **Sian Mills**. Please contact her on 07753 471712 smills@swallowdell.herts.sch.uk

What's on?

Sensory Friendly Film Screening

(For families affected by Autistic Spectrum Disorders)

The ODEON cinema, The Galleria, Hatfield are showing

Rio 2 on Sunday 6th April @ 11.30am

The lights are low, sound is turned down, trailers are omitted, you can bring your own food make noise and move around the cinema.



Visit their website for more information <http://www.odeon.co.uk/cinemas/hatfield/7/>



Celtic Harmony

THE BIG HUNT - Celtic Harmony Camp, Brickendon Lane, SG13 8NY

Try a woodland hunt with a difference this Easter at Celtic Harmony Camp. Aim at eighteen 3D animal targets around the woodland and take your best shot using soft balls and gain points if you hit the target! Explore the woodland and the Iron Age roundhouses before enjoying a relaxing break with a cappuccino or lunch in the new Archers Rest Cafe. You might even see a newly born kid goat or a gosling!!

Mons & Thurs 10am-3pm (not Easter Monday). FREE.

ARCHERY - The Archery Barn, Brickendon Lane, SG13 8NY

Learn how to shoot traditional and 3D targets within the indoor archery facility. 2 hours archery experience, suitable for all levels.

Children only (8+) 10am-12pm Mon-Fri

Family Session (8+) 12-2pm Mon-Sun

£15 per person

For more information or to book, please visit their website www.celticharmony.org



Easter Holiday Camps at Gosling Stadium



Lots of activities including gymnastics, dodgeball, skiing, fencing, hockey, lacrosse, trampolining and lots more!

3 age groups: 3-5 years, 6-9 years and 10+ years.

7th-11th & 14th-17th April

(early drop off and late pick-up available)

For more information, visit: <http://www.goslingsports.co.uk/children>

call 01707 384303 or email: info@goslingsports.co.uk



Mill Green
MILL & MUSEUM

Why not come and explore our working watermill and museum. Lots of higgledy piggledy room to explore! **Open Tues-Thurs 10am-5pm and Sundays & Bank Holidays 2-5pm. Free for children, £2.50 per adult.**

Easter Holiday Activities

Activities suitable for children aged 4+, sessions last one hour, no need to book. All activities start at 10am, 11.15am, 1.15pm and 2.30pm. **£3 per child**

Tues 8th April - Minibeast Making - Use different art & craft materials to design and make your own minibeast.

Wed 9th April - Clay Beasties - Create a clay model of your favourite minibeast.

Thurs 10th April - Monster Mobile - Make a minibeast model.

Tues 15th April - Easter Decorations - Make some decorations for your home.

Wed 16th April - Clay Time - Make a clay bunny or easter egg.

Thurs 17th April - Hot Cross Buns - Make your own Hot Cross Bun to eat. **£1 each, 10.30am-12noon and 1pm-2.30pm**

Mill Green Tots

Relaxed and fun packed toddler workshops

Listen to stories, make something together to take away, visit the mill & tot friendly museum, drink and a biscuit provided. **£3 per toddler.** Includes entrance to the mill & museum for one adult.

April 24th: Yellow Ducks, May 22nd: Spring Flowers

Lots of other courses, workshops and activities available. Please visit www.welhat.gov.uk/museum or call 01707 357850 for more information.



Stay and Play Sessions

For under 5's

(older siblings welcome)

A selection of fun activities to stimulate learning through play.

When: Every Friday and 3rd Saturday of the Month, 10-11.30am

Where: Explorers Day Nursery, Peartree Lane, WGC, AL7 3UL.

£1 Donation

For more information, please call: 01707 351406, wgccymcacentralherts.org.uk



Parenting Courses and Workshops



Understanding Challenging Behaviour

This popular **free 4 week** course is for parents of children aged 5 to 11 years who are dealing with challenging behaviour.

We will help you look at: Understanding what causes challenging behaviour. How to encourage positive and responsible behaviour. Avoiding conflict, resolving difficult situations and responding to demands, sulks, strops or aggression. Improving self-esteem and co-operation.

When: Wednesdays 4th, 11th, 18th and 25th June, 9.30am to 11.30am

Where: Panshanger Primary School, Daniells, Welwyn Garden City AL7 1QY

To book: Please call Supporting Links on 01442 396518 or 07512 709556 or you can email on info@supportinglinks.co.uk



The Parenting Puzzle

This **free 10 week** course is for parents and carers of children aged 5-12 years old. It helps improve relationships and emotional well-being within families.

It builds on the skills parents already have and suggests lots of ways to improve family life and manage the behaviour of the children.

Topics covered include: Giving praise, the question of discipline, family rules, time out - to calm down, problem solving and negotiating, helping children grow up, and lots more!

When: Tuesday 29th April, 6th, 13th, 20th May, 3rd, 10th, 17th, 24th June, 1st and 8th July 9.30 - 11.30 am.

Where: Swallow Dell Primary School, Blackthorn Road, AL7 3JP.



To Book: Call 01707 387702 or contact your school family worker (details on the front page).



Talking Pre-teens

Managing and encouraging your 8-12 year old

This **free 6 week** course is for parents of children aged 8-12 years. It will give you the skills you need to guide your child through this time of change with confidence and skill.

We will help you look at:

- Managing challenging behaviour with consistency.
- How to keep your child safe, at home with modern technology and once they begin to go out alone.
- How to encourage positive and responsible behaviour.
- Moving onto Secondary school: what this means for your family.

When: Tuesday 13th, 20th May, 3rd, 10th, 17th and 24th June, 9.30 - 11.30am

Where: Lakeside School, Lemsford Lane, WGC, AL8 6YN

To book: Please call Supporting Links on 01442 396518 or 07512 709556 or you can email on info@supportinglinks.co.uk



Information for Parents of Children with Additional Needs

SNIPS

Special Needs Information and Parenting Support

Need support with?

Raising self esteem, managing behaviour and social situations or developing communication?

Wondering what to do?

Why not come & chat with other parents and learn from each other, get advice from professionals, share experiences or just have a cuppa?

When: Wednesday 30th April, 14th May, 18th June and 9th July 1.30-3.00pm

(Library open 1.00-1.30 for resources & books you can borrow.)

Where: Peartree School, Peartree Lane, WGC, AL7 3XW.

For more information, please call Jan on 01707 332470
Just turn up, no need to book.



HAND

(Hertfordshire Additional Needs Database)



Are you registered on HAND?

Hand is a register of children and young people (aged 0-19) with additional needs and disabilities. It is free to join and a parent or carer will receive a card which can often be used for discounts or other benefits at a range of leisure venues.

If you have a child with additional needs or a disability please register online at www.hertsdirect.org/hand or call 01992 556984 or email claudia.houghton@hertfordshire.gov.uk to ask for a paper form.

HAND also issue a termly online newsletter which has a lot of useful information on special playschemes, leisure activities, courses for young people, parents and carers, support groups, news about changes in the way children and young people will be supported and much more. You can read the newsletter at <http://handnews.hertscc.gov.uk>



Other Support for Families

Local Children's Centres

Children's centres provide a range of services that support parents and carers to give their child the best start in life. They work with many partners including health visitors, midwives, schools, pre-schools, childcare providers and community groups to provide access to universal early years services. If you have a child aged under 5, please contact your local children's centre to register with them.

Oak Tree: Holwell Road, WGC, AL7 3RP.

T: 01707 375079

<http://www.hertschildrenscentres.org.uk/oaktree/>

Creswick: Sir John Newsom Way, WGC, AL7 4FL

T: 01707 343512

<http://www.creswickchildrenscentre.co.uk/>

Waterside: Rowans, WGC, AL7 1NZ

T: 01707 325567

<http://www.ymcacentralherts.org.uk/pages/waterside-childrens-centre>

Tenterfield: London Road, Wewyn, AL6 9JF

T: 01438 714564

<http://www.hertschildrenscentres.org.uk/tenterfield/>

Applecroft: Applecroft Road, WGC, AL8 6JZ

T: 01707 384865

<http://www.applecroft.herts.sch.uk/childrens-centre>

Barleyfield: Woolmer Green Village Hall, Hall Lane, Woolmer Green, Knebworth, SG3 6FD

T: 01438 814104

<http://www.hertschildrenscentres.org.uk/barleyfields/>

To find your local Children's Centre:

<http://www.hertsdirect.org/actweb/postcode/postcodecc.cfm>



Citizens Advice Bureau

The Welwyn Hatfield CAB provides free, confidential, impartial and independent advice on a wide range of problems including areas such as: Consumer, General contract, Money advice, Employment, Housing issues, Education, Family & relationships, Immigration & nationality, Welfare benefits, and Community care.

They are now offering appointments in the local area.

Where: Christchurch, 41 - 45 Broadwater Road, WGC, AL7 3AX.

When: Tuesdays 22nd April, 6th, 20th May, 3rd, 17th June, 1st and 15th July.

1 hour appointments are available at 9am, 10am and 11am on each of these dates; these **MUST** be booked in advance. To book, please call 01707 387702 or contact your School Family Worker (details on front page).

10 minute drop-in appointments are available every Tuesday between 1.30-3.30pm, no need to book.

Alternatively you can call the Welwyn Hatfield CAB direct on 08444 111 444. They also offer drop in sessions on Mon, Tues & Thurs 9.30am - 2pm, no need to book. (Hatfield Bureau, Queensway House, Queensway, Hatfield, AL10 0LW)

Welwyn Hatfield Community Housing Trust & Oak Tree Children's Centre invite you to:

StePPing Stones

Your path to your new future...

Search and apply for jobs with the support of others. Find out about **volunteering** or **apprenticeships**. Gain advice about **future choices**. Get help writing **CVs**. Try new **courses**.

*Children welcome. FREE use of computers & printers. Refreshments available.

New **FREE** drop-in session - no need to book.

Where: Pomegranate Café, Woodhall Lane. **When:** Every Monday 1-4pm

For more information, contact Carol Richardson on 01707 375079



The Route to Job Success

A free 3 week course

Take those first steps in:

- Building your self confidence
- Setting short and longer term goals
- Knowing when to be assertive
- What to include in a winning CV/application
- Gaining an insight into the selection process
- Identifying your transferable skills

When: Thursday 27th Feb, 6th and 13th March
10am-12 noon.

Where: Community Hall, Howe Dell School and Children's Centre, The Runway, Hatfield, AL10 9AH

How to book: Call 01727 737000, and quote code: CL027A1P

£10 Tesco voucher for those who attend all 3 sessions

The Lounge

A place to be...

* Yourself * Welcomed * Connected * Encouraged * Happy * Heard
* Refreshed * Recharged

Come as you are for a warm welcome. Free tea & coffee, pre-schoolers welcome.

When: Tuesdays 1.30 - 3pm

Where: Christchurch, Broadwater Road.

For more information:
thelounge@christchurchwgc.org.uk
01707 335161



Christchurch

Baptist

.....BECAUSE PEOPLE MATTER TO GOD



Volunteer for Home-Start Welwyn Hatfield!

Are you a parent?

Would you like to support a local family with young children?

Do you have 2 hours to spare per week?

Home-Start are now recruiting for their 2014 Volunteer Preparation Course

Starting soon at Breaks Manor, Link Drive, Hatfield, AL10 8TP.

For more information, please contact 01707 708606,
info@homestartwelwynhatfield.org.uk, www.homestartwelwynhatfield.org.uk.

