



## The Kinkaid School Health Services 2016-2017 Returning Student Health Form Letter

In preparation for the new school year, it is required that parents submit a completed Health Form on or before **June 15, 2016**. Students will **not be permitted to attend school**, participate in physical education, recess, sports or extracurricular activities until the Health Form is completed and approved. Please find the attached prepopulated Health Form from the 2015-2016 school year. As you update the Health Form, please initial changes and note the following:

- An annual Health Form and physician signed physical exam must be completed **within one year of the first day of school**. Upper School August 22, 2016. Middle and Lower School August 23, 2016.
- Please list **significant medical history, allergies and medications**. If your student has been diagnosed with asthma or severe allergic reactions, please fill out and have your child's physician sign the Asthma or Allergy Action Plan. The Action Plans can be found on the Kinkaid website under Campus Life>Health Services>Health Forms.
- Please list all over-the-counter and prescription **medications** taken daily at home or school. Prescription medications taken at school must have an annual prescription medication form completed. If your student is on a controlled medication, please have your prescribing physician sign the permission form. The form can be accessed on the Kinkaid website under Campus Life>Health Services>Health Forms.
- **Over-the-counter medications** (generic equivalent) are available for your child in the Health Center during the school day, **if you have approved the medicine on the health form**.
- Please include any **immunization updates**. **This is required by the state of Texas**.
- **Acanthosis Nigricans** (1st, 3rd, 5th & 7th) and **Scoliosis** (6th & 9th) **screenings** must be completed by the physician.
- A **parent signature** is required on the Health Information and Emergency Treatment Release. A **physician's signature** and date the exam was performed is required, indicating that your child may attend school and participate in sports and physical education.

Completed Health Forms can be:

- 1) Delivered to the Main Health Center in The Student Life Building
- 2) Mailed to  
The Kinkaid School, Attn: Health Services  
201 Kinkaid School Drive, Houston, Texas 77024
- 3) Faxed to 713-243-5095
- 4) Emailed to [health.center@kinkaid.org](mailto:health.center@kinkaid.org)

A blank Health Form can be printed in landscape format from The Kinkaid School website. All Health Services forms can be found under Campus Life > Health Services > Health Forms. If you have questions or concerns, please email [health.center@kinkaid.org](mailto:health.center@kinkaid.org) or call 713-243-5075.

Sincerely,  
Lisa Sambrano, BSN RN  
Director of Health Services