













Blood donors helped save the lives of all of these people. Visit **bloodcenter.stanford.edu** to read their stories.

Upcoming Blood Drive»

Stanford Health & Wellness Fair Blood Drive

Date: Thursday, April 18, 2013 **Time:** 10:00 am - 3:00 pm

Location: Bloodmobile parked at Arrillaga Center

for Sports and Rec. 341 Galvez Street

To make an appointment»

- Browse to http://bloodcenter.stanford.edu
- Click on "Schedule an Appointment"
- Search by zip "94305" or by sponsor code "1293"

For more information, please contact Stanford Blood Center at (650) 723-7819.

STANFORD BLOOD CENTER

Give blood for life!

Part of Stanford University School of Medicine.

Special benefits for donors»

Blood donors get the satisfaction of knowing they've helped to provide hope and life to a patient in a local hospital.

Blood donors must:

» Be at least 17 years of age
» Weigh at least 110 lbs
» Be free of cold and flu symptoms
(allergies okay; as are most medications)
» Eat before donating & drink plenty of fluids
» BRING PHOTO ID

Unfortunately, you will be deferred:

- » If you stayed in the U.K. for a cumulative time of three months or more between 1980 and 1996;
- » If you spent five years or more since 1980 in specified European countries (please call the Resource Nurse);
- » For one year if, within the last twelve months, you traveled to India or certain parts of Mexico, China, Africa, Central and South America, the Caribbean, or the Philippines