

DR. CHRIS TAYLOR MD. FRCS(C).
PLASTIC SURGERY

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Postoperative Instructions

☐ Specific Instructions as marked

If any of the following occur please notify Dr. Taylor:

- Fever and chills
- Increasing pain rather than decreasing pain
- Redness extending around the wound
- Excessive bleeding

An appointment for suture removal and/or postoperative visit should be scheduled for _____ to _____ days postoperatively. Please arrange this appointment with:

- ☐ Dr. Taylor's office:
 - ☐ Dr. Taylor
 - ☐ Nurse
- ☐ Your family doctor

☐ Minor Surgery (i.e. lacerations, skin lesions, scars, moles)

- If pathology requires follow-up by Dr. Taylor, our office will contact you. Otherwise, your results will be available through your family doctor, after 2 weeks.
- Some bleeding is to be expected and can be stopped with pressure on the area with a gauze for about 15 minutes
- You can cover the incision with a band-aid but this is not necessary
- If possible, keep the area elevated for the first 48 hours
- Apply a thin film of polysporin 3 times per day
- If the incision becomes crusted with blood, please clean it with a Q-tip and hydrogen peroxide diluted in half with water (*exception: do not use hydrogen peroxide near your eyes*)
- It is okay to shower starting 24hrs after surgery
- The scar may be red and tender for six weeks or more
- Start to massage the scar two weeks after removal of stitches to help flatten it out
- Please use SPF15 or greater sunscreen or avoid sun on the scar for the next six months

☐ Absorbable Sutures

- If the clear plastic dressing stays clean keep it on for 7 days
- You can shower but not bath with this dressing for the first week
- The paper tapes (steri-strips) will gradually come off in 2-3 weeks

☐ Other

- _____

- _____

- _____

