



#### infopia Co.,Ltd

891, Hogye-Dong, Dongan-Gu, Anyang, Kyunggi, 431-080, Korea

#### ECREP Obelis S.A.

Bd. General Wahis 53 1030 Brussels, Belgium Tel: +(32) 2.732.59.54 Fax: +(32) 2.732.60.03 E-Mail: mail@obelis.net

### U.K. Distributor: Neon Diagnostics Ltd.

Units 7 & 8
Swanbridge Industrial Park
Black Croft Road
Witham
Essex
CM8 3YN

REF

INFM22A



Logbook











GL-5C13-1D0-01 Made in Korea

### Dear Patient,

Regular blood-glucose self-monitoring is a must for efficient and successful management of your diabetes mellitus.

Record the results of your blood-glucose tests in this diabetes diary and consult your physician regarding your blood glucose levels.

Do not forget to record any changes from your normal activities, diet or unusual conditions Please carry this diabetes diary with you at all times.

## My Diabetes Diary and Logbook

Logbook Dates

From:			To://
Day	Month	Year	Day Month Year
Name:			
Address:			
Home Telephone:			Mobile Phone:
Doctor's Name:			Doctor's Phone:
Diabetes Educator's Na	ame:		Diabetes Educator's Telephone:
In Case of Emergency	y, Notify (Name):		
Phone Number:			Relationship:

# My Personal Data

Date				
Weight/BMI				
HbA1c				
Blood Pressure				
Cholesterol				
HDL Cholesterol				
Triglycerides				
Micro-albuminuria				

Please consult your doctor on the healthy range for each of the above and set your individual targets.

## My Appointments

Date	Doctor	Diabetes and Educator	Dietician	Ophthalmologist	Endocrinologist

Week of:		Brea	kfast	Lu	inch	Din	ner	Bed	time	Snack(	Bocado)
		Before	After								
	Glucose Reading										
Monday	Insulin/Carbs	/	/		/	,	/	,	/		/
	Comments									•	
	Glucose Reading										
Tuesday	Insulin/Carbs	/	/		/	,	/	,	/		/
	Comments			,		,					
	Glucose Reading										
Wednesday	Insulin/Carbs	/	/		/	,	/	,	/		/
	Comments										
	Glucose Reading										
Thursday	Insulin/Carbs	/	/		/	,	/	,	/		/
	Comments										
	Glucose Reading										
Friday	Insulin/Carbs	/	/		/	,	/	,	/		/
	Comments										
	Glucose Reading										
Saturday	Insulin/Carbs	/	/		/	,	/	,	/		/
	Comments										
	Glucose Reading										
Sunday	Insulin/Carbs	/	/		/	,	/	,	/		/
	Comments										