

Child Assessment
(Ages 2-12)

Child's name _____ Today's Date _____
Child's birth date _____ Age _____ Sex _____ School attending _____
Grade _____ Religion _____ Race _____
Address _____ Length at address _____

Please provide information about who the child currently lives with:

Mother _____ Please circle one- Birth Adoptive Foster Step Other _____
Mother's Age _____ Mother's Phone # _____ Mother's Race _____
Mother's Marital Status _____ When married/divorced/separated? _____
Mother's Employer _____

Father _____ Please circle one- Birth Adoptive Foster Step Other _____
Father's Age _____ Father's Phone # _____ Father's Race _____
Father's Marital Status _____ When married/divorced/separated? _____
Father's Employer _____

If possible, please list names of parent(s) child does not currently live with: _____

Please list names, ages and relationship of other people living in the home:

Describe the child's relationship with siblings _____

Describe the child's relationship with their biological father _____

Describe the child's relationship with their biological mother _____

Describe the child's relationship with any step/adoptive/foster/parent figure(s) _____

If parents are separated or divorced, what was the child's response? _____

What is the custody situation? Please circle one- joint sole with _____

What is the visitation situation? _____

If parents are separated or divorced, how is the current relationship with each other- civil, conflictual, etc.? _____

Presenting Problem- What's going on? Why are you seeking counseling at this time?

Does your child have any of the following issues?

- | | | |
|---|---|--|
| <input type="checkbox"/> Night terrors | <input type="checkbox"/> Bed wetting | <input type="checkbox"/> Eating Disorder |
| <input type="checkbox"/> Nail Biting | <input type="checkbox"/> Stammering | <input type="checkbox"/> Persistent Fears, Anxiety |
| <input type="checkbox"/> Low self esteem | <input type="checkbox"/> Overweight | <input type="checkbox"/> Underweight |
| <input type="checkbox"/> Frequent illness | <input type="checkbox"/> Sleepwalking | <input type="checkbox"/> Frequent Family Moves |
| <input type="checkbox"/> Self Abuse | <input type="checkbox"/> Sleep difficulties | <input type="checkbox"/> Homicidal thoughts |
| <input type="checkbox"/> Excessive guilt | <input type="checkbox"/> Thumb sucking | <input type="checkbox"/> Preoccupation with sex |
| <input type="checkbox"/> Sexually active | <input type="checkbox"/> Excessive shyness | <input type="checkbox"/> Generally Unhappy |
| <input type="checkbox"/> Trouble with friends | <input type="checkbox"/> Depression | <input type="checkbox"/> Delinquency from school |
| <input type="checkbox"/> Other, please describe _____ | | |

What do you hope to get out of counseling?

Emotional/Behavioral-

Rate the effect of your child's problems or emotional distress in each of the following areas:

	0 None	1-3 Mild	4-7 Moderate	8-10 Severe
Family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other Relationships	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Health/Physical well-being	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
School	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Social and Developmental History-

Is your child able to make friends? _____

How would you describe your child's personality and temperament? _____

Does your child have any developmental delays? _____

Is there a history of abuse, trauma, or loss? If yes, please describe _____

Child's strengths, interests, accomplishments _____

Daily Living Skills- does your child bath, eat, and dress themselves appropriately? _____

Education-

Does your child have an Individualized Education Plan (IEP)? Yes No

What is their relationship like with their teacher? _____

Do they participate in extracurricular activities? If so what? _____

How are their grades? _____

School Concerns? _____

Medical History/Problems-

List any allergies or significant medical problems your child has now or in the past _____

If your child is on any medication- please list name, dose and reason they take it _____

Doctor's Name _____ Phone # _____ Date of last visit _____

Has your child been in counseling before? If so, who with and what was the outcome? _____

Family Mental Health History-

Please list any family members (parents, siblings, aunts, uncles, grandparents) that have mental health issues such as depression, anxiety, ADD/ADHD, Schizophrenia, bi-polar, etc.

Alcohol/drug history-

Has your child used drugs or alcohol? Were they exposed to drugs or alcohol before birth? _____

Legal Issues-

Is your child involved in legal issues due to custody battle, crime victim, court case regarding abuse, DHS involvement/state custody, foster care, or other legal issue? _____

Parental Issues-

Have any parents recently quit a job, got a new job, or experiencing stress at work?

Is there marital distress between parents child lives with? _____

Are any parents involved in a legal battle, in jail, on probation, etc.? _____

Do any parents currently use drugs/alcohol? _____

Family Issues-

Are siblings going through changes or stress? _____

Is extended family experiencing changes or stress- grandparents, aunts, uncles, cousins, etc? _____

Any thing else you would like your child's counselor to know? _____

This section to be completed by the counselor

- | | | | | | | |
|--------------------------|--|--|--|--|---------------------------------------|----------------------------------|
| Appearance | <input type="checkbox"/> appropriate | <input type="checkbox"/> unclean | <input type="checkbox"/> disheveled | <input type="checkbox"/> dress | <input type="checkbox"/> unusual | |
| Behavior | <input type="checkbox"/> cooperative | <input type="checkbox"/> withdrawn | <input type="checkbox"/> guarded | <input type="checkbox"/> irritable | <input type="checkbox"/> threatening | <input type="checkbox"/> violent |
| Speech | <input type="checkbox"/> unremarkable | <input type="checkbox"/> pressured | <input type="checkbox"/> slow | <input type="checkbox"/> rapid | <input type="checkbox"/> loud | <input type="checkbox"/> soft |
| Mood | <input type="checkbox"/> euthymic | <input type="checkbox"/> depressed | <input type="checkbox"/> angry | <input type="checkbox"/> anxious/fearful | <input type="checkbox"/> labile | |
| Affect | <input type="checkbox"/> congruent | <input type="checkbox"/> incongruent | <input type="checkbox"/> flat,blunted | <input type="checkbox"/> restricted | <input type="checkbox"/> broad | |
| Sleep | <input type="checkbox"/> normal | <input type="checkbox"/> diminished | <input type="checkbox"/> excessive | | | |
| Appetite | <input type="checkbox"/> normal | <input type="checkbox"/> diminished | <input type="checkbox"/> excessive | | | |
| Energy | <input type="checkbox"/> normal | <input type="checkbox"/> diminished | <input type="checkbox"/> excessive | | | |
| Thinking | <input type="checkbox"/> goal directed | <input type="checkbox"/> linear | <input type="checkbox"/> loose assoc. | <input type="checkbox"/> tangential | <input type="checkbox"/> disorganized | |
| Orientation | <input type="checkbox"/> X3 | <input type="checkbox"/> person | <input type="checkbox"/> place | <input type="checkbox"/> time | | |
| Memory | <input type="checkbox"/> remote normal | <input type="checkbox"/> remote impaired | <input type="checkbox"/> recent normal | <input type="checkbox"/> recent impaired | | |
| Intelligence | <input type="checkbox"/> average | <input type="checkbox"/> below average | <input type="checkbox"/> above average | <input type="checkbox"/> unclear | | |
| Judgment | <input type="checkbox"/> normal | <input type="checkbox"/> impaired | | | | |
| Insight | <input type="checkbox"/> normal | <input type="checkbox"/> diminished | <input type="checkbox"/> denial of illness | <input type="checkbox"/> unmotivated for treatment | | |
| Hallucinations/Delusions | | <input type="checkbox"/> none | <input type="checkbox"/> auditory | <input type="checkbox"/> visual | <input type="checkbox"/> other | |

Axis I:

Axis II:

Axis III:

Axis IV:

Axis V: CGAS

Clinician's Signature _____

Printed Name Colleen Adarhormazd

Date _____

Degree MA, QMHP, LPC