



The International Institute of Reflexology® (UK)

is delighted to announce the return visit of

Lilian Tibshraeny-Morten

presenting her popular

Reflexology and Meridian Therapy Workshops

Moving the Energy 2: A one-day workshop in Sheffield for those who have already attended Lilian's two-day workshop

Diagnosis according to the Eastern Philosophy; patterns of disease; discovering one's constitutional type; face, tongue and pulse assessment; each student will be assessed according to the Ke and Shen cycles and a treatment plan formulated for them; practical application of the treatment plan; discovering the **WAND REFLEX™**; application of specialized techniques; demonstration of the of the Energy Stimulator. *The next Level of Treatment.*

Date	Venue	Contact
Saturday, 20 th September 2008 9.30am to 6pm	SHEFFIELD TBA Please bring lunch, chairs and equipment if possible	Jennie Levick Telephone: 0114 2812100 E-mail: jennie@reflexology-uk.net

Course Fee: (Cheques to be made payable to IIRSA)

IIR / AoR: £100 Non-Members: £110

Places are limited, so don't delay in booking.



SHEFFIELD REFLEXOLOGY & MERIDIANS WORKSHOP

Your Name: Capitals for certificate	
Your Address:	
Your Postcode:	
Your Telephone Number:	
Your E-mail Address:	
Your IIR / AoR Number (if applicable)	

Post to: Jennie Levick, 146 Upperthorpe, Walkley, Sheffield, S6 3NF



Lilian Tibshraeny-Morten author of, ***MOVING THE ENERGY: REFLEXOLOGY AND MERIDIAN THERAPY***, published in March, 2008 by JLM PUBLISHING Inc. She was born and raised in Pretoria, South Africa. Lilian started her career in the healing arts as an Occupational Therapist.

In 1984, Lilian received her certification in Reflexology by Dwight Byers from the International Institute of Reflexology and became the South African Director for the Institute in 1986. From these small beginnings Lilian went on to establish eleven Reflexology branches in South Africa. Through the years she has worked with Dwight Byers and taught in the UK, USA, Europe, Singapore and Kuwait. In 1998 she immigrated to the USA to become the Director of Education for the International Institute of Reflexology in St. Petersburg, Florida. Lilian resigned from this position in December 2001 to start her own company - JLM Educational Training.

Lilian trained under Anthony Porter, from the UK in the Advanced A.R.T. Method of Reflexology and has recently completed her training as a Massage Therapist at the Humanities Centre in St. Petersburg, Florida.

In 1994, Lilian completed her training in Acupuncture at the Acupuncture Training Institute of South Africa and was privileged to further her studies in China at the Beijing International Training Center. She was fortunate to have gained valuable experience training under the experienced Doctors at the Beijing Acupuncture Hospital.

This Acupuncture experience enabled Lilian to develop a training program for the **12 MERIDIANS AND 5 ELEMENTS WORKSHOP**, which she has taught in South Africa, USA, Zimbabwe and the UK These workshops are specifically designed to expand the scope of practice for the Reflexologist as well as the Massage Therapist, however anyone in the bodywork field will benefit from this course.

Only for those who have attended the 2 day workshop, *Moving the Energy*.