

# **34<sup>TH</sup> FREDA BARNARD INVITATIONAL GALA** **OUTTSHOORN – 2015**

**FISH EAGLE AQUATICS**  
(Affiliated to SWD Aquatics)



You are cordially invited to participate in the **34<sup>th</sup>** Freda Barnard Invitational Gala hosted by Fish Eagle Aquatics to be held on Friday 6 November 2015 and Saturday 7 November 2015.

The Gala will be held at the NA Smit Swimming Pool, Oudtshoorn. The facility is an outdoor 50m pool with 8 lanes and touch pads at one end of the pool. There will be three sessions of swimming as detailed in the attached swimming programme.

The Gala will start at 13h00 on Friday 6 November 2015 (warm up at 12h00), and 08h30 on Saturday 7 November 2015 (warm up at 07h00).

## RULES

1. FINA rules will govern.
2. Only swimmers registered with SSA may compete.
3. Swimmers may compete in their own age group only.
4. Swimmers may enter as many events as they wish.
5. There will be no limit for entries in the relay events but only 2 entries will be scored (A & B team). No swimmer will be allowed to swim twice in the same relay. Swimmers may compete in a relay team in their own age group only. Relay entry times must be submitted.
6. Under NO circumstances will a swimmer be permitted to enter any events unofficially.
7. Events will be swum as age group timed finals. Age Groups: 10/U, 11-12, 13-14, 15-16 & 17/Over. 200m & 400m events: 12/U, 13-14, 15-16, 17/O.
8. Swimmers failing to submit entry times will swim in the slow heats.
9. Multi disability swimmers will swim according to entry times with able bodied swimmers.
10. The ONE START rule will apply.
11. Over-head starts will be done.
12. All entrants from outside SWD must produce a clearance from their Provincial Association accompanied with their entries.
13. Medal winners must present themselves neatly attired in club uniform with shoes and on time for all medal presentations.
14. All scratchings must be done 40 minutes prior to the start of the session in which these events will take place.
15. Any appeal to the Referee should be done in writing and submitted (together with a R500 fee) at the recording office within 30 minutes after the results have been announced.
16. The Referee's decision will be final.
17. Only TEAM MANAGERS will be allowed in the office. No coaches. No swimmers. No parents.
- 18. Team Managers meeting will be Friday 6 November 2015 at 12h00**
19. Fish Eagle Aquatics will not be held liable for any injuries sustained on the premises during the course of the gala.
20. Right of Admission Reserved.
21. Items are subject to change.

## TECHNICAL OFFICIALS

- Clubs are requested to provide Technical Officials for each session. Please provide a list of the names of registered timekeepers, judges, referee's etc. who would be available to assist at the gala.
- Names and preferred sessions of the registered officials must accompany names of swimmers and the T-shirt order before **25 September 2015**.
- For clubs outside of SWD, the following is required:  
1 – 5 swimmers, 1 official (1 judge or 1 timekeeper);  
And 2 officials (1 judge and 1 time keeper) for every 5 swimmers thereafter

## POINTS

	1st	2nd	3rd	4th	5 <sup>th</sup>	6th	7th	8th	9th	10 <sup>th</sup>
Ind. Events	12	10	8	7	6	5	4	3	2	1
Relays	24	20	16	14	12	10	8	6	4	2

## PRIZES

Club Awards: The Floating Trophy will go to the Club with the most points.  
Junior & Senior Victor & Victrix Ludorum Awards based on most points achieved.

## MEDALS

- Medals will be awarded for the first three places for all ages in all the Individual events: 8/Under, 9, 10, 11, 12, 13, 14, 15, 16, 17/Over.
- Medals will be awarded for the first three places for each age group in all the Relay events: 10/Under, 11-12, 13-14, 15-16, 17/Over.

## ENTRY PROCEDURE

- All entries to be done on Team Manager & sent as a ZIP entry file accompanied by Individual Meet Entry Report by Name including proof of entry times in PDF format, Relay Meet Entries report in PDF format, Meet Entries Fees Report in PDF format & proof of payment. Entries to be forwarded (in pdf and zip) to Tarita Pollicutte together with proof of payment and clearance letter at [admin@fisheagleaquatics.com](mailto:admin@fisheagleaquatics.com)
- Closing date for entries is **20 October 2015**.
- No clearance and/or payment, no entry.

## ENTRY FEES

- R20.00 per individual event. The relays will be R50.00 per relay team.
- R20.00 surcharge per swimmer.
- Entry fees for entries received after the closing date will be accepted at R60.00 per individual entry and R150.00 per relay team.
- **NO ENTRIES WILL BE ACCEPTED ON THE DAY OF THE GALA. PAYMENTS BY CLUB OR PROVINCE, NO INDIVIDUAL PAYMENTS PLEASE.**
- Banking account details for payment:

Fish Eagle Aquatics  
Nedbank Cheque Account  
Account No: 162 604 7774  
Branch Code: 162 645

Payment Ref: Swimmer/Club Name

- NO CASH DEPOSITS, PLEASE. 😊

## T-SHIRTS

T-Shirts are available for pre-order and will be handed to Team Managers at the Team Managers Meeting on 6 November 2015. The order form will accompany the entry file. Closing date for T-shirt orders will be **25 September 2015**. **No T-shirts will be offered for sale at the gala.**

## MARCH PAST

There will be a March Past at 8am on Saturday 7 November 2015 prior to the start of the morning session. Please come prepared. Participants must present themselves neatly attired in club uniform for the March Past.

## **ENTRANCE TO THE POOL**

Weekend Ticket Adults R25

Weekend Ticket Children over 12 years R10

All swimmers, officials & children under 12 years enter free of charge.

## **PROGRAMMES**

Weekend programme will be for sale at the gate for R25

## **TUCKSHOP**

There will be tuck shop facilities and stalls organised by the Club.

## **CONTACT INFORMATION**

Tarita Pollicutte

Tel: 044 873 5506

Fax: 086 525 1287

Email: [admin@fisheagleaquatics.com](mailto:admin@fisheagleaquatics.com)

We look forward to hosting you in the Karoo town of Oudtshoorn!!

Yours in swimming

Fish Eagle Aquatics Committee

## **GALA PROGRAMME**

**Please note that the times indicated are the planned times and will be confirmed at the Team Managers Meeting**

## **PROGRAMME**

### **FIRST SESSION FRIDAY 6<sup>th</sup> NOVEMBER 2015 13h00**

1. Girls 400m Freestyle
2. Boys 400m Freestyle
3. Girls 50m Breaststroke (including Multi Disability)
4. Boys 50m Breaststroke (including Multi Disability)
5. Girls 200m IM (including Multi Disability)
6. Boys 200m IM (including Multi Disability)
7. Girls 100m Backstroke (including Multi Disability)
8. Boys 100m Backstroke (including Multi Disability)

9. Girls 200m Medley Relay
10. Boys 200m Medley Relay

### **MARCH PAST 08H00**

### **SECOND SESSION SATURDAY 7<sup>TH</sup> NOVEMBER 2015 08H30**

11. Girls 100m Freestyle (including Multi Disability)
12. Boys 100m Freestyle (including Multi Disability)
13. Girls 50m Backstroke (including Multi Disability)
14. Boys 50m Backstroke (including Multi Disability)
15. Girls 100m Butterfly (including Multi Disability)
16. Boys 100m Butterfly (including Multi Disability)
17. Girls 200m Freestyle Relay
18. Boys 200m Freestyle Relay

### **THIRD SESSION SATURDAY**

19. Girls 200m Freestyle (including Multi Disability)
20. Boys 200m Freestyle (including Multi Disability)
21. Girls 50m Butterfly (including Multi Disability)
22. Boys 50m Butterfly (including Multi Disability)
23. Girls 200m Backstroke (including Multi Disability)
24. Boys 200m Backstroke (including Multi Disability)
25. Girls 100m Breaststroke (including Multi Disability)
26. Boys 100m Breaststroke (including Multi Disability)
27. Girls 50m Freestyle (including Multi Disability)
28. Boys 50m Freestyle (including Multi Disability)

