

B43 Spicy Burdock and Beef (Low-sugar Meal) (* with fresh meat; serves 2)	\$44	F35 Pork slices, Chinese Mustard & Salted Egg Quick Soup (* with fresh meat; serves 4)	\$52
B57 Stir-fry shortribs with fresh Pineapple & Courgette (serves 2)	\$68	F41 Sugar Cane, Imperatae & Water Chestnut Vegetarian Soup (serves 4)	\$32
B74 Stringy beef with Chinese Kale *	\$48	F45 Pork Shank, Sweet & Bitter Apricot Kernels & Apple Soup (* with fresh meat; serves 4)	\$78
B79 Fresh water chestnuts steamed with fresh local beef *	\$50	F46 Nutritious Mixed Vegetables Soup (serves 4)	\$32
Chicken		F49 Seaweed & Winter Melon Soup (serves 4)	\$38
C04 Stir-fry Chicken with Peach (serves 2)	\$40	F69 Kamei Chicken Carcass with Coriander Soup (serves 4)	\$69
C112	\$72	F81 Seafood Tofu thick Soup (serves 4)	\$40
C113	\$42	F83 Ching Po Leung (Chinese Herbs) with Fresh Pork Shank Soup* (serves 4)	\$68
C117	\$40	F92 Norwegian Salmon Head & Tomato Soup (serves 4)	\$73
C118	\$72	F98	\$98
C119	\$75	Set Meal	
C121	\$42	Q114	\$109
C123	\$42	Q115	\$160
C124	\$44	Q116	\$218
C20 Stir-fried Chicken with Celery, assorted Peppers & Mango	\$45	Noodle	
C27 Teriyaki Chicken (Lee Kum Kee sauce; serves 2)	\$32	K02 Stir-fry Noodles in Indonesian style (serves 2-3)	\$58
C46 Teriyaki Chicken Wings (Lee Kum Kee sauce; serves 2)	\$44	K10 Fettuccine with Mushroom & Garlic (* with fresh meat)	\$58
C59 Steam Kamei Chicken with Spice Ginger	\$72		
C73 Steamed Kamei chicken with mushroom & red	\$79		
C75 Steam Kamei Chicken with Spring Onion & Ginger	\$72		
C81 Steam Kamei Chicken with Fresh Mushroom & Pumpkin	\$72		
H02 Kamei Chicken (Whole) + Steam Kamei Chicken with Ginger and Spring Onion (Original Price HK\$219)	\$178		
H03 Kamei Chicken (Whole) + Steam Kamei Chicken with Water Lily leaf (Original Price HK\$218)	\$178		
H04 Kamei Chicken (Whole) + Steam Kamei Chicken with Turnip (Original Price HK\$210)	\$178		
H09 Kamei Chicken (whole) +Steamed Kamei Chicken with Dried Lily & Black Fungus (Original Price HK \$208)	\$178		

Food manufactured by: Tung Wah Group of Hospitals - CookEasy

Menu designed by: Towngas Cooking Centre

- * Dishes marked with an asterisk are prepared with fresh meat.
- # Dishes marked with a hash are prepared with chilled chicken.
- 'Good Farmer' brand vegetables, produced by farms accredited by the Agriculture, Fisheries and Conservation Department are used to prepare most of our dishes.
- "Lee Kun Kee" sauces are used to prepare some of our dishes.



CookEasy 6 月菜單 & Order Form
(2012-06-01 - 2012-06-30)

<http://cookeasy.tungwahcsd.org>

Terms and Conditions

Delivery charge:

Residential members

Free delivery service. Membership must be registered by a representative in the name of the estate.

Corporate members

Free delivery service. Membership must be registered by a representative in the name of the corporation.

Individual

customers/members:

HK Island - Free delivery service for order of HK\$250 or more. Delivery charge of HK\$30 applies for order less than HK\$250.

Kowloon - Free delivery service for order of HK\$400 or more. Delivery charge of HK\$45 applies for order less than HK\$400.

N.T. - Free delivery service for order of HK\$400 or more. Delivery charge of HK\$50 applies for order less than HK\$400.

Delivery time:

12:00 pm - 6:30 pm Monday to Friday

12:00 pm - 5:30 pm Saturday (except public holidays)

Order cut-off time: Pls. order at/before 10:00 am for same day delivery.

Service areas:

HK Island

Kowloon---Kowloon City, Kwun Tong, Sham Shui Po, Wong Tai Sin, Yau Tsim Mong

N.T.---Kwai Chung, Tseung Kwan O, Shatin, Tsuen Wan (except Ma Wan Island, Lantau Island)

Payment methods: Cash or Cheque on delivery (pls. make cheque payable to 'Tung Wah Group of Hospitals').

Remarks: Delivery service will be suspended when Typhoon Signal no. 8 or above, or

Name: _____ Mobile Phone no.: _____ Membership: No Yes _____
 pls. state individual member/estate name (for residential members)/corporation name (for corporate members)

Email address: _____ Order date: _____ Delivery address: _____

Order: Pls. state item no., qty. and your requested delivery date.										
Item No.:										
Qty.:										
Delivery date:										

- Pls. fax completed order form to 2553 2975
- Tel: 2870 9214
- Office hour: 9:00 am - 5:00 pm Monday to Friday
9:00 am - 12:00 pm Saturday
(except public holidays)
- Email: cookeasy@tungwah.org.hk

