



# Treraven Farm Newsletter – September '13

Hi!

We're happy to say that everyone who led summer nature and outdoor play events at Treraven Farm – moth and harvest moon nights, wild food foraging, troll hunt adventure, forest animal sculpture, kite making and flying, bamboo tour and toy making – wants to come back (with new variations) next summer! Cornwall Wildlife Trust Fox Club are also liking to co-run a few events with us at Treraven Farm next year. So far we are planning: wild mammal tracking, hide-making for wildlife watching, moth nights and owl pellet dissection.

Please do let me know if you or anyone you know fancies leading a nature education, outdoor play or rural skills event at Treraven Farm next year too. Specially – does anyone fly falcons, know how to make wild plant dyes or greenwood furniture, or teach archery and bow and arrow making?

Also – please don't forget to send in any nature, landscape or people pictures you want to enter in the photo competition by 14<sup>th</sup> October... the prizes are excellent!

Hope to see you soon!

Meg



THE GAIA TRUST  
BRINGING NATURE AND PEOPLE TOGETHER

## NEWS FROM THE OTHER GAIA TRUST PROPERTIES



Bodwannick Manor Farm, near Nanstallon, was bequeathed to The Gaia Trust by Martin Appleton last year. The

gardener Sarah Matta (In photo with insurance agent in the Wisteria Arch – CMA), with assistance from a weekly volunteers group, has been working hard to restore and maintain the beautiful gardens, which are likely to be open to the public next summer along with a network of footpaths and cycle paths around the farm linking to the Camel Trail.

At Home Farm Marsh in North Devon Rupert Hawley led a summer volunteers' day of nature



watching and photography, soil sampling and clearing access to birdhides (shown above – Rupert Hawley) which he has written up beautifully with lots of photographs here: <http://thewoodsmen.wordpress.com>. If you want to visit there is a map and guide to the wildlife at Home Farm Marsh here: [www.gaiatrust.org.uk/wp-content/uploads/gaia-home-farm-marsh.pdf](http://www.gaiatrust.org.uk/wp-content/uploads/gaia-home-farm-marsh.pdf)

## JULY SUMMER MOTH NIGHT

Tony James who led the July summer moth night - at which we counted an amazing 87 species - made us a special illustrated report of the night:

[www.gaiatrust.org.uk/wpcontent/uploads/2013/08/Treraven\\_87-moth-species\\_Tony-James\\_July13.pdf](http://www.gaiatrust.org.uk/wpcontent/uploads/2013/08/Treraven_87-moth-species_Tony-James_July13.pdf)

Tony James is leader of the newly formed Association of Moth Enthusiasts (AME). He is a retired satellite communications engineer from Goonhilly Satellite Earth Station and makes most of his own moth trapping kit. He told me the Poplar Hawk moth caterpillars probably died because I had collected Sallow leaves from too near the road, that it was almost certainly nothing to do with fluff on sock!!

Here's a photo of a black arches moth with reflective eyes by Tony James. The Flickr site for AME is here: [www.flickr.com/groups/2252583@N20/](http://www.flickr.com/groups/2252583@N20/)



## £5000 TOOL GRANT

We are delighted to have been granted £5000 from Awards for All to buy tools and lock-up for working parties at Treraven Farm - thanks to Jenni Thomson (Trustee) and Alison Vaughan (Director). It feels like being kiddy in a sweetshop... except that recall preferring blades over sweets even back then!

## PHOTOS FROM SUMMER OUTDOOR PLAY EVENTS

On the next page are a few pictures of the summer holiday play events taken by Angus Lamond (mostly), Dan Miles (girl in troll net) Leon Graves (girl with kite, bale), Paco Bernad Escobar (green bucket and spade) and me (bamboo). We'll be putting instructions for how to make forest animal sculptures, bamboo toys and kites on facebook page and website soon - along with space to share your own designs and pictures - and also Emma Gunn's wild food foraging recipes.

[www.facebook.com/TreravenFarm](http://www.facebook.com/TreravenFarm). Please feel free to take any big bamboo that's in the field shelter if you want to make more toys or missed bamboo event.

## HARVEST MOON NATURE WALK

Visually and sonically beautiful night: clear sky, high tide flooding salt marsh with noisy swirling current, bright moon on horizon reflecting in river, bats flitting across moon and acrobatically looping and clicking catching insects in sky avenue between trees, male and female tawny owls calling each other up and down the valley, barn owls shrieking and hissing by barns.



## AUTUMN EVENTS AT TRERAVEN FARM

**Sunday 22<sup>nd</sup> September** - Wild Food Foraging Walk with Emma Gunn 2-4pm. (See attached poster)

**Sunday 29<sup>th</sup> September** - Open Working Party 2-5pm  
Everyone welcome - come to help thin trees in play area of woods and take home free firewood. Meet by field shelter: <http://goo.gl/maps/6srsb> PL27 7JZ

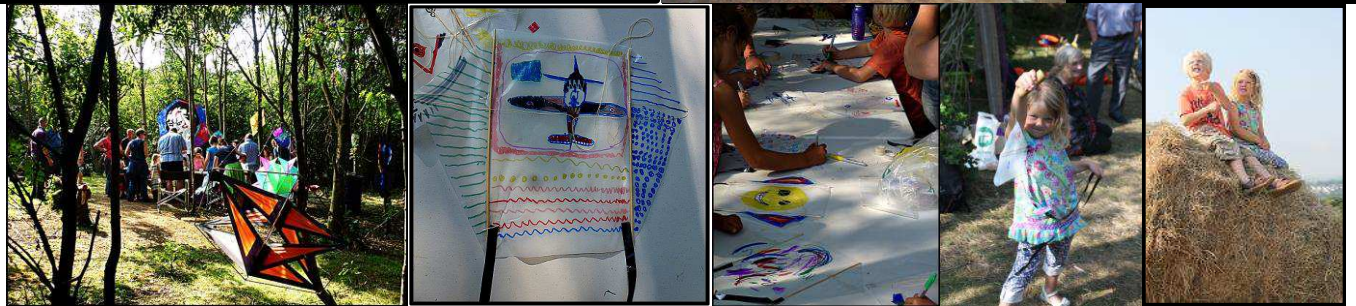
**Monday 14<sup>th</sup> October** - Deadline for Photography Competition. (See poster and website for details: [www.gaiatrust.org.uk](http://www.gaiatrust.org.uk))

**Thursday 31<sup>st</sup> October** - Hallowe'en Show and Children's Party in Treraven pine woods with singing, live music, shadow puppets, party games and hot food. (Posters and invitations out in October)

**November** - Coppicing Training Day, Insect House Sculpture Making, Open Working Party. (Dates tbc)

**December** - Winter walk and wreath making. Might be at Bodwannick Manor Farm. (Date tbc).

# PHOTOS FROM SUMMER HOLIDAY OUTDOOR PLAY EVENTS!



# WIN a superb pair of OPTICRON BINOCULARS or £100 of photographic equipment with your LOCAL NATURE PHOTOS!



Other prizes include vouchers for photographic equipment and local restaurants and shops and a year's subscription to Outdoor Photography magazine.

The competition will be judged by Dr. John Sparks - director of some of the UK's best known BBC wildlife films, including 'Life on Earth' - and a trustee of The Gaia Trust.

You can enter photos taken at any time at either of the two open-access nature reserves at TREVAVEN FARM in North Cornwall or HOME FARM MARSH in North Devon. Each person can enter up to 9 photos - up to 3 in each of 3 categories:

1. WILD ANIMALS & PLANTS
2. LANDSCAPE
3. PEOPLE OUTDOORS

The deadline for photo submission is 14th October 2013

Please send your entries via. email to Meg or Alison - contact details below.

*At least one photo from each person entering will feature in exhibitions in Wadebridge (near Trevaen Farm) and at Fremington Quay (near Home Farm Marsh) and - low resolution and created - in The Gaia Trust website and facebook galleries.*

*The three prize categories reflect The Gaia Trust's aspirations to balance nature conservation, sustainable land management and public access.*

*The overall winner will be chosen from the three category winners. There will be a special extra prize for the best photograph by a young photographer. This competition is not open to professionals and photos must not have won other competitions before.*

Full details of how to enter are on the website [www.gaiastrust.org.uk](http://www.gaiastrust.org.uk). To enter your photos - or if you have any queries - please call or email:

Meg Lamond - 07792 197949 / [trevaenfarm@gmail.com](mailto:trevaenfarm@gmail.com) or

Alison Vaughan - 01209 890696 / [alisonvaughan@gaiastrust.org.uk](mailto:alisonvaughan@gaiastrust.org.uk)



THE GAIATRUST  
www.gaiastrust.org.uk

# HARVEST MOON NATURE WALK "TREVAVEN FARM" WADDEBRIDGE



with TOM SHANTA & HIS BAT DETECTOR

THURSDAY 19<sup>th</sup> August 7pm - FREE

*NB. This event will be cancelled if it's raining*

# WILD FOOD FORAGING WALK

with TREVAVEN FARM WADDEBRIDGE with EXPERT EMMA GUNN

Learn how to identify and stories of many edible wild plants that are specially good to eat in Autumn - and learn and taste lots of ways to cook them! (Feel free stay on to make sloe gin or blackberry vodka round fire afterwards if it's dry - bring your own sugar, bottles, forks and alcohol!) **£3 / adult - children free**



Sunday 22<sup>nd</sup> September 2-4pm

Meet at Field Shelter for both events: <http://goo.gl/maps/6srsb> PL27 7JZ

Booking essential as parking spaces are limited - to book your spaces or to find out more please call or email Meg - 07792 197949 / [trevaenfarm@gmail.com](mailto:trevaenfarm@gmail.com)

*NB. Children under 16 must be accompanied by a parent or carer - max. 2 per adult*



TrevaenFarm

www.gaiastrust.org.uk