

WALK ON WATER

A Unique Boutique with Purpose

www.WalkonWaterfl.com ~ WalkonWater@embarqmail.com

Colonial Town Park

1140 Town Park Ave.
Lake Mary
407-805-0477

Winter Park Village

460 Orlando Ave.
Winter Park
407-539-2079




SafeHouse
A way out, a way forward.

Fifth Annual Friends Helping Friends 5k Fun Run / Walk Saturday, September 7th 2013

5k Race Start 7:30 a.m. Kids Fun Run Start 8:30 a.m. (ages 9 & under)

MAIL TO FINAL MILE RACE MANAGEMENT
1430 ARROWHEAD TRAIL

ENTERPRISE, FL 32725

CHECKS PAYABLE TO FINAL MILE RACE MANAGEMENT

MAILED ENTRIES MUST BE POSTMARKED BY 8/29/13
OR REGISTER ONLINE AT www.WalkOnWaterFL.com

PLEASE PRINT LEGIBLY

NAME _____

ADDRESS _____ TEL _____

CITY _____ STATE _____ ZIP _____

SEX: M F AGE _____ BIRTHDATE (mm/dd/yyyy) ____/____/____ ENCLOSED \$ _____

Entry fees are nonrefundable. Credit cards accepted during online registration only. Cash or Check only accepted on race day.

SHIRT SIZE: Free Gender Specific Tech Shirt. Sizes are not guaranteed for late registration.

YOUTH M() L() WOMEN'S S() M() L() XL() MEN'S S() M() L() XL() 2X()

EMAIL ADDRESS _____

Incomplete or unsigned Entry Forms will not be accepted. I know that participating in this event is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete. I assume all risks associated with participating in this event including but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself, and anyone entitled to act on my behalf, waive and release the Roxy Blue dba Walk on Water, the County of Seminole, Final Mile Race Management, LLC and any and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence on the part of persons named in this waiver.

Signature _____ Date _____

Parent if race participant is under the age of 18

RACE ENTRY FEES

Thru 8/18: \$20

8/19 – 9/5: \$25

9/6 – Race Day: \$30

At Packet Pickup or Race Day: \$35

Students 17 and under \$15

PACKET PICK-UP

Walk on Water, Friday 9/6

10:00 a.m. – 7:00 p.m.

LOCATION

Walk on Water

1140 Town Park Lane

Lake Mary, FL 32746

REFRESHMENTS

Water & Fresh Fruit is available at the finish line

MORE INFORMATION

Kids fun run registration

Sponsorship information and more

Visit WalkOnWaterFL.com

AWARDS

Overall Male & Female Awarded

Top 10 males and top 10 females receive medals



BENEFICIARY

Proceeds from the **Friends Helping Friends 5k Fun Run / Walk** go to **The SafeHouse of Seminole**. The SafeHouse of Seminole reaches out to the community to provide a coordinated response to prevent the epidemic of domestic violence. Run, walk or donate to show you care and help your community thrive!