



Ravalli County 4-H News

February 2009

Hello 4-H Families –

What a busy January it was for the 4-H program! Goals were set formally and informally in committee meetings and clubs throughout the county to help design the upcoming month's events. We had a lot accomplished this past month and many new plans for the upcoming months for 4-H members.

When most people think of goals, they imagine great accomplishments like winning the showmanship at the fair. Sometimes those accomplishments just aren't achievable for everyone so the idea of a goal becomes lost in the paperwork.

The art of goal making is a very valuable tool for everyone to master. A goal is similar to a road map of where you want to go and helps determine when you have arrived at the destination. Goal setting is a character education function that gives youth a path for future success.

Goal settings will help your 4-H member:

- Recognize their abilities
- Give a sense of the bigger picture
- Help set priorities
- Organize their time
- Create a sense of ownership
- Build their self-image
- Turn dreams into realities!

The act of goal setting is a process that begins with clearly defining what is important to you (*I want to learn how to take a picture*), then deciding how it will be measured (*without it being blurry*), and decide when you will arrive at the destination (*by the end of July so I can enter it in the fair*).

Is goal setting something you need to sharpen? Teens and leaders are welcome to attend the goal setting training on March 13 for a Lunch and Learn over the noon hour at the Extension Office. Bring a brown bag lunch and reserve your spot by Monday, March 9!

Have a great February and happy goal setting!

Katelyn Andersen
MSU/Ravalli County Extension Agent



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February

Feb. 6	County Rabbit Meeting
Feb. 9	QA—more info on p. 5
Feb. 13	Deadline to sign up for Rec Lab
Feb. 16	County Dog Project Day
Feb. 17	Carnival Committee 10AM
Feb. 17	County Poultry Meeting 6:30
Feb. 18	County Goat Meeting 6PM
Feb. 19	Stir-Ups Competition
Feb. 21	Photography photo walk
Feb. 22	Teen Council Meeting
Feb. 26	Project Leader Training

MARCH

Mar 1	QA -- more info on p. 5
Mar.1– 3	Citizenship Seminar
Mar. 7	QA — more info on p. 5
Mar. 13	Goal Setting Lunch 'N' Learn
Mar. 14	Jr. Rec Lab
Mar. 15	IFYE Inbound Deadline
Mar. 16	4-H Council
Mar. 20-22	State Rec Lab 2009
Mar. 28	4-H Carnival



DESIGN THE OFFICIAL 2009

STATE 4-H HORSE SHOW BOOK COVER

Entries must be received in the Fergus County Extension Office post-marked no later than **May 8th**. Entries should include artwork and theme (*not artwork alone*). For submission form and entry location, call the Extension Office for details.

Contestants must be 4-H members in the State of Montana, and all entries must have a parent's signature. The winner will be notified by phone after May 15th. The winning design will also be used on official State 4-H Show t-shirts and sweatshirts. There is no limit on entries per person.

Come one, come all help 4-H Indoor Exhibit Remodel Project!

Who: The Tapestry Club is currently seeking 4-Hers interested in assisting with the Exhibit Barn remodel.

Where: This barn is located under the grandstands at the Ravalli County Fair grounds and is in great need of an interior face lift, complete with lighting.

What exactly? The project will involve designing the interior with emphasis on visibility, accessibility, and space utilization; documenting the project for publicity and safety; conducting the work (painting, carpentry etc), and of course celebrating the efforts (party).

Lead Positions Available:

Design	ADA Compliance
Cost	Painting
Publicity	Labor (electrical/carpentry)
Project Management	

**Lead positions will require between 5-10 hours a week until assigned tasks are completed. Work days will probably be set for all day but people can sign up for half days. By indicating interest you are NOT committing to do the work - only expressing a desire to learn more about the project.

Work days will include Demolition, Painting, Interior Wall, Shelving, and others as determined.

If you are interested in assisting in one of the areas below please contact Wendi Fawns at 961-4179 or wrfawns@yahoo.com

The date, time, and location of any of these scheduled activities are subject to change. If you have any questions, please call the Extension Office for updated information (375-6611).

All items for the next months' newsletter must be submitted by the 15th of each month and be limited to one-half page. Newsletter items can be emailed to ravalli@montana.edu or delivered to the Extension Office. Check out the Ravalli County 4-H website: <http://www.msuextension.org/ravalli>



Calling all available hands!!

Due to additional commitments

Our awesome 4-H Council Treasurer Monica Lewis

Is respectfully asking that someone volunteer to finish out her term.

If your interested please contact
The Extension Office at 375-6611



Master the Art of Goal Setting!

Come help your 4-H members and program grow by learning how to write blue ribbon goals!

Learn how to help them write clear goals and objectives for all 4-H projects. In this Lunch N Learn session, you will learn how to teach 4-H members how to write clear goals to match them to projects.

When: Friday, March 13—Noon hour

Where: Extension Meeting Room

RSVP by Monday, March 9 to
MSU Extension Office, 375-6611

Horseback Riding with the Bitterroot Saddle Busters

The Bitterroot Saddlebusters will be riding at the CMax and you can come!

When: Monday nights, 6pm to 8 pm except 2nd Monday of each month.

Ride Fee: \$5.00 per rider/horse.

No riding if the weather turns cold 25 degrees or less at 5pm or the roads are treacherous.

We welcome anyone to come ride with us. For more information call Coral Maxwell at 821-3413.

Western Region Leaders' Forum

Denver, CO - February 25 - March 1, 2009

Official Conference Website:

<http://colorado4h.org/wrlf09/>

Information regarding Registration, Hotel, Schedule, Tours and Workshops is located at the official website.

Registration: Available online or via mail.

Deadlines

Early Bird: postmarked December 1, 2008 \$225.00

Regular: postmarked January 15, 2009 \$250.00

Late/Onsite: postmarked February 15, 2009 \$275.00

For other questions or information call the Extension Office at 375-6611

PROJECT LEADER TRAINING

Feb. 26, 2009 6-8 PM
At MSU Extension Meeting Room
RSVP by Monday, Feb. 23

Come learn tips and tricks of being a project leader in your club or county.

This will:

- Help you in promoting the educational classes
- Offer locations for meeting rooms in the valley
- Learn your learning style and others, which will help you teach better
- Help you use the project manuals most effectively!

Questions/ RSVP'S:

Call Extension at 375-6611

The Barnyard Bunch 4-H Club
5th Annual 4-H TACK SWAP

WHEN: March 21, 2009, Saturday
TIME: 8:00 am to 5:00 pm – Refreshments
WHERE: **Lone Rock Elementary School Gym

*Our tack swap in 2008 was a Huge Success!-
 Don't be left out in 2009 Bargains Galore!
 "Largest One-Day Tack Sale" In the Bitterroot Valley*

Get Ready – Go thru those barn rooms, tack rooms, storage sheds, closets, and jewelry boxes. Bring the items your not using. Horse For Sale pictures are welcome, no charge.

Get Set - Consign your items here. Support your local youth. Our youth is our future.

Go - Come look and buy from the hundreds of horse & livestock related items that will be available for sale. Many good deals!!

We accept anything horse, livestock and small animal related.

**Donations/Tax Deductible. Call to drop off your items anytime after March 1st. The earlier the better. Consignment fee of 20% group. For details: Debby Cress at 531-3522 or Theresa Pendergast at 777- 3000 or 207-1130 cell*

Rockin' Rider's Bitterroot Jackpot

When: June 29 at Ravalli County Fairgrounds
Who: Open to every youth 6-21, non 4-H and 4-H members
What: Open "pen show" for beef, hog, dairy and sheep
Cost: \$15 per head (cost may change)
Prizes: Ribbons, prizes and jackpot money

Cheryl Disney (777-5510) and Shelly Brown (777-3539) are organizing the event with some details to be determined. Interested in helping with sponsorships, clerking or ring stewards can contact them.



HOST AN INTERNATIONAL DELEGATE

The deadline for ALL summer Inbound programs is March 15, 2009.

4-H families can host a Japanese, Costa Rican, Finnish or Norwegian delegate or an IFYE. Program dates and hosting lengths vary so please contact your county office, Regional International Coordinator, or Stephanie Davison at 994-3502, sdavison@montana.edu for more information and application materials. This is a great chance to meet someone from another country and to make a lifelong friend.

STIR UPS! 2009

Theme: "Family Traditions"

This fun 4-H Cooking Competition is set:
 Hamilton High School FCS Rooms,
 4-8 pm on the Thurs, Feb. 19, 2009!

Ages 8-10 can still sign-up!

Make a main dish at home and bring to the competition Bring notebook with description of preparation (written &/or pictures), explanation of how the dish fits in the food pyramid with suggestions of side dishes and a dessert that would balance the meal. (DO NOT COOK THE SIDE DISH/DESSERT), and answer "What foods does my family eat and why?"

Interview (questions will be available before competition)
 Table Setting (optional)

SIGN UP DEADLINE: Thurs, Feb 5, 2009 (space is limited) There are still openings in the 8-10 year old category!)Sorry but the other age groups are currently full)

We also need judges!

– Food Leaders – this is a great opportunity to interact with a great group of motivated young chefs!

To get on the list and get more information:

Contact Danica Loucks,
 363-1919.



Good Luck to all the
 2009 Contestants!



Call for proposals

2009 Montana 4-H Leader Forum

When: September 25-26.

Where: Sidney, Montana

Who: Leaders, teens, Ambassadors, and others if you think might be interested in teaching a workshop at the forum.

Contact: Extension office to get the proposal form, application due by March 15.

2008-2009 Ravalli County Quality Assurance Q and A

What is Livestock Quality Assurance?

Livestock Quality Assurance is an educational program for youth to learn how to take care of livestock animals. It will inform 4-H and FFA members of their responsibilities as food producers.

Is Livestock Quality Assurance required?

Livestock Quality Assurance is an educational program **required** by Montana State University Extension and Montana 4-H Center for 4-H/FFA members who plan to sell in the Ravalli County 4-H/FFA Livestock Sale. Livestock members **must** attend a training once every two years, however members can attend a training every year if they want.

How often do I need it?

The 4-H Livestock Committee voted in Fall 2008 to change the requirement for 4-H members to have Quality Assurance training to once every two years rather than every year. **In order to sell at the Ravalli County 4-H/FFA Livestock Sale, members must have attended a QA training within the last two years.** For example, if you went to a training during the 2007-2008 4-H year, you don't need to attend a training until 2009-2010 4-H year. Members are still welcome to attend a training every year but it is no longer required.

When are Livestock Quality trainings?

Members must attend an approved training. For the 2008-2009 4-H year, there will be several Quality Assurance trainings – some will be animal specific.

We would like RSVP for all dates if possible to prepare

February 9, 2009 (Monday) – Quality Assurance for New Members in All Species - A General Overview

Extension Office or Commissioner Room

Session 1 – 6-7 pm or

Session 2 – 7 -8 pm

The sessions will be the same, offering 2 time slots to accommodate schedules.

March 1, 2009 (Sunday) - Quality Assurance –

“What’s for Dinner and how it relates to your 4-H Market Animal”

Extension Office or Commissioner Room

Session 1 – Beef – 4-5 PM,

Session 2 – Swine – 5-6 PM,

Session 3 – Sheep – 6- 7 PM

These sessions will be more focused on the specific animal for older/experienced 4-H members

March 7, 2009 (Saturday) – Quality Assurance for New Members in All Species – A General Overview

Extension Office or Commissioners Room

Session 1 – 9 -10 AM or

Session 2 – 10 -11 AM

The sessions will be the same, offering 2 time slots to accommodate schedules.



State 4-H Horse Show
October 2-4, 2009
in Lewistown.

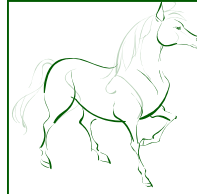
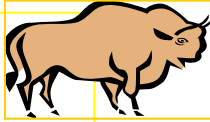


2009 "Dig It! The Secrets of Soil" Poster Contest

The National Poster Contest theme "DIG IT! The Secrets of Soil" based on the 2009 NACD Stewardship theme. Additional information can be found at www.nacdnet.org Deadline: **May 15th, 2009.**

Livestock Committee Meeting

No February or March meeting
 Next meeting: April 28, 7 PM
 Location: Stevensville Main St Assoc.



Horse Committee Meeting
 Thursday, February 12,
 2008
 7pm in the
 Extension Meeting Room

CARNIVAL COMMITTEE MEETING

When : Feb 17, 2009
 Time: 10:00am -?
 Where: Old Coffee Mill in Stevensville
 Contact: Heather Hudson at 240-6419



**4-H Council Meeting
 No February Meeting**

Next Meeting: March 16. 6:30 PM
Where: Extension Meeting Room

Dog Project Day: Saturday, Feb. 16

10:30 am-12:30 pm, Corvallis Grange
 (1/4 mile west on Dutch Hill at Woodside Cutoff)

Do not bring your dog to this clinic!
Mandatory Parent meeting at this event!
Bring current rabies certificate!

Questions?
 Mickey Powell, 777-1652.



Photography Meeting—County wide!

Come to Hamilton for a photo-walk with Jason Allen
 When: Feb. 21
 Time: 10-12

Location: Bitterroot Public Library Meeting Room
Please RSVP so we can wait for you before we venture out!

**ATTENTION ALL
 GOAT PROJECT FAMILIES!**



There will be a County
 Wide Goat Meeting held
 Wednesday, February 18, 2009
 At 6:00 PM
 In the Commissioner Meeting
 Room

For More Information please contact:
 Heidi Etter at: icknree2@msn.com
 (406)381-2282

**County Wide Rabbit Meeting
 Friday, February 6, 6:30 PM**

At: Stevensville Feed and Farm
 For More information
 Contact : Katie Freeman, at 207-6218



South Valley Poultry Meetings

(Will be held the 3rd Tues of each Month)
 February 17, 2009
 Time: 6:30pm
 Where: 1055 Honeywell Drive, Corvallis

For More Information please contact :
 Virginia Chaffin at 363-4793



COUNTY WIDE OUTDOOR ADVENTURE PROJECT MEETING

WHEN: TBA
 AT: NUXOLL HOME, 917 OUR LANE, HAMILTON
 RSVP'S/DIRECTIONS CONTACT: TOM NUXOLL 406-961-4090

TOPICS FOR DISCUSSION:

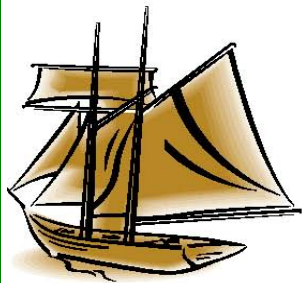
- Map and Compass use
- Fire Building Techniques
- Shelter Building
- Personal Care Outdoors
- Parental Involvement is requested.



**Teen Council
 Meeting**

February 22, 2009
 3:00 p.m.
 at Lone Rock School.

Hope to see you there!!



Come Aboard Mateys!



- **WHO:** 4-H Members Age 10—12 (if you turned 13 after October 1, 2008 you can come too)
- **WHAT:** Fun Recreation Day
- **WHEN:** Saturday, March 14, 8:30 am—8:00 pm
- **WHERE:** Lone Rock Bible Church
- **COST:** \$5.00 (Scholarships Available) make checks payable to 4-H Advisory Council

The Ravalli County 4-H Teen Council is hosting this exciting event filled with workshops in team building, communication, crafts, dance and banquet etiquette.

NAME: _____

ADDRESS: _____

CONTACT PHONE: _____

CLUB: _____

AGE: _____

PARENT OR GUARDIAN: _____

PLEASE COMPLETE HEALTH FORM ON OTHER SIDE

**PLEASE RETURN THE REGISTRATION FORM TO
MSU RAVALLI COUNTY EXTENSION
215 SOUTH 4TH ST, SUITE G, HAMILTON, MT 59840
BY FRIDAY FEB 27, 2009 QUESTIONS ? CALL TERRY HALSTEAD 240-2878**

DIRECTIONS TO LONE ROCK BIBLE CHURCH:

Take East Side Highway either south from Florence or North from Stevensville.
 Turn East on Three Mile Road (6.5 miles from Florence, 4.2 miles from Stevensville).
 Take Three Mile Road 3.5 miles, go past Lone Rock School, turn left.
 Church is on the left just past school.

Get together with others in your club and car pool!
 This is a wonderful Facility!

CONTACT NUMBERS:

Terry Halstead - 406-240-2878

Patrice Loucks - 406-369-2685

RAVALLI COUNTY 4-H JUNIOR REC LAB 2009 HEALTH INFORMATION

LIST ANY ALLERGIES: _____

DESCRIBE ANY DIETARY RESTRICTIONS: _____

DESCRIBE ANY PHYSICAL RESTRICTIONS: _____

DOES CHILD WEAR CONTACT LENSES?: _____

In case of medical emergency and 4-H chaperones are unable to reach a parent or guardian, I hereby give permission To the physician selected by the 4-H Junior Rec Lab Director to hospitalize, secure proper treatment for, and to order Injection, anesthesia or surgery for my child. In case of minor emergency, I hereby give permission for the 4-H Junior Rec Lab chaperones to administer first aid.

DATE AND SIGNATURE OF PARENT/LEGAL GUARDIAN: _____

MONTANA STATE UNIVERSITY, RAVALLI COUNTY EXTENSION SERVICE CONSENT TO PARTICIPATE

Description of Event: RAVALLI COUNTY 4-H JUNIOR REC LAB

This one day event held at Lone Rock Bible Church provides a variety of workshops such as teamwork, communication, crafts, dance. Participants are expected to behave respectfully towards adults and fellow participants. Participants are required to check in and remain on site for the entire event.

Consent: We, as parents of this minor child, acknowledge that we are aware of and understand the risks and hazards Connected with the event and activities listed above. We understand that if we have any questions about this event and its activities, we can secure more information before signing this consent form by calling the numbers above or the Extension Office at 375-6611. We further understand that we are assuming the risks of loss, property damage or personal injury that may be sustained by our child as a result of participating in this event. I hereby consent to my child's participation in this event.

DATE AND SIGNATURE OF PARENT/GUARDIAN: _____





Shiloh Sharps Rifle Raffle

By the Montana 4-H Shooting Sports Advisory Committee

Raffle tickets are for a \$2500 gift certificate toward a Shiloh Sharps rifle thanks to a generous donation from the Shiloh Sharps Rifle Company in Big Timber, Montana. Tickets are \$25 a piece or 5 tickets for \$100. Only 1000 tickets will be sold. Proceeds will benefit the Montana 4-H Shooting Sports Program by sponsoring volunteer leader training workshops, providing scholarship funds for National 4-H Tournament qualifiers, and assisting with the purchase of much needed state training equipment.

Tickets may be purchased by contacting Mr. Todd Kesner, the Montana 4-H Program Coordinator for Ag and Natural Resources at tkesner@montana.edu or calling (406) 994-6816.

STATE 4-H REC LAB 2009 Take the Green Challenge!

Where: Forsyth, MT

When: March 20-22

Who: For members 4-H age 13 and older

Cost: Approx. \$35

Sign up deadline: Feb. 13

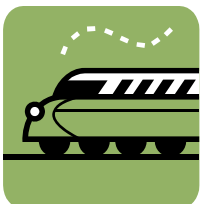
What is Rec Lab?

This event provides an opportunity for youth and adults to enhance their leadership, communication and team building skills in an action packed and interactive setting. Rec Lab programming is designed to provide participants with tips and tricks for being a better club, camp and community leader.

Call or visit Extension for an application form. M

Chaperones are also needed for this event. It's fun!

Deadline for registration: Feb. 13



Save the Date: 4-H CARNIVAL

Your ticket across America!

When: MARCH 28, 2009 5-8 PM

Where: Corvallis Public School Gyms

Where do purchase tickets? From your local 4-H member!

**Club packets are ready to pick up regarding this event at the Extension Office.

If you have other questions about this awesome event, please contact Heather Hudson, 240-6419



Ravalli County 4-H Newsletter



Important Dates to remember February

- Feb. 6 County Rabbit Meeting
- Feb. 9 QA—more info on p. 5
- Feb. 13 Deadline to sign up for Rec Lab
- Feb. 16 Dog Project Day
- Feb. 17 Carnival Committee 10AM
- Feb. 17 County Poultry Meeting 6:30
- Feb. 18 County Goat Meeting 6PM
- Feb. 19 Stir-Ups Competition
- Feb. 21 Photography Meeting: photo walk
- Feb. 22 Teen Council Meeting
- Feb. 26 Project Leader Training



MARCH

- Mar 1 QA -- more info on p. 5
- Mar.1– 3 Citizenship Seminar
- Mar. 7 QA — more info on p. 5
- Mar. 13 Goal Setting Lunch 'N' Learn
- Mar. 14 Jr. Rec Lab
- Mar. 15 IFYE Inbound Deadline



The MSU Extension Service is an ADA/EO/AA/Veteran's Preference Employer and Provider of Educational Outreach.

4-H: The Youth Development Program of MSU Extension

Return Service Requested

Ravalli County Extension Office
215 S 4th St., Suite G
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