

**Peter A. Linfoot, Ph.D., M.D. Inc.**  
**Endocrinology, Diabetes and Metabolism**  
**ABIM Certified in Endocrinology, Diabetes and Metabolism**

**POLICY WITH REGARD TO PRIOR AUTHORIZATIONS:**

Insurance companies are now requiring detailed documentation of prescription history in order to obtain a prior authorization (PA) for certain medications. We regret that insurance formulary restrictions are requiring us to do this. We will require the following information from patients in order to process any prior authorizations (see PA data form).

- Name, dose, and approximate date alternative medication was prescribed.
- Side effect or reason for discontinuing medication.
- Prescribing physician (if not this office).

Prior authorizations will be subject to the following restrictions:

- PA will not be obtained for non-endocrine medications.
- PA for a brand name will not be requested if there is an alternative medication on formulary unless we have documentation that the alternative was not effective or was not tolerated.
- PA will not be obtained for diabetes supplies (i.e. test strips, pump supplies, glucose sensors) that are not supported by logbook data or medical necessity.
- PA will not be done for sleep aids or pain medications.
- PA cannot be done for any non FDA approved (i.e. off-label) medication use.
- PA will not be done for women on testosterone replacement, as this is an off-label use.
- PA will not be done for injectable testosterone, as the cash price is similar to most co-pays.

In order to document the efficacy and tolerability of any medication changes, we will need to record this in the medical record either at an office visit or via a phone consultation. With your permission we can check your prescription history from the Surescripts database, including medications prescribed by other healthcare providers. We will prescribe "patient preferred" medications when appropriate but will not be able to assist with getting price reductions. For medications that are not covered by insurance, please visit [www.goodrx.com](http://www.goodrx.com) to find the best cash price in your area.

**POLICY WITH REGARD TO GLUCOSE LOG REPORTS:**

Many insurance companies now require glucose log data to support the number of test strips prescribed. It is the responsibility of the patient to provide this to the insurance company. We can print out glucose downloads at the time of an office visit, if requested. Glucose log data is not stored long-term and therefore may not be available subsequent to the appointment.

**ACKNOWLEDGEMENT OF PA POLICIES:**

I, \_\_\_\_\_ (name) \_\_\_\_\_ (signature)

have reviewed the PA policies of Peter A. Linfoot, Ph.D. M.D. Inc. and give permission for the staff to access the Surescripts prescription database in order to obtain a PA on my behalf.

Please do not hesitate to contact us with questions. **THANK YOU.**

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**PRIOR AUTHORIZATION DATA FORM**

**Peter A. Linfoot, Ph.D., M.D. Inc.**

**Patient Name:** \_\_\_\_\_

**BIRTHDATE:** \_\_\_\_\_

In order to efficiently process your prior authorization (PA) for: \_\_\_\_\_ we will need the following information. If you are not sure whether you have tried the formulary alternative you may be required by your insurance to try the preferred product before we can apply for a PA.

Product	When used	Prescriber	Problem did not work, had side effects, too expensive	How obtained used insurance, given samples, paid cash

Thank you for providing this information. The more complete the form is the more likely we can obtain a PA quickly. We will update you on the status of your PA as soon as we have new information. If you have not heard from us within 14 days, please feel free to call the office.