

Sacred Heart & Ste. Marie  
Family Faith Formation



**JANUARY  
TAKE HOME PACKET**

**What you will find in your packet:**

1. Fridge Page
2. One Lesson on The Sacraments
3. January Parent Pages
4. Dynamic Dinner Discussions
5. Memory Maker— *Graphic for you Domestic Church AND children's coloring challenge!*
6. Saint of the Month—St. John Bosco
7. Evening Prayer card
8. Launch Into the Deep
9. Announcement Page



# January Fridge Page



**Saint John Bosco**  
Patron Saint of Youth  
Feast Day: Jan. 31

*As the new year begins, reminisce with your family about the past year and talk about plans and goals for this year.*

*What is ONE thing you might do this year to increase your faith this year as a family?*

Pray with us for all the children who will receive their First Reconciliation on Sunday, February 14th.

Lord, open their hearts, grant them peace and the assurance of your great love. Holy Spirit, enliven their minds with the knowledge of their sin, God's gracious gift of Grace and the knowledge that they are loved always by their heavenly Father and His Son Jesus. Amen!



## This Month's Theme: The Sacraments

*"Christ instituted the sacraments of the new law. There are seven.....which touch all the stages and all the important moments of Christian life: they give birth and increase, healing and mission to the Christian's life of faith."*  
CCC 1210



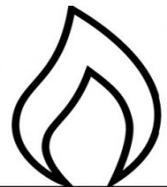
*January is the month that the Church has devoted to the Holy Name of Jesus. ".....Jesus is our all. In His name we may pray to the Father with assurance of being heard. In His name the Church administers all her sacraments. In His name she offers all her prayers and blesses homes, the fields, and the sick. In the name of Jesus she casts out evil spirits, and at the hour of our death bids us, "Go forth, Christian soul." She assures us that whoever shall call upon this name will be saved. When our soul has departed this life to seek its eternal home, the Church asks in the name of Jesus, "Eternal rest give unto him, O Lord." — Benedict Baur, O.S.B.*

## Feb. 2nd is the celebration of Candlemas!

You have never heard of Candlemas?

**This feast is also called the Presentation of the Child in the Temple.**

In Luke 2 we see Mary and Joseph encounter a man named Simeon who awaited the coming of the Messiah. When he sees the baby Jesus at his presentation he declares that Jesus would be "a light to the revelation of the Gentiles." Over time a custom developed in the Church of blessing candles on this day. Often a procession took place through the darkened church with these lit candles while the Canticle of Simeon was sung. Because of this, the feast also became known as Candlemas. While the procession and blessing of the candles is not often performed in the United States today, Candlemas is still an important feast in many European countries.



## Candlemas

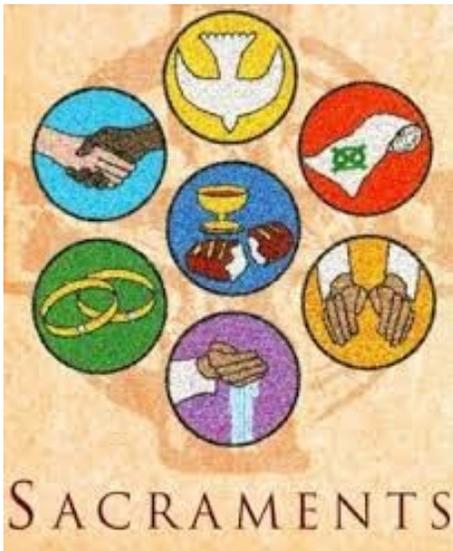
**FEBRUARY 2**

**Canticle of Simeon**

Lord, now let your servant go in peace; Your word has been fulfilled. My eyes have seen the salvation. You have prepared in the sight of every people a light to reveal you to the nations and the glory of your people, Israel.



# JANUARY: THE SACRAMENTS



The remainder of this year will focus on the Church's Sacraments. This month we will examine why Christ instituted the Sacraments and their vitality in the life of the faithful. The following teachings will focus on the Sacraments as follows:

### **Sacraments of Initiation:**

Baptism, Confirmation & Holy Eucharist

### **Sacraments of Healing:**

Reconciliation & Anointing of the Sick

### **Sacraments of Vocation:**

Marriage & Holy Orders

**What are Sacraments?** *“The Sacraments are efficacious signs of grace, instituted by Christ and entrusted to the Church, by which divine life is dispensed to us” (CCC1131).*

Sacraments are defined as a visible sign of an inward grace. They are **efficacious** signs of grace, in that the sign is actually doing what it signifies. Unlike a stop sign, which warns us to stop, but cannot physically stop us, Sacraments are signs that do what they signify. When the Baptismal waters are physically poured over us as a sign of cleansing, we are spiritually renewed, as the soul is cleansed of sin, and we are now reborn as a child of God!



**Grace:**

The free and undeserved gift that God gives us to become his adopted children. There are 3 forms of Grace: **Sanctifying, Sacramental, & Actual**

(See Parent Page for full definition)

In order for us to understand the necessity of the Sacraments, we must understand some basics of **Salvation History**:

When sin entered the world through the Fall of Adam and Eve, we became separated from God and were no longer in communion with Him. Sin stripped us of our heritage as sons and daughters of God the

Father, and broke communion with our Creator. “For the wages of sin is death” (Romans

6:23). God, in His infinite wisdom, foresaw this, and from the beginning, before Creation, He had a plan for our Salvation, as it is written in Ephesians:



# THE WORD OF GOD

## JANUARY: THE SACRAMENTS

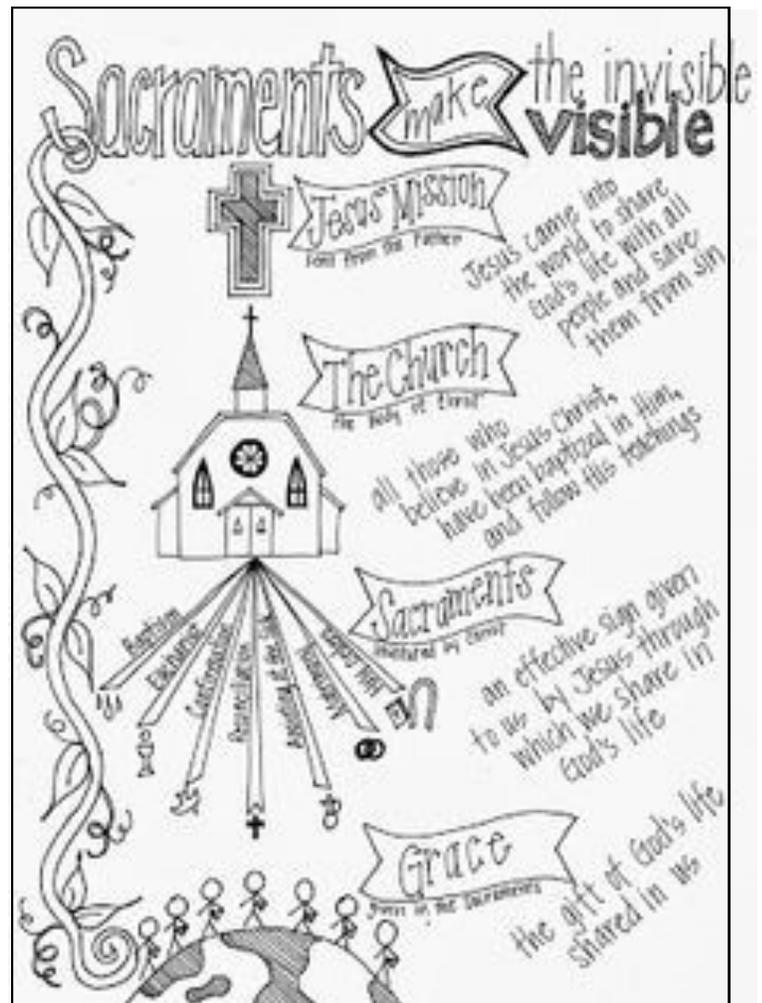
*Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, even as **he chose us in him before the foundation of the world**, that we should be holy and blameless before him. He destined us in love to be his sons through Jesus Christ, according to the purpose of his will, to the praise of his glorious grace which he freely bestowed on us in the Beloved.*  
(Ephesians 1:3-6, emphasis added)

God's plan was to send us His Son, God Incarnate. Salvation History led to Christ's Passion and Resurrection, issuing forth a new era, "The Age of the Church". The Cross is the culmination of God's promise, and the source of our **Sacramental Economy**:

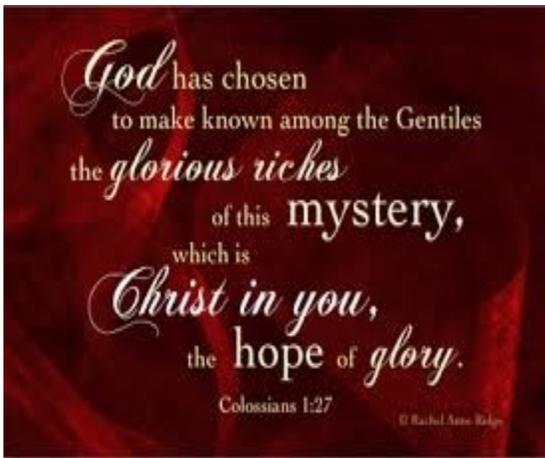
"In this Age of the Church Christ now lives and acts in and with his Church in a new way appropriate to this new age. He acts through the sacraments in what the common Tradition of the East and West calls "the sacramental economy"; this is the communication (or 'dispensation') of the fruits of Christ's Paschal mystery in celebration of the Church's "sacramental" liturgy." (CCC 1076)

Again, in the scriptures through John, God reminds us that He would not leave his children orphans, "I will not leave you desolate; I will come to you." (John 14:18). Upon issuing the Great Commission to His disciples, Jesus again assured them of His eternal Presence, "behold, I am with you always, to the close of the age." (Matthew 28:20) How does Christ remain with His disciples after His Ascension, and with all future believers? As the Church has followed Christ's command to make disciples of all men, He remains with us through her, in her dispensation of the Sacraments—this is the Sacramental Economy!

"To make all men see what is the plan of the mystery hidden for ages in God who created all things; that **through the Church** the manifold wisdom of God might now be made known to the principalities and powers in the heavenly places." (Ephesians 3:9-10)



# JAUNUARY: THE SACRAMENTS



“...the mystery hidden for ages and generations but now made manifest to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is **Christ in you**, the hope of glory.” (Colossians 1:26-27)

## Mystery - Christ in YOU

Our “hope of glory” is eternal Salvation, which can only be achieved by receiving **Christ in us**, the mystery hidden through the ages, now revealed in Christ and dispensed by His Church through the dispensation of the Sacraments!

### The Trinitarian Role in the Sacraments:

Through the Sacraments, the instruments of Christ’s Sanctifying Grace, we are presented holy and unblemished to the Father, by Christ’s Passion, made manifest by the Holy Spirit.

“In this sacramental dispensation of Christ’s mystery the Holy Spirit acts in the same way as at other times in the economy of salvation: he prepares the Church to encounter her Lord; he recalls and makes Christ manifest to the faith of the assembly. **By his transforming power, he makes the mystery of Christ present here and now.** Finally the Spirit of communion unites the Church to the life and mission of Christ...In the sacramental economy the Holy Spirit fulfills what was prefigured in *the Old Covenant.*” (CCC 1092 & 1093)



## Sacraments Unite us with the Holy Trinity!!

Although the Holy Spirit was not fully known until the birth of the Church on the day of Pentecost, we see the Holy Spirit at work in the Old Testament. God often used signs, manifested by the Spirit, to reveal His Presence among His people. Just as the Holy Spirit was at work then, “in the economy of salvation”, He now prepares the faithful to encounter Christ through the Paschal mystery by making it “present here and now”.

Through the Sacraments, divine life is dispensed in us—God dwells within us. We encounter the fullness of God the Father’s salvific plan, through the Sacrifice of the Son, by the Grace administered through the Holy Spirit. We become partakers of the Trinitarian life!

# JANUARY: THE SACRAMENTS



## Sacraments: Signs & Symbols

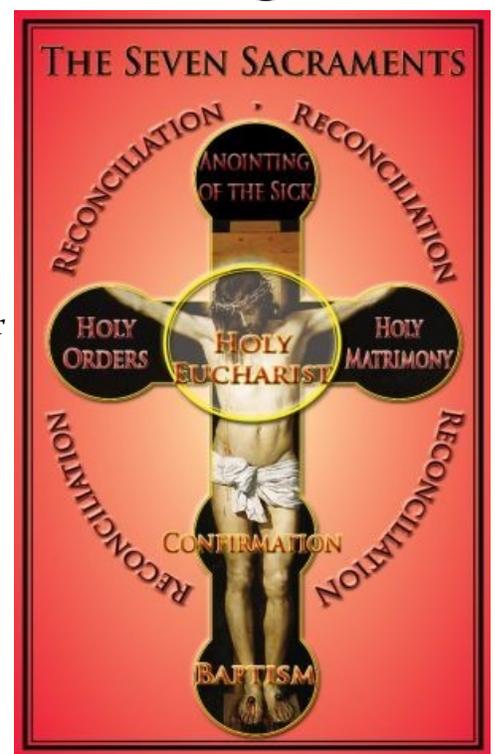
God created animals with only a physical nature, and Angels as pure spirits. In humans, the crown of Creation, God endowed us with both a physical body and a spiritual soul. He graciously gave us the Sacraments to appeal to both our physical and spiritual natures, *allowing us to witness the invisible graces He imparts.*

“In human life, signs and symbols occupy an important place. As a being at once body and spirit, man expresses and perceives spiritual realities through physical signs and symbols. As a social being, man needs signs and symbols to communicate with others, through language, gestures, and actions. **The same holds true for his relationship with God.**”  
(CCC 1146)

The Church’s seven Sacraments use physical symbols to represent the invisible, spiritual, saving grace that is bestowed. These ensuing months, we will study the individual Sacraments by examining their physical symbols, and the supernatural graces they impart.



Take some time and talk with your family about signs and symbols in every day life. Then talk about the signs God used in the Old Covenant. Discuss how those signs were revealed in Christ, and are now woven into the Sacramental celebrations. (See CCC 1145)



# January Parent Page!

**There are Three Elements to this Parent Page:**

- Lesson Objective
- Vocabulary Words
- Challenge of the Month

**To reach these objectives, there are 3 focus questions to consider:**

1. What is a Sacrament and what is its purpose?
2. How many Sacraments are there in the Catholic Church?
3. What do the Sacraments mean to us as Catholics?

**Objective of this Lesson:** To learn what a sacrament is and how God uses the Sacraments of the Catholic Church to impart His Grace in our daily lives.

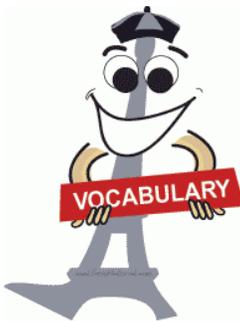
**Challenge of the Month:**

All through this month, take time as a family to discuss the power and meaning of the Eucharist on your way to church, specifically focusing more during the various parts of the liturgy so that you can have good discussions with your family on the way home.

At the end of the month, discuss how this focus time has changed you and how you choose to participate in the Mass from this point forward.



## Catholic



**Sacrament**  
**Efficacious**  
**Grace**  
**Epiclesis**

**What is a Sacrament?** The catechism tells us that *“The Sacraments are efficacious signs of grace, instituted by Christ and entrusted to the Church, by which divine life is dispensed to us”* (CCC 1131).

Webster’s dictionary defines efficacious as “having the power to produce a desired effect.”

Sacraments are defined as *a visible sign of an inward grace*. They are **efficacious** signs of grace, in that *the sign is actually doing what it signifies*. Talk with you child about asking the Holy Spirit to effect a change in them every time they go to Mass.



“The purpose of the sacraments is to sanctify men, to build the Body of Christ, and finally, to give worship to God. Because they are signs, they also instruct. They not only presuppose faith but by words and objects they also nourish, strengthen, and express it. That is why they are called Sacraments of Faith.” CCC 1123

Sacraments are channels of **grace**. **What is Grace?** It is favor from God, the free and undeserved help that God gives us to respond to his call to become children of God, adoptive sons & daughters, partakers of the divine nature and of eternal life. CCC 1996

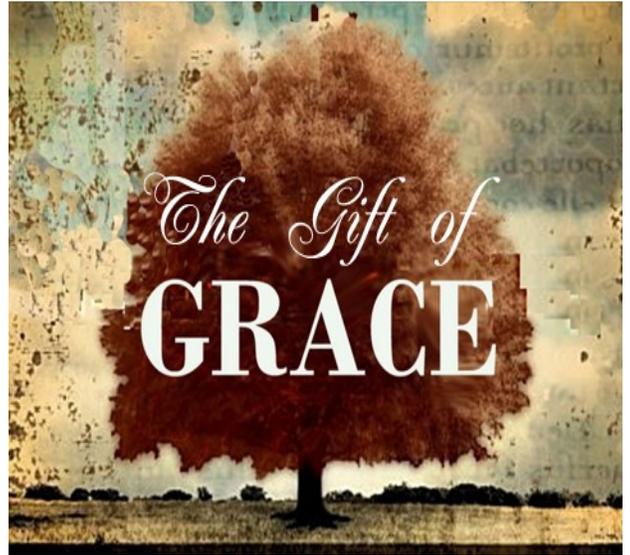
# January Parent Page!

**There are three forms of grace:**

**Sacramental Grace:** the gifts that the Holy Spirit grants us to associate us with His work, to enable us to collaborate in the salvation of others and in growth of the Body of Christ, the Church.

**Sanctifying Grace:** The gratuitous gift that God makes to us of His own life, infused by the Holy Spirit into our soul to heal it of sin and to sanctify it (given to us at Baptism).

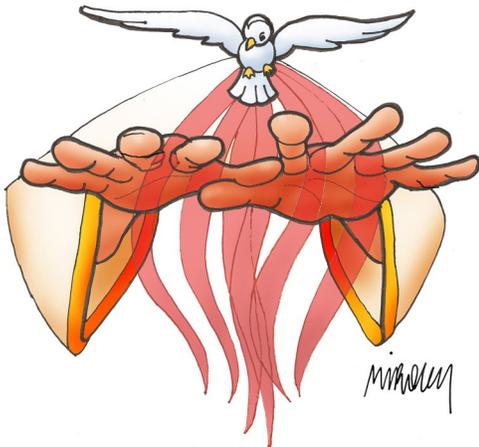
**Actual Grace:** a specific divine help that enables us to perform a good act such as forgiving, avoiding an habitual sin, and being courageous in doing the right thing.



**The effects (efficacy) of Grace in our lives:**

- ◇ Forgiveness of all sin, including original & actual, as well as their punishment
- ◇ Birth into new life in Christ, becoming children of God & a temple of the Holy Spirit
- ◇ Confers grace & virtues through which we are justified & may grow in holiness
- ◇ Initiates us as a member of the Church, in unity with all Christians, as priest, prophet & king
- ◇ Marks us with indelible character

Sacraments and **Epiclesis** - *Epi.....what?* The Catechism definition for this word is (CCC 1105): Epiclesis is the prayer petitioning God to send the Holy Spirit so that the offerings at the Eucharist may become the Body and Blood of Christ and thus the faithful, by receiving them, may themselves become a living offering of God.

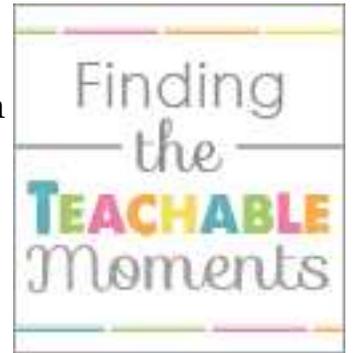


*In every sacrament, the prayer asking for the sanctifying power of God's Holy Spirit is an Epiclesis.*

*The place we experience the epiclesis most profoundly is in the Liturgy of the Eucharist.*

# January Parent Page!

If you have a child preparing for First Communion, here is another opportunity for a teachable moment. When Father begins the Eucharistic prayers, grab the church Missal book & follow along with your child. The Eucharistic prayer is where we experience the **Epiclesis**. [Remember, *epiclesis* means to invoke/call upon the Holy Spirit.] It's where Father begs the Holy Spirit to *transform* the bread & wine into the Body and Blood of Christ.  
(The point of *Tran'substant'iation*)



**How many Sacraments are there in the Catholic Church?** There are Seven: Baptism, Confirmation, Holy Eucharist, Reconciliation, Anointing of the Sick, Marriage & Holy Orders.



There are three Sacraments that can only be given to us once in our lifetime? *They are Baptism, Confirmation and Holy Orders.*

Also, that Baptism and Penance are called “Sacraments of the dead?!?!” That is because “their chief purpose is to give supernatural life of sanctifying grace to souls that are spiritually dead through sin.....”

## What do the Sacraments mean to us as Catholics?



As parents, a very simple way to explain this to our children comes from a reliable source – *the St. Joseph First Communion Catechism*. It explains this way: “that the gates of heaven were closed to us by Adam & Eve’s sin. God sent His Son Jesus to us and His love opened the gates of Heaven for us.

The Catholic Church helps us to gain heaven especially through The Sacraments, which are the Steps to Heaven. The Church is our ladder – the sacraments are the seven steps of the ladder, and our Blessed Mother shows us the way up that ladder!

# With your Teen



## OR For Deeper Thought

Taken from the Church Document: Lumen Gentium #11  
The Light of Nations by Pope Paul VI

"It is through the *Sacraments* and the exercise of the virtues that the sacred nature and organic structure of the priestly community is brought into operation.

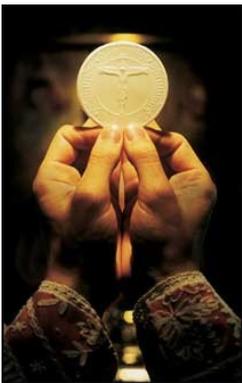
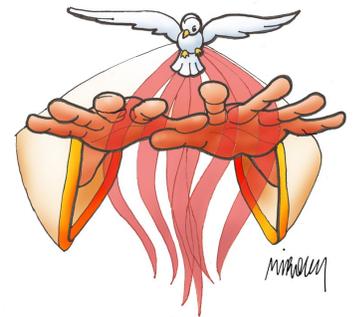


OUTWARD SIGN



Incorporated in the Church through *Baptism*, the faithful are destined by the baptismal character for the worship of the Christian religion; reborn as sons of God they must confess before men the faith which they have received from God through the Church (4\*).

They are more perfectly bound to the Church by the sacrament of *Confirmation*, and the Holy Spirit endows them with special strength so that they are more strictly obliged to spread and defend the faith, both by word and by deed, as true witnesses of Christ (5\*).



Taking part in the *Eucharistic* sacrifice, which is the fount and apex of the whole Christian life, they offer the Divine Victim to God, and offer themselves along with It.(6\*) Thus both by reason of the offering and through Holy Communion all take part in this liturgical service, not indeed, all in the same way but each in that way which is proper to himself. Strengthened in Holy Communion by the Body of Christ, they then manifest in a concrete way that unity of the people of God which is suitably signified and wondrously brought about by this most august sacrament.

# With your Teen



## OR For Deeper Thought

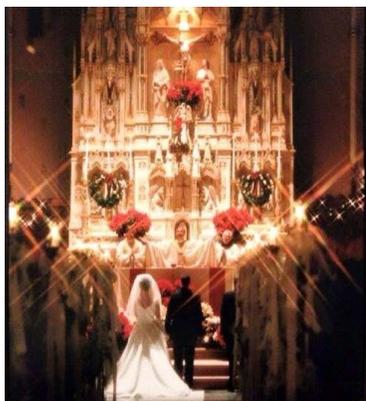
### *Lumen Gentium Continued*

Those who approach the ***Sacrament of Penance (Reconciliation)*** obtain pardon from the mercy of God for the offence committed against Him and are at the same time reconciled with the Church, which they have wounded by their sins, and which by charity, example, and prayer seeks their conversion.



By the sacred ***Anointing of the Sick*** and the prayer of her priests the whole Church commends the sick to the suffering and glorified Lord, asking that He may lighten their suffering and save them;(106) she exhorts them, moreover, to contribute to the welfare of the whole people of God by associating themselves freely with the passion and death of Christ.(107)

Those of the faithful who are consecrated by ***Holy Orders*** are appointed to feed the Church in Christ's name with the word and the grace of God.



Finally, Christian spouses, in virtue of the ***Sacrament of Matrimony***, whereby they signify and partake of the mystery of that unity and fruitful love which exists between Christ and His Church,(108) help each other to *attain to holiness in their married life and in the rearing and education of their children. By reason of their state and rank in life they have their own special gift among the people of God.*(109) (7\*) *From the wedlock of Christians there comes the family, in which new citizens of human society are born, who by the grace of the Holy Spirit received in baptism are made children of God, thus perpetuating the people of God through the centuries. The family is, so to speak, the domestic church. In it parents should, by their word and example, be the first preachers of the faith to their children; they should encourage them in the vocation which is proper to each of them, fostering with special care vocation to a sacred state.*

Fortified by so many and such powerful means of salvation, all the faithful, whatever their condition or state, are called by the Lord, each in his own way, to that perfect holiness whereby the Father Himself is perfect."

# DYNAMIC DINNER DISCUSSIONS



Who instituted the Sacraments and why?

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Recall the dates of the Sacraments that your family has received. Begin with the marriage of the parents (if applicable). Ask an older child to be the scribe and record the family Sacraments in your bible or Catechism.

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What is our hope for glory and how is it achieved? (read the lesson for the answer—it's in a scripture quote)

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Make the Baptism of the Lord (Jan. 10th this year, the week after Epiphany) an occasion to celebrate as a family that you are: 1) A child of God; 2) Heirs to the Kingdom; 3) washed clean of Original sin.

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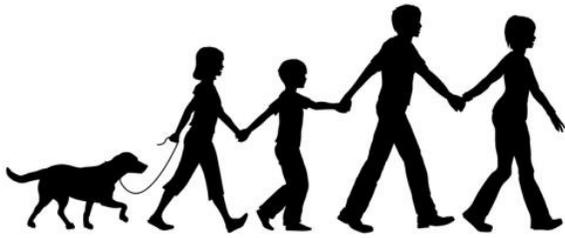
How are the Sacraments grouped - all together or in separate groups? Discuss why they listed as they are.

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Which Sacraments can only be received once and why? (ANSWER: Baptism, Confirmation, Holy Orders—because they imprint on the soul a spiritual mark called a character which lasts forever.

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Why are Confirmation, Holy Eucharist, Anointing of the Sick, Holy Orders & Matrimony called “Sacraments of the Living?” (ANSWER: Because their chief purpose is to give more grace to souls already ‘spiritually alive’ through sanctifying grace.



# Memory Maker!

## JANUARY

Last month we talked about how it is our desire that every family take time to enjoy the holy season of Advent and prepare well for Christmas. We hope you had a GREAT Christmas!

As the Domestic Church, remember that your family is: **Sacred, Holy, Unique & Evangelistic!** Christ made you that way for a purpose—that you may spread the gospel, let your light shine for Him and to have His joy and have it to the fullest!

We hope that you decided to assemble your Domestic Church and had fun with this project. Below is the graphic you can use for “The Sacraments” to place somewhere on your domestic church.

This month, we thought we would add something fun for the boys and girls—a little coloring contest! We’d like all children who are interested and like to draw to draw us a picture representing each of the seven sacraments of the church on one sheet of paper. Write their name on it and bring it with them to the Feb. 7th FFF. We’ll display them all around the church hall during FFF. We will judge them by grade and give prizes (a prayer card) to the 3 best of each grade.

Here are two graphics (choose one or both) for your Domestic Church



There is an example of a child’s drawing on the seven sacraments attached to this for your child to get an idea of what and how to draw their picture.

God bless and have a great month!



# THE SACRAMENTS

Confirmation



Jesus



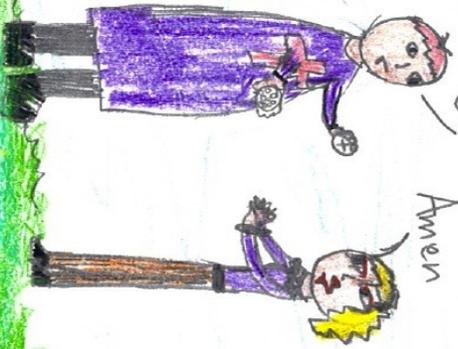
Baptism



Eucharist

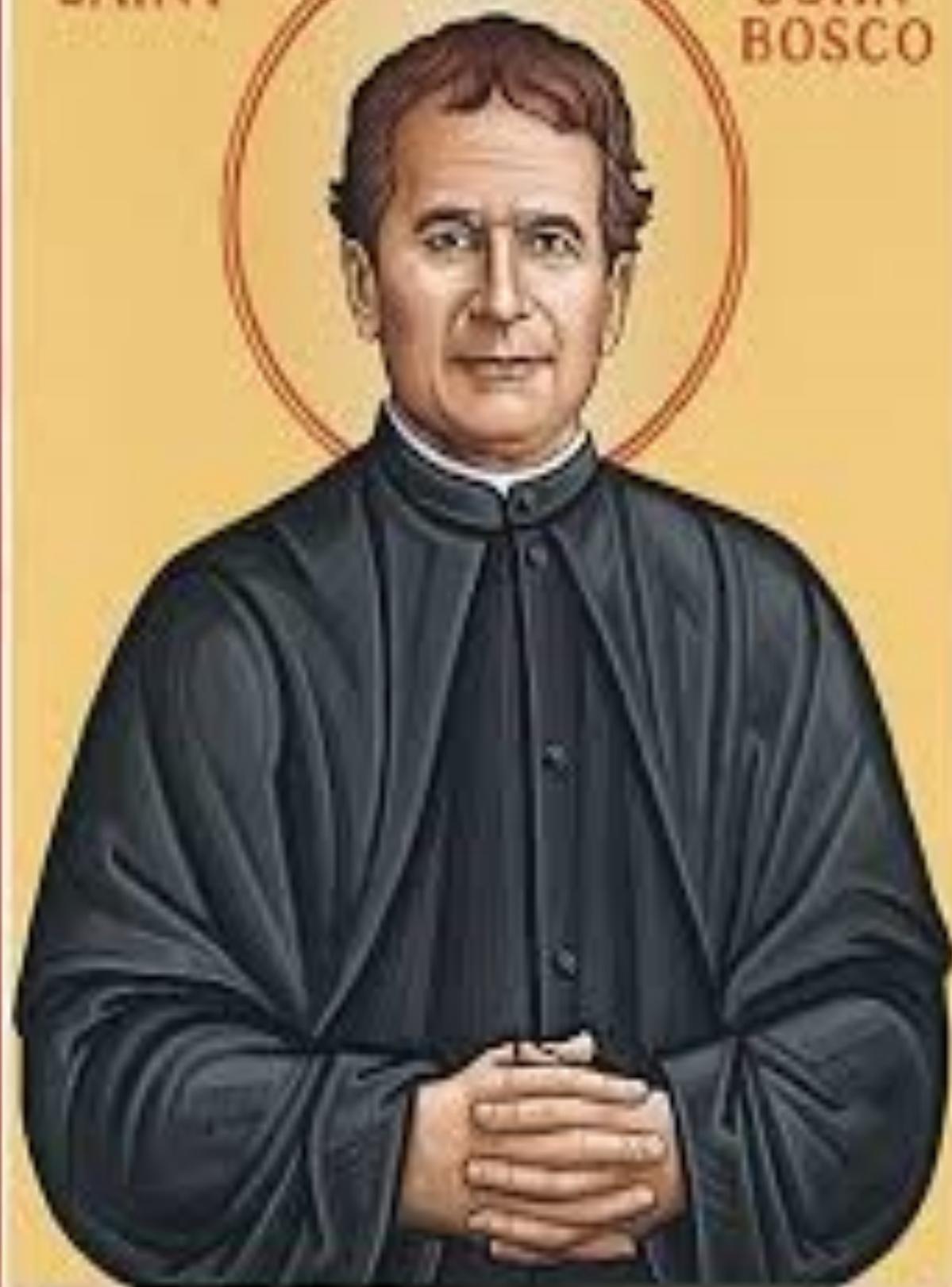
Body of Christ

Amen



SAINT

JOHN  
BOSCO



## **St. John (Don) Bosco**

Feast Day: January 31

Father & Teacher of the Youth

**JOHN BOSCO** (1815-1888)

Beatified 2-5-1929

Canonized 1-4-1934

Born in Castlenuovo d'Asti on August 16, 1815, John was educated in the faith and in living according to the Gospel message by his mother. He was just nine years old when he had a dream, which called him to dedicate himself to the education of young people. While still a boy he began to entertain his peers with games alternated with work, prayer and religious education.

On becoming a priest (1841) he chose as his life's programme: "Da mihi animas cetera tolle" ("Give me souls, take all the rest" Gen. 14: 21). He began his apostolate among poor young people with the founding of the Oratory, which he placed under the patronage of St. Francis of Sales.

He Led Young People to Meet Christ □By means of his educational style and pastoral practice, based on reason, religion and loving kindness (the Preventive System) he led young people to reflect, to meet Christ and their brothers and sisters, to the study of the faith and to apostolic, civil and professional commitment. St. Dominic Savio stands out among the most outstanding fruits of his work.

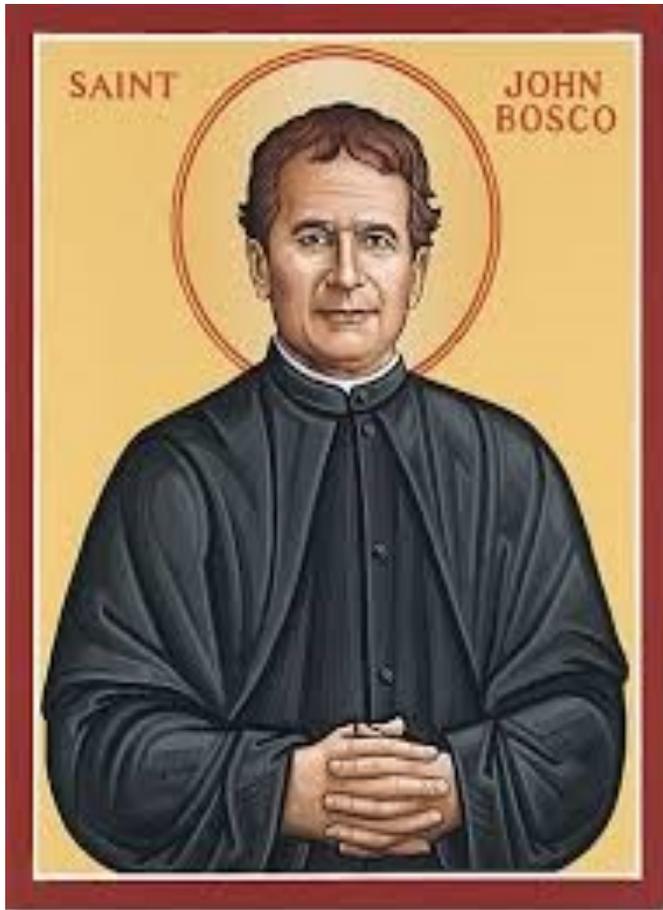
The source of his indefatigable activity and of the effectiveness of his work was his "constant union with God" and his unlimited confidence in Mary Our Help who he considered to be the inspiration and support of his whole work.

### **WORK AND TEMPERANCE** □

He left, as an inheritance for his Salesian sons and daughters, a form of religious life that was simple but founded on solid Christian virtue and on contemplation in action, which may be summed up in the words "work and temperance".

He sought his best collaborators among his young people, thus establishing the Society of St. Francis of Sales (Salesians). Together with St. Maria Domenica Mazzarello he founded the Institute of the Daughters of Mary Help of Christians (Salesian Sisters).

Finally, together with good and hard-working lay men and women, he created the Salesian Cooperators to work alongside him and sustain the education of young people, thus anticipating new forms of apostolate in the Church. In the centenary of his death, which took place on January 31, 1888, Pope John Paul II proclaimed him The Father and Teacher of Youth.



**A short prayer to  
St. John Bosco**

St. John Bosco  
Friend of the young,  
Teacher in the ways of God,  
Your dedication to empowering the  
needy inspires us still.  
Help me to work for a better world,  
where the young are given the  
chance to flourish,  
where the poor's dream for justice  
can come true,  
and where God's compassion is  
shown to be real.  
Intercede for me as I bring my  
needs to you and to  
Our heavenly Mother, the Help of  
Christians.



## JANUARY—The Sacraments

This information is where you can find resources to enrich your own faith life.

**Don't be overwhelmed with these resources.**

*Remember - our goal here is to give you information above and beyond!!*

### *Catechism of the Catholic Church*

The Catechism is our greatest resource to understanding the Catholic faith. It gives us a systematic presentation of the faith using Sacred Scripture, Apostolic Tradition and the Church's Magisterium.

*We hope you are all enjoying your new family Catechisms!*

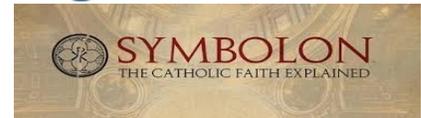
Part Two of the Catechism is on The Celebration of the Christian Mystery

We encourage you to read through Section One: The Sacramental Economy, 1076-1209

# Remember!!

## FORMED.org

THE CATHOLIC FAITH.  
ON DEMAND.



You have access to this amazing website, providing comprehensive teachings of our faith through videos, averaging 15-30 minutes. Gather the family with a bowl of popcorn and make a night of it!!

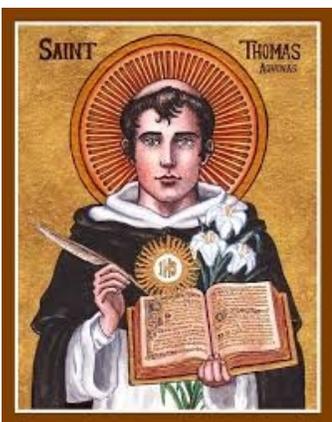
Go to **Formed.org**, click on "for individuals" and enter the Parish code: **9834RV** to create your own account. Then you can login, Choose Symbolon Part 2 "Living the Catholic Faith" and watch the first video on the Sacraments (Parts 1&2) for this month. You can view all the other teachings too as we cover them throughout the rest of the year.

### **Recommended Books on The Sacraments:**

Doors to the Sacred, by Joseph Martos

These are the Sacraments, by Fulton Sheen

Mass and the Sacraments, by John Laux



### **The Sacraments according to St. Thomas Aquinas, Doctor of the Church:**

*"A sacrament properly speaking is that which is ordained to signify our sanctification. In which three things may be considered; the very cause of our sanctification, which is Christ's passion; the form of our sanctification, which is grace and the virtues; and the ultimate end of our sanctification, which is eternal life. And all these are signified by the sacraments. Consequently a sacrament is a sign that is both a reminder of the past, i.e. the passion of Christ; and an indication of that which is effected in us by Christ's passion, i.e. grace; and a prognostic, that is, a foretelling of future glory" (Summa Theologica).*

*St. Thomas's quote illustrates how intricately woven the Sacraments are to Christ's Passion. When we receive each Sacrament: We receive the grace won by His Passion; we are 'reminded of the Passion', a one-time event that transcends time existing always outside of time, as we are united with Christ in His Passion; and we receive "a foretelling of future glory" which is our eternal salvation!*

# Event Announcements

## JANUARY



*Please join our parish as a family for this  
once in a life time event!*

*Pilgrimage to the Year of Mercy Holy Doors  
at St. Joseph Cathedral*

*Sunday, January 17th*

*Immediately following 11:30am Mass*

*Walk or drive from Ste. Marie, across the bridge*

*Ending at St. Joseph Cathedral on Pine St.*

*As a parish, we will enter the Holy Doors, pray the Rosary and  
the Divine Mercy Chaplet, and Confessions will be offered.*

### **WHAT ARE THE HOLY DOORS?**

Called a "*Porta Sancta*," a Holy Door is a special door in a major church (a basilica or a cathedral) that remains closed except during a Jubilee Year. Each of the Four Major Basilicas in Rome have three large doors, and the door on the right is the *Porta Sancta*.

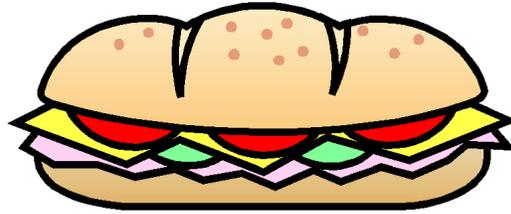
The Church's primary Holy Door is in St. Peter's Basilica. At the close of each Jubilee, this Holy Door is sealed up, along with its key, in brick and mortar. It has remained sealed since 2001. This is the Holy Door that Pope Francis will open on December 8th to inaugurate the Jubilee just like his predecessors.

"On that day, says Pope Francis, "the Holy Door will become a Door of Mercy through which anyone who enters will experience the love of God who consoles, pardons, and instills hope."

In the days and weeks following the opening of the Holy Door at St. Peter's, the Holy Doors will be opened at the other major Roman Basilicas and in dioceses across the world. Every bishop may designate a Holy Door in their own diocese to become a place of pilgrimage for the faithful.

The practice of pilgrimage has a special place in the Holy Year, because it represents the journey each of us makes in this life. Life itself is a pilgrimage, and the human being is a visitor, a pilgrim travelling along the road, making his way to the desired destination. Similarly, to reach the Holy Door in Rome or in any other place in the world, everyone, each according to his or her ability, will have to make a pilgrimage. This will be a sign that mercy is also a goal to reach and requires dedication and sacrifice. May pilgrimage be an impetus to conversion: by crossing the threshold of the Holy Door, we will find the strength to embrace God's mercy and dedicate ourselves to being merciful with others as the Father has been with us." —*Misericordiae Vultus*

Ste. Marie Youth  
Ministry Presents.....



**SKINNY'S SUPER BOWL SUBS!!!**

Order your SUBS for SUPER BOWL **and** support our **Steubie East Youth!!**  
Enjoy a delicious Skinny's sub on their *HOMEMADE* rolls with a side order of their *FAMOUS* potato chips!!

Just \$10.00 each for a FOOTLONG SUB **and** a side of CHIPS!

Four varieties to choose from: *Ham, Turkey, Roast Beef, and Italian Mix*

**Pick-Up:** Sunday, February 7<sup>th</sup> after 9:30 and 11:30 Masses in  
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**Make check payable to:** Ste. Marie YM

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Name BEST Phone number to call

\_\_\_\_ Ham (\$10)    \_\_\_\_ Turkey (\$10)    \_\_\_\_ Roast Beef (\$10)    \_\_\_\_ Italian Mix (\$10)  
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----- Total Amount Paid

*If you're not ordering directly from one of our fabulous teens, then please follow the directions below and thank you!!*

YOU MAY PLACE YOUR ORDER W/CHECK MADE PAYALBE TO STE. MARIE YM in the Treasure Chest marked "Super Bowl Sub Orders" on the table nearest the Prayer Ministry room in the gathering space of the church - **OR mail it to:** Ste. Marie Children & Youth Office, 133 Wayne St., Manchester, NH 03102

THANK YOU FOR YOUR SUPPORT AND **GO PATS!!!!!!**