

Corvias[™] Community News

SEPT. 2013

FORT MEADE

corviasmilitaryliving.com

COMMUNITY OFFICES

Heritage Park and Normandy Bluffs
2699A Ninninger Road
heritagepark@corvias.com
410-672-2000

Meuse Forest
8700 91st Division Boulevard
meuseforest@corvias.com
410-672-2475

Midway Common
7601 29th Division Road
midwaycommon@corvias.com
410-672-2301

Potomac Place and Patriot Ridge
4998 Second Corps Boulevard
potomacplace@corvias.com
410-672-2981



COP HOUSE MOVES

The Directorate of Emergency Services Community Oriented Police (COP) Program office has moved to 2982 Stewart Loop in the Potomac Place neighborhood.

The community policing office is a resource for all residents and offers services such as safety talks, dispute resolution, home checks, youth safety-awareness programs and more.

The Fort Meade COP is Officer Timothy Perkins. His goal is to know the on-post community and to encourage a safe and secure environment. Officer Perkins, a 15-year law enforcement veteran and liaison for the community can be reached at (301) 343-0345.

CHANGING WITH THE SEASON

As we move into Fall, heating, ventilating, and air-conditioning system (HVAC) filters should be changed in conjunction with the changing season.

HVAC filters keep things like dust and debris from entering the system. Keeping an HVAC clean increases the longevity of the system and keeps efficiency high. Corvias Military Living recommends changing filters every 30 days.

Replacement filters are available by request, contact your Community Center for details.

WE HAVE A WINNER!

Congratulations to the Metcalf Family, our winners of the \$100 Visa gift card! All residents who updated their contact information from May - August were entered into a drawing for a chance to win the gift card.

Thank you to everyone who participated. Your personal email address helps to ensure you are receiving



important neighborhood notifications and announcements. By keeping your contact information up-to-date, you enable us to communicate more effectively with you.

Please contact your community office should your phone or email information change.



Service Schedules

Corvias Military Living offers a variety of services to make your life easier.

Don't forget to check out www.corviasmilitaryliving.com for your trash, recycling, lawn care and other services.



SUICIDE PREVENTION THROUGH COMMUNITY SUPPORT

A sense of community is one of the most important factors in building ready and resilient service members and families. In the military community, support from others is the best resource in helping to face daily stressors, including feelings of isolation caused by being away from friends and family, long duty hours, financial stress and other challenges.

It is important for the military community to recognize when someone they care for is distancing themselves from their loved ones, their unit, or when their behavior is a source of concern. Some

additional signs of someone contemplating suicide can include giving away personal belongings or other actions as obvious as saying final goodbyes.

If someone is in need of help, there are several resources to assist. The Military Crisis Line, 800-273-8255, also called the Veteran's Crisis Line, is a joint Department of Defense and Department of Veterans' Affairs initiative. The MCL is staffed with caring, qualified VA responders who understand the challenges of military life. The MCL is a free, confidential service available 24/7 to all active-duty, National Guard and reserve service members, their families and their friends.

Those in crisis can also send a text to 838255 or chat online at www.veterans-crisisline.net with a crisis responder. Those in need of assistance can also reach out to their local chaplain or Social Work Services through the installation's medical facility.

FIGHTING MILDEW



The key to stopping mildew and mold from forming or growing is to prevent excess moisture from building up. In order to minimize the potential for growth, it is the resident's responsibility to do the following:

- Remove visible moisture from all windows, walls, floors, ceilings, and kitchen and bathroom fixtures.
- Turn on any exhaust fans in the bathroom or kitchen before a shower, cooking, or using the dishwasher. When showering, be sure to keep the shower curtain inside the tub or the shower doors fully closed.
- Keep moisture within the home at a reasonable level. Increase sunshine by opening shades, use the air conditioner in humid weather and limit the number of houseplants.

Complying with these housekeeping guides will help prevent mildew and mold growth within or on the home and aid in the protection of residents, visitors and the community. Consult the Resident Responsibility Guide for more information.



How do you get rid of "energy vampires?" Unplug appliances that are not in use. Do not leave them in standby mode.

FOUNDATION PROVIDES GRANTS TO SPOUSES



Since 2006, John Picerne's foundation has awarded over \$4.5 million in scholarships and educational grants to children and spouses of active-duty service members, including 162 educational grants to spouses at a total of \$810,000. This year, the Foundation awarded \$100,000 in grants to spouses of active-duty service members to support their educational goals, including one Fort Meade resident.

Mary Banaszynski is pursuing a Bachelor's degree in Civil Engineering at Anne Arundel Community College. She has always been fascinated by bridge structure and wants to build bridges. Her husband is Staff Sgt. Daniel J. Banaszynski, U.S. Air Force.

Mary was one of 20 spouses who received a grant this year.

A grant can be used by students in any phase of their education. This one-time award can be used at community colleges, technical colleges or universities.

The foundation also awards scholarships to children of active duty service members stationed at a Corvias Military Living installation. Applicants do not have to be a resident to be eligible.

The four year scholarship is open to graduating high school seniors with a minimum 5.0 cumulative un-weighted GPA. Recipients of the scholarship must attend a four-year institution.

Upcoming Events

Sept. 2

Labor Day

Offices open 9 a.m. to 1 p.m.

Sept. 4, 2 to 2:20 p.m.

Story Time

Potomac Children's Reading Room

Sept 13, 7:30 p.m.

Family Movie Night

Parade Field

Sept. 26, 9:30 to 10:30 a.m.

Mom's Support Group

Potomac Place Neighborhood Center

Stay up-to-date with Fort Meade's event calendar! Go to:

www.corviasmilitaryliving.com