

Social Responsibility Therapy for Adolescents and Young Adults

A Multicultural Treatment Manual for Harmful Behavior

James M. Yokley, Ph.D.

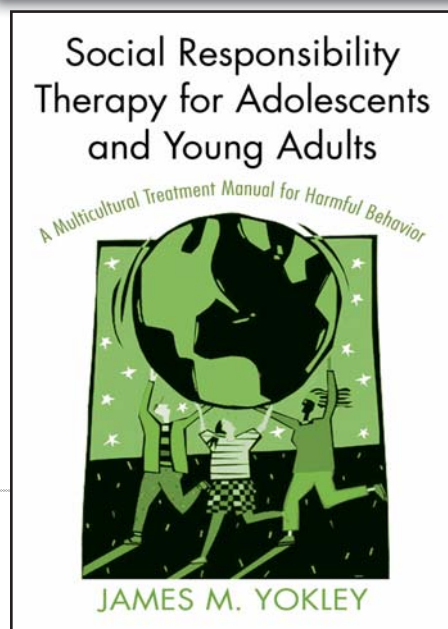


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About the Author

James M. Yokley, Ph.D., is a Clinical Psychologist on the medical staff in the Department of Psychiatry at MetroHealth Medical Center in Cleveland, Ohio, as well as an Assistant Professor at Case Western Reserve University School of Medicine and Department of Psychology. He has expertise in cognitive-behavior therapy with multiple forms of harmful, abusive behavior, has authored over 50 research publications, book chapters, and professional presentations, and is a regular conference speaker on this topic.



Paperback: 978-0-7890-3121-1 • \$49.95 • May 2008
357pp

Social Responsibility Therapy for Adolescents and Young Adults: A Multicultural Treatment Manual for Harmful Behavior provides a comprehensive explanation of Social Responsibility Therapy, its advantages, and the intervention evidence-base for multiple forms of harmful behavior. This text discusses in detail the multicultural intervention approach, its rationale, and content. Implementation methods and treatment protocol are explored. The book includes illustrated case studies, tables, figures, and references to additional available readings.

Topics discussed in *Social Responsibility Therapy for Adolescents and Young Adults: A Multicultural Treatment Manual for Harmful Behavior* include:

- evidence-based procedures used in Structured Discovery learning experiences to target harmful behavior
- helping clients discover how they acquired, maintained, and generalized a broad range of harmful behavior
- addressing target behavior problems, negative social influence problems, and the dose-response problem
- five areas of human functioning that are critical to the wellbeing of self and others which can only be addressed through psychotherapy and forensic parenting
- developing prosocial behavior alternatives which contribute to both relapse prevention and personal development
- and much more!

Social Responsibility Therapy for Adolescents and Young Adults: A Multicultural Treatment Manual for Harmful Behavior is an essential resource for social workers, counselors, psychologists, and psychiatrists whose caseloads include a multicultural population of young people who exhibit multiple forms of harmful, abusive behavior.

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