

**General Manager  
& Chairman's Corner**

**CLINICAL NEWS**

**Volunteers & Patients**

**CHARITY EVENTS**

**A Re-Fit,  
Grand Re-Opening  
& A 25th Birthday!**

**OTHER NEWS**



## General Manager

Bernie



### Kia ora and welcome

to our first newsletter from our new home!

Since our last newsletter we have moved from our rented property into our new home and we have celebrated a milestone birthday, 25 years of Hospice Mid-Northland. It's been busy, busy, busy!

Our move to our new home has been a big journey, thank you to all our helpers... we couldn't have managed this without you. Many long hours later we feel proud to open our doors to patients and whanau in this beautiful, calm, peaceful space. Thanks to

a truly amazing group of individuals that 25 years ago had the foresight, dedication and commitment to start the first steps that have led us to the Hospice service we have today. We have a big responsibility to ensure we are celebrating another milestone birthday in 25 years' time.

So with that in mind we are about to take our message to the community via a '**Hospice Needs Your Help**' campaign. We do want to be here in another 25 years and we need community support now more than ever. We continue to face increasing operational costs such as petrol, electricity, our medical equipment and supply costs are ever on the increase and our funding from the NDHB has remained static for many years. We have an operating budget of approx. \$1.3 million, we receive \$450,000 from the DHB, we raise approximately \$550,000 from our second hand shops and every year we have a budget shortfall of approx. \$350,000. We know the numbers of our patients are likely to grow given our population's demographics and we want to keep our services free to patients. We need help to maintain our day to day services for our community.

With that in mind there is no time like the present to begin our '**Hospice Needs Your Help**' campaign. You can participate through donations of goods for our shops, volunteering your talent and expertise, signing up to a regular giving programme and by joining our soon to be launched bequest programme. Please also take a look at the wish list in this newsletter to see if you can help us with items for our patient's improved comfort. Also watch out for the upcoming **Hospice and Harcourts Art and Collectables auction on October 17th...** it's going to be popular so get your tickets early, put on your glad rags, get a group together, have a fun night and bag yourself a wonderful item or two. See more detail on this later in the newsletter. Do remember to check our website as we will be posting news and information there on a regular basis to keep everyone informed. Please feel free to give me a call if you have any ideas or suggestions, I welcome your feedback and contribution, and the coffee/tea will be on me!

**On behalf of the Hospice Mid-Northland team I thank you for your continued support, we are small team in a big community and we couldn't do the work we do without your wonderful help. Ahakoa ihi, he pounamu. - Although it is small, it is of greenstone.**

When I reflect on my first 6 months as Chairman of our Society I simply think "WOW". For all of us here at Hospice Mid-Northland it's been a time of great excitement and celebration, underpinned by some incredibly hard work by our staff and volunteers under the wonderful leadership of our General Manager, Bernie. Following three months of intensive work we moved to our new home at 464 Kerikeri Road at the end of June. A Powhiri, followed by a formal opening by Mayor John Carter on 30 July was a chance for us to show guests and community leaders through our new home. We got great coverage in the local media and hopefully that helped to dispel some of the myths floating around about the Board's decision to purchase the property.

Yes, we paid \$945,000 for the property but we did have money in our building fund and we

did get a substantial grant from Pub Charity so we only needed to borrow slightly over \$600,000 to complete the purchase and fit-out. It is important to note that the debt servicing cost is not much higher than the rents we have been paying so the purchase has not had a significant negative impact on our operating expenses. But we are keen to reduce the debt as quickly as possible and we are actively seeking a philanthropist to help us meet this objective.

August 9th 2014, was another special day when we celebrated the 25th birthday of our Society. It was great to be able to meet many of the people who had the vision to establish our Hospice all those years ago and to see the joy with which they viewed our new Home.

Unfortunately it's not all chocolates and roses - our Board focus is on Finance, Finance and Finance! We are having serious challenges meeting our income targets. The various organisations that have supported us in the

past are receiving larger numbers of applications for funding yet have less funds to distribute so our grants have significantly reduced. We have been receiving far less donations than in the past which is also putting real pressure on our ability to balance the books. Our three shops are doing well but we do need far more donated goods for sale - please have a look in your garages and spare rooms and see if there is anything (especially furniture) that you are able to donate for sale in our shops. And if you can't deliver it just phone and we will arrange for it to be collected. **Hospice really does need your help.**

25 years! Amazing! Thank you to all those who had the vision to establish the foundations that underpin what we have today. Thanks for all your hard work and dedication, and thanks to everyone, staff and volunteers, who help us to keep that original dream alive and vibrant.



Chris Burrows



# SELF CARE FOR THE CARERS

Eunice Freer, Counsellor

## "A NEW TEAM MEMBER"

*Last month we warmly welcomed Rhonda Olson to the Hospice Mid-Northland team as our Shop Retail Manager. Rhonda hit the ground running with the three Hospice Shops and is already off to a great start, settling in, meeting volunteers and staff and brimming with ideas!*

*A note from Rhonda..."I am very excited to be rolling up my sleeves and joining the Hospice team as Retail Store Manager, overseeing the running of our three charity stores in the Mid North. I feel honoured to be working alongside all the fabulous volunteers and staff who do so much for our patients, whanau and communities. I love how the cycle of goodwill slowly turns and works its magic. By people generously donating household goods to then be sold on to others who choose to shop at our stores, it helps pay for our palliative nursing care, medical equipment and bereavement support. I enjoy working alongside others in a team, have a good sense of humour and love helping people to enhance their environments and lifestyle. Most of all I have a positive attitude to life and enjoy a new challenge. As an avid 'second hand' shopper I am excited about joining the Hospice Mid Northland team and transferring my skills and experience into the second hand retail environment. I have already come across some familiar faces instore and look forward to meeting many more donating to and shopping at our charity stores".*



Our role at Hospice is full of nurturing, care, assessing and supporting others, with a goal of helping to make a difference through the journey of loss and grief.

During our day we actively participate with our patients and families, or we spend time just "being" or "sitting with", giving ourselves to each individual in different ways to meet their needs.

So, now and then we need to seek a place to draw apart, to nourish our own souls so that we are able to continue the work that we do.

In April of this year I took 5 weeks out, travelling first to Kathmandu, then on to Nepal for a 16 day hike to Everest Base Camp, ending my holiday with 2 weeks in India.

I had opportunity to empty my mind and to nourish my soul.

I walked so comfortably with the peace and quiet.

I listened to the birds, the sound of the flowing water from the rocks above and the

rushing of the cold blue waters in the rivers below.

The wind from the mountains swirled through my spirits allowing me to get lost in my daydreams.

I walked through snowflakes feeling the bitter cold upon the exposed parts of my face, as my eyes soaked in the blue skies feeling the rawness of the snow covered mountains so close.

I absorbed the smells of the passing mules and yaks, I breathed the dust and felt the dryness of the air filtering to the bottom of my lungs.

I soaked in the culture of the Nepalese, the Sherpas and the porters; I gained a new

richness learning of a culture so different to my own I joined my trekking mates in long discussions about nothing and about everything.

I trekked, I slept, I ate and I drank copious amounts of fluid to alleviate altitude sickness.

I did what I had been planning for a long time.

I was meeting all my requirements of self care.

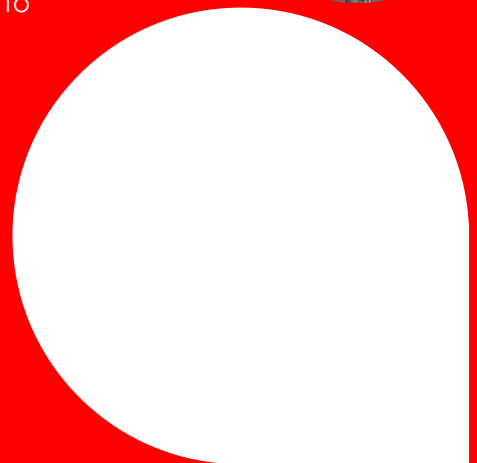
I returned "full", "calm" and holding a sense of peace that is still indescribable.

I return often in my mind to reflect on this amazing experience, to again saturate my senses, which gives me renewed energy to be able to nourish and support others.

## SOCIAL WORKER Tania Joyce



As a social worker I am able to work alongside patients and their whanau to provide support with issues such as housing, financial difficulties, transport and so forth. Working in collaboration and building on and maintaining strong positive relationships with all internal and external stakeholders is key to ensuring the best outcomes for our patients and whanau. The palliative team support approach ensures patients and whanau total needs are met.



## OUR WONDERFUL PATIENTS & VOLUNTEERS



**John Hodges**

"My favourite part of working with Hospice, is the comradery of fellow volunteers; like-minded people who get a sense of satisfaction from helping others," John Hedges says. The Kerikeri resident has volunteered his time and skills to the Hospice Distribution Centre for seven years. "My job is to evaluate donated electrical goods such as heaters, fans, refrigerators, lighting equipment and kitchen appliances. I run a safety check on each item. If it needs fixing I decide whether the cost and time involved will be worth it.

John has the ideal background for working with electrical goods. He began a four year electrical fitter and turner apprenticeship in 1943 after joining the English Navy at the age of fifteen. He immigrated to New Zealand in 1964 to join a computer firm. "I applied for the job after leaving the Navy in 1958, but they turned me down. A few months later they changed their mind but I said that I had already been accepted to do a course in England. They told me to complete the course and then take up the job. That way they didn't have to pay for my training," he chuckles.

*"When I first heard about Hospice, to me it was like a death call, I was frightened of it. But then one year later I realised there is more to it than just that".*

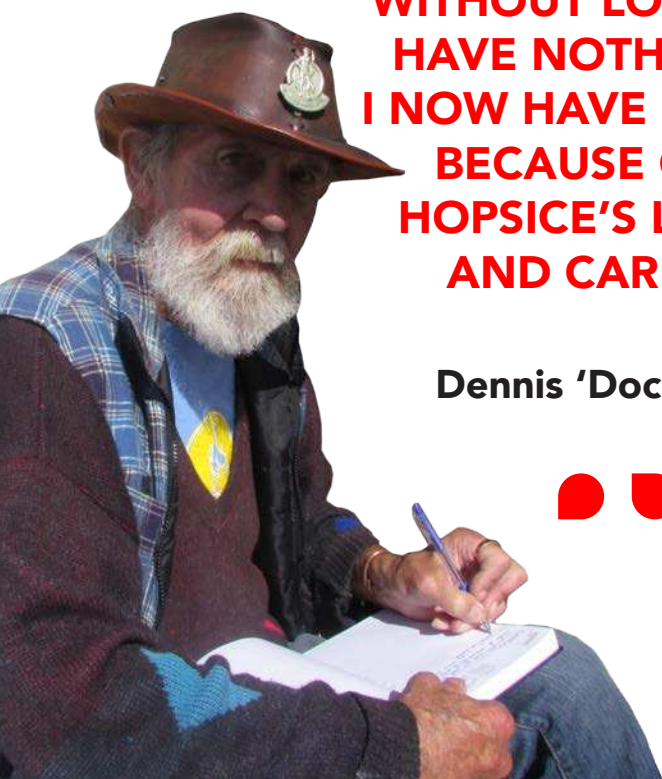
*I mean I can ring Hospice all hours of the day and night and they come out and help me or talk me through it, awesome support.*

*Last night I was confident enough to administer my own pain relief and that's from the Hospice nurses educating me and providing guidance, they became a family to me.*

*To know hospice is there for me and knowing you are there is like an angel on my shoulder.*

**WITHOUT LOVE WE  
HAVE NOTHING.  
I NOW HAVE IT ALL  
BECAUSE OF  
HOPSICE'S LOVE  
AND CARE**

**Dennis 'Doc' Waddell**



*Sadly since writing their story, May and Doc have passed away. We would like to thank May and Doc's family/whanau for allowing us to print their story.*

**May Kemp**





**Hospice Mid Northland  
Art & Collectibles**

*Charity Auction*

**Friday 17th October 2014 at 6.30pm**  
Turner Centre, 43 Cobham Road, Kerikeri



**EFTPOS WILL BE AVAILABLE ON THE EVENING, OPEN BAR  
& SPOT PRIZES ON THE NIGHT SO HOLD ONTO YOUR TICKETS!**

Drinks and Canapes served from 6.30pm. A Silent Auction of artworks & collectibles will run through the evening with a Live Auction of high quality artworks commencing at 7.30pm.

**\$25 PER TICKET**  
Includes canapes & champagne cocktail on arrival

**Harcourts**  
Tickets are available from Kerikeri Hospice Shop or Harcourts  
Kerikeri office or by phoning Hospice Mid Northland on 09 4077799  
Get those glad rags out & support your local Hospice!



### ***In partnership with Harcourts Bay of Islands***

The Hospice Mid-Northland inaugural Art and collectibles auction is being held at the Turner Centre on **Friday 17th October, from 6.30pm onwards**, the evening will include a silent auction of donated collectibles that will run through the evening with items ranging in price from \$50 upwards and including pottery and ceramics, fine bone china, art glass, paintings and some unique pieces such as a Crown Lynn vase hand painted by Frank Carpey and Tribal Art Pacific Island musical instruments dated circa 1886.

**At around 7.30pm a live auction** of substantial artworks will be held, with work from both upcoming and well known artists.

Once again the local community has been incredibly generous – we have the use of a pop-up shop donated by Anna Uliana and we've received some significant donations of work by talented local artists as well as a Cristina Popovici triptych donated by a local resident valued in excess of \$14,000. Sponsors, Harcourts Bay of Islands has purchased an artwork by local artist Herb Foley for the live auction on the evening. Harcourts auctioneer, Ross Paterson, promises the live auction will be a lively part of the evening!

While there will be some big ticket items, we've also made sure that there's auction items available for all budgets on the night so that everyone who wants to can take part in bidding.

**Tickets are \$25 per person**, which will include a champagne cocktail on arrival and canapes. Tickets are available from the Kerikeri Hospice Shop, Harcourts Kerikeri and as from Thursday 2 October, the Auction preview pop-up shop at 99 Kerikeri Road (next to Vodafone) where all artworks and collectibles will be on display.

The preview pop up shop will be open from 2-16 October. Bids on the silent auction items can be made at the pop-up shop right up until the 16th. The event is part of the **Hospice Needs Your Help** campaign.

All funds raised will be donated to Hospice Mid-Northland so that we can continue to provide free palliative care and support to our patients and their family/whanau within our community. It's important to know that all funding we receive remains within our community, which covers the area from Towai in the South to Taupo Bay in the North and coast to coast in between, including Hokianga.

#### **Preview Pop-Up Shop**

99 Kerikeri Road (next to Vodafone)

#### **Shop Opening Hours:**

Mon-Fri 10am – 3pm  
Sat – 10am to 1pm  
Up to Thursday 16th October

Colleen Gleeson  
Hospice Distribution Centre,  
Phone 09 407 9168  
distribution@hospicemn.org.nz  
Aleysha Pangari - Fundraising  
& Awareness, Phone 09 407 7799  
Mobile 027 4364 596  
fundraising@hospicemn.org.nz

**CHARITY  
EVENTS**



built community across our community at a time in life that buildings and surrounding grounds  
family/whanau. is precious for patients and loved ones. This

## 464 KERIKERI ROAD

**A RE-FIT,  
GRAND  
RE-OPENING  
& A 25TH  
BIRTHDAY!**







# HAPPY 25TH BIRTHDAY HOSPICE MID-NORTHLAND!



*One of Hospice Mid-Northland's first ever volunteers, Elizabeth Bowdler, (left) and Board Chairman, Chris Burrows, planting a Camelia tree gifted by Wendy Simpson, aptly named 'Volunteer'*

In 1988 a small keen group of people met to discuss the need for palliative care in the Bay of Islands. The outcome of that initial meeting was the establishment of the Bay of Islands Palliative Care Society which was set up to provide care for the terminally ill. That team included one nurse and a small team of volunteers...25 years later Hospice Mid-Northland continues to provide specialist palliative care to the community.

To celebrate this key milestone, birthday celebrations were held on Saturday 9th August at our new community home at 464 Kerikeri Road. We were fortunate that special guests, the founders of Hospice Mid-Northland and one of our first ever volunteers, Elizabeth Bowdler, could all take part in the celebrations.

Thank you to everyone who attended and shared this special day with us.

Hospice NZ's ambassador and well-known foodie and cookbook writer, Jo Seagar, is coming to Kerikeri in the first week of December.

We have details to work out but here at Hospice Mid-Northland we're very excited about bringing you one or two events and a book signing with Jo.

She's an amazing woman with a lot of stories to share about her food travels overseas and tips and ideas on making this Christmas as hassle free as possible.

Save the dates from Tuesday 2nd December to Thursday 4th December and keep an eye out on our website – [www.hospicemn.org.nz](http://www.hospicemn.org.nz) - and our facebook page for more details.

Our annual golf tournament is just around the corner and already there's been interest expressed by participants and sponsors for next year's golfing event.... So, we've set the date for Friday 6th March at the Bay of Islands Golf Club... If you're interested in sponsoring a hole or a prize for our charity auction that follows the tournament,

**Contact Aleysa** on [fundraising@hospicemn.org.nz](mailto:fundraising@hospicemn.org.nz)

**Registrations** can be made at the

Bay of Islands Golf Club

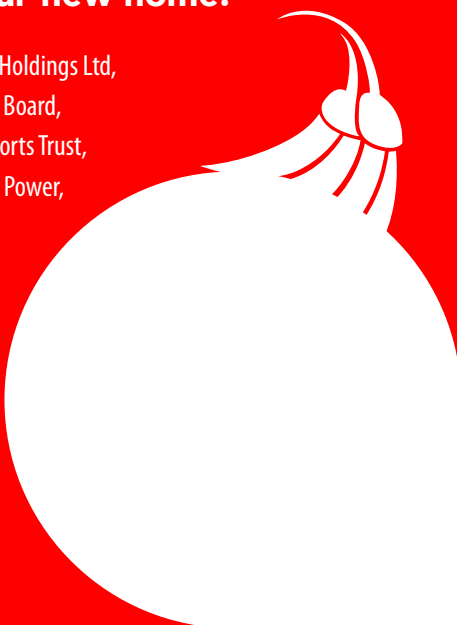
by contacting Stella at [kerikerigolf@clear.net.nz](mailto:kerikerigolf@clear.net.nz)



*Hospice founding members for the mid North, from left to right... Ann Hart, Caroline Tweedy, Pamela Gillis, Elizabeth Bowdler, Yonny Eckhoff-Bjornsgard, Hieke Eckhoff Bjornsgard, Christina Knox. Absent: Te Miringa Huriwai, Megan Scott, Dirk Van Der-Scheet*

**We would like to thank the following  
businesses and members of the community  
for their contribution to the re-fit project  
of our new home.**

Far North District Council, Far North Holdings Ltd,  
Pub Charity, Lions, NZ Lottery Grants Board,  
Craigs Investment Partners, Oxford Sports Trust,  
The REAL Team, Solar King, Tiny Mighty Power,  
Waste Works, Henwood Builders,  
Placemakers Kerikeri, Putts Green Florist,  
Flooring Concepts, Wayne Maday Painter,  
Laurie White Painter, John Latell Plumbing,  
Kevin Johnston Builder, Keriland Earthworks Ltd,  
Paul Webster Electrical, Reg Strongman Electrical,  
Kerikeri Lions Club, Transfield Services,  
Green Acres Kerikeri, ITM Haruru Falls,  
Colin & Dawn Armstrong Mowing, Don Wilson,  
Mt Pokaka, Steve Spruit.



I wish to support Hospice Mid-Northland.

And enclose my donation for (please tick) ☐ \$25 ☐ \$50 ☐ \$100 ☐ \$250 or ☐ other \$ \_\_\_\_\_

Hospice Mid-Northland Society Incorporated: ASB Bank Ltd, Kaikohe. 12-3091-0091342-00

I would like to;

- ☐ Arrange a guest speaker from Hospice for an upcoming meeting
- ☐ Remember Hospice Mid-Northland in my will. Please contact me to discuss this
- ☐ Receive further information about the services provided by Hospice
- ☐ Become a volunteer (Pickup & Deliveries, Fundraising, Patient Support, Hospice Shop)
- ☐ Become a member
- ☐ Donate a steer for the Farming for Hospice
- ☐ Become a regular giver

**OR DONATE  
ONLINE AT**  
**[hospicemn.org.nz](http://hospicemn.org.nz)**

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Your form can be dropped into our offices at 464 Kerikeri Road, Kerikeri or posted to PO Box 141, Kerikeri 0245.  
Alternatively, you can contact Fiona on 09 408 6199 or [fiona@hospicemn.org.nz](mailto:fiona@hospicemn.org.nz)

*We are extremely grateful for support from the following organisations:*

**Pub Charity, NZ Lottery Grants Board, Oxford Trust, Far North Holdings Limited, Far North District Council, COGS, Catholic Caring Foundation, Perpetual Guardian Clyde Graham Trust.**

**Craigs Investments Ltd, Putts Green Florist, Tiny Mighty, Far North Fuels, Waste Works, Kerikeri Lions Club, Okaihau Transport, The Radio Network, REAL Property, The Warehouse, Living Nature, Harcourts, Placemakers, Keriland Earthworks Ltd, New World Kaikohe, Kerikeri Bowling Club, Design & Print Kerikeri, Fullers Great Sights Bay of Islands + many many more wonderful people and organisations**

- ▶ **Bernie Burrell : General Manager** ▶ **Jenny Coleman : Clinical Manager**
- ▶ **Aleysha Pangari : Fundraising & Awareness Manager** ▶ **Carol Price : Manager Volunteer Services**
- Colleen Gleeson : Shop Distribution Manager** ▶ **Rhonda Olson : Retail Manager**
- ▶ **Eunice Freer : Family Support** ▶ **Tania Joyce : Social Worker**
- ▶ **Our Nurses : Maureen Kearney, Deb Yarrall, Siran Carter, Cath Toomey, Lisa Puru,**
- ▶ **Dianne Pilcher : Administrator** ▶
- ▶ **Fiona Brodie : Office Assistant** ▶ **Phil Hartley : Equipment Co-ordinator**

**STAMP**

If unable to deliver please return to:  
**Hospice Mid-Northland** PO Box 141, Kerikeri, 0245