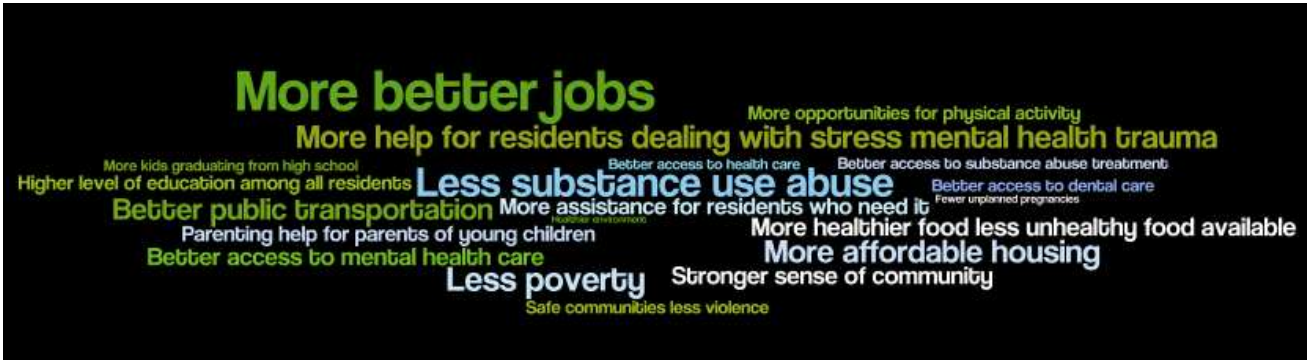


KCHP COMMUNITY SURVEY RESULTS PARTICIPATION



The KCHP Community Survey was available online and on paper starting Monday June 2, 2014. Paper surveys were collected until June 17th and online surveys until June 19th.

The online survey link was distributed widely via email, Twitter, Facebook and available at least on the Kitsap County and Kitsap Public Health District main web pages.

We know that paper surveys were made available at least at the following locations: the Norm Dicks Government Center lobby, Kitsap Public Health District reception desk, Suquamish Tribe Wellness Center, Bremerton Foodline, St Vincent de Paul Food Bank and Shelter, South Kitsap Helpline, Kingston Sharenet, Immigrant Assistance Center, and Peninsula Community Health Services.

	NUMBER OF RESPONDENTS	% of TOTAL RESPONDENTS
Completed online	1546	81%
Completed paper	351	19%
Total	1897	100%

PARTICIPANT RESIDENCE

ZIP CODE:	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
Kitsap zip code	1600	84%
No zip code given	258	14%
Non-Kitsap zip code	39	2%
Total	1897	100%

KITSAP ZIP CODES ONLY:	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	ACTUAL POPULATION*	SURVEY COMPARED TO ACTUAL
Bainbridge Island	116	7%	9%	-2%
Bremerton	629	39%	34%	5%
Central Kitsap	174	11%	12%	-1%
North Kitsap	371	23%	18%	5%
South Kitsap	310	19%	27%	-8%
Total	1600	100%	*KCHP A.3.2.	

KCHP COMMUNITY SURVEY RESULTS

PARTICIPATION

LENGTH OF RESIDENCE:	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	
Less than 1 year	53	3%	
1 to 5 years	194	10%	
6 to 10 years	178	9%	
10 or more years	1436	76%	
Work, school, services in Kitsap but not a resident	20	1%	
Other	9	0.5%	Responses: Live in Gig Harbor/Pierce County (3); do not live in Kitsap (4); previously lived in Kitsap (1); 41800 (1)
Total	1890	100%	
Did not answer	7		

PROVIDED LENGTH OF RESIDENCE OR A KITSAP ZIP CODE:

	Less than 1			10 or more		Total
	year	1 to 5 years	6 to 10 years	years		
Bainbridge Island	4	10	14	88	116	
Bremerton	16	78	54	476	624	
Central Kitsap	5	17	10	142	174	
North Kitsap	5	24	33	309	371	
South Kitsap	6	43	39	221	309	
Other non-Kitsap	17	22	28	200	267	
	53	194	178	1436	1861	
Other non-Kitsap zip code and other length of residence:					9	
Non-Kitsap zip code but work, go to school, access services in Kitsap:					20	
Did not answer length of residence:					7	
					1897	

FINAL SURVEY TOTAL FOR ANALYSIS: 1861

**KCHP COMMUNITY SURVEY RESULTS
PARTICIPATION**

**KCHP COMMUNITY SURVEY RESULTS
DEMOGRAPHICS**

GENDER				
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	ACTUAL POPULATION*	SURVEY COMPARED TO ACTUAL
Male	403	25%	51%	-26%
Female	1222	75%	49%	26%
Total	1625	100%		
Did not answer	236	13%		

*Source: WA State Office of Financial Management (KCHP A.2.2)

AGE GROUP					
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	ADULTS: % OF TOTAL RESPONDENTS*	ADULTS: ACTUAL POPULATION**	ADULTS: SURVEY COMPARED TO ACTUAL
18 or under	12	1%			
19 to 29	157	10%	10%	20%	-10%
30 to 39	278	17%	17%	14%	3%
40 to 49	307	19%	19%	16%	3%
50 to 59	409	25%	26%	20%	6%
60 to 69	336	21%	21%	17%	4%
70 or above	116	7%	7%	13%	-6%
Total	1615	100%			
Did not answer	246	13%			

*Percent based on total of those age 19 and older.
**Source: WA State Office of Financial Management (KCHP A.2.3)

RACE/ETHNICITY		
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
American Indian/ Alaska Native	106	7%
Asian	63	4%
Black	49	3%
Hispanic	65	4%
Native Hawaiian/ Pacific Islander	45	3%
White	1391	87%
Total reporting at least 1*	1595	108%
Did not answer	266	14%

*More than 100% because respondents could check all that apply.

**KCHP COMMUNITY SURVEY RESULTS
DEMOGRAPHICS**

RACE/ETHNICITY WITH MULTIRACE AS A CATEGORY				
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	ADULTS: ACTUAL POPULATION*	ADULTS: SURVEY COMPARED TO ACTUAL
American Indian/ Alaska Native	68	4%	1%	3%
Asian	29	2%	5%	-3%
Black	28	2%	3%	-1%
Hispanic	41	3%	6%	-3%
Native Hawaiian/ Pacific Islander	27	2%	1%	1%
White	1311	82%	79%	3%
More than 1 race	91	6%	5%	1%
Total	1595	100%		
Did not answer	266	14%	*Source: WA State Office of Financial Management (KCHP A.2.3)	

HIGHEST LEVEL OF EDUCATION				
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	ADULTS AGE 25+: ACTUAL POPULATION*	ADULTS: SURVEY COMPARED TO ACTUAL
Less than 12th grade	49	3%	6%	-3%
High school graduate/GED	170	11%	24%	-13%
Some college/ AA degree	547	34%	41%	-7%
College degree or higher	849	53%	30%	23%
Total	1615	100%		
Did not answer	246	13%	*Source: American Community Survey, 2012. KCHP B.2.1	

AVERAGE ANNUAL HOUSEHOLD INCOME				
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	ACTUAL POPULATION*	SURVEY COMPARED TO ACTUAL
Less than \$25,000	317	20%	17%	3%
\$25,000-\$50,000	310	20%	23%	-3%
\$50,000-\$75,000	324	21%	22%	-1%
\$75,000-\$100,000	265	17%	14%	3%
More than \$100,000	347	22%	24%	-2%
Total	1563	100%		
Did not answer	298	16%	*Source: American Community Survey, 2012. KCHP B.4.1	

CHILDREN IN THE HOUSEHOLD				
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	ACTUAL POPULATION*	SURVEY COMPARED TO ACTUAL
Yes	607	39%	31%	8%
No	942	61%	69%	-8%
Total	1549	100%		
Did not answer	312	17%	*Source: American Community Survey, 2012 (KCHP B.1.1)	

**KCHP COMMUNITY SURVEY RESULTS
DEMOGRAPHICS**

NUMBER OF PEOPLE IN THE HOUSEHOLD				
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	ACTUAL POPULATION*	SURVEY COMPARED TO ACTUAL
1	219	14%	27%	-13%
2	618	38%	38%	0%
3	298	19%	15%	4%
4	289	18%	12%	6%
5	107	7%	4%	3%
6 or more	75	5%	3%	2%
Total	1606	100%		
Average	2.84		2.54	0.3
Median	2.00			
Did not answer	255	14%		

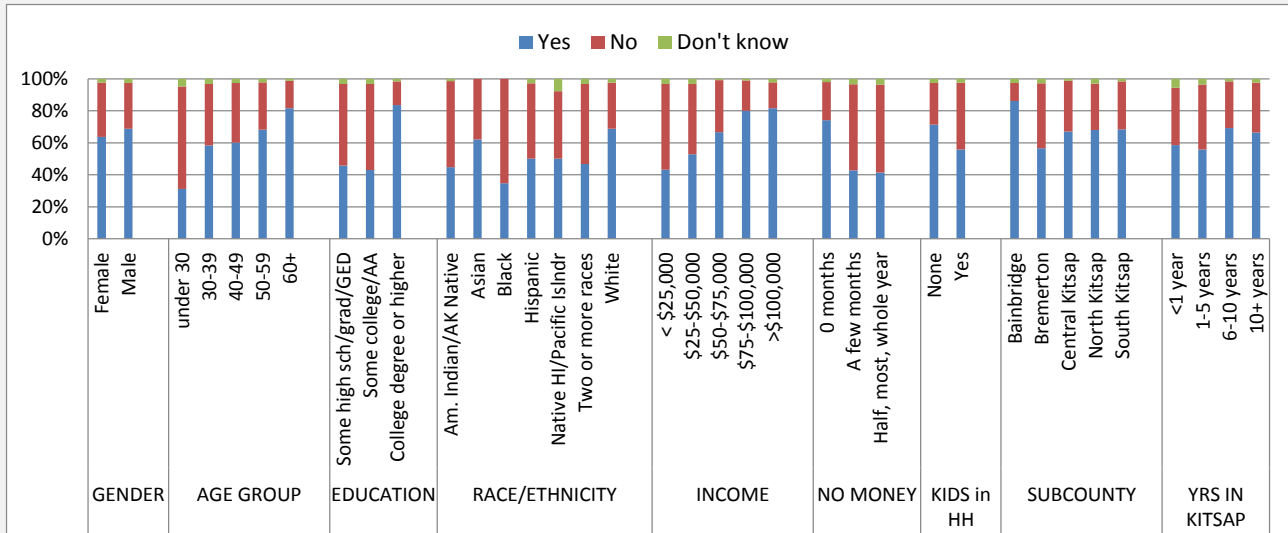
*Source: American Community Survey, 2012

KCHP COMMUNITY SURVEY RESULTS EDUCATION

DO YOU HAVE THE LEVEL OF EDUCATION YOU WOULD LIKE? Question 2

	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
Yes	1203	65%
No	587	32%
Don't know	49	3%
Total	1839	100%
Did not answer	22	1%

BY SUB GROUPS:



IF NO, WHY NOT? Question 2a

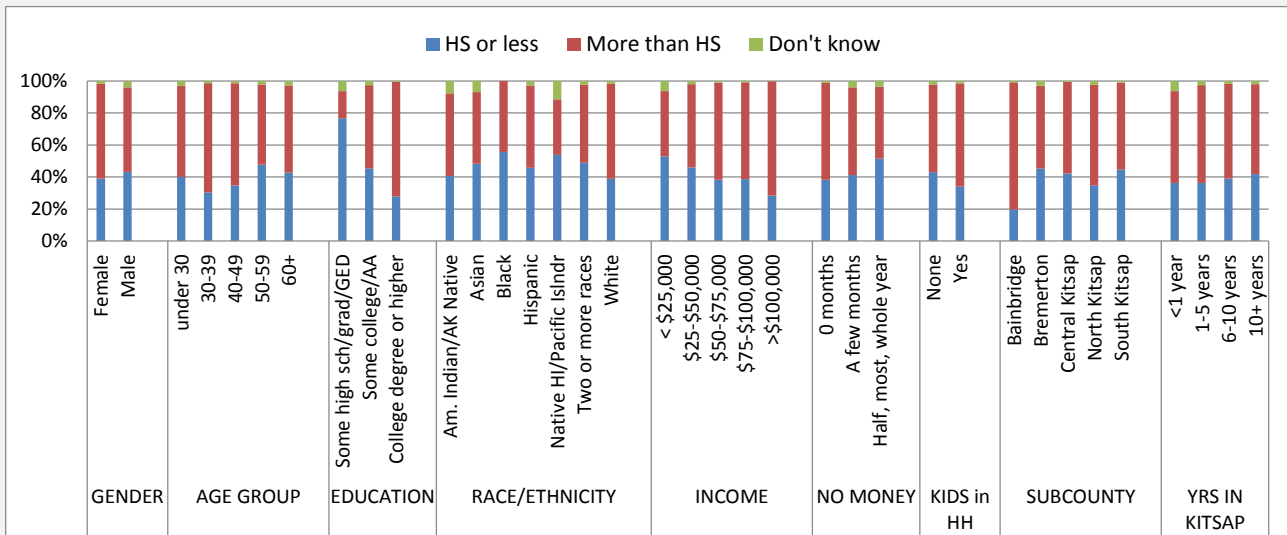
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	RANK	
No time	190	39%	#2	OTHER: <i>I'm a single mom working hard to get by; training would make it easier but getting it would be hard.</i> <i>Didn't graduate from college, now it's too expensive; I don't have time.</i> <i>Childcare</i> <i>Health issues</i> <i>Don't want to commute for school.</i> <i>Having kids, lack of money, working, other life experiences has kept me from obtaining my degree.</i>
Too expensive	342	70%	#1	
Too old	95	20%		
Don't know how to apply	17	3%		
Don't know what to study	65	13%		
No access to online education	19	4%		
What I want isn't available locally	112	23%	#3	
Don't know	21	4%		
Total*	486	173%		
*More than 100% because respondents could check all that apply.				

KCHP COMMUNITY SURVEY RESULTS

EDUCATION

MOTHER'S HIGHEST LEVEL OF EDUCATION			Question 3a	
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS		
Less than 12th grade	148	9%		
GED	54	3%		
High school diploma	493	29%	High school or less:	41%
Some college or AA degree	511	30%		
4-year college grad or higher	463	27%	More than high school:	57%
Don't know	37	2%		
Total	1706	100%		
Did not answer	155	8%		

BY SUB GROUPS:

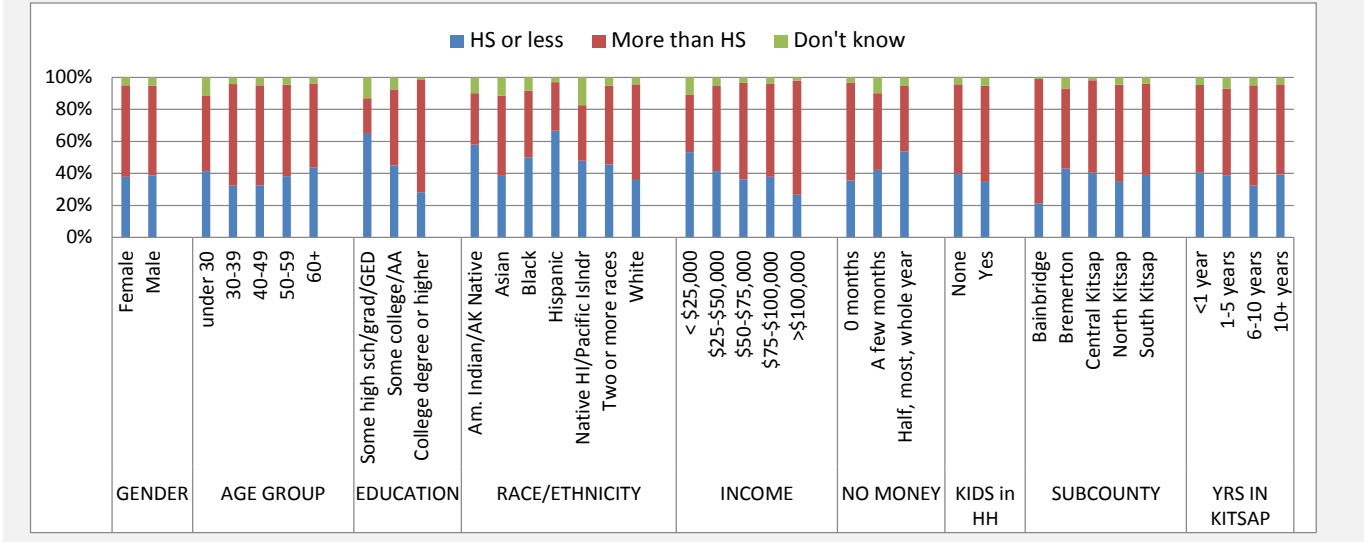


FATHER'S HIGHEST LEVEL OF EDUCATION			Question 3b	
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS		
Less than 12th grade	173	11%		
GED	54	3%		
High school diploma	393	24%	High school or less:	39%
Some college or AA degree	383	24%		
4-year college grad or higher	525	33%	More than high school:	57%
Don't know	77	5%		
Total	1605	100%		
Did not answer	256	14%		

KCHP COMMUNITY SURVEY RESULTS

EDUCATION

BY SUB GROUPS:



KCHP COMMUNITY SURVEY RESULTS

FOOD

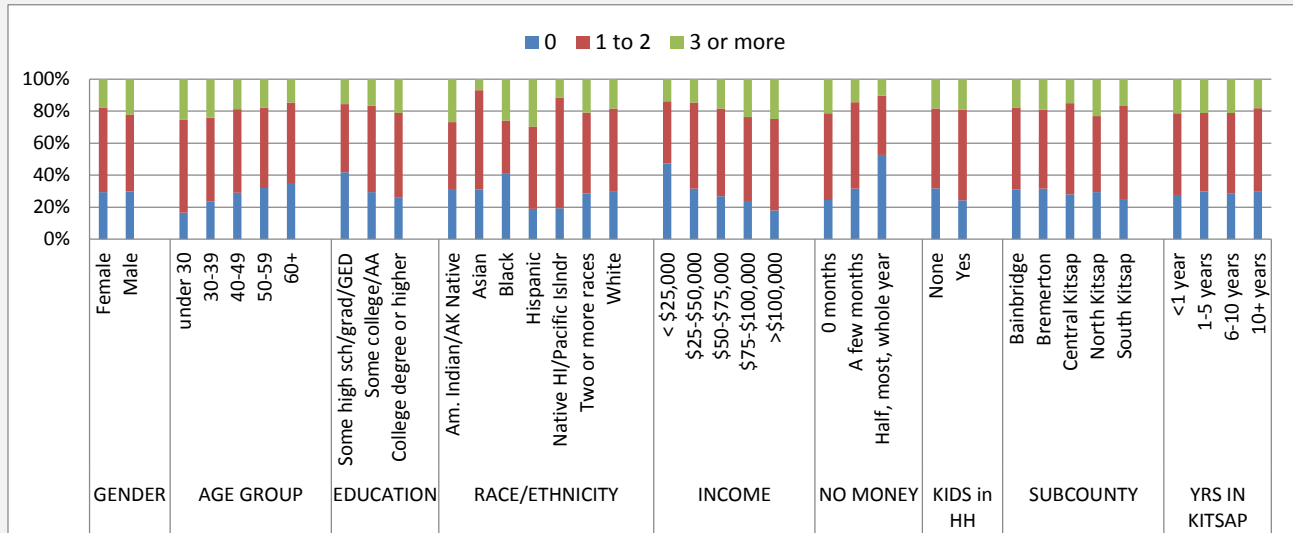
IN AN AVERAGE WEEK, NUMBER OF TIMES EAT AT OR TAKE FOOD HOME FROM A FAST FOOD OR OTHER RESTAURANT OR DELI

Question 5

NUMBER OF TIMES PER WEEK:	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
0	523	30%
1 to 2	906	52%
3 to 5	253	14%
6 to 7	52	3%
8 or more	23	1%
Total	1757	100%
Did not answer	104	6%

3 or more 19%

BY SUB GROUPS:



FACTORS THAT WOULD MOTIVATE MORE MEAL PREPARATION AT HOME

Question 6

	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	RANK	OTHER:
More time to buy groceries	247	14%		<p><i>Easier access to local, healthy foods (open the Kitsap Community Food Co-op!!)</i></p> <p><i>help, am a senior w/ health problems</i></p> <p><i>food bank choices are pretty bad</i></p> <p><i>Functional kitchen.</i></p> <p><i>A place at work where food can be refrigerated until meal time - not everyone has access to such things.</i></p> <p><i>We need Grocery delivery services</i></p>
More time to cook	607	36%	#2	
More energy to cook	565	33%	#3	
Less expensive groceries	533	31%		
Better family support	83	5%		
If food at home tasted as good as eating out	81	5%		
Better knowledge of how or what to cook	224	13%		
Ability to make/eat healthy food	206	12%		
Better transportation	51	3%		
Nothing, I'm satisfied	693	41%	#1	
Don't know	20	1%		
Total*	1707	137%		

*More than 100% because respondents could check all that apply.

KCHP COMMUNITY SURVEY RESULTS

FOOD

AVERAGE DAILY FRUIT AND VEGETABLE SERVINGS

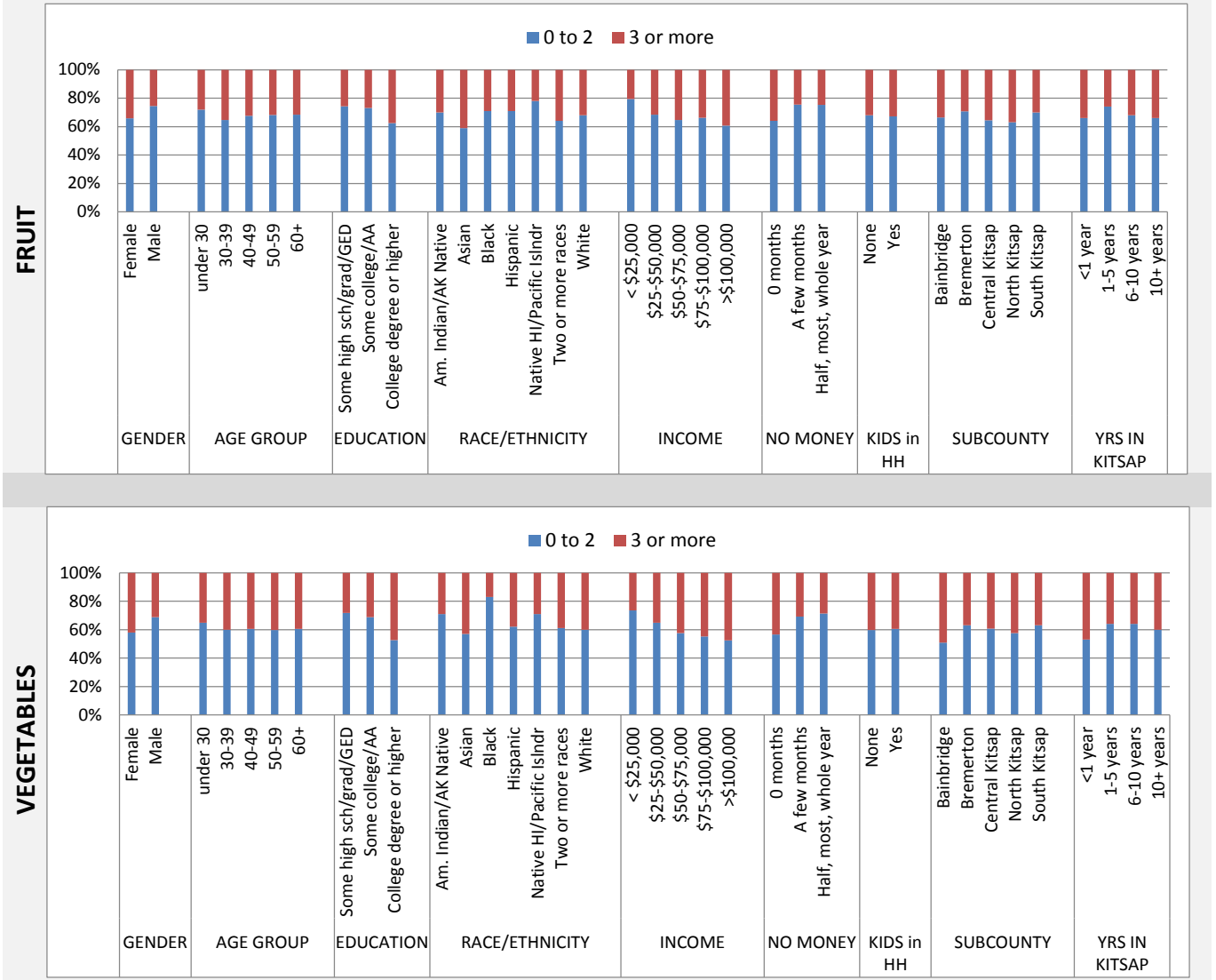
Questions 7 and 8

NUMBER OF SERVINGS:	FRUIT		VEGETABLE	
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
0	114	7%	48	3%
1 to 2	1059	61%	952	58%
3 to 4	501	29%	526	32%
5 or more	68	4%	129	8%
Total	1742	100%	1655	100%
Did not answer	119	6%	205	11%

0-2 AND 3 OR MORE SERVINGS:

0-2 servings	1173	67%	1000	60%
3 or more	569	33%	655	40%
Total	1742	100%	1655	100%

BY SUB GROUPS:



KCHP COMMUNITY SURVEY RESULTS
FOOD

FACTORS THAT WOULD HELP INCREASE AVERAGE DAILY FRUIT AND VEGETABLE CONSUMPTION				Question 9
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	RANK	
Less expensive	752	44%	#1	OTHER: <i>More places to buy fresh local produce</i> <i>More organic options at local stores</i> <i>More affordable organics</i> <i>Better quality</i> <i>It would help if they weren't so perishable.</i> <i>I don't have enough money to take the risk that the food will go bad.</i> <i>Motivation. Sometimes I make wrong choices and grab a cookie instead if an apple.</i>
More places to buy them	191	11%		
Better selection in my local store	338	20%		
More convenient packaging	105	6%		
More time to prepare them	351	21%	#3	
More knowledge about how to prepare them	166	10%		
Liking them more	181	11%		
Nothing, I'm satisfied	549	32%	#2	
Don't know	45	3%		
Total*	1695	158%		

*More than 100% because respondents could check all that apply.

AVAILABLE TO CHILDREN AT SCHOOL				Question 10
<i>525 respondents with school-age children</i>	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS		
Unhealthy school meal choices	240	46%		OTHER: <i>school does a pretty good job of trying to make the meals healthy for our kids - as required</i> <i>not enough time to eat lunch at school... not just about "unhealthy" food</i> <i>This is a disappointing question. all you are providing are negative options seemingly guiding a response you want. I feel my childrens school provides a good balance of healthy food and special treats.</i> <i>choices are negative toward schools - for some kids it may be a "primary" meal opportunity... My high school daughter occasionally eats a school meal and suggests some of the choices are better... children's habits are influenced by the household food situation.</i>
Unhealthy snacks in vending machines	123	23%		
Sugar-sweetened drinks in vending machines	119	23%		
Unhealthy snacks provided by school	93	18%		
Unhealthy treats for rewards or celebrations	172	33%		
Unhealthy snacks/drinks/meals from home	75	14%		
Don't know	118	22%		
Total*	525	179%		

*More than 100% because respondents could check all that apply.

**KCHP COMMUNITY SURVEY RESULTS
PHYSICAL ACTIVITY**

COMMUNITY PLACES WHERE RESPONDENT OR FAMILY GO TO GET PHYSICAL ACTIVITY				Question 11
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	RANK	
At home, inside	719	43%		OTHER: <i>National Forest, Parks, Puget Sound</i> <i>Our farm is our physical activity</i> <i>physically active work</i> <i>Being on a sports team</i> <i>Club sports</i> <i>On the water: kayaking, rowing, sailing, swimming, skiing, canoeing</i> <i>Dancing</i> <i>Gardening</i> <i>Gardening</i> <i>Beach walks</i> <i>Dog walking</i> <i>weights</i> <i>Community pools</i> <i>Bicycle commuter</i> <i>fishing, hunting</i> <i>yoga</i> <i>skating</i> <i>horseback riding</i> <i>people with disabilities need more options</i>
At home, outside	1221	72%	#1	
Trails or paths	892	53%	#2	
Schools: playgrounds, courts, gyms	366	22%		
Parks and recreation facilitates/ classes	474	28%		
Free community group or church activities	148	9%		
Public parks/playgrounds	802	48%	#3	
Roads	415	25%		
A paid gym or class membership	484	29%		
Physical activity break/ fitness room at work	102	6%		
Don't know	18	1%		
Total*	1687	334%		

*More than 100% because respondents could check all that apply.

FACTORS THAT WOULD HELP YOU/YOUR FAMILY BE MORE PHYSICALLY ACTIVE				Question 12
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	RANK	
More affordable classes/activities	550	33%	#3	OTHER: <i>analysis pending</i>
More time	699	42%	#1	
More places where I can be active near my home	567	34%	#2	
A workplace that supports activity	257	16%		
Information about activities or ways to be active that are free	422	26%		
Better transportation to organized activities	109	7%		
Indoor options when the weather is bad	504	31%		
Nothing, I'm/we're satisfied	309	19%		
Don't know	55	3%		
Total*	1651	188%		

*More than 100% because respondents could check all that apply.

KCHP COMMUNITY SURVEY RESULTS PHYSICAL ACTIVITY

FACTORS THAT WOULD MAKE IT SAFER OR EASIER TO BE ACTIVE IN NEIGHBORHOOD Question 13

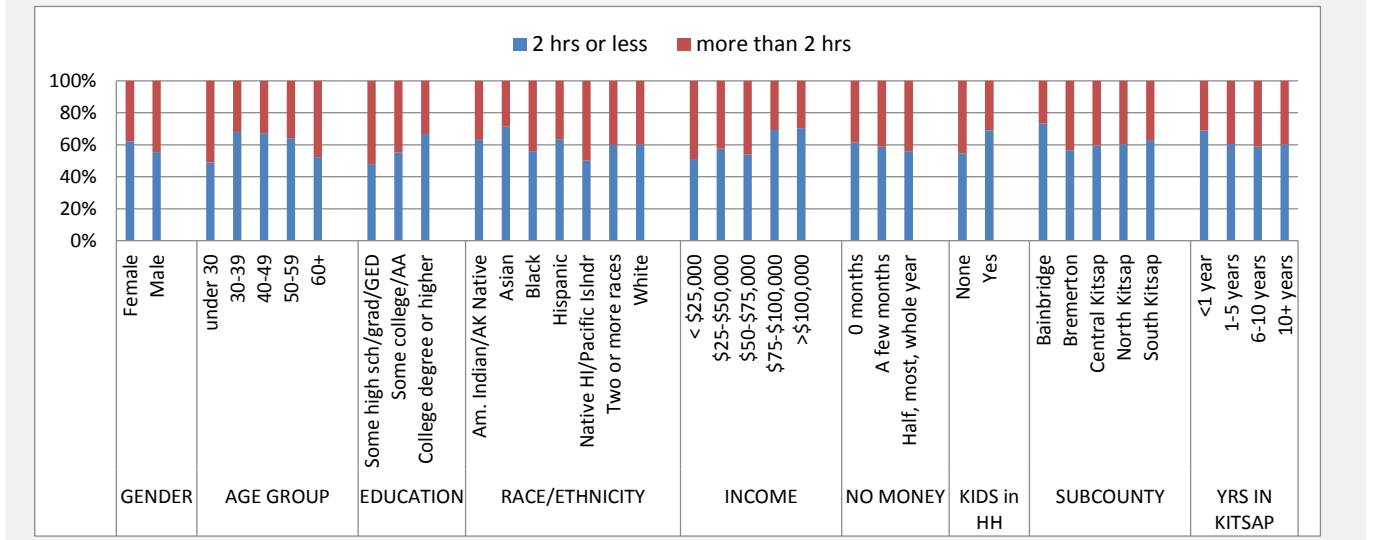
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	RANK	
Sidewalks	943	59%	#1	OTHER: <i>Feeling safe from unleashed dogs</i> <i>Dogs kept in owners yards</i> <i>Bike trails separate from cars</i> <i>Flatter walking places</i> <i>Better driver awareness of pedestrians and cyclists sharing the road.</i> <i>Curb cuts on all corners.</i> <i>More trails and pathways</i> <i>Sidewalks are very sparse...often overgrown and dangerous</i>
Speed bumps/ ways to slow traffic	283	18%		
Crosswalks	249	16%		
Shoulders along roadways	816	51%	#2	
Designated bike lanes	596	37%	#3	
Lighting	551	35%		
Law enforcement presence	250	16%		
Neighborhood watch group	154	10%		
Don't know	149	9%		
Total*	1592	232%		

*More than 100% because respondents could check all that apply.

AVERAGE DAILY SCREEN TIME (WATCHING TV or MOVIES, PLAYING VIDEO GAMES, USING COMPUTER, TABLET, or SMART PHONE FOR FUN) Question 14

	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS		
NUMBER OF HOURS:				
0	35	2%		
less than 1	275	16%		
1 to 2	716	42%	2 hours or less:	60%
3 to 4	467	27%		
5 or more	211	12%	More than 2 hours:	40%
Don't know	8	0.5%		
Total	1712	100%		
Did not answer	149	8%		

BY SUB GROUPS:

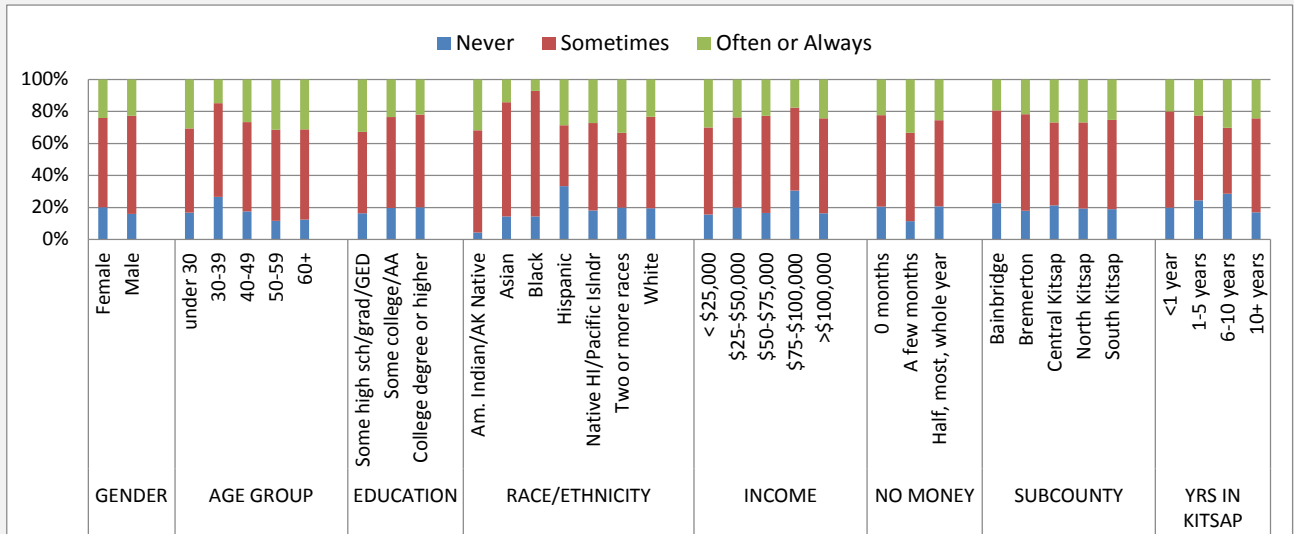


KCHP COMMUNITY SURVEY RESULTS PHYSICAL ACTIVITY

HOW OFTEN SCREEN TIME FOR FUN INTERFERES WITH OTHER ACTIVITIES INCLUDING PHYSICAL ACTIVITY, HOMEWORK, TIME WITH FAMILY FOR SCHOOL-AGE CHILDREN Question 15

NUMBER OF HOURS:	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
Never	99	19%
Sometimes	290	55%
Often	101	19%
Always	27	5%
Don't know	6	1%
Total	523	100%
Did not answer	2	0.4%

BY SUB GROUPS:



KCHP COMMUNITY SURVEY RESULTS CIGARETTE SMOKE AND SUBSTANCE USE

FREQUENCY OF CIGARETTE SMOKE: Question 16

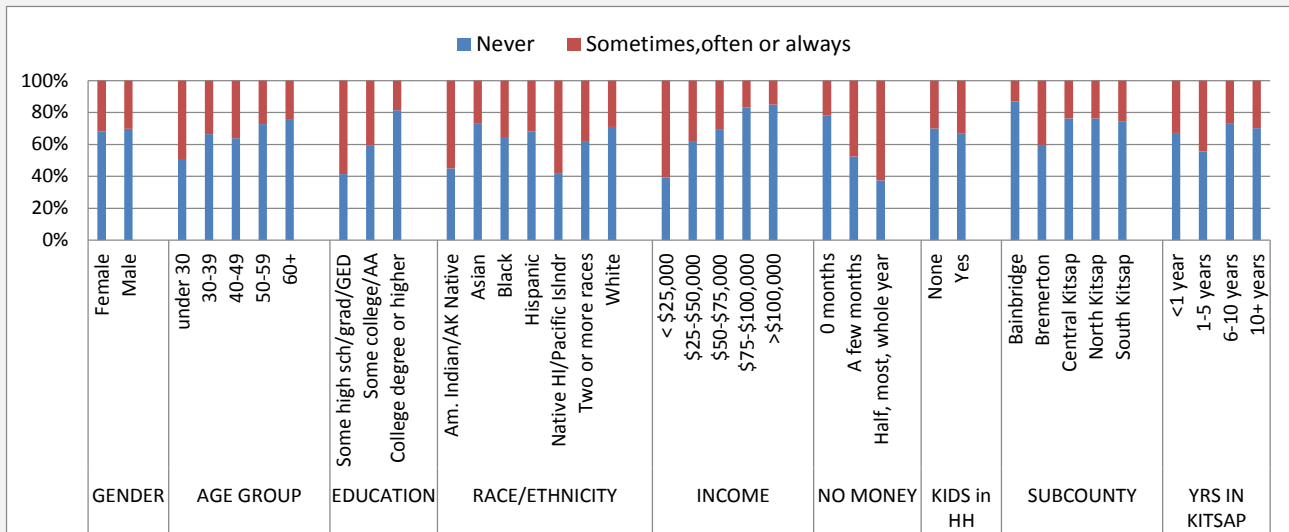
INSIDE THE HOME:	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
Never	1602	94%
Sometimes	54	3%
Often	20	1%
Always	22	1%
Don't know	2	0.1%
Total	1700	100%
Did not answer	161	9%

Sometimes, often or always: 6%

IN THE AREA AROUND THE HOME:	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
Never	1161	68%
Sometimes	318	19%
Often	143	8%
Always	67	4%
Don't know	6	0.4%
Total	1695	100%
Did not answer	166	9%

Sometimes, often or always: 31%

SUB GROUPS:

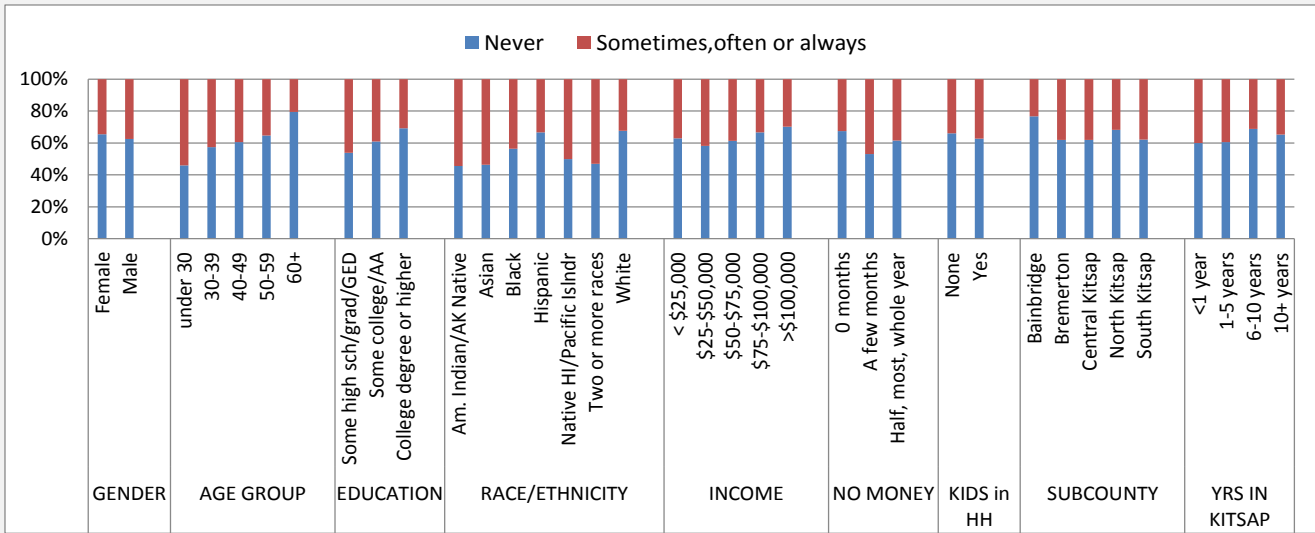


IN THE AREA AROUND WORK:	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
Never	1016	63%
Sometimes	347	21%
Often	129	8%
Always	72	4%
Don't know	58	3.6%
Total	1622	100%
Did not answer	239	13%

Sometimes, often or always: 34%

KCHP COMMUNITY SURVEY RESULTS CIGARETTE SMOKE AND SUBSTANCE USE

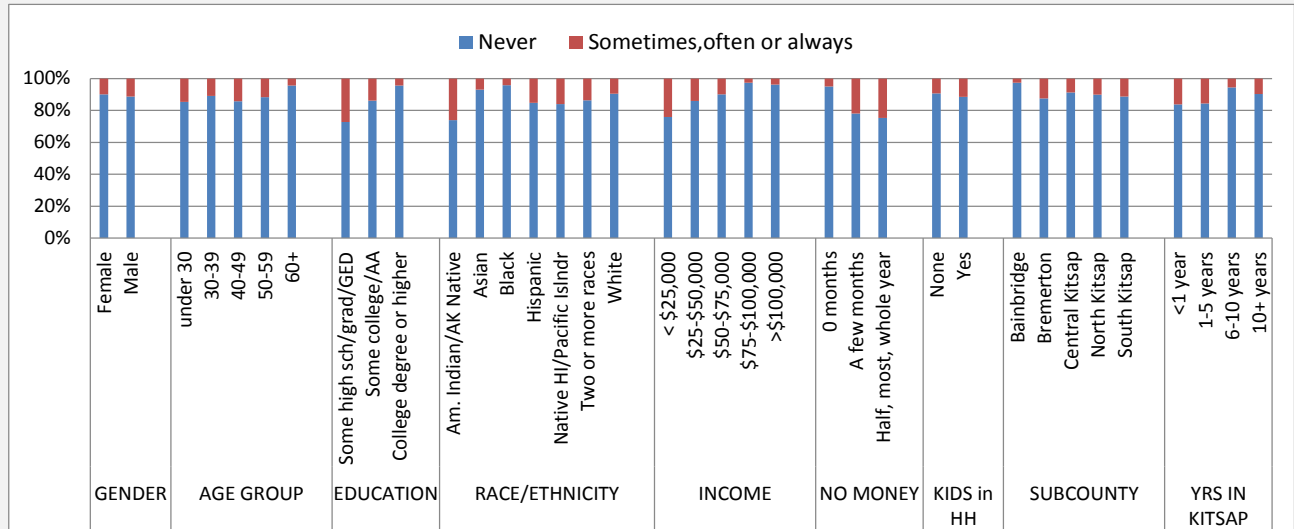
BY SUB GROUPS:



INSIDE VEHICLES:	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
Never	1508	90%
Sometimes	94	6%
Often	52	3%
Always	25	1%
Don't know	3	0.2%
Total	1682	100%
Did not answer	179	10%

Sometimes, often or always: 10%

BY SUB GROUPS:

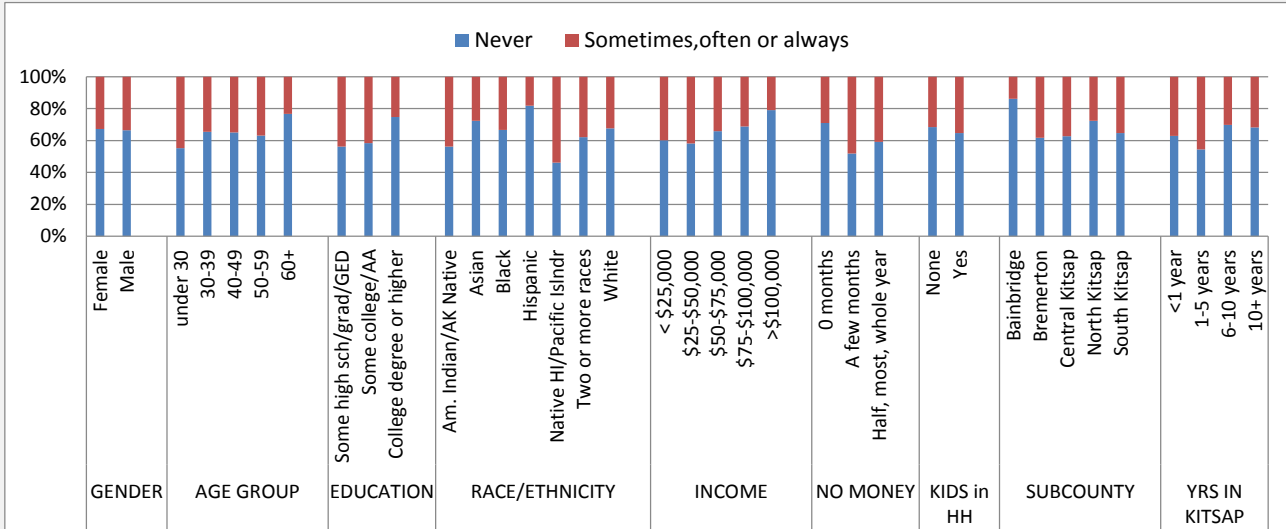


KCHP COMMUNITY SURVEY RESULTS CIGARETTE SMOKE AND SUBSTANCE USE

IN THE PLACES WHERE YOU/YOUR FAMILY ARE ACTIVE:	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
Never	1107	66%
Sometimes	476	28%
Often	52	3%
Always	22	1%
Don't know	14	0.8%
Total	1671	100%
Did not answer	190	10%

Sometimes, often or always: 33%

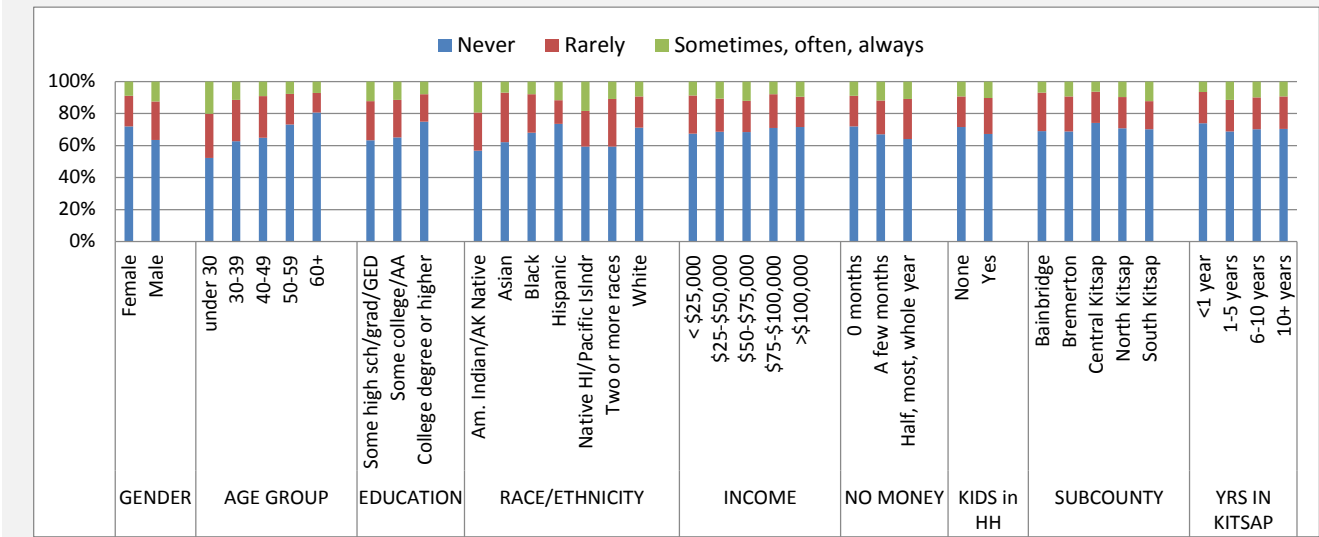
BY SUB GROUPS:



KCHP COMMUNITY SURVEY RESULTS CIGARETTE SMOKE AND SUBSTANCE USE

SUBSTANCE USE IN THE PAST YEAR			Question 17
BINGE ALCOHOL USE (5 or more drinks on one occasion)	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	
Never	1200	70%	
Rarely	345	20%	
Sometimes	131	8%	Sometimes, often, always 9%
Often	29	2%	
Always	2	0.1%	
Total	1707	100%	
Did not answer	154	8%	

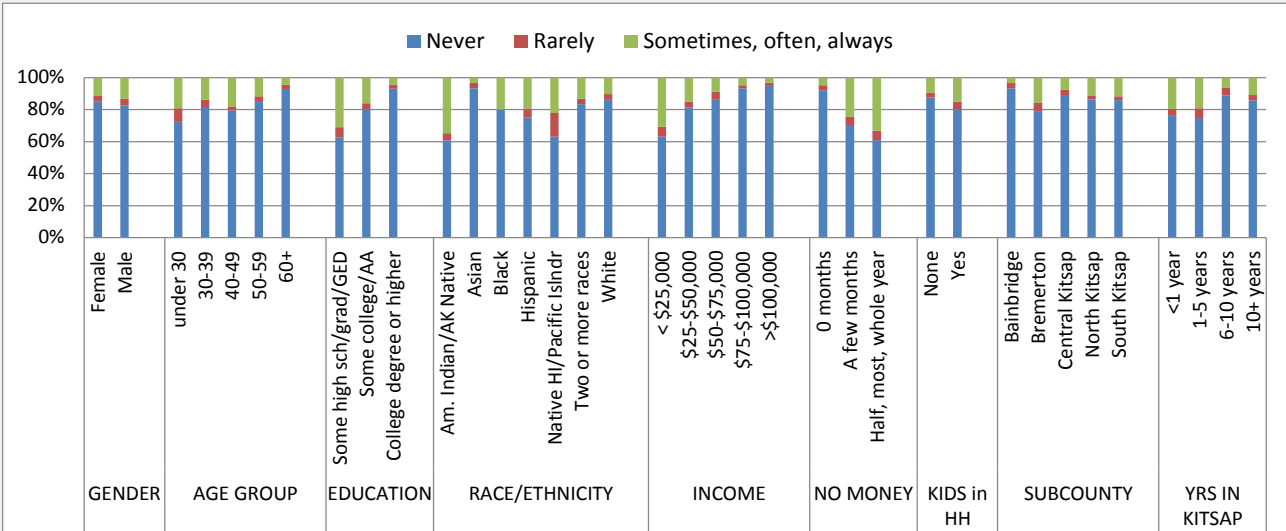
BY SUB GROUPS:



CIGARETTES	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	
Never	1437	85%	
Rarely	64	4%	
Sometimes	64	4%	Sometimes, often, always 12%
Often	72	4%	
Always	62	4%	
Total	1699	100%	
Did not answer	162	9%	

KCHP COMMUNITY SURVEY RESULTS CIGARETTE SMOKE AND SUBSTANCE USE

BY SUB GROUPS:



ELECTRONIC CIGARETTES	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
Never	1560	92%
Rarely	58	3%
Sometimes	43	3%
Often	29	2%
Always	8	0.5%
Total	1698	100%
Did not answer	163	9%

OTHER TOBACCO PRODUCTS	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
Never	1636	97%
Rarely	28	2%
Sometimes	14	1%
Often	10	1%
Always	4	0.2%
Total	1692	100%
Did not answer	169	9%

MARIJUANA	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
Never	1488	88%
Rarely	99	6%
Sometimes	73	4%
Often	26	2%
Always	10	1%
Total	1696	100%
Did not answer	165	9%

**KCHP COMMUNITY SURVEY RESULTS
CIGARETTE SMOKE AND SUBSTANCE USE**

ILLEGAL DRUGS (meth, crack, heroin, etc.)	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS		
Never	1681	99%		
Rarely	7	0.4%		
Sometimes	5	0.3%	Sometimes, often, always	1%
Often	3	0.2%		
Always	4	0.2%		
Total	1700	100%		
Did not answer	161	9%		

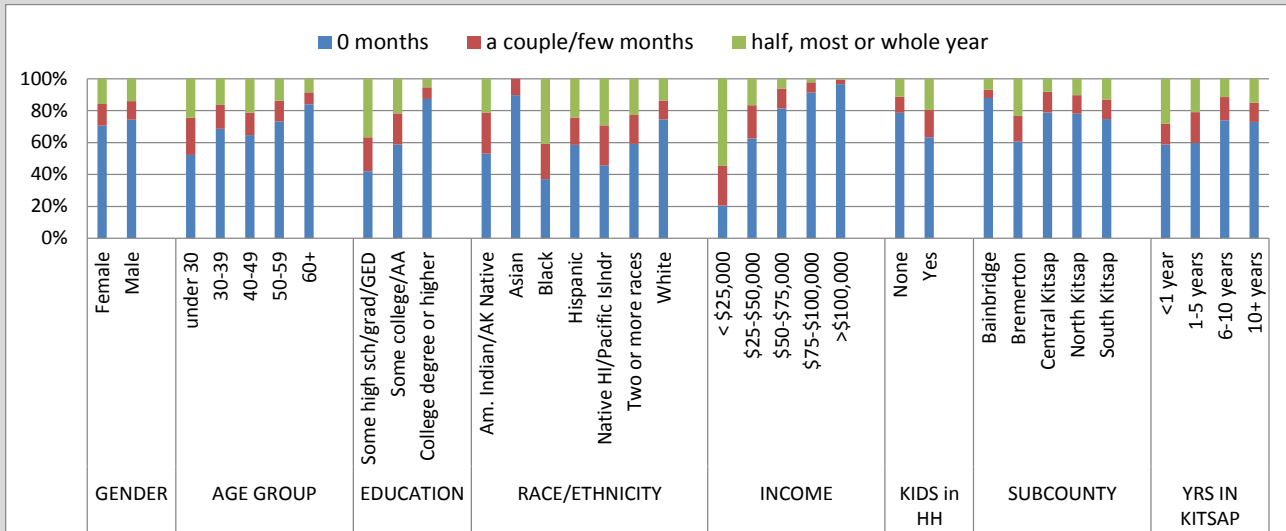
PRESCRIPTION MEDICATIONS Not prescribed to you or used in excess	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS		
Never	1639	97%		
Rarely	42	2%		
Sometimes	12	1%	Sometimes, often, always	1%
Often	3	0.2%		
Always	2	0.1%		
Total	1698	100%		
Did not answer	163	9%		

KCHP COMMUNITY SURVEY RESULTS
COMMUNITY/SOCIAL SUPPORT, EMOTIONAL WELL-BEING

NOT ENOUGH MONEY IN PAST YEAR FOR ESSENTIALS (FOOD, CLOTHING, HOUSING, MEDICINE) Question 4

	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	
Zero months	1252	71%	
A couple or a few months	231	13%	
Half of the year	93	5%	Half, most, or the whole year: 16%
Most of the year	96	5%	
The whole year	86	5%	
Don't know	16	1%	
Total	1774	100%	
Did not answer	87	5%	

BY SUB GROUPS:

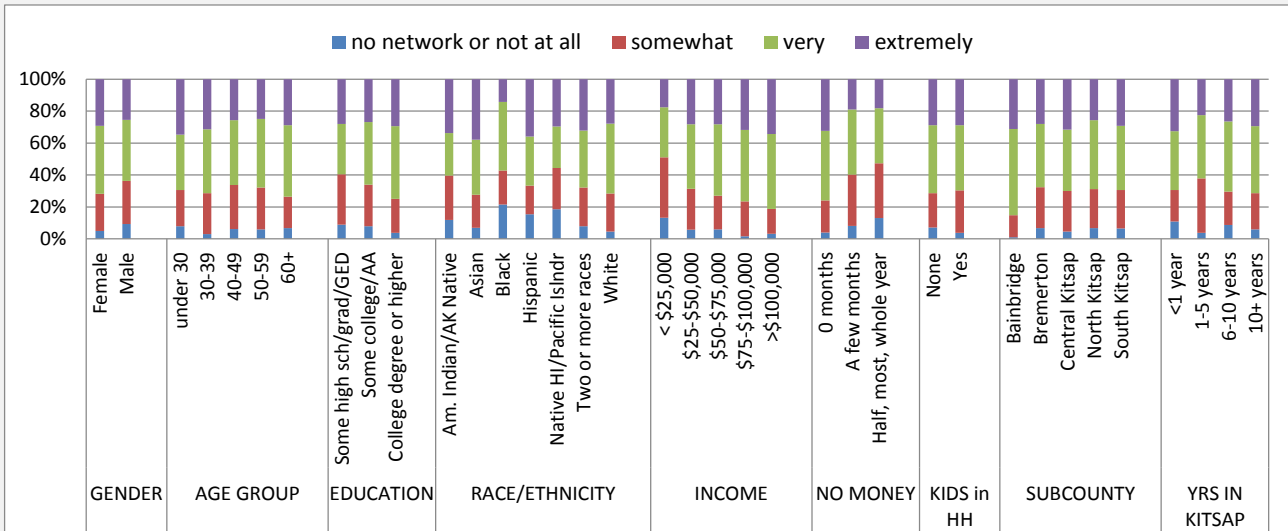


LEVEL OF SUPPORT FROM NETWORK OF FRIENDS AND/OR FAMILY Question 18

	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	
Do not have a network	61	4%	
Not at all	42	2%	No network, not at all 6%
Somewhat	404	24%	
Very	710	42%	
Extremely	484	28%	
Don't know	0	0%	
Total	1701	100%	
Did not answer	160	9%	

KCHP COMMUNITY SURVEY RESULTS COMMUNITY/SOCIAL SUPPORT, EMOTIONAL WELL-BEING

BY SUB GROUPS:

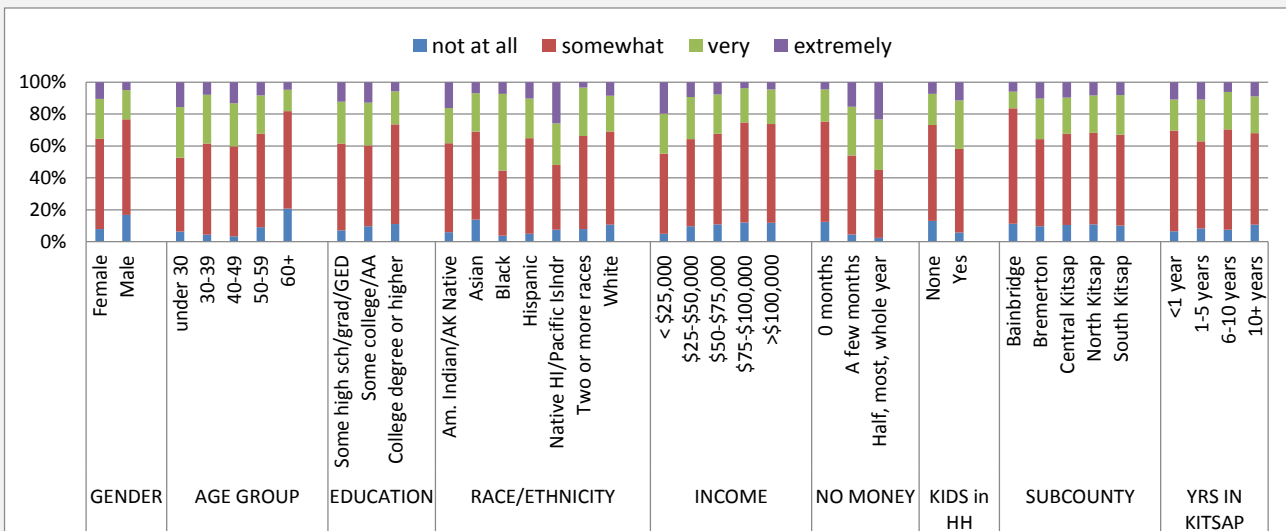


HOW STRESSFUL ARE MOST DAYS

Question 19

	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
Not at all	170	10%
Somewhat	980	58%
Very	394	23%
Extremely	153	9%
Don't know	5	0.3%
Total	1702	100%
Did not answer	159	9%

BY SUB GROUPS:



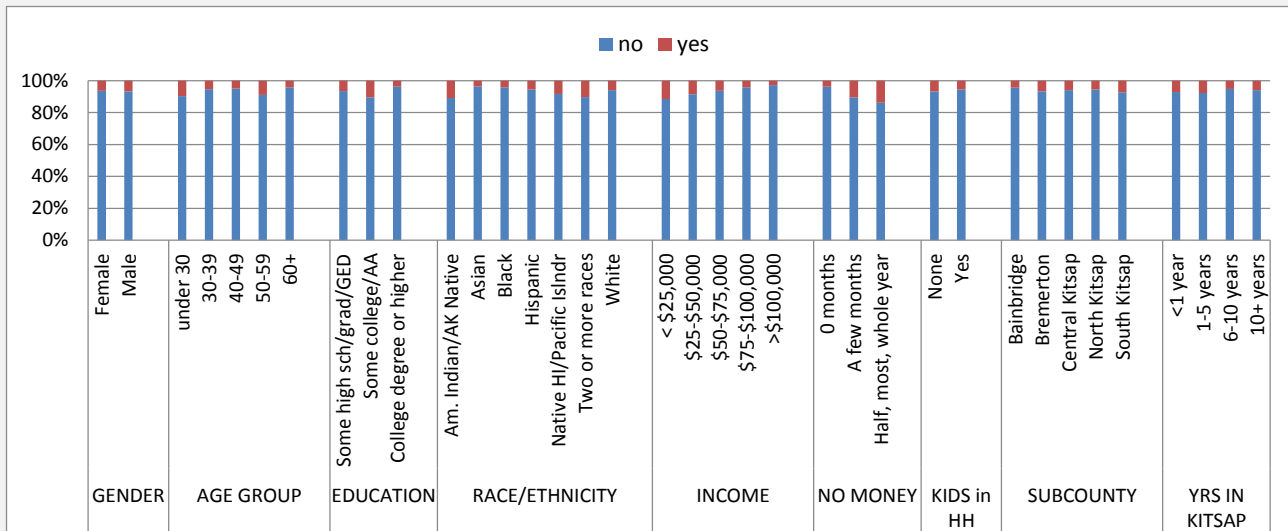
KCHP COMMUNITY SURVEY RESULTS COMMUNITY/SOCIAL SUPPORT, EMOTIONAL WELL-BEING

SERIOUSLY THOUGHT ABOUT KILLING SELF IN PAST YEAR

Question 20

	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
No	1541	92%
Yes	101	6%
Don't know	32	2%
Total	1674	100%
Did not answer	187	10%

BY SUB GROUPS:



SOURCE OF HELP DURING A COMMUNITY-WIDE EMERGENCY OR DISASTER

Question 25

(information, resources, support, etc.)	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	RANK	
Fire/Emergency medical services	593	36%	#3	OTHER: <i>analysis pending</i>
Police or other law enforcement	791	49%	#1	
Dept. of Emergency Management	760	47%	#2	
Medical/healthcare provider	479	29%		
Church or other religious organization	487	30%		
Neighborhood organization	414	25%		
Local business	168	10%		
Don't know	200	12%		
Total*	1627	239%		

*More than 100% because respondents could check all that apply.

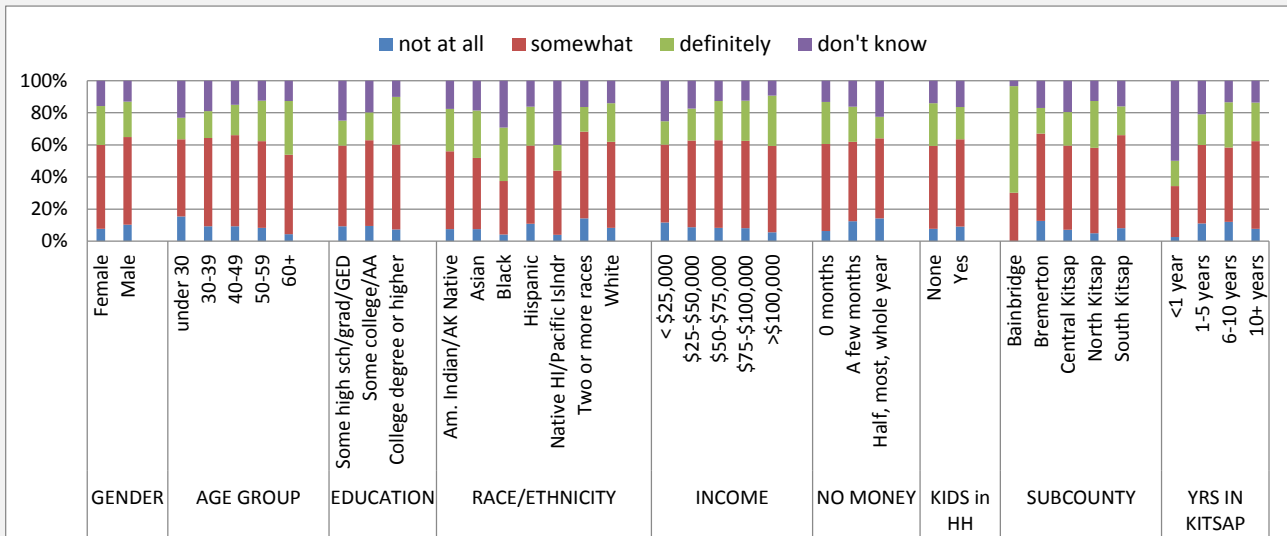
KCHP COMMUNITY SURVEY RESULTS COMMUNITY/SOCIAL SUPPORT, EMOTIONAL WELL-BEING

Question 29

DO COMMUNITY MEMBERS HAVE A SHARED FEELING OF PRIDE AND RESPONSIBILITY FOR WHAT HAPPENS IN THE COMMUNITY?

	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
Not at all	130	8%
Somewhat	828	53%
Definitely	375	24%
Don't know	240	15%
Total	1573	100%
Did not answer	288	15%

BY SUB GROUPS:

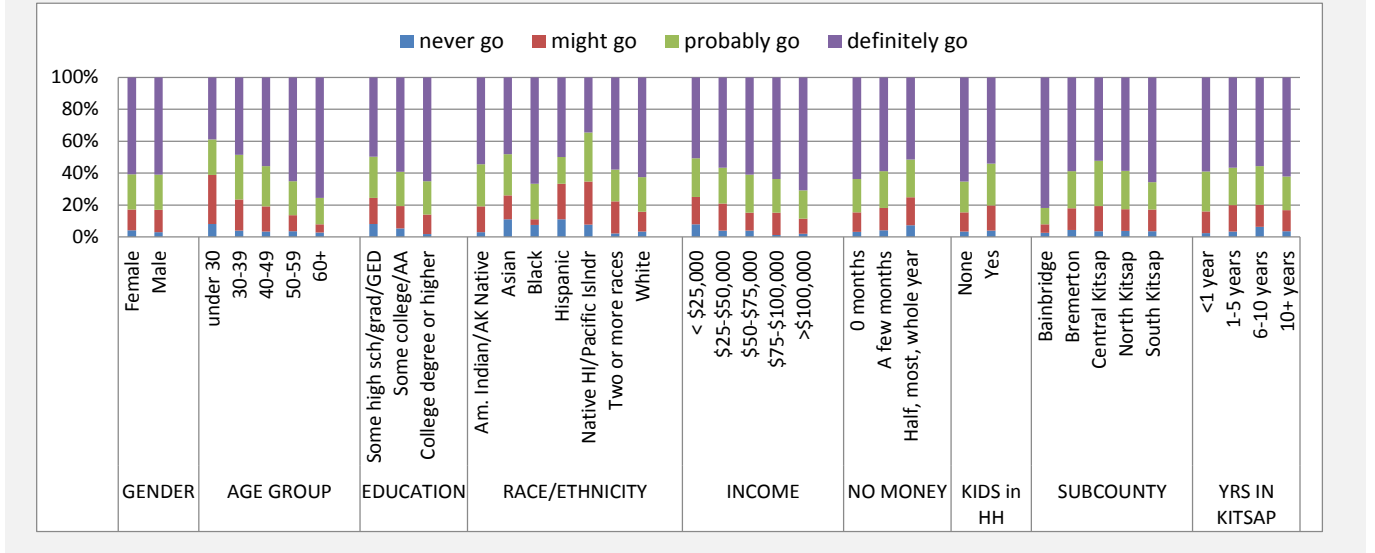


KCHP COMMUNITY SURVEY RESULTS MEDICAL AND DENTAL CARE

HOW LIKELY TO HAVE DOCTOR CHECK-UP IN THE NEXT YEAR Question 21

	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
I never go	64	4%
I might go	227	13%
I will probably go	364	22%
I will definitely go	1021	60%
Don't know	15	1%
Total	1691	100%
Did not answer	170	9%

BY SUB GROUPS:



FACTORS THAT MIGHT PREVENT A DOCTOR CHECK-UP IN THE NEXT YEAR Question 22

	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	RANK	
Too busy	381	25%	#2	OTHER: <i>analysis pending</i>
No insurance	116	7%		
Change or loss of insurance	168	11%		
Don't have a provider	71	5%		
Don't like my provider	84	5%		
No transportation	54	3%		
Nervous or scared to go	105	7%		
Too expensive	256	16%	#3	
Nothing would prevent me	760	49%	#1	
Don't need it, feel healthy	232	15%		
Don't know	47	3%		
Total*	1552	147%		

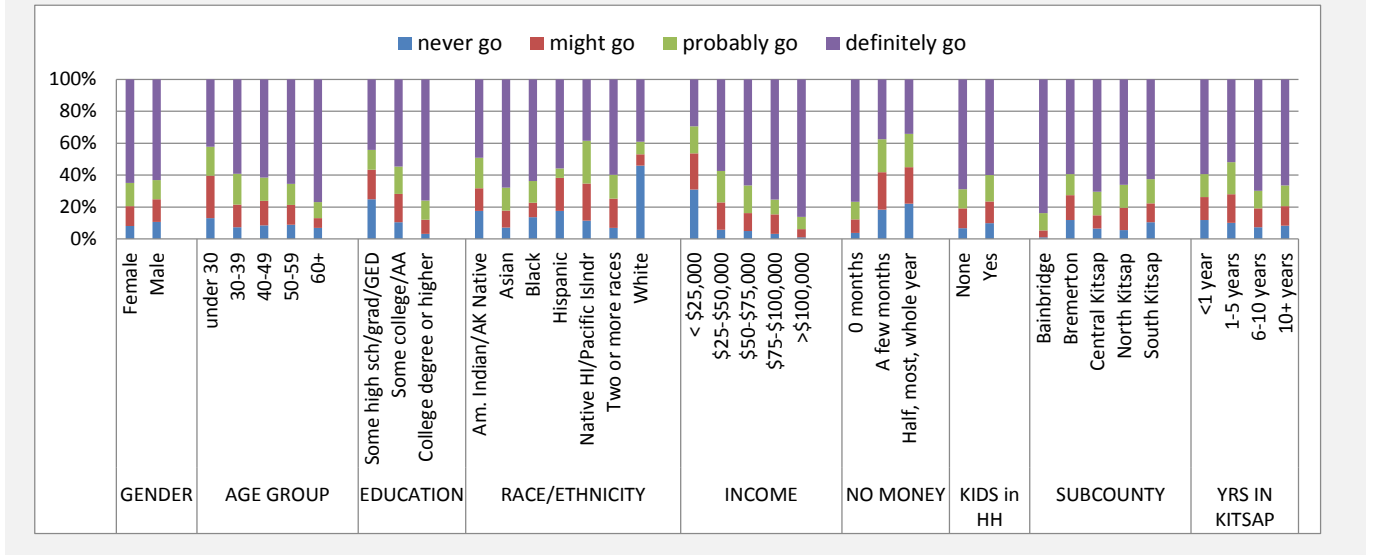
*More than 100% because respondents could check all that apply.

KCHP COMMUNITY SURVEY RESULTS MEDICAL AND DENTAL CARE

HOW LIKELY TO HAVE DENTAL CHECK-UP/CLEANING IN THE NEXT YEAR Question 23

	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS
I never go	138	8%
I might go	210	13%
I will probably go	226	13%
I will definitely go	1065	64%
Don't know	37	2%
Total	1676	100%
Did not answer	185	10%

BY SUB GROUPS:



FACTORS THAT MIGHT PREVENT A DENTAL CHECK-UP/CLEANING IN THE NEXT YEAR Question 24

	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	RANK	
Too busy	245	16%	#3	Other: <i>analysis pending</i>
No insurance	253	16%	#3	
Change or loss of insurance	150	10%		
Don't have a provider	109	7%		
Don't like my provider	44	3%		
No transportation	31	2%		
Nervous or scared to go	158	10%		
Too expensive	383	25%	#2	
Nothing would prevent me	756	49%	#1	
Don't need it, feel healthy	43	3%		
Don't know	41	3%		
Total*	1549	143%		

*More than 100% because respondents could check all that apply.

**KCHP COMMUNITY SURVEY RESULTS
BIGGEST CHALLENGES**

FOR TEENS				Question 26
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	RANK	
Bullying	683	47%		OTHER: <i>analysis pending</i>
Substance use	988	68%	#1	
Abuse or misuse of technology (texting, internet, gaming, etc.)	756	52%		
Lack of afterschool or extracurricular activities	612	42%		
Unhealthy or unstable home life	871	60%	#2	
Maintaining physical health	529	36%		
Maintaining emotional health	672	46%		
Suicidal thoughts or attempts	302	21%		
Pressure to succeed	437	30%		
Lack of involved, supportive, positive role models	798	55%	#3	
Lack of quality education	363	25%		
Staying in school	388	27%		
Lack of transportation	290	20%		
Total*	1452	530%		

*More than 100% because respondents could check all that apply.

FOR PARENTS OF YOUNG CHILDREN (AGE 0-5)				Question 27
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	RANK	
Lack of education/information about parenting	504	37%		OTHER: <i>analysis pending</i>
Lack of information about kindergarten preparation	282	21%		
Cost of child care	1046	78%	#1	
Child care options	701	52%	#3	
Lack of free, full-day kindergarten	515	38%		
Lack of family activities	370	27%		
Lack of awareness of available community resources	574	43%		
Single parenting	745	55%	#2	
Lack of community support	320	24%		
Lack of opportunities to meet other parents	305	23%		
Lack of information about child health/development	343	25%		
Lack of medical, mental health or dental providers for their children	347	26%		
Transportation	395	29%		
Total*	1348	478%		

*More than 100% because respondents could check all that apply.

KCHP COMMUNITY SURVEY RESULTS BIGGEST CHALLENGES

FOR SENIORS (AGE 65+) Question 28

	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	RANK	
Social isolation/being lonely	982	68%	#2	OTHER: <i>analysis pending</i>
Support to age in place	576	40%		
Lack of recreational or social activities	471	33%		
Living on a fixed income	1117	77%	#1	
Cost of needed assistance/care	935	65%	#3	
Housing	461	32%		
Getting good health care	460	32%		
Managing health problems	717	50%		
Transportation	696	48%		
Safety outside the home	351	24%		
Total*	1443	469%		

*More than 100% because respondents could check all that apply.

TOP FIVE DAY-TO-DAY CHALLENGES FOR YOU/YOUR FAMILY Question 30

	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	RANK	
Child care	174	12%		OTHER: <i>analysis pending</i>
Education	194	13%		
Elder care	146	10%		
Employment	340	23%		
Health care	225	15%		
Health problems	380	26%	#5	
Healthy food	427	29%	#4	
Housing	154	11%		
Income	663	45%	#2	
Meeting basic needs	200	14%		
Mental health	241	17%		
Physical activity	663	45%	#2	
Pollution	138	9%		
Safety	133	9%		
Single parenting	101	7%		
Social support	210	14%		
Stress	902	62%	#1	
Substance use	49	3%		
Transportation	176	12%		
Total*	1458	378%		

*More than 100% because respondents could check all that apply.

KCHP COMMUNITY SURVEY RESULTS
CHANGES TO IMPROVE HEALTH AND WELL-BEING IN KITSAP COUNTY

TOP 3			Question 31
	NUMBER OF RESPONDENTS	% OF TOTAL RESPONDENTS	
Less poverty	402	25%	#3
More/better jobs	667	42%	#1
More healthier food/ less unhealthy food available	301	19%	
Higher level of education among all residents	237	15%	
More opportunities for physical activity	226	14%	
Less substance use/abuse	484	30%	#2
Parenting help for parents of young children	254	16%	
Better access to health care	177	11%	
Better access to dental care	205	13%	
Better access to mental health care	291	18%	
Better access to substance abuse treatment	192	12%	
More assistance for residents who need it	274	17%	
More affordable housing	379	24%	
More kids graduating from high school	180	11%	
Safe communities/less violence	210	13%	
Better public transportation	357	22%	
Fewer unplanned pregnancies	131	8%	
More help for residents dealing with stress, mental health, and/or emotional trauma	381	24%	
Healthier environment (air, water)	115	7%	
Stronger sense of community	289	18%	
Total*	1605	340%	

*More than 100% because respondents could check all that apply.

BY SUB GROUPS:	#1	#2	#3
FEMALE	More/better jobs	Less substance use/abuse	More help for stress, trauma, mental hlth
MALE	More/better jobs	Less substance use/abuse	Less poverty
AGE UNDER 40	More/better jobs	Less substance use/abuse	More affordable housing
AGE 41-59	More/better jobs	Less substance use/abuse	Less poverty
AGE 60+	More/better jobs	More help for stress, trauma, mental hlth	Less substance use/abuse
SOME HIGH SCHOOL/GRAD/GED	More/better jobs	More affordable housing	Less poverty

KCHP COMMUNITY SURVEY RESULTS
CHANGES TO IMPROVE HEALTH AND WELL-BEING IN KITSAP COUNTY

SOME COLLEGE/AA	More/better jobs	Less substance use/abuse	More affordable housing	
COLLEGE DEGREE OR HIGHER	More/better jobs	Less substance use/abuse	Better public transportation	
BAINBRIDGE ISLAND	More/better jobs	More affordable housing	More help for stress, trauma, mental hlth	TIE Less poverty
BREMERTON	More/better jobs	Less substance use/abuse	TIE Less poverty	
CENTRAL KITSAP	More/better jobs	Less substance use/abuse	More affordable housing	
NORTH KITSAP	More/better jobs	Less substance use/abuse	Better public transportation	
SOUTH KITSAP	More/better jobs	Less substance use/abuse	More help for stress, trauma, mental hlth	TIE Stronger sense of community
AMERICAN INDIAN/AK NATIVE	Less substance use/abuse	More affordable housing	More/better jobs	
ASIAN	More/better jobs	Less substance use/abuse	TIE Less poverty	
BLACK	More/better jobs	Less substance use/abuse	TIE More affordable housing	
HISPANIC	More/better jobs	Less poverty	Higher education level for all residents	
NATIVE HAWAIIAN/PACIFIC IS.	More/better jobs	TIE More affordable housing	Less substance use/abuse	
TWO OR MORE RACES	More/better jobs	More help for stress, trauma, mental hlth	Less poverty	
WHITE	More/better jobs	Less substance use/abuse	More help for stress, trauma, mental hlth	TIE Less poverty