

## Community Servings

### Client Intake Form

#### Client Information

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender (please circle one): Male Female Transgender

Address: \_\_\_\_\_ Apt # \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Alternate Contact (Name and Number): \_\_\_\_\_

Other Phone: \_\_\_\_\_

Email: \_\_\_\_\_

#### Demographics

Primary Language: ☐ English ☐ Spanish ☐ Other (please specify) \_\_\_\_\_

Race: ☐ African ☐ African American/ Black ☐ Asian ☐ American Indian/Alaskan Native ☐ Native Hawaiian/Pacific Islander ☐ White Caucasian ☐ Other (please specify) \_\_\_\_\_

Hispanic or Latino/a: ☐ Hispanic or Latino/a ☐ Not Hispanic or Latino/a ☐ Unknown/Unreported

Country of Birth: ☐ USA ☐ US Dependencies, including Puerto Rico ☐ Other \_\_\_\_\_

#### Housing and Income Information

Housing (you must choose one): ☐ Permanent Housing ☐ Supportive Housing ☐ Institution ☐ Other (please specify) \_\_\_\_\_ ☐ Unknown/ Unreported

I have access to: ☐ Refrigerator ☐ Stove ☐ Microwave ☐ Oven ☐ Freezer ☐ None ☐ Other: \_\_\_\_\_

Do you have someone to help you? ☐ Visiting Nurse ☐ Home Health Aide ☐ Family Member/Friend ☐ No Help ☐ Other (please specify) \_\_\_\_\_

Income Source \_\_\_\_\_

Monthly Income \_\_\_\_\_

**For applicants with HIV/AIDS–** You must submit a recent copy (within the last 6 months) of your Income Verification (examples include: SSI statement, four pay stubs, bank statement, or letter stating no income on letterhead from your service provider). Updated income verification is required every 6 months.

#### Insurance Information

Health Insurance: ☐ MassHealth Medicaid ☐ MassHealth Medicare ☐ Private Insurance (specify) \_\_\_\_\_ ☐ Public Insurance ☐ No Insurance ☐ Other (specify) \_\_\_\_\_

☐ Are you a CCA (Commonwealth Care Alliance) One Care or SCO member? If so please call **617-522-7777** to speak to Client Services.

#### Personal Identification

Mother's First Name: \_\_\_\_\_

Last four digits of Client's Social Security Number: \_\_\_\_\_

#### Emergency Contact Information

Emergency Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

Is the emergency contact aware of client's status or illness? \_\_\_\_\_

### Referral Information

Referral Source: ☐ Self ☐ Case Management ☐ Substance Abuse Program ☐ Homeless Service  
☐ Health Center ☐ Doctor, Nurse or Dietitian ☐ Dialysis ☐ Hospice ☐ Other: \_\_\_\_\_

Referral Name: \_\_\_\_\_ Title: \_\_\_\_\_

Referral Agency: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

### Support Systems (if different from referral source)

Name of Primary Care Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Agency/ Clinic: \_\_\_\_\_ FAX: \_\_\_\_\_

Name of Social Worker/ Case Manager: \_\_\_\_\_ Phone: \_\_\_\_\_

Agency: \_\_\_\_\_ Email: \_\_\_\_\_

### Medical Information

If AIDS or HIV+, please indicate exposure category (check those that apply): ☐ MSM ☐ WSW ☐ Injection drug use ☐ Heterosexual Contact ☐ Perinatal Transmission ☐ Hemophilia ☐ Through blood, blood products, tissue ☐ Other risk ☐ Unknown

### Mental Health

Are you experiencing? : ☐ Angry Outbursts ☐ Anxiety ☐ Poor Memory ☐ Insomnia ☐ Nervousness  
☐ Poor appetite ☐ Depression

Have you been treated or are you currently being treated for: ☐ Schizophrenia ☐ Bipolar ☐ Depression  
☐ Drug/Alcohol Addiction (In recovery for how long? \_\_\_\_\_) ☐ Other: \_\_\_\_\_

### Previous Hospitalizations:

Date	Reason	Medical Center

Medical Follow ups: ☐ Regular Check-ups ☐ Goes to the ER ☐ Only when ill ☐ Never ☐ Unknown  
☐ Other: \_\_\_\_\_  
☐ Standing appointments (What days?): \_\_\_\_\_

### Nutrition & Diet Information

Current Weight: \_\_\_\_\_

Height: \_\_\_\_\_

Questions	YES	NO
Do you have any food allergies? If yes, please list <b>each allergy</b> and the <b>type of reaction</b> you have below:		
Have you <b>unintentionally</b> <u>lost weight</u> in the past 6 months? If yes, how much?		
Have you <b>unintentionally</b> <u>gained weight</u> in the past 6 months? If yes, how much?		
Has your appetite changed in the last 6 months? If yes, describe:		
Do you have any problems chewing? If yes, describe:		
Do you have any problems swallowing? If yes, describe:		
Do you have nausea or vomiting? If yes, how often and for how long?		
Do you have diarrhea? If yes, how often and for how long?		
Do you drink Boost or Ensure?		

Please write any other nutrition or food concerns here: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Our nutrition staff may contact you to review your responses with you.

**Type of Diet:** Please choose up to three (3) diet restrictions

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Regular                   | <input type="checkbox"/> Bland – low in sodium and mild       | <input type="checkbox"/> No Eggs  |
| <input type="checkbox"/> Diabetic                  | <input type="checkbox"/> Soft                                 | <input type="checkbox"/> No Fish/Shellfish                                |
| <input type="checkbox"/> Low Fat / Low Cholesterol | <input type="checkbox"/> No Nuts                              | <input type="checkbox"/> No Poultry                                       |
| <input type="checkbox"/> No Citrus, no Tomatoes    | <input type="checkbox"/> No Red Meat                          | <input type="checkbox"/> Vegetarian – no meat, chicken or fish/ shellfish |
| <input type="checkbox"/> Low Fiber                 | <input type="checkbox"/> No Dairy – no butter, milk or cheese | <input type="checkbox"/> Children's Menu                                  |
| <input type="checkbox"/> Low Vitamin K             |   |   |
| <input type="checkbox"/> Renal                     |   |   |

**Milk:** ☐ Skim/nonfat ☐ 1% ☐ 2% ☐ Lactaid

**Please Note:** We are not a food allergen-free facility. Meals may contain traces of nuts, fish, shellfish, dairy, and/ or eggs. We are unable to accommodate gluten-free restrictions, wheat and soy intolerances or any other restrictions not listed above. We do not use pork products in any of our meals.

### Persons in Household

Community Servings, in addition to the primary client, will provide meals to a caregiver or parent/spouse and any children under the age of 18 years.

Relationship	Diet selection (see above)	Race	Gender	Date of Birth

### Delivery Instructions

Please provide any relevant delivery information (e.g., gates, buzzers, codes, or standing appointments such as dialysis): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Person completing the intake: \_\_\_\_\_

Client's signature: \_\_\_\_\_ Date: \_\_\_\_\_