

Unguarded – Chris Herren

Name: _____

Study Sheet

Date: _____

1. How many overdoses has Chris Herren had? _____
2. How many times has he been arrested? _____
3. Describe the town mentality and it's relationship with basketball?

4. How did Chris Herren's addiction start?

5. Unofficial slogan of Fall River: _____
6. What is the mentality of living in Fall River as it relates to celebrating and playing basketball?

7. When did Chris start drinking alcohol and smoking pot?

8. Why did Chris go to Boston College?

9. Describe the reason why Chris did his first line of cocaine?

10. How long did his drug use last?

11. What did Chris think of how drugs affected him up to 18 years old?

12. What did he consider his second chance?

13. Why was his sophomore year his best year in college?

14. What did his college president and athletic director tell him during his junior year?

15. After testing positive for drugs after the UMASS game, who did he let down?
16. At 21 years old in rehab, what did he think of the speakers?
17. How did his wife and family feel about Chris after he had a child?
18. Why did Chris have a great rookie season with the Denver Nuggets?
19. What did Chris think of Oxycontin and it's relationship with Vicodin and Percocet?
20. Why was being traded to the Celtics a death sentence?
21. What happened to Chris at his second game as a Celtic?
22. Who would Chris blame if he couldn't play in that second Celtic game?
23. How much was Chris initially spending on drugs overseas compared to his salary?
24. How did Chris think he was going to get off Oxycontin? What happened as a result?
25. Where could Chris obtain his alcohol, heroin and cocaine overseas?

26. How did Chris describe his paranoia when after he arrived from Warsaw?
27. After his wife, Heather took his keys away, how did he have to travel get his drugs?
28. In Fall River, after his overdose and crash that led him to being dead for 30 seconds, what did the police think of him?
29. How long did Chris remain sober up until his third child being born?
30. What did every counselor tell him to do when his child was born?
31. What did he do after seeing his child being born?
32. What was the advice that the drug counselor gave him when he returned to rehab?
33. What did Chris feel was the contributing factor to finally getting sober?
34. What does Chris now feel about celebrating?
35. How does Herren's drug use affect his family?
36. What role do his friends play in his addiction?
37. What does Herren's wife mean by saying, "we are sick together,"?

38. What questions do you have regarding addiction or substance abuse?