



Location

Edinburgh , United Kingdom. Venue TBC

Timetable

Year 3

Upgrade students enter the degree programme in year three and receive exemption from year one and year two modules. Please note: **All applicants must have successfully completed a Diploma in Counselling & Psychotherapy to be eligible for the Upgrade Programme.**

Next Start Date: Friday 8th January 2016

Deadline date for receipt of Application & Booking Deposit: Monday 30th November

Timetable: Every Third Weekend (Friday 18.30-21.30, Saturday 9.30-16.30 & Sunday 9.30-16.30)

Year 4

Work needs to be completed by April for Graduation in July.

Application Process

Applicants should complete and return the enclosed Application Form accompanied by an Initial Deposit of £250, which is deductible from course fees if the application is successful.

Applicants are entitled to a full refund of the Initial Deposit if they decide to cancel within 7 days of receipt of their application. Should an application be unsuccessful, or if the application is cancelled by the applicant following this 7 day period, an administration fee of £60 is charged and the balance of £190 refunded.

Intake interviews will be arranged for suitable applicants. Applicants who are offered a place will be required to confirm acceptance in writing accompanied by a Booking Deposit of £1,000. **When an Applicant has accepted a place all tuition fees, including deposits, shall be fully non-refundable in all personal circumstances.**

Fees

PCI College tuition fees for courses commencing in January 2016 are as follows:

Year 3	£3,360 (plus Middlesex Registration Fee* £900)
Year 4	£3,360

The Fees Listed include VAT

*Students are required to register with Middlesex University, before the course commences in the first year of study. This is a once off fee and is payable in addition to any Tuition Fees due.

Terms & Conditions

Tuition Fees are non-refundable in all personal circumstances. The College makes every effort to avoid altering course commencement and conclusion dates. However, should any changes be necessary, you will be notified at the earliest opportunity. All courses run subject to demand and the formation of a viable class cohort. A full refund will be given to all applicants in the event that the class does not proceed.

It is the responsibility of the applicant to ensure that he/she fulfils the minimum entry requirements for a chosen course, and to ensure that the chosen course is suitable for his/her needs and ability level.

Students with a disability may require adjustments to facilitate their learning. These adjustments will be thoroughly evaluated by PCI College.



Additional information to help with filling in Course Comparison form on page 5.

Module Number / Description	What is covered in the PCI College Module
1104a Personal Development 30 hours	<ul style="list-style-type: none"> • Importance of self-awareness / self-knowledge; moral development, emotional intelligence & relationships. • Reflection & Journaling. • Group Sharing Experiential Individual & Group Exercises
1104b Lifespan Development 30 hours	<ul style="list-style-type: none"> • Theoretical Framework within which self can be examined – developmental periods, infancy, childhood, adolescence, early adulthood etc. • Developmental Theories (psychoanalytic, psychosocial, cognitive attachment)
1105a Humanistic Approaches 30 hours	<ul style="list-style-type: none"> • Rogers (Person-Centred) • Gendlin (Person-Centred) • Mearnes (Person-Centred) • Thorne (Person-Centred) • (Also Look at Gestalt Approach)
1105b Cognitive Behavioural Approaches 30 hours	<ul style="list-style-type: none"> • Beck (Cognitive Therapy) • Ellis (Rational Emotive Behaviour Therapy) • Glasser (Reality Therapy)
1106a Skills of Counselling 30 hours	<ul style="list-style-type: none"> • Basis Interpersonal Counselling Skills e.g. Warm relationships, Active Listening, Probing Skills, Primary Empathy... • Clarifying & Defining clients problems & concerns
1106b Strategies of Counselling 30 hours	<ul style="list-style-type: none"> • Making a Working Contract. • Egan's Model & The Wheel of Change
2207a Personal Development 30 hours	<ul style="list-style-type: none"> • Further self-awareness – e.g. Prejudices, Sexuality & Boundaries • Ethical implications of the therapeutic relationship.
2207b Advanced Counselling Skills 30 hours	<ul style="list-style-type: none"> • Summarising; Advanced Empathy; Active Helping; Immediacy; Termination...
2208a Universal Issues in Counselling (Loss) 30 hours	<ul style="list-style-type: none"> • Helpfulness in ritual of grief and loss • The effect of multiple losses • Managing Trauma of sudden death
2208b Universal Issues in Counselling (Sexuality) 30 hours	<ul style="list-style-type: none"> • Sexual Development; Sexuality & Gender issues; Intimacy; Sexual Orientation; Cultural & Religious Influences
2209a Abnormal Psychology 30 hours	<ul style="list-style-type: none"> • Concept of psychological abnormality or mental illness (to include the perspectives of relativism and socio-cultural influences) • Classification of abnormal behaviour (to include an understanding of DSM-IV) • Major categories of psychiatric disorders (including anxiety disorders, personality disorders, substance abuse and addiction, mood disorders) • Boundaries and limits of counselling and psychotherapy; interface with psychiatry and medical approaches.
2209b Psychodynamic Perspectives 30 hours	<ul style="list-style-type: none"> • Freud (Freudian Psychoanalytical Theory) • Jung (Jungian Psychoanalytical Theory)



APPLICATION FORM

1. Personal Details

Name (for registration) Block Capitals: _____

Address: _____

Date of Birth: _____

Nationality: _____

Telephone: Home: _____

Work: _____

Mobile: _____

Current Employment: _____

Email: _____

FOR OFFICE USE ONLY	
ID No:	_____ IT: Y/N
Deposit:	_____
Interview:	_____
Offer:	_____
Accepted:	_____

Where did you see details of this course advertised? _____

2. Education in Counselling & Psychotherapy

INTRODUCTORY COURSE - 100 HOURS

Name of Course: _____

Institution: _____

Award: _____

CORE COURSE - 450 HOURS (Diploma in Counselling & Psychotherapy)*

Name of Course: _____

Institution: _____

Award: _____ Hours: _____

Main Tutors: 1. _____ 2. _____

Qualifications: _____

*Please note that you must include your Core Course Outline, Transcript of Results, Copy of Relevant Qualifications and a Complete Course Comparison Form. (Core Course Outline and Course Comparison form not required for Vital Connexions Diploma Graduates)

3. Clinical Work

Are you accredited with any recognised counselling bodies? _____

Hours of one to one Supervised Counselling (must be substantiated by letter from your supervisor)

Hours of personal therapy (must be substantiated by letter from your counsellor) _____



APPLICATION FORM

Please give names and addresses of two personal referees who would attest to your competence to undertake the degree programme and to your suitability to act in the capacity of counsellor. (BLOCK CAPITALS PLEASE)

1	Name:		2	Name:	
	Address:			Address:	
Tel:		Tel:			

If you have a disability or special need, will you require extra learning support?

Yes No

If yes, please give details?

4. Check List

I wish to join your BSc in Counselling & Psychotherapy Upgrade Programme and

1. I have completed a Diploma in Counselling & Psychotherapy / Diploma in Addiction Counselling

I attach the following:-

2. Copy of Core Course Prospectus/Core Course Outline(Not Required for Vital Connexions Dip Graduates)

3. Transcript of Results of all my assessments / examinations

4. Copy of all relevant qualifications

5. Completed Course Comparison Form (Not Required for Vital Connexions Dip Graduates)

6. £250 deposit

5. I enclose a deposit of £250 (of which £60 is non-refundable)

CHEQUE / POSTAL ORDER

OR VISA / MASTERCARD

Card No: _____

Exp Date: ____ / ____ Security Code: ____ (on back of card)

Name on Card _____

6. Declaration

I wish to register for the programme. I have read and understood the terms and conditions for programme registration (as set out in page 1 of this application form & online at www.pcicollege.co.uk with PCI College and I agree to be bound by those terms and conditions.

Signed: _____

Date: _____

Course Comparison Form - each module is 30 hours duration

BSc (Hons) in Counselling & Psychotherapy Upgrade Programme

Please see Additional Information on Page 2 for details of what is covered in the PCI College Modules



Module Number	Description	Match with your core course Reference the Prospectus or Course Description from Institute	How was module assessed?	Grade awarded
1104a	Personal Development 30 hours			
1104b	Lifespan Development 30 hours			
1105a	Humanistic Approaches 30 hours			
1105b	Cognitive Behavioural Approaches 30 hours			
1106a	Skills of Counselling 30 hours			
1106b	Strategies of Counselling 30 hours			
2207a	Personal Development 30 hours			
2207b	Advanced Counselling Skills 30 hours			
2208a	Universal Issues in Counselling (Loss) 30 hours			
2208b	Universal Issues in Counselling (Sexuality) 30 hours			
2209a	Abnormal Psychology 30 hours			
2209b	Psychodynamic Perspectives 30 hours			