

## Deer Ridge Running Club Spring 2014



WHAT: 5-Week Training Program to prepare for the SACS Elementary 1 Mile Championship on May 12

WHO: 3rd-5th Grade Boys & Girls

WHEN: Tues & Thurs after school until 4:30pm:April 8, 10, 15, 17, 22, 24, 29, May 1, 6, 8

**WHERE**: Meet in Deer Ridge Cafeteria & be dressed to run outside. Parents are welcome to run with us if a background check is on file with the office.

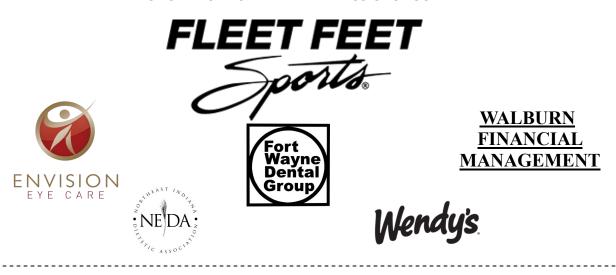
**WHY**: To prepare students for the thrill of a running competition & to teach habits of life-long fitness.

**COST**: \$28.00 per student—Cost includes 10 training sessions, race entry fee for 1 Mile Championship on May 12, & race t-shirt. (*Please make checks payable to Jacob Wyss & return entry form below with the attached medical form.*) Student Scholarships are available. Families with more than one sibling will sign up the first child for \$28.00 & each additional child is \$20.00.

## FOR QUESTIONS CONTACT:

Jake Wyss (jwyss@sacs.k12.in.us OR 260.494.6683) *Teacher/Coach* Steve Davis (sdavis@sacs.k12.in.us OR 260.436.0657) *Teacher/Coach* 

THIS IS A HOMESTEAD ATHLETICS SPONSORED EVENT



## Turn in before March 30! Name: \_\_\_\_\_\_\_ Grade: \_\_\_\_\_ Circle: M/F Telephone: \_\_\_\_\_\_ Address: \_\_\_\_\_\_ Shirt Size (Please circle one) YS YM YL AS AM AL Please Make checks out to: Jacob Wyss & return to Front Office at school. Waiver: If anything happens to me before, during, or after the race, neither I nor anyone else will make any claim or liability against the race organizers, Southwest Allen County Schools, coaches or sponsors of the SACS Elementary One Mile Championship event. We reserve the right to dismiss students from the club for negative behavior. Parents are responsible for the timely pickup of students after each meeting.

Signature of Participant: \_\_\_\_\_

Signature of Parent Date: