

# Hamilton Boys' High School



## Boys to Men Programme Year 9 & Year 13 - 2015

Name: \_\_\_\_\_

Tutor Group: \_\_\_\_\_

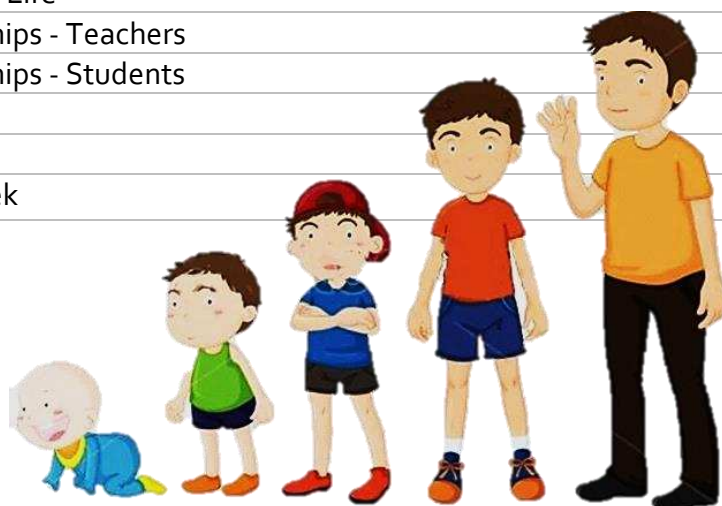
Mentor: \_\_\_\_\_

**“Three grand essentials to happiness in this  
life are something to do, something to love,  
and something to hope for.”**

**- Joseph Addison**

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**December 2014**



# TERM ONE – BECOMING A BOYS’ HIGH MAN



## Term 1 Week 1: Personal Profile

Full name: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Place of birth: \_\_\_\_\_

Address: \_\_\_\_\_

Home phone: \_\_\_\_\_

My email: \_\_\_\_\_

My cellphone: \_\_\_\_\_

Changes to cellphone/email if they occur later in year (write below)

Family members:

My previous schools:

My main friends:

My main interest & hobby:

Sports teams that I support & follow (international, national, local):

My favourite website:

My favourite TV programme:

Things I can do well:

My strengths as a person are (good things about the way I am as a person):

My 3 greatest achievements in life so far are:

Co-curricular activities at HBHS in 2015 for me are:

My intentions and aims in studies this year are:



## Term 1 Week 2: Shield Activity



This is the outline of a shield. Illustrate and colour it in each of its 4 corners. The shield should show any 4 things about you. They could be things you like, things you have achieved, dreams, family members, anything from the previous questions you answered. They just need to relate to you in some way.

In the banner below the shield write a motto. It could be a few words or a catchphrase which sums you up. It could be a single word that best describes you. It could be a quote you live by. It just needs to be something you feel connected to.

Who I am - My Name

Me

My Dreams

My Family

What I like

My Motto

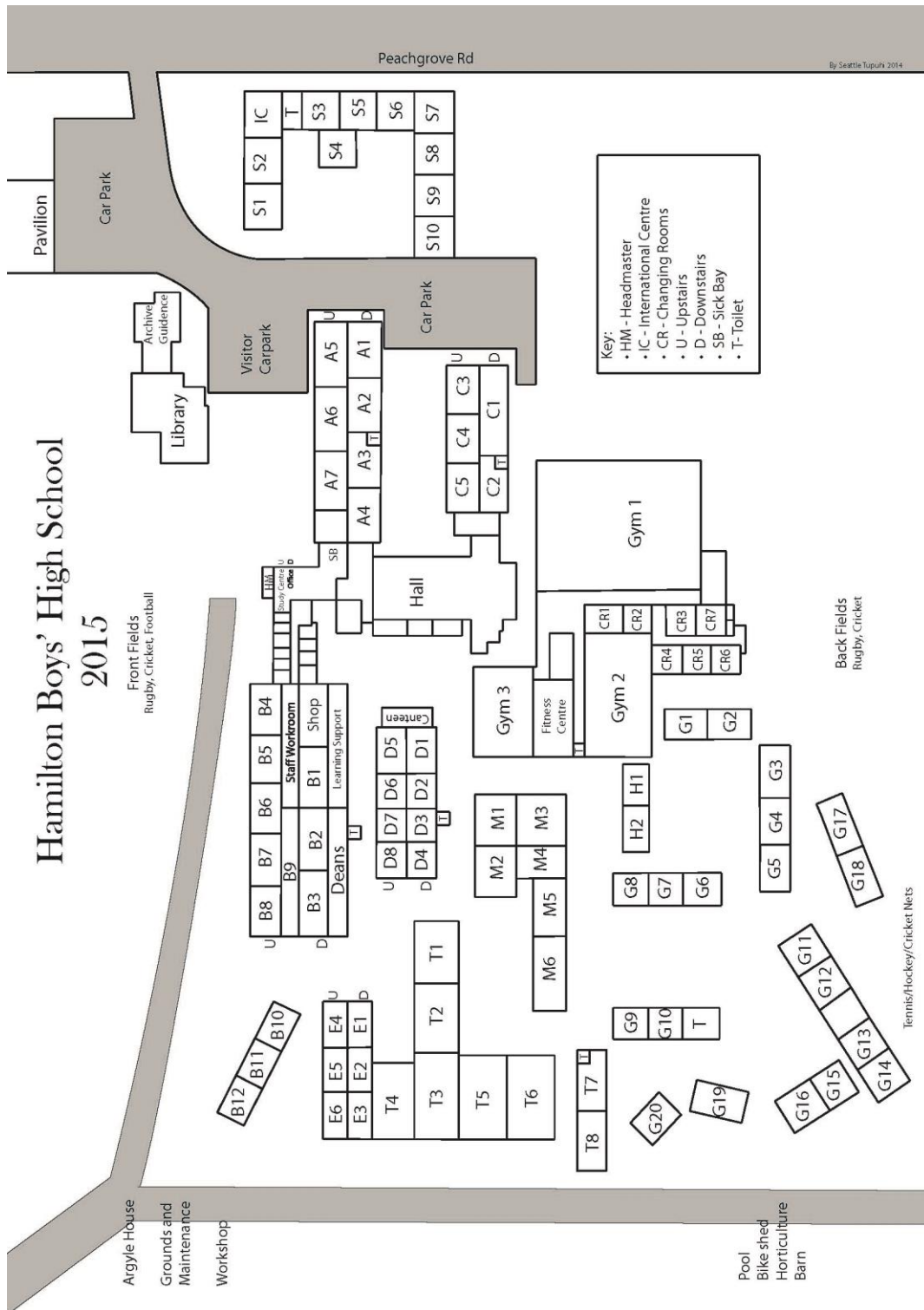
Mentor Name



# Term 1 Week 3: Mapping My Way Around HBHS



Use a highlighter and/or colour pencils for this activity. Locate and shade in or colour code the specific places listed below onto the map of HBHS.



Deans office	Your subject rooms/blocks
Front office	Bike stands
Hall	Canteen
Sick bay	Library
Your tutor room	Your arrival point into the school grounds



# Term 1 Week 4: The Start of High School



Mixed feelings of hope and excitement . . . . .

Toward the end of last year you were told that going to High School in 2015 would be a big and important step. This message will have come from teachers, friends and family. You will have felt this to be true, especially when people started to tell you about how different high school would be. By now you will have settled into the idea that you are now well on the journey to young adulthood.

Now that you have started high school you will still be somewhat nervous thinking about being in a school of 2200 boys who are mostly bigger than you! You will be a bit nervous about everything being so new to you. But hopefully there will also be great feelings of excitement and great hope that you are going to enjoy High School. There will also be hope that your life dreams will begin to take a large step forward over the next 5 years of High School.

## Rate Yourself on the Following Scale

I am not at all nervous about starting high school	◀	1	2	3	4	5	6	7	8	9	10	▶	I am very nervous about starting high school
--	---	---	---	---	---	---	---	---	---	---	----	---	--

Mentor Comment:

I feel I have the ability to settle into high school very quickly	◀	1	2	3	4	5	6	7	8	9	10	▶	I feel I will take a long time to settle into high school
---	---	---	---	---	---	---	---	---	---	---	----	---	---

Mentor Comment:

I feel I have excellent friends & family support to help me with changes	◀	1	2	3	4	5	6	7	8	9	10	▶	I don't feel I have very strong friends & family support to help me with changes
--	---	---	---	---	---	---	---	---	---	---	----	---	--

Mentor Comment:

I am very positive about being at HBHS	◀	1	2	3	4	5	6	7	8	9	10	▶	I am not very positive about being at HBHS
--	---	---	---	---	---	---	---	---	---	---	----	---	--

Mentor Comment:



☞ What positive things were you told about coming to Hamilton Boys' High School?

☞ What negative things were you told about coming to HBHS?

☞ Over the school holidays what thoughts did you have about the ways/habits you might have to change?

☞ Explain your routine in the morning and who assists you to get ready for school?

☞ Do you spend time at home talking about your school with your parents?

☞ Have you spent any time browsing the HBHS website? Have your parents spent any time doing this? What things did you find useful/interesting?





## Term 1 Week 5: Making New Friends



### 🔑 Be yourself

Don't try to be like you think people might want you to be. Being you and being honest leads to acceptance.  
How?

### 🔑 Meet new friends

Join clubs and teams you have always enjoyed being part of and don't be afraid to try new ones. Participation in activities leads to friendships.

Why is this?

### 🔑 Be friendly to all others

It is a fact that people generally like to be around friendly people! Be nice, not nasty.

Examples:

### 🔑 Be kind and helpful

People like being around kind and helpful people!

Examples:

### 🔑 Smile

This is yet another fact: A person's best part is their smile. Science has proven that smiling wins over people!

Example:

### 🔑 Be open to discussion

Join in discussions where you get chances. Friendships are based a lot on conversation. Your ability to take part can open up numerous friendships as people hear what you say.

Example:

### 🔑 Remember names

People are always impressed to have their names remembered, from even a brief first meeting. They feel a sense of honour and respect which will often be returned to you and open up a course for friendship.

Example; Someone you have recently met:

### 🔑 Be a positive person

How about another fact: People generally love to be around positive people. They prove to be uplifting to others and attract friends.

### Some Points about Friendship Worth Considering

Friends are best in quality and not in quantity! Friendships are not always successful and they change with ups and downs. Keep them in constant repair! If for some reason you lose a friend never lose heart, there is always another possible good friend lurking around every corner. Don't pressure friends or set high unreasonable expectations of them.







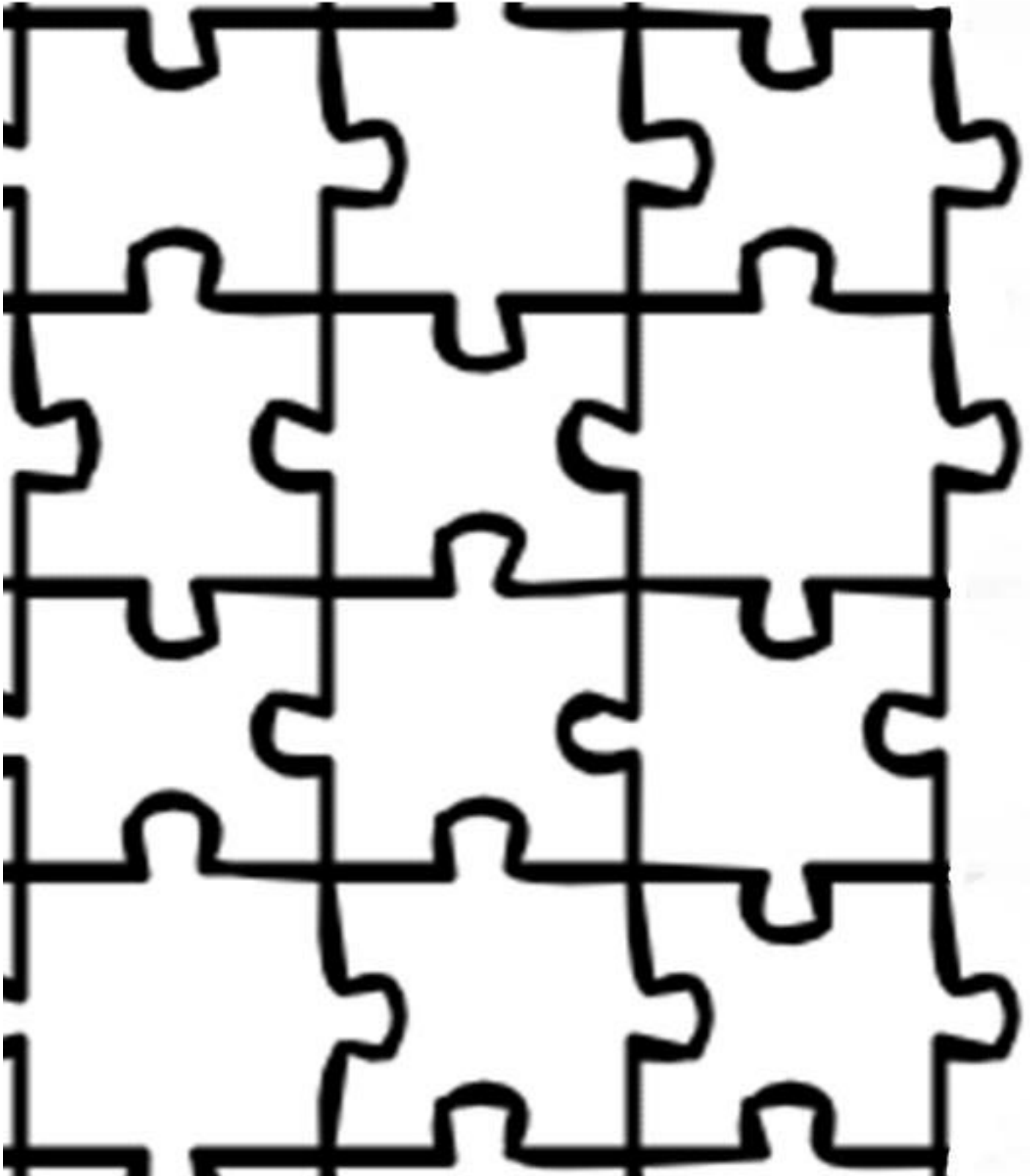
## Term 1 Week 5 continued: Friendship Qualities



↪ On one half of this jigsaw list words in each puzzle piece which are qualities of a good friend (6 FULL PUZZLE PIECES)

↪ For the other half list someone who shows these qualities (6 PIECES)

↪ Colour the person and their qualities the same colour.





## Term 1 Week 6: School Help



Provide a best guess as to the answers for these questions.

TIP: You should be able to find most of the answers in your school diary! (Pages 117 & 118)

Leave space for the actual answers

✎ You feel sick or have a headache during class. What should you do?

✎ You feel ill during class and need your parents to come and take you home. What should you do?

✎ You have forgotten to bring your P.E gear to class. What should you do?

✎ You are being bullied by a student who keeps calling you names and making rude gestures at you in your class. What should you do?

✎ Someone has pushed you at lunchtime. They have become quite abusive and have several friends supporting them in this. What should you do?

✎ You need to leave school early to attend a doctor's appointment. What should you do?

✎ You are struggling in a subject and need extra help. What should you do?

✎ Your parents have troubles and you are constantly feeling angry and upset. It is affecting you at school and you feel like you need help. What should you do?



☞ You missed a day of school due to illness. What should you do on your return the next day?

☞ You are not sure how to find a classroom in the school. How could you find out where it is?

☞ You lose the only copy of your timetable. What should you do to get a replacement?

☞ You arrive 15 minutes late to school. What should you do?

☞ You go to get something from your bag and notice that your calculator is not there. You are unsure if it is lost, misplaced or stolen. What steps should you take to seek to find out what has happened and cover the possibilities?

☞ You feel really hungry one day and left your lunch at home. Should you go home for lunch?

☞ You realize in your math's class that you have run out of room to write in your exercise book. When can you go to the school shop to buy a new one?





## Term 1 Week 7: Using Your Diary



Your teacher has just given you some homework in mathematics. Give an example below of how you would write it up into your diary. What key details would need to be written down?

**What are the Advantages of Using a Diary? (list as many as you can below)**

**Write a Small Paragraph on How Well You Have Been Using Your Diary So Far**

### Diary Check and Advice by Mentor

Hand your diary over to your senior mentor who will check through it

Mentor rating of students use of the diary

Excellent    Good    Okay    Poor    Very poor

**Mentor Advice on How to Improve the Use of the Diary**

**Mentor Signature**

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## Tips for Using a Diary Well

- ✦ Put your diary on your desk every period and your desk at home
- ✦ See how others in class & tutor use their diary to get ideas
- ✦ Spend time occasionally reading over your diary to familiarize yourself with what's in it. The more you engage with your diary, the more you will find it a great source of help
- ✦ Use symbols, pictures, colour codes and other visuals for information as it will make it more appealing and user friendly as a system
- ✦ Cross out or tick things when they are done as it provides a sense of achievement and outcome for being well organized
- ✦ Always have a way of prioritizing information in your diary. This is where colour codes or ranking lists can come in handy
- ✦ Get a teacher or your tutor to review your use of the diary so they can give you advice on improving your use of it



1. Introduction – Page 1 – Page 7

List the 6 sections/headings that the diary is organised into.

[Blank area for writing answers]

Refer to the Year Calendar arranged term-by-term - pages 4 to 7 of Diary

How many weeks are there in each Term this year?

Term 1: \_\_\_\_\_ Term 2: \_\_\_\_\_ Term 3: \_\_\_\_\_ Term 4: \_\_\_\_\_

List the 4 days & dates of the Year 9/10 (junior) examinations in term 2

[Blank area for writing answers]

What regular day of the week is set for each Year Level Assembly?

Year 9: \_\_\_\_\_ Year 10: \_\_\_\_\_ Year 11: \_\_\_\_\_ Year 12: \_\_\_\_\_

Year 13: \_\_\_\_\_

What is the day/term/date of the 'Run for Life' (Kid's Can)?

[Blank area for writing answers]

How many new terms begin with a Teacher's Only Day on the Monday?

[Blank area for writing answers]

Inside cover of the Diary – What does our Latin school motto 'Sapiens Fortunam Fingit Sibi' translate into English?

Write this meaning as plainly as you can in an 'everyday' meaning. What is our motto trying to say?

[Large blank area for writing answers]



Let's take a short quiz, to see if you have the skills and readiness to succeed this year. Pick the answer which most accurately reflects you.

1. When you come into class do you;
  - a)  Sit down immediately and take your gear out
  - b)  Sit down but have a chat first
  - c)  Wander around or stand chatting
  
2. When the teacher is ready to start class you are;
  - a)  Ready to go and paying attention
  - b)  Usually still getting ready
  - c)  Usually have to be told to get gear out and/or pay attention
  
3. How often do you have ALL the right gear for each class;
  - a)  Always
  - b)  Most of the time
  - c)  Some of the time
  
4. How often are you 'told-off' or requested to follow class codes of conduct;
  - a)  Never
  - b)  Sometimes
  - c)  Quite often
  
5. With the people you sit next to in your classes, do you;
  - a)  Work well at all times
  - b)  Work well most of the time
  - c)  Get easily distracted and don't get much done
  
6. When you try to find things you need at school or home
  - a)  Its always there
  - b)  Its usually there
  - c)  Its often lost
  
7. Which phrase best describes you;
  - a)  Very well organised
  - b)  Quite well organised
  - c)  Poorly organised
  
8. Which phrase best describes you;
  - a)  Well behaved
  - b)  Average behavior
  - c)  Poorly behaved
  
9. Which phrase best describes you;
  - a)  Good attitude, want to learn and improve
  - b)  Generally good attitude, I like most learning
  - c)  Not a great attitude to school



- 10. When a teacher talks, you;
  - a)  Listen, concentrate and follow
  - b)  Lose focus at times and don't always follow instruction properly
  - c)  Can't focus and don't follow much of the instruction
  
- 11. Which word best describes your participation in class;
  - a)  High
  - b)  Medium
  - c)  Low
  
- 12. What word best sums up your desire to do better in studies;
  - a)  Strong
  - b)  Medium
  - c)  Weak
  
- 13. If your parents were watching you through a school day, they would be;
  - a)  Very pleased
  - b)  Mostly pleased
  - c)  Not pleased

**Your Results – Circle or Highlight the one you scored**

Circle or Highlight the one you scored

➤ Mostly (a) - Very well done

You are ready to make highly effective use of the HBHS diary. You are probably using it effectively already

➤ Mostly (b) - Good work, keep improving

You need to make use of the benefits of the HBHS diary and use it well. It will be a very important tool for your improvement

➤ Mostly (c) - Work hard and don't give up!

You need help and guidance and a good dose of self-discipline. An HBHS diary could be one very important tool that helps you develop that discipline

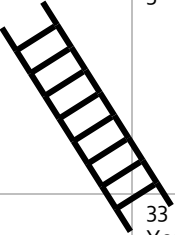
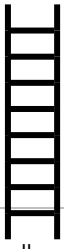
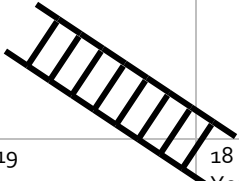
**Mentor comment:**



# Term 1 Week 9: Snakes and Ladders



Do this with your mentor

40 Finish	39 	38	37 You have difficulty getting all your work done but you don't ask your teachers for help.	36
31 You don't make an effort to manage your work; you just do enough to stay out of trouble.	32	33 You start assignments and tests early so you can ask for help if needed.	34	35 
30	29	28	27	26 You have a wall chart where you write in all assignments and tests.
21 You never look ahead to see what other work is due so you run out of time.	22 	23	24 You don't break your assignments into smaller steps to be done.	25
20	19	18 You use a set amount of time each day to do work for school.	17	16
11	12 You often forget to write homework in your diary or to check the work you have due.	13	14	15
10 You always write your work in your diary and tick off when it is done.	9	8	7	6
1 Start	2	3 You planned out in advance when to do all your work for your assignment.	4	5





Use the Diary – pg 127 – 130

Should you bring items such as iPods, MP3's or skateboards to school?

What are the 4 types of harassment of students and what you must do when any form of harassment occurs to you?

Where do you go if you are not wearing regulation uniform?

True or False? Is it possible that you may not be permitted to class if you are not in correct uniform?

Discipline – Page 131 of Diary

The following 10 words reflect our 10 expectations for class-room conduct. By using the Front 10 letters of each of the words see how many different words you can make

Time, Equipment, Readiness, Listen, Hands-up, Seated, Tidiness, Respect, Courteous and Instruction

TERLHSTRCI

T-

E-

R-

L-

H-

S-

T-

R-

C-

I-



Read page 132 of the diary carefully and give a definition of what you think a de-merit point is

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**Place the Correct Word Into the 4 Statements from the List of 4 Words Below**

*Consequence, referrals, de-merits, reviewed*

☞ The greater the offence, the greater the number of:

☞ Continual disobedience will lead to a student enrolment being:

☞ A student gaining more than 100 de-merits will receive a further:

☞ A student's pastoral file contains a log of:

---

**Arrange the correct words into the flow diagram below**

WHAT	WHO	POINTS
1 ↓	1 ↓	1 50 ↓
2 ↓	2 ↓	2 75 ↓
3 ↓	3 ↓	3 150 ↓
4 ↓		4 200 ↓
5	4 ↓	5 200+
<ul style="list-style-type: none"> <li>- Saturday detention</li> <li>- 2<sup>nd</sup> parent meeting</li> <li>- Alternative pathway</li> <li>- Warning</li> <li>- 1<sup>st</sup> parent meeting</li> </ul>	<ul style="list-style-type: none"> <li>- Deputy Headmaster</li> <li>- Dean</li> <li>- Deans coordinator</li> <li>- Tutor teacher</li> </ul>	



## Term 1 Week 10: More on the Diary



Scan over the information on pages 109 to 123 of the diary

Information on page 117

↻ What is the procedure if you are going to have a long term absence from school?

↻ Are the School Diary and ID card compulsory or optional items for purchase?

↻ True or False? Parents need to write notes into your school diary for your school absences

### Subject Codes – Page 121 of Diary

↻ What is the code for Agriculture: \_\_\_\_\_

↻ Name a subject only offered at Year 13:

\_\_\_\_\_

↻ Name a subject only covered in Year 9:

\_\_\_\_\_

↻ Name a subject apart from English, Mathematics or Science which is offered at all year levels:

\_\_\_\_\_

↻ How many different languages are taught at HBHS?

\_\_\_\_\_

↻ Write out each of your subject codes for this year in the table below. English has been done for you.

English - En					

Information on page 122 - 123

↻ True or False? There are 17 school songs and then our school Haka



# Term 1 Week 10 continued: More on the Diary



## Arts, Clubs and Music - Page 138 to 139 of the Diary

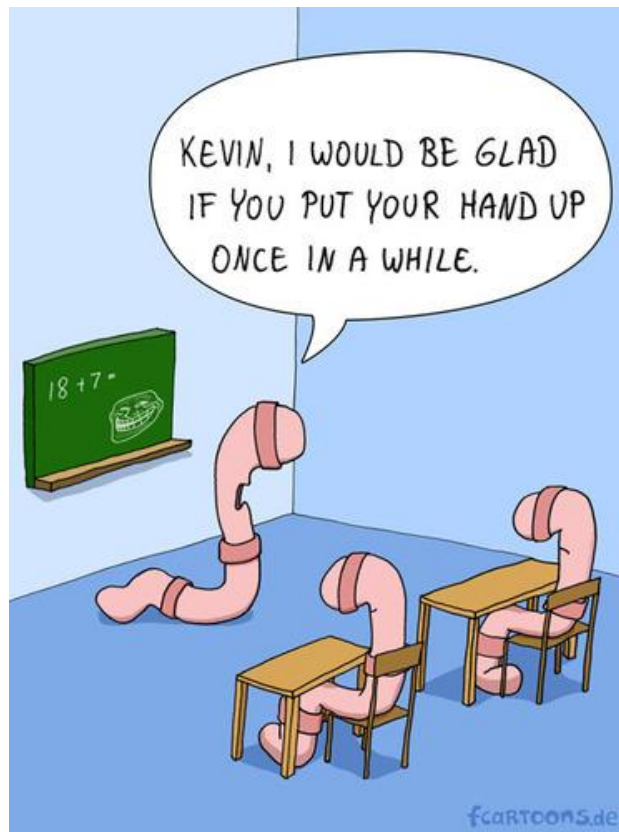
➤ Page 138 - List the 3 activities which would most interest you. Write out the name of the teacher in charge and which room in the school they can be visited?

	Activity	Teacher	Room
1			
2			
3			

## Sport – Page 140 to 141 of Diary

➤ List the 5 sports which would most interest you. Write out the name of the teacher in charge and which room in the school they can be visited?

	Activity	Teacher	Room
1			
2			
3			
4			
5			





## End of Term One: My Performance



Performance Aspects	Current Rating	Target Rating
<b>School</b>	-	-
Focused in class & ignore distractions		
Completed all set work on time		
High quality of completed work		
Ask questions to help my understanding in class		
In control of my attitude and behavior		
Involved in school activities; clubs, sport teams, culture groups etc.		
Respect the learning of others in class		
<b>At Home</b>	-	-
Designed my own study timetable		
Setup a study area away from distractions		
Designed a revision programme for tests & exams		
Discussed schoolwork and homework with my family – getting help if needed		
Complete all my homework		
Achieving goals and targets		
<b>Me</b>	-	-
Too much TV, PlayStation & computer gaming etc.		
Enough exercise to be fit		
Well balanced diet, not too much junk food		
Good group of friends, quality time together?		
Wasted time often		
Were my main time wasters avoidable		
Was I happy and in control of my life most of the time?		
Student comment:	Mentor comment:	
<p>“Tomorrow becomes yesterday too quickly” -Anon</p>		



2014 Maadi Cup



911 2014



# TERM TWO – QUALITIES OF CHARACTER

## Term Two - 8 Qualities of Character

### PASSPORT TO CHARACTER



- This is the focus for Term 2
- The referenced pages in the School Diary list some of the qualities of each character value. Each page has 2 quotes which relate to a character quality.
- Term 2 has an emphasis on promoting the 'stars' sticker programme in. The programme is outlined on the next page





## Term 2 Week 1: Passport to Character – 8 Character values



- ❶ Read over your Passport which outlines 8 important values and the character wheel reflection questions.
- ❷ Discuss these pages with your mentor.
- ❸ Teachers have the values poster placed on their wall

### Stars Programme- 2014

- ❹ All staff have special 'star' stickers. During the course of the year if your *class teachers/tutor/mentor* think you have pro-actively demonstrated any of the 8 values they will place a sticker into your Passport on the relevant page to show you have demonstrated that value
- ❺ At years end you may receive a Certificate of Recognition from the Headmaster based on how many stars stickers you have gained in your passport

Criteria 1: A minimum of 3 stickers in all 8 values (24 stickers)

Criteria 2: A minimum of 8 stickers across any 4 values (32 stickers)

The 8 character traits listed below are in the Passport to Character. With your mentor discuss occasions where you might show these qualities.

Character Trait	How You Might Show These Qualities
1) Kindness	
2) Honesty	
3) Duty	
4) Respect	
5) Responsibility	
6) Obedience	
7) Compassion	
8) Consideration	





Character Quality: Service

“True religion is real living; living with one’s soul, with all one’s goodness and righteousness.” – Albert Einstein  
What does this mean?

1. Hamilton Boys’ High School raises money for the following charities. After completing some simple internet research complete the following table

Charity Group/Service	Who Does This Charity Group Target Care For?
1) Starship	
2) Heart Foundation	
3) Kidney Kids	
4) Save the Children	
5) Cancer Society	
6) World vision	

**HBHS Service & Awards**

You can purchase a service booklet from the school shop for \$2. This allows you to record your school service hours and gain credits to receive a service award. The recipient of the service signs the service book.

One hour of service is equal to one service credit, to gain an award, you must have: Bronze – 40 credits, Silver – 80 credits, Gold – 100 credits.

On Wednesday mornings (Tutor Group time) go to the Study Center to get your service recorded. Go to Tutor Group first, ask your teacher for permission to go with your service booklet

When you have earned enough credits for an award it will be presented at a Formal Assembly. Good luck and may you help many people!

Read about a Great Man of Character: Sam Johnson (Pg. 46 Diary)  
What did he do?





2. You will need to seek these answers from someone who is enrolled in the service awards scheme. Circle the correct answer to the 7 questions, from the 3 choices in each of the right hand columns

1. What length of time has to be served to earn one service credit	30 minutes	1 hour	2 hours
2. Where do you obtain a service booklet	Library	Canteen	School shop
3. Who signs the booklet after each service event	You	The recipient of your service	Your parents
4. What day do you have your service record checked and credited	Monday	Tuesday	Wednesday
5. Where is it checked and credited	Study Centre	Main Office	Deans office
6. When is it checked and credited	Interval	Registration	Lunchtime
7. Where do you receive your service award	In the post	In your tutor group	In formal assembly

4. A Student's story

Read the interview below to see how easy it is to be part of 'service'.

1. What service have you been involved in?

*I have been a volunteer firefighter, worked for St Johns ambulance and assisted in various jobs here at school such as helping at parent report evenings*

2. How did you get into service?

*At my last school in Tairua, service was a co-curricular activity which we were encouraged to take up. I joined the volunteer fire service and St Johns' Ambulance service*

3. What have you enjoyed about service?

*Knowing you are helping others in need in the community and meeting ordinary people doing an extraordinary job*

4. Do you have future plans to continue with service?

*In future I intend to join the NZ fire service as a paid professional firefighter*

5. Why would you recommend service to others?

*It's a good way to be involved in your school and wider community. It gives you satisfaction and improves your confidence and teamwork ability*

6. Was it difficult to sign up for the HBHS service programme?

*It was easy because we were given simple instructions in assembly*





## SERVICE AWARD SCHEME



### Platinum Premium Award

The Premium service award is given to a Year 13 student who has consistently displayed outstanding service throughout the year. This is awarded at the discretion of the Executive Team.



**Gold Award**  
100 Credits



**Silver Award**  
80 Credits



**Bronze Award**  
40 Credits

## CREDITS

Credits are gained in recognition of each act of service. In most cases, one credit equals one hour of service. However, in cases such as the 40 hour famine, the service committee may choose to limit the number of attainable credits for the event.

## PROCEDURES

1. To join purchase a Service Award booklet from the school shop.
2. As you complete service - write it up and get the recipient to sign.
3. Check with the Service Committee / Executive staff each Wednesday morning during registration in the study centre.
4. Receive your award at Assembly.



## Term 2 Week 3: Compassion




The willingness to help, empathise with, or show mercy to those who suffer.

"Love and Compassion are necessities, not luxuries. Without them, humanity cannot survive." – Dalai Lama  
What does this mean?

# COMPASSION

What does Compassion look like . . .

<p>at home</p>	<p>_____</p> <p>is Compassionate!</p> 	<p>with my friends</p>
<p>on the sports field</p>		<p>in my classroom</p>



**COMPASSION**

**ALWAYS    SOMETIMES    NEVER**

1. Raise money for poor people	3	2	1
2. Look after your brother or sister if they get hurt	3	2	1
3. Quickly help children who hurt themselves in the playground	3	2	1
4. Help others in class when they need it	3	2	1
5. Help to cheer someone who's sad	3	2	1
6. Help to look after anyone who gets sick in your house	3	2	1
7. Visit old people	3	2	1
8. If you saw someone fall off their bike you would stop and help them	3	2	1
9. Make friends with children who don't have many friends	3	2	1
10. Share your things with others	3	2	1

**ADDING THE CIRCLED NUMBERS, MY TOTAL SCORE FOR COMPASSION IS \_\_\_\_\_/30**



Read about a Great Woman of Character: Mother Teresa (Pg. 80 Diary)  
What did she do?





## Term 2 Week 4: Obedience




The willingness to obey rightful authority

"If you begin by obeying nothing. You will end by obeying the Devil."- John Ruskin

What does this mean?

What does Obedience look like . . .

at home	with my friends
<hr/> <p>is Obedient!</p> 	
on the sports field	in my classroom



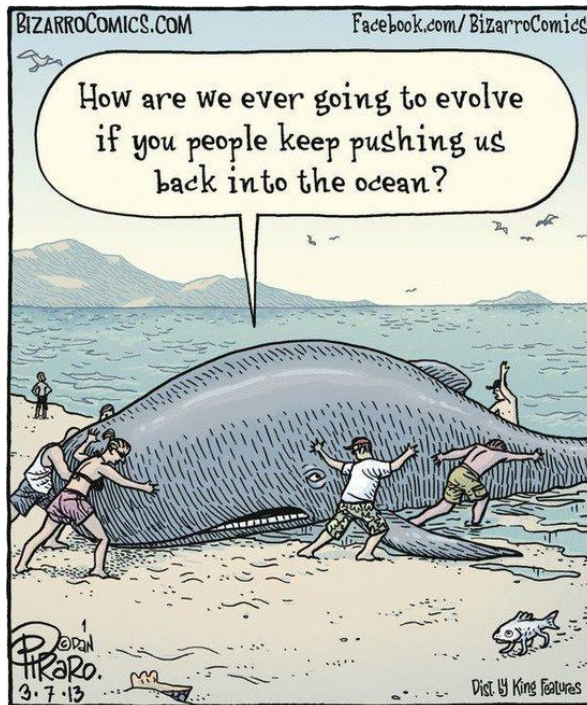
**OBEDIENCE**

1. Do the things that you believe are right
2. Follow the direction of your teacher
3. Break rules at home
4. Obey the road rules
5. Cheat when you play sport
6. Follow rules only when you are being watched
7. Show that you can be trusted
8. Copy what others do, even when it is wrong
9. Repeat your mistakes
10. Own up, apologise and make it right

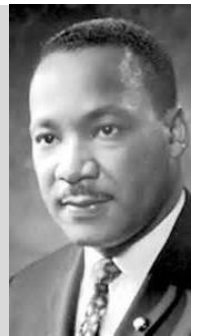
ALWAYS	SOMETIMES	NEVER
--------	-----------	-------

3	2	1
3	2	1
1	2	3
3	2	1
1	2	3
1	2	3
3	2	1
1	2	3
1	2	3
3	2	1

**ADDING THE CIRCLED NUMBERS, MY TOTAL SCORE FOR OBEDIENCE IS: \_\_\_\_\_/30**



Read about a Great Man of Character: Martin Luther King Jr. (pg. 42 Diary)  
What did he do?





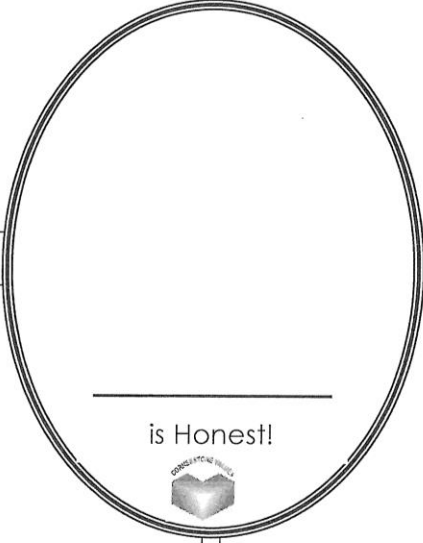

The willingness not to steal, cheat, lie or be unfair

"Honesty is the first chapter in the book of Wisdom." - Thomas Jefferson

What does this mean?

# HONESTY & TRUTHFULNESS

What does Honesty & Truthfulness look like . . .

at home	with my friends
	
<hr style="width: 10%; margin: 0 auto;"/>	
_____ is Honest!	
	
on the sports field	in my classroom





**HONESTY**

	<b>ALWAYS</b>	<b>SOMETIMES</b>	<b>NEVER</b>
1. Follow school rules	3	2	1
2. Tell the truth to teachers	3	2	1
3. Copy someone's test	1	2	3
4. Steal from a shop	1	2	3
5. Tell the truth to parents	3	2	1
6. Tell the truth to friends	3	2	1
7. Say you can do things that you really can't	1	2	3
8. Cover things up when you make a mistake	1	2	3
9. Promise to do things and then 'forget'	1	2	3
10. Lie to others	3	2	1

**ADDING THE CIRCLED NUMBERS, MY TOTAL SCORE FOR HONESTY IS \_\_\_\_/30**



Read about a Great Woman of Character: Kate Sheppard ( pg. 44 Diary)  
What did she do?





Willingness to help, show concern for and be friendly to others.

“Remember there’s no such thing as a small act of kindness. Every act creates a ripple with no logical end.”

- Scott Adams

What does this mean?

# Kindness

What does Kindness look like?

at home

with my friends

is kind

on the sports field

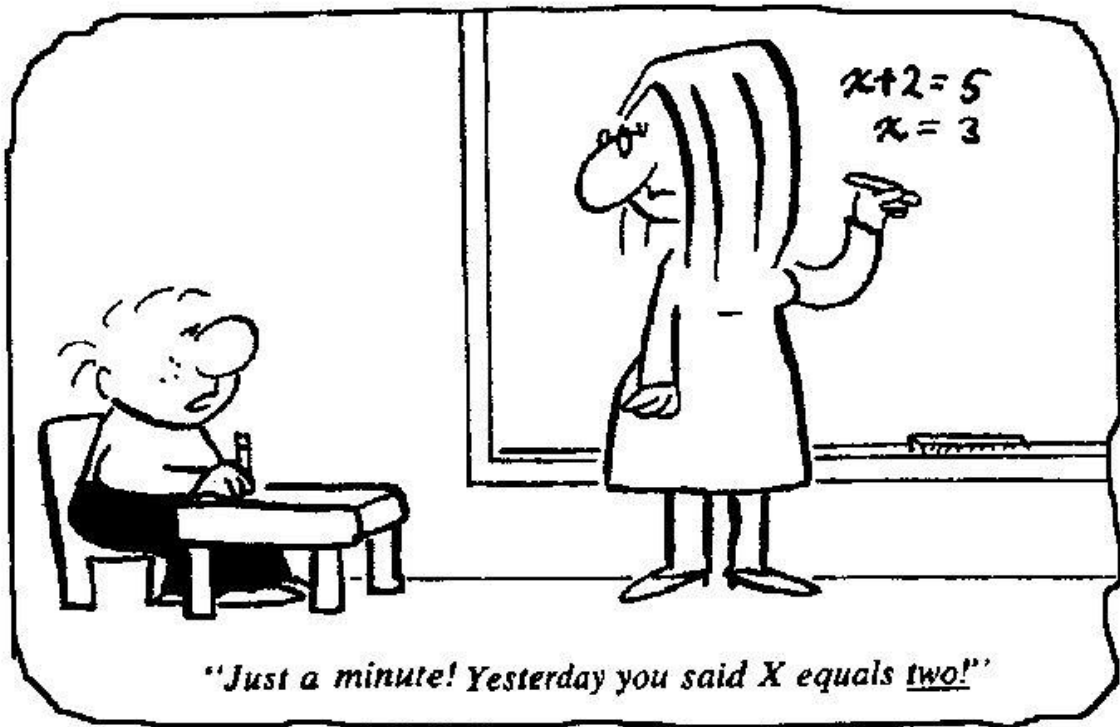
in my classroom



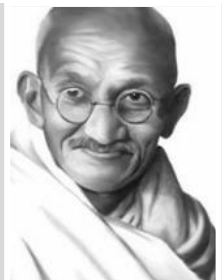
**Kindness**

	ALWAYS	SOMETIMES	NEVER
1. Care about your friends and family	3	2	1
2. Show love to a sad friend or family member	3	2	1
3. Think of things that would make others happy	3	2	1
4. Be cruel to a family member	1	2	3
5. Hurt animals	1	2	3
6. Tease and play tricks on someone you don't like	1	2	3
7. Make fun of someone who is different	1	2	3
8. Expect something in return for your help	1	2	3
9. Only being kind to those who are kind to you	1	2	3
10. Remind others of how much you have helped or given	1	2	3

**ADDING THE CIRCLED NUMBERS, MY TOTAL SCORE FOR KINDNESS IS \_\_\_\_/30**



Read about a Great Man of Character: Mahatma Gandhi. (Pg. 64 Diary)  
What did he do?





## Term 2 Week 7: Duty



The willingness to do what is right or what a person ought to do; obligation

"Do your duty and a little more and the future will take care of itself." -Andrew Carnegie

What does this mean?

### DUTY

What does Duty look like . . .

at home		with my friends	
		is Dutiful!	
on the sports field		in my classroom	



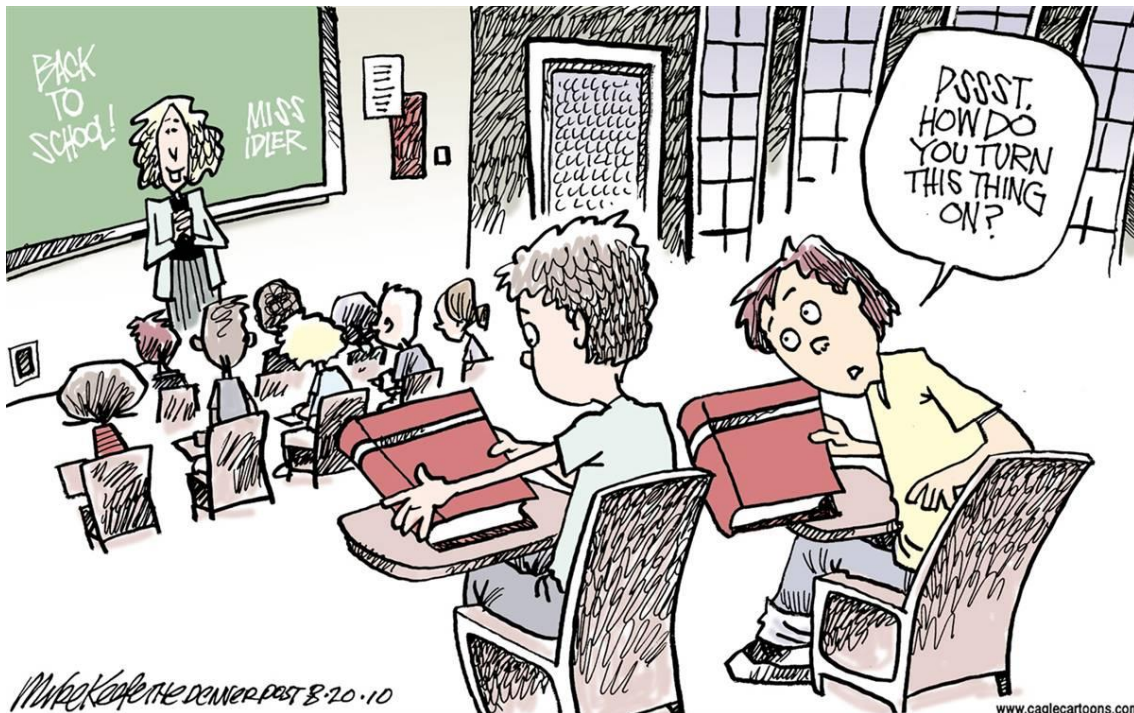
### DUTY

1. Help with jobs around home for free
2. Help other people in your neighbourhood with jobs
3. Look after old people
4. Pick up litter when you see it
5. Keep your bedroom tidy
6. Obey those who guide you to do the right thing
7. Do what is honest and tell the truth
8. Take responsibility for your own actions
9. Respect yourself and others
10. Think of others with acts of kindness, consideration and compassion

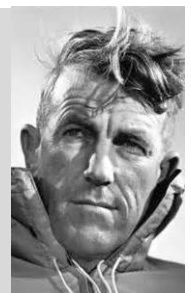
### ALWAYS    SOMETIMES    NEVER

3	2	1
3	2	1
3	2	1
3	2	1
3	2	1
3	2	1
3	2	1
3	2	1
3	2	1
3	2	1

ADDING THE CIRCLED NUMBERS, MY TOTAL SCORE FOR DUTY IS \_\_\_\_/30



Read about a Great Man of Character: Sir Edmund Hillary (Pg. 48 Diary).  
What did he do?





The willingness to be answerable, to be trustworthy and accountable for your own conduct and behavior

"A hero is someone who understands the responsibility that comes with his freedom."-Bob Dylan  
What does this mean?

# Responsibility

What does Responsibility look like?

\_\_\_\_\_ is Responsible

at Home

with my friends

on the sports field

in my classroom



**RESPONSIBILITY**

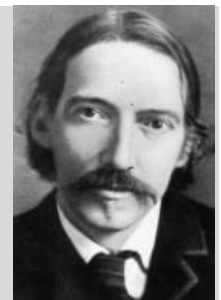
**ALWAYS    SOMETIMES    NEVER**

1. Teachers, parents, and coaches can depend on you	3	2	1
2. Accept being told off	3	2	1
3. Keep promises	3	2	1
4. Make excuses	1	2	3
5. Do things to the best of your ability	3	2	1
6. Agree to do things that you can't do	1	2	3
7. Treat everything like a joke	1	2	3
8. Finish homework on time	3	2	1
9. Look after children who are younger than you	3	2	1
10. Get to places on time	3	2	1

**ADDING THE CIRCLED NUMBERS, MY TOTAL SCORE FOR RESPONSIBILITY IS \_\_\_/30**



Read about a Great Man of Character: Robert Louis Stevenson (pg. 50 Diary).  
What did he do?





The willingness to treat with courtesy; to hold in high regard; to honour; to care about yourself and others

“One of the most sincere forms of respect is actually listening to what another person has to say.” – Bryant H. McGill  
What does this mean?

# Respect

What does Respect look like?

at home

with my friends

shows Respect

on the sports field

in my classroom





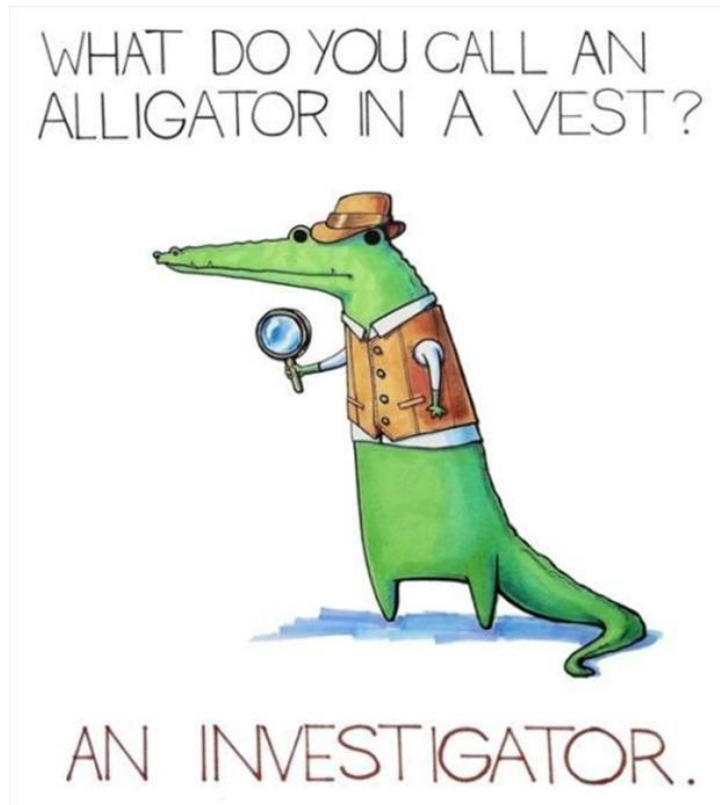
### RESPECT

1. Follow family rules
2. Read other people's private letters, diaries etc.
3. Talk back to teachers or parents
4. Make fun of adults
5. Interrupt teachers and parents
6. Treat others like 'they don't matter'
7. Use things without permission and don't return them
8. Spread lies about others
9. Obey Parents and Teachers

ALWAYS	SOMETIMES	NEVER
--------	-----------	-------

3	2	1
1	2	3
1	2	3
1	2	3
1	2	3
1	2	3
1	2	3
1	2	3
3	2	1

ADDING THE CIRCLED NUMBERS, MY TOTAL SCORE FOR RESPECT IS \_\_\_/30



Read about a Great Man of Character: Nelson Mandela (pg. 52 Diary).  
What did he do?





Willingness to be kind, thoughtful and consider the interest of others before self.

"Every human being is entitled to courtesy and consideration." -Margaret Chase Smith


What does this mean?

# CONSIDERATION

What does Consideration look like . . .

<p>at home</p>	<p>with my friends</p>
<p>on the sports field</p>	<p>in my classroom</p>

\_\_\_\_\_ is Considerate!



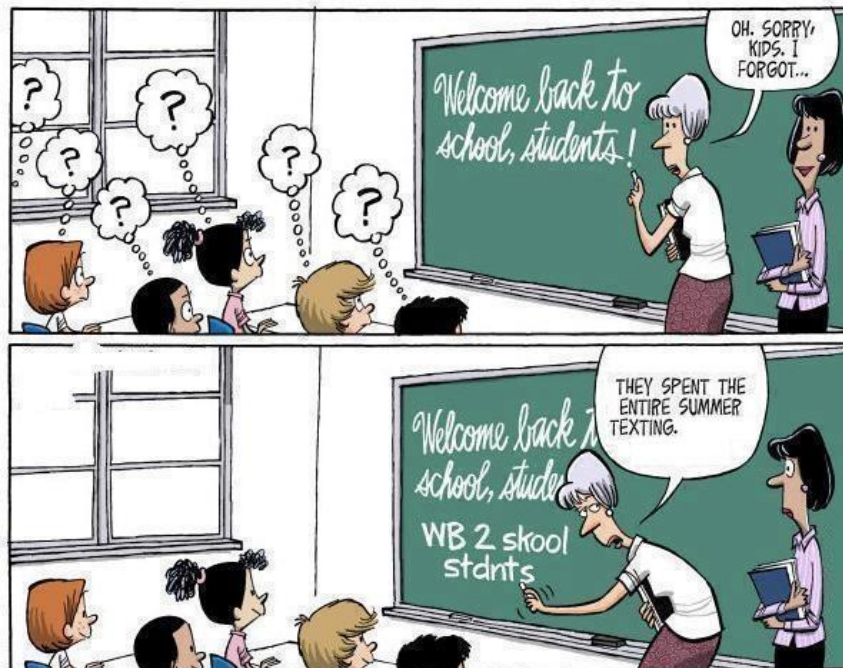


### CONSIDERATION

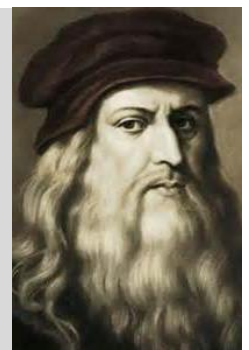
### ALWAYS    SOMETIMES    NEVER

1. Let others get on with their work in class	3	2	1
2. Allow others to go through a doorway before me	3	2	1
3. Share the ball when playing sport	3	2	1
4. Do jobs around home even when not asked	3	2	1
5. Say please, thank you and excuse me	3	2	1
6. Greet people using their names	3	2	1
7. Say hurtful things to others	1	2	3
8. Play loud music even when it is annoying to others	1	2	3
9. Complain about what you have for tea	1	2	3
10. Share your toys	3	2	1

ADDING THE CIRCLED NUMBERS, MY TOTAL SCORE FOR CONSIDERATION IS \_\_\_/30



Read about a Great Man of Character: Leonardo da Vinci (pg. 54 of Diary).  
What did he do?





## End of Term Two: My Performance



Performance Aspects	Current Rating	Target Rating
<b>School</b>	-	-
Focus in class & ignore distractions		
Complete all set work on time		
High quality of completed work		
Ask questions to help my understanding in class		
In control of my attitude and behavior		
Involved in school activities; clubs, sport teams, culture groups etc.		
Respect the learning of others in class		
<b>At Home</b>	-	-
Design my own study timetable		
Setup a study area away from distractions		
Design a revision programme for tests & exams		
Discuss schoolwork and homework with my family – getting help if needed		
Complete all my homework		
Achieving goals and targets		
<b>Me</b>	-	-
Participating in a club, activity or sport		
Enough exercise to be fit		
Well balanced diet, not too much junk food		
Good group of friends, quality time together?		
Recognizing good character qualities in myself		
Can give examples of showing good character		
Am proud of my efforts in service or character qualities		
Student comment:	Mentor comment	
<p>“Tomorrow becomes yesterday too quickly” -Anon</p>		



## TERM THREE – BE A MAN OF CHARACTER



### Term 3 Week 1: Men of Character

Men of character, in general, exhibit many positive traits, and display these in their wider community. These attributes include compassion, perseverance, enthusiasm, humility, and righteousness, among many others. These men range from civil rights activists, artists, scientists, engineers, and philosophers. Men of Character, are well respected and use their power to positively influence those around them, and improve the world we live in.

For example, as a generalisation, great scientists such as Einstein, and Darwin, demonstrate enthusiasm, and perseverance, as they never let failure stop their efforts, but strive onwards, driven by their enthusiasm for their task or investigation.

Additionally, civil rights activists, including Mandela and Ghandi, display attributes such as perseverance, integrity, righteousness and bravery, having to endure abuse for their noble beliefs, and working tirelessly to achieve their goals.

Look in the Diary- All the quotes are about a character. Find a quote you like.

Write it out

Why is it a good quote- what does it mean?

What quality does it show?

Describe a time where you displayed that quality.

Choose a man of Character-Who was/is he and what did he do?

What character trait did he show?



## Term 3 Week 2: Diary & Exercise Books



"One of the most sincere forms of respect is actually listening to what another person has to say" – Bryant H. McGill  
What does this mean?

Have your Year 13 mentor complete a rating from 1 - 5 of how you use your diary and your main exercise book in each subject. Consider aspects such as tidiness, underlining, headings, work appears complete, evidence of learning corrections, evidence of student thought, pride in work etc.

### Ratings:

5 = Excellence

4 = Very good

3 = Good

2 = Room for improvement

1 = Huge room for improvement

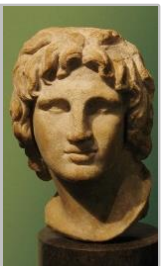
Subjects	Rating 1 - 5	Best aspect of the exercise book	Comment about what main thing should be focussed on for improvement
English			
Maths			
Science			
Social Studies			
Option 1			
Option 2			
Using the school diary			

Below write some plans of action to improve your book-keeping

Below write some plans for improving your results. Make mention of specific subjects and list some target marks for this term.

Read about a Great Man of Character: Alexander the Great (pg.66 of Diary)

What were his qualities?





# Term 3 Week 3: Goal Setting



"We should imbibe inspiring thoughts and should follow the righteous path. If this is done then progress is sure and certain" – Yajur Veda.  
 What does this mean?

3 possible points of consideration in the discussion

1. Can you set goals in lots of different aspects of your life?
2. What are some ways of setting, recording and tracking your goals?
3. What are the advantages of some goal-setting?

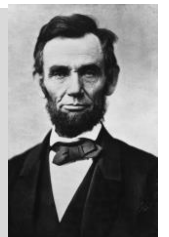
**Jot down a few discussion ideas in the columns below**

<b>Year 9 student:</b> <i>Questions &amp;/or conversation points</i>	<b>Senior Mentor:</b> <i>Answers &amp;/or conversation points</i>

Summary of the single most useful idea or knowledge gained from this topic of discussion

Choose another quote you like, write it out, and say why you like it.

Read about a Great Man of Character: Abraham Lincoln (pg. 68 of Diary)  
 What were his qualities?





“Those who bring sunshine into the lives of others, cannot keep it from themselves” – James M. Barrie.  
What does this mean?

### Refer to page 32 for information on HBHS Computers

1. Have you established a network logon with a personalised username and password? If not, have a conversation with your Year 13 mentor about how to do this and the benefits of the school computer network
2. Apart from your I.T teacher, who is the main person you can approach if you forget your password and need it to be re-set? Where can he be found?

3. Name the network drive where you can pick-up subject resources?

4. Is the computer room open every interval or lunch-time?

5. How many of the following basic programs have you used before? (Circle those used)

Microsoft Word . . . . . Power Point . . . . . Excel . . . . . Publisher . . . . . Outlook . . . . .

6. Share any **on-line programs** you have used for **school work** with your mentor and explain how these were useful to you. Ask your Year 13 mentor to share any they have used which were very helpful. Describe below

7. Do you rely too much on the inter-net for ideas instead of coming up with original thoughts and ideas?

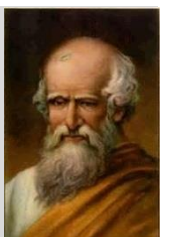
8. Write a % alongside each of the following to indicate how you most use the computer

Information processing & presentation \_\_\_\_\_%    Social net-working \_\_\_\_\_%    Gaming \_\_\_\_\_%

Watching music/movie/TV \_\_\_\_\_%    Surfing websites for schoolwork \_\_\_\_\_%    Surfing for personal fun \_\_\_\_\_%

If you haven't used a school computer yet, can you find someone to go with at lunchtime to log on?

Read about a Great Man of Character: Archimedes (pg. 70 of Diary)  
What were his qualities?







## Term 3 Week 5: Discussion Topic – Balance in Life



“Sincerity and truth are the basis of every virtue” – Confucius  
What does this mean?

Because your mentor is sitting exams, can you show independence and do this on your own?

### Jot down a few discussion ideas in the columns below

1.) What are the things in a teenager’s life which can cause most stress?

2.) What are the best ways to handle and cope with stress?

3.) What does getting ‘balance’ in life mean and how can we achieve it?

Summary of the single most useful idea or knowledge gained from this topic of discussion

Read about a Great Man of Character: Stephen Hawking (pg. 72 of Diary)  
What are his qualities?





## Term 3 Week 6: Relationships-Teachers



"What is tolerance? – It's the consequence of humanity. We are all formed of frailty and error; let us pardon reciprocally each other's folly – that is the first law of Nature"- Voltaire

What does this mean?

Because your mentor is sitting exams, can you show independence and do this on our own?

1. Become aware of each teachers different styles and adapt to doing things to suit how they operate. Versatility and adaptability are key to coping with changes and differences around you. E.g. Your teacher's father has just died, so you should not joke around with the teacher for a while.

Example-

2. Ask more questions of teachers you don't understand quite as easily, especially out of class time. The conversation will help you understand them and will help a teacher understand you. You don't understand a certain concept in mathematics, so you go back after class for clarification.

Example-

3. No teacher will refuse a genuine request for assistance; ask for help every time you need it. Teachers enjoy helping and assisting students. They will respect you for being bold enough and concerned enough to ask for help. You didn't understand an instruction that the teacher just said, so you raise your hand to ask.

Example-

4. The 'double positive' principle always works. Show positivity to a teacher, maybe a complement even and you will find it somehow returns back to you! The double negative principle works in the same way however. If you are negative in your attitude toward a teacher you may find that negativity is also what you receive. E.g. you always put your best effort into your classwork, and in return, your teacher, does not give you a detention for forgetting to bring your homework to school.

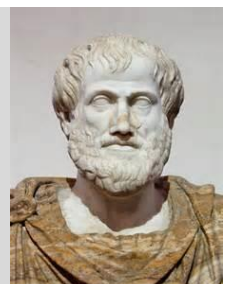
Example-

5. Now, write a teachers name and show examples of how you relate to them as suggested

Teachers Name:

Example:

Read about a Great Man of Character: Aristotle (pg. 74 of Diary)  
What were his qualities?





“A thankful heart is not only the greatest virtue, but the parent of all other virtues” – Marcus Tullius Cicero.  
What does this mean?

## Bullying & Harassment

1. Read the information in the table below. Next to each problem, and effect, write a strategy for dealing with the problem.

Problem	Effect	Positive Strategy
Feeling nervous of a student who sits near you at interval	Uncomfortable	
Being left out of an activity	Lonely	
Don't feel like playing sport with a student on your team who is treating you badly	Want to leave your team	
Feeling unhappy in class	Distracted and not concentrating	
Your studies start to decline and thoughts are dominated by 'feeling down'	Helplessness	
Rumours spreading about someone in your class	Feeling awkward and not like your usual-self	
Calling someone on your bus names which you know will hurt them	Pretending its funny but upset inside	
Reporting an incident to your Dean, or speaking to a teacher about it.	Nervous that you won't be understood	

Why are the All Blacks a great team of Character? (pg. 76 of Diary)

What are their qualities?





“There is no religion greater than truth and a truthful person knows no fear” – Rig Veda  
What does this mean?

Draw 2 job cards of 3 possible careers/jobs you imagine yourself having as an adult in the distant future.

Future year: <u>2020</u>	Future year: <u>2040</u>
Job/Career:	Job/Career:
Main Task:	Main Task:
Appeal:	Appeal:

Ask your mentor to draw 2 job cards of 2 possible careers/jobs they may have been preparing themselves for in the near future.

Future year: <u>2020</u>	Future year: <u>2040</u>
Job/Career:	Job/Career:
Main Task:	Main Task:
Appeal:	Appeal:

With your mentor discuss what things you should achieve in your next 4 years at Hamilton Boys’ High School in preparing for a career/range of careers. Ask your mentor what things are important to consider in choosing a career in their opinion

Look at Pg. 126 For 1 of the careers above, do Number 3:

	Question	Answer
1	What is my interest?	
2	What is involved?	
3	What is the likely income (pay) ?	
4	What are my prospects	



**Jot down a few discussion ideas in the columns below**

**Year 9 student:**

*Questions &/or conversation points*

**Senior Mentor:**

*Answers &/or conversation points*

Why is it helpful to start to think about career possibilities early in high school?

Is your general school performance important in gaining part-time jobs?

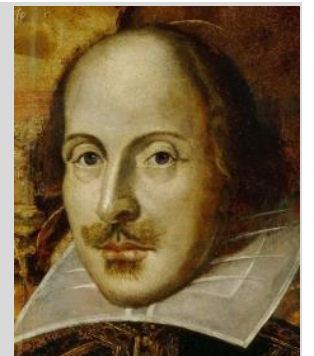
What is a CV, do you have a CV already, what should be in one?

Summary of the single most useful idea or knowledge gained from this topic of discussion

[Greyed-out area for summary]

Who was William Shakespeare? (pg. 78 of Diary)

What were his qualities?





"We are never so vulnerable as when we trust. But if we do not, neither can we find love or joy" - Walter Anderson  
What does this mean?

**Jot down a few discussion ideas in the columns below**

<b>Year 9 student:</b> <i>Questions &amp;/or conversation points</i>	<b>Senior Mentor:</b> <i>Answers &amp;/or conversation points</i>
1.) My Strengths	
2.) My temperament	
3.) My attitude	
4.) Do you monitor your general health diet, sleep, exercise?	
5.) Are you good with pocket money?	
6.) Are you often side-tracked too much with technology such as your phone and social media?	
7.) One thing I would like to know	

Summary of the single most useful idea or knowledge gained from this topic of discussion

[Empty grey box for summary]

Who was Mother Teresa?

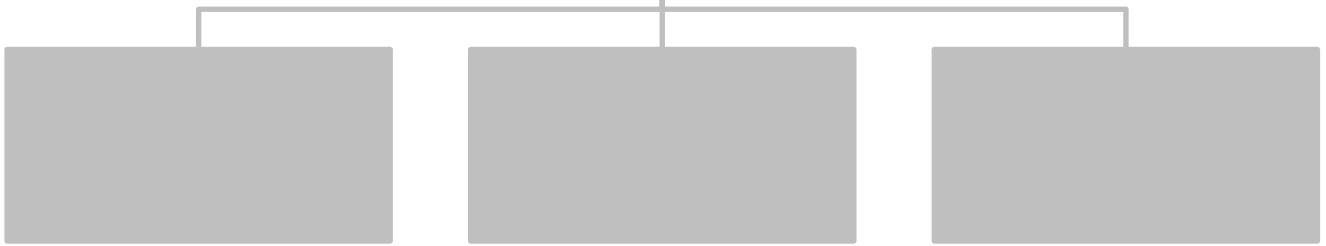
What were her qualities?





"Knowing yourself is the beginning of all wisdom" – Aristotle  
What does this mean?

**Winning a Prize/Award  
or Commendation**  
*What have you won in  
your life - Be imaginative!*



**Discuss the following questions with your mentor**

1. What qualities does it take to win awards, prizes, or commendations?
2. Is it too late to set a goal of an award etc. for this year?
3. How does it feel to win awards, prizes, and commendations?

Spirit Week:

What have you liked most, or look forward to in Spirit Week?

What was the best thing about Boys' to Men this year?

**Congratulations for finishing the programme. You deserve a commendation! Thank your Mentor for his help and kindness. Remember to do your best and be a Boys' High Man of Character.**

**-Mr Singh**



