

Quit Smoking Program

Prevention and Wellness Centre Phone: 613-761-5464

REFERRAL FORM Fax: 613 761-5309

Program Description: The Quit Smoking Program is open to both patients and the public and is covered through the provincial health care plan. The Quit Smoking Program is an outpatient clinic designed to offer individual appointments for adult smokers who are getting ready to quit smoking. A personalized plan for guitting is developed using the most up-to-date clinical approaches to treating tobacco dependence. Date (yyyy/mm/dd) Surname First Name DOB (yyyy/mm/dd) Health Card No. Version Code Expiry date ☐ French ☐ Female □ Male ☐ English Address City, Province Postal Code Telephone No (Home): (Alternative): Yes, I would like the patient named above to participate in the Quit Smoking Program at the University of Ottawa Heart Institute. I will be informed of my patient's progress while enrolled in this program. Here is a brief summary of any pertinent medical issues: Medical history and/or specific concerns with this patient/ Medications: Physician/Nurse Practitioner Name Physician/Nurse Practitioner Signature Return to: (Print) **Attn: Quit Smoking Program** Fax: 613-761-5309 Address Telephone Email: quitsmoking@ottawaheart.ca University of Ottawa Heart Institute Fax Prevention and Wellness Centre, RmH-2353 40 Ruskin St, Ottawa, ON K1Y 4W7 Information: Tel 613-761-5464

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