The Iola Register

Farm

or file a police report.

Be sure to check your

credit report this year. If

new site. Take a look at free-

Oleson, University of Mis-

Commission. The South-

website at www.southwind.

620-244-3826 or 620-365-2242.

creditreport.GOV.

This credit report really is free

We can all probably admit we have watched the goofy, yet catchy ads from freecreditreport.com. Maybe you have even cracked a smile at the plights of these gentlemen portrayed in jingle form. However, if you have obtained a report from this service, it was more than likely followed with some type of charge.

Earlier this year was the fifth anniversary of the "free credit report" legislation, which enables all consumers to obtain a free credit report from each of the three major credit reporting agencies annually. Unfortunately, the misleading freecreditreport.com ad campaign has been much more visible to consumers than the legitimate free credit report site of the government, located at annualcreditreport. com. Through these ads, people are often unknowingly "signing up" for a \$14.95/ month credit monitoring service as part of their "free" credit report offer.

AnnualCreditReport. com is the only authorized source to get your free annual credit report under federal law. The Fair Credit Reporting Act guarantees you access to a free credit report from each of the three nationwide reporting agencies - Experian, Equi-



fax, and TransUnion - every twelve months.

How do I request my free credit report?

You can request your free report online, by phone or by mail. Visit AnnualCreditReport.com, call 1-877-322-8228, or fill out the Annual Credit Report Request form (please call our office, 620-244-3826, if you do not have access to a computer, we can get this form to you) and mail it to Annual Credit Report Request Service, P.O. Box 105281, Atlanta, GA 30348-5281. No matter how you request your report, you have the option to request all three reports at once or to order one report at a time. By requesting the reports separately, you can monitor your credit more frequently throughout the year.

Why should I request my credit report?

Because the information in your credit report is used to evaluate your applications for credit, insurance, employment, and renting a home, you should be sure the

information is accurate and a complaint with the FTC, up-to-date. In addition, monitoring your credit is one of the best ways to spot identity theft. Check your credit report at least once a year to correct errors and detect unauthorized activity.

What should I look for when I review my credit report?

If you see accounts you do not recognize or information that is inaccurate, contact the credit reporting agency and the information provider. If you suspect identity theft, you may need to place a fraud alert on your credit report, close compromised accounts, file

News from Carlyle

Presbyterian Church

Rev. David Moore's message at Carlyle Presbyterian Church June 19 was "Fathers to Fathers." Six people joined the church as new members.

A short meeting followed church services to install David Loomis as an elder.

The evening meeting was well attended with special music by Jerri Waters, Cheryl and Richard Klingensmith and Bonnie Johnson.

Father's Day dinner guests of Greg and Jackie

Joanne **McIntyre** 365-2829 McIntyre were Jack and

Beverly Franklin, Zack and Kady McIntyre, Ashton McIntyre and Rick Steele. Joanne McIntyre visited in the afternoon.

Alma Herschberger accompanied Wade Vogel to Garnett to visit Alma's brother, Benedict Yoder.

On Father's Day, Richard and Diana Deeds, Emporia, visited her father, Jim Hinson.



Southwind Extension District photo

4-H Favorite Foods winners were, front from left, Ethan Gough, Levi Meiwes and Jenna Kramer; and second row from left, Anna Setter, Shannon Vogel and Riley Ellis.

4-H'ers provide tasty entries

The Southwind Extension District held its local 4-H Favorite Foods Contest June 14. This was an opportunity for 4-Hers to exhibit a favorite food they have learned to prepare and also use their creative talents as they plan a table setting. Participants created a whole menu and table setting for a meal. Participants also made one item on the menu for display.

Those participating were Riley Ellis, Shannon Vogel, Anna Setter, Ethan Gough, Levi Meiwes, and Jenna Kramer. Anna Setter received first place in the Senior Division and Jenna Kramer received first place in the Junior/Pee Wee Division. All participants received excellent marks and will represent the District at the area contest in Emporia June 28.

Shine light on energy savings

approximately 25-30 watts.

To replace a 75-watt in-

andescent bulb look for

mately 19-25 watts; to re-

for a CFL with a minimum

of 1100 lumens and approxi-

A CFL is typically larger

than an incandescent bulb,

so consumers are urged to

consider size before buying,

and to check for a screw-in

rather than a plug-in base,

If choosing a CFL to re-

mately 15-20 watts.

Snead said.

Consumers can reduce Carla home energy costs by replacing incandescent light bulbs with compact fluorescent lamps (CFL). With new programs in the Iola area, consumers can change bulbs easier than ever. Shopping for the newer energy-efficient bulbs need not be diffi-



place an incandescent bulb in a fixture with a dimmer switch, he also advises reading the label before buying to check to see if the new bulb is compatible with dimmer technology.

In choosing the new bulbs, consumers will have a choice of warm, somewhat yellow light; or cool, somewhat blue light, said Snead, who explained that the color temperature is measured in Kelvins (K). An incandescent light will usually have 2700K, and a CFL with 2700K will be similar in producing a warm, yellow incandescent-like light.



cuit, said Bruce Snead, a CFL with a minimum of director of Engineering 1375 lumens and approxi-Extension at Kansas State University. place a 60-watt bulb, look

Light from both incandescent bulbs and CFLs are measured in lumens, said Snead, who noted that a CFL will typically have 25 to 30 percent of the watts (power) of the incandescent bulbs they are replacing.

So, to replace a 100-watt incandescent light bulb, look for a CFL with a minimum of 1650 lumens and

Chance of storms

Tonight, a 40 percent chance of thunderstorms. Lows near 70. Wednesday, a 20 percent chance of thunderstorms. Highs in the mid 90s. Wednesday night, mostly clear. Lows in the mid 70s. Thursday, sunny. Highs 95 to 100. South winds

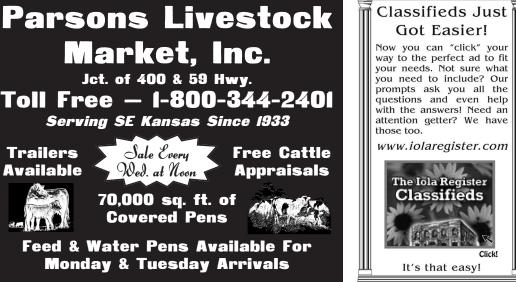
15 to 25 mph. Thursday night through Independence Day, mostly clear. Lows 75 to 80. Highs 95 to 100.

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59	This mo
94	Total ye
77	Def. sin
	59 94

Precipitation rs ending 7 a.m 0 1.92 onth to date ear to date 17.19 nce Jan. 1 .90

Sunrise 6 a.m.

Sunset 8:48 p.m.



If bright, somewhat blue daylight-like is desired, look for a CFL with 5000 to 6000K.

Currently, the city of Iola is participation in a State of Kansas Department of Energy program to offer new CFLs in exchange for old incandescent bulbs. This is available for those in the 66749 zip code and the bulbs are a 14 watt which replaces an incandescent 60 watt. Contact the City of Iola for detailed information.

More information on choosing CFLs, as well as other energy efficient devices, is available at K-State Research and Extension offices throughout the state and online at the extension engineering website: http://www.engext.ksu. edu/home_energy.asp.