

Postural Care

Protection of Body Shape

Two-day workshop

Sunday June 9th and
Monday June 10th 2013
7:45am – 4:00pm

Predicting, preventing and reducing contractures for pediatric and adult population.

Participants will learn positioning that encourages ability, and function while protecting body shape during the day and the night. Through discussion, photos and videos, this workshop explores postural care of ambulatory and non-ambulatory children and adults with developmental disabilities. It introduces an approach modeled after a UK program of postural management/care that encourages ability and function while protecting body shape. Topics include assessment of habitual postures, methods and techniques of appropriate positioning for daily activities and at night, and an interdisciplinary problem solving approach that includes family, teachers and caregivers.

Educational credits

17.4 contact hours, approved by the New York Physical Therapy Association.
To receive the full continuing education units, you must attend both days.

Presenters

Dalia Zwick, PT, PhD

Senior Rehabilitation Supervisor Center for Specialty Therapy and Premier Healthcare.

Dalia has presented in the USA and abroad in venues such as the annual conferences of APTA and National Multiple Sclerosis. Her special interest is yoga-based therapeutic positioning.

Tamara Kittelson-Aldred, MS, OTR/L, ATP/SMS

Community Medical Center, Missoula Montana and the co-founder of Eleanore's Project.

Tamara is certified as an Assistive Technology Professional and a Seating and Mobility Specialist through the Rehabilitation Engineering Society of North America.



Register online at yai.org/postural.

Early-bird registration \$300. \$350 after May 15th.

TWO-DAY WORKSHOP

Postural Care Protection of Body Shape

June 9th – June 10th 2013

yai.org/postural
460 West 34th Street
New York, NY 10001
Tel. 212.273.6100

Registration

Dr. Mr. Mrs. Ms.

Last name _____

First name _____

Title _____

Organization _____

Tel. _____ Fax _____

E-mail _____

Mailing address _____

City _____ State _____ Zip _____

Billing address _____

City _____ State _____ Zip _____

Check # _____ Total \$ _____
(Payable to The New York League for Early Learning)

Credit card Amex Visa M/C Total \$ _____

Card # _____ Exp. _____

Name *(as on card)* _____

Signature _____

Workshop Price

- \$350
 \$300 *(Early registration ends May 15th)*

- Please register early as space is limited.
- Early registration ends May 15th.
- Registration closes June 4th.
- No refunds after May 30th.
- There is no on-site registration.
- Light breakfast and lunch will be served.

Co-sponsored by

► **The New York League
for Early Learning**

► **Premier HealthCare**

► **YAI Center for
Specialty Therapy**

For more information contact:
c.steinschulman@yai.org or visit
yai.org/postural.

Mail this form with your payment to:

Carol Stein-Schulman
460 West 34th Street
New York, NY 10001

 **YAI** Seeing beyond disability.

460 West 34th Street | 12th Floor | Rooms J – J1 | New York, N Y 10001 | Tel. 212.273.6100