

Park Road
Ware
Herts

SG12 0AW

Tel: 01920 462653

Fax: 01920 485810

Email: admin@stcatherines.herts.sch.uk

Achieving, Caring, Enjoying

10th September 2015

Dear Parent/Carer,

Years 4, 5 & 6 After School Running Club

We are pleased to be able offer the after school running club again which will be led by myself and Miss Kinnear.

This will be held on a Wednesday from 3.15pm until 4.15pm commencing Wednesday 16th September 2015 and is open to everyone who is interested in running no matter how fast or how slow they are. The sessions will be varied and will include working on sprinting and learning how to pace a longer distance run in preparation for cross country. These sessions will be held on the school site.

We ask that children wear their PE kits and trainers that are suitable for running in and please ensure that they have a bottle of water with them. Please bear in mind that like the PE lessons, this will be held outside and so please ensure that your child has suitable clothing for this and layers to put on afterwards as they will cool down quickly.

So that we can plan the sessions, please will you return the below reply slip by MONDAY 14th SEPTEMBER if your child would like to come along to these sessions.

Yours sincerely

Kate Liddiard

After School Running Club

I would like my son/daughter _____ Year _____

to attend the afterschool running club.

I will arrange for him/her to be collected at 4.15 pm/ My child is allowed to walk home

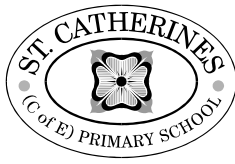
* Please delete as appropriate (essential)

Signed _____



Head Teacher: Mrs Hazel Wing

St Catherine's is a voluntary controlled Church of England School affiliated to St Mary's Church,
Ware



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*Excellence in teacher education
working in partnership to promote*



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