

MILNOR SCHOOL NEWS

"Building a legacy of excellence one student at a time"



August 2016

Upcoming Events:

Wed, August 10th FB Practice Starts

Mon, August 15th VB Practice Starts

Tues, August 16th 4-5pm Open House
5pm Nurtured Heart Presentation

Mon, August 15th Registration from 8-4
& **Tues, August 16th**

Wed, August 17th Registration from 8-7

Wed, August 17th Meet the Bulldogs at Freedom Park

Wed, August 24th 1st Day of School

Notes from the Superintendent

Dear Parents/Guardians,
Welcome Back!

It's hard to believe that school is right around the corner. Summer has flown by and soon we will be back in session at Milnor Public School. It's been a busy, but productive summer around the building. The most noticeable change for visitors/parents will be the new front doors. The doors will remain open in the mornings for students arriving at school. At 9:00 the front door will be locked and you will have to use the buzzer system to be admitted to the building. With the renovation of the doors, the second/inner set will be the locking doors with the buzzer system attached.

School starts on August 24th! Classes begin at 8:25 and dismissal is at 3:30. Please do not drop off your son/daughter until at least 8:00 as that is when we will have supervision available for them. Please keep the street in front of the school as free of traffic as possible during dismissal times. We do our best to teach our students safety and looking both ways. Minimizing traffic would be a huge safety help for us and our kids.

This will be the only hard copy of the newsletter sent out. We went to an electronic version last year to help keep our printing and postage costs down. If you haven't received the newsletter via email before and would like to, please send an email to: milnorpublicschool.newsletter@k12.nd.us to be added to the list. If you wish to receive a hard copy please contact Katie in the office at 427-5237. Newsletters are also posted on the school web page: <http://www.milnor.k12.nd.us/>

See you soon!
Sincerely,
Mr. Larson, Supt.

School District Profile

Every year the Milnor Public School District, in cooperation with the North Dakota Department of Public Instruction, publishes an annual progress report on student achievement called the *SCHOOL DISTRICT PROFILE*.

This profile is now available for your review. I encourage you to access and study this important information. This report demonstrates the progress our students are making in terms of our challenging academic standards.

You may access the *School District Profile* for the Milnor School District on the Department of Public Instruction's website at the following address: <https://www.nd.gov/dpi/report/profile>

Simply select the Milnor School District and the most recent year to access the various reports available. If you prefer, the staff at your local school or our central office will assist you and provide a printed copy to review.

The annual *School District Profile* summarizes how well our students performed this past year in reading/language arts and mathematics on the North Dakota State Assessment and on other academic indicators. The annual *School District Profile* presents the percentage of students who have achieved proficiency in reading/language arts and mathematics. The Profile also provides our student attendance rates and graduation rates. The Profile reviews the achievement of all students and of specific subgroups of students. Additionally, the Profile compares our student results over two years to those of the State as a whole.

The *School District Profile* for the Milnor School District is an important summary of how well our students are progressing in their basic academic skills. I encourage all parents and patrons to familiarize themselves with this information. Providing a quality education for our students is everyone's concern. In order for us to improve, we must begin with an understanding of how well our students are performing. We should all take pride in the support we collectively provide our students.

Together, I am confident that we will build on our successes to improve and further raise the quality of education within the Milnor School District. I thank you for your continued commitment to building a strong education system here in Milnor.

Open House/Nurtured Heart

Our annual open house will run from 4:00-5:00pm on August 16th. Grades 7-12 schedules can be picked up in the office. K-6 parents and students may visit elementary classrooms and bring their school supplies.

Starting at 5:00 we will have a Community Kick-off night with Tanya Fraizer, focusing on the Nurtured Heart Approach. We started implementing the Nurtured Heart last year and our teachers did in-service training with Tanya last February. Tanya is a consultant with Heart To Heart Consulting and works with schools, groups, and parents all across North Dakota and the U.S.

Parenting with Love and Logic will be held at Milnor United Methodist Church on Monday evenings from 6:30:00pm, beginning on Sept. and going through Oct. 24.

Parent Reminder

Please notify the office if your students are sick or if you know that they will be absent from school. If your child does not report to class, Milnor Public School will call home. We also must have a note or phone call from a parent to excuse an absence. We understand that there are times during the school year when you need to communicate with your child, but calling a student from a classroom disturbs the entire class. If it is not an emergency, we will take a message and your student may call you back.

Visitors

ALL visitors are required to sign in and out of the office. **This means parents, salespersons, etc.** This is necessary in order for us to keep track of people in the building should an emergency arise and also in order for us to keep our children safe. There is a sign in/out sheet in the office. Teachers and students who need to leave the building during the day will also have to sign in/out of the office.

Asbestos

Date: August 2016

To: Students, Parents, and Staff of the Milnor Public School

From: Superintendent of Schools: Mr. Chris Larson

Re: **Annual Notification of Asbestos Containing Material**

In compliance with the US Environmental Protection Agency (EPA) Asbestos Hazard Emergency Response Act (AHERA). In the fall of 1988 we performed inspections of our school buildings for asbestos-containing building materials. The inspection findings and asbestos management plans have been on file in the school administrative office since that time.

The EPA requires us to perform re-inspection of the asbestos material every three years. An accredited Inspector/Management Planner from Trio Environmental Consulting Inc. of West Fargo, ND performed the re-inspection in our district and issued a report regarding the results. There were no significant changes in the condition of the remaining asbestos.

The Trio Environmental Consulting Inc. has been contracted to provide environmental services, which include maintaining compliance with federal regulations regarding asbestos and other regulated environmental concerns.

All asbestos containing materials in our school are in good condition and we will continue to manage them in place, as recommend by the accredited management planner.

The results of the re-inspection as well as the last 6 month surveillance are on file in the Management Plan in the school's administrative office. Everyone is welcome to view these anytime during normal business hours (M-F 8:30 am - 4:00 p.m.). Our Asbestos Manager will answer any questions you may have about asbestos in our building at 427-5237, or you may contact Scott Seamands, Trio Environmental Consulting Inc. at 701-492-9224

We are intent on not only complying with, but exceeding federal, state, and local regulations in this area. We plan on taking whatever steps are necessary to insure your children and our employees have a safe and healthy environment in which to learn and work.

EEO Statement

The Milnor Public School District is committed to a policy of equal opportunity for all employees and students. Discrimination on the basis of gender, race, creed, marital status, age, disability, national origin, sexual orientation, or color is prohibited.

SCHOOL BREAKFAST AND LUNCH PROGRAMS

The Milnor School District follows the ND Child Food and Nutrition Guidelines for both breakfast and school lunch. Prices for the 2014-15 school year are:

Breakfast K-12 \$1.20

Lunch K-6 \$2.00

FERPA

Notification of Rights under FERPA for Elementary and Secondary Schools

The Family Educational Rights and Privacy Act (FERPA) affords parents and students over 18 years of age (“eligible students”) certain rights with respect to the student’s education records. These rights are:

- (400) The right to inspect and review the student’s education records within 45 days of the day the School receives a request for access.

Parents or eligible students should submit to the School principle or appropriate school official a written request that identifies the record(s) they wish to inspect. The School official will make arrangements for access and notify the parent or eligible student of the time and place where the records may be inspected.

- (2) The right to request the amendment of the student’s education records that the parent or eligible student believes are inaccurate, misleading, or otherwise in violation of the student’s privacy rights under FERPA.

Parents or eligible students who wish to ask the School to amend a record should write the School principal or appropriate school official, clearly identify the part of the record they want changed, and specify why it should be changed. If the School decides not to amend the record as requested by the parent or eligible students, the School will notify the parent or eligible student of the decision and advise them of their right to a hearing regarding the request for amendment. Additional information regarding the hearing procedures will be provided to the parent or eligible student when notified of the right to a hearing.

- (3) The right to consent to disclosures of personally identifiable information contained in the student’s education records, except to the extent that FERPA authorizes disclosure without consent.

One exception, which permits disclosure without consent, is disclosure to school officials with legitimate educational interests. A school official is a person employed by the School as an administrator, supervisor, instructor, or support staff member (including health or medical staff and law enforcement unit personnel); a person serving on the School Board; a person or company with whom the School has contracted as its agent to provide a service instead of using its own employees or officials (such as an attorney, auditor, medical consultant, or therapist); or a parent or student serving on an official committee, such as a disciplinary or grievance committee, or assisting another school official in performing his or her tasks.

A school official has a legitimate educational interest if the official needs to review an education record in order to fulfill his or her professional responsibility.

Upon request, the School discloses education records without consent to officials of another school district in which a student seeks or intends to enroll. [NOTE: FERPA requires a school district to make a reasonable attempt to notify the parent or student of the records request unless it states in its annual notification that it intends to forward records on request.]

- (4) The right to file a complaint with the U.S. Department of Education concerning alleged failures by the *School District* to comply with the requirement of FERPA. The name and address of the Office that administers FERPA is:

Family Policy Compliance Office

U.S. Department of Education

400 Maryland Avenue, SW



A Touch of the Tropics: Milnor Students Experience Costa Rica

For many students, the summer of 2016 has been typical, filled with friends, the swimming pool and visits to the Keg. Costa Rica Explorer students have had a very different experience. On July 15th, participating students departed from Milnor School, flying from Minneapolis Minnesota, eventually landing in San Jose, Costa Rica. The students experienced Central America with another American school from Missouri, making friends, learning new language skills and ultimately diving into the most fragile ecosystem on the planet, the rainforest.

While in Costa Rica, Mrs. McCleary's science students saw a vast array of animals, including tarantulas, howler monkeys, iguanas, saltwater crocodiles, toucans and much more. They also learned how sustainable energy works in smaller regions while kayaking on a hydro-electric energy lake. Students planted trees while visiting one of several National Parks, explored the process of coffee bean production and developed insight into the local farming practices that surround many of the smaller villages. Not only was the trip a huge success, but it was above all educational and eye-opening. Despite rain (lots and lots of rain), tons of beans and rice, and great walking distances, highlights of the trip included a visit to a local elementary school, zip-lining through the jungle, guided night walks in the parks, and visiting the beautiful beaches of the Pacific Coast.

The Students who went were Emma Bryant, Drew Bixby, Jordan Knudsvig, Sierra Tergesenm Shelby Mund, Alix Larsen, Austin Myers, McKenzie Speich, Alaina Gleason, Madison Hagen. Chaperones were Darla Hagen, Chris Gleason, Kevin McCleary, and Christina McCleary

Congrats Ms. Kuntz!

On July 30th, Ms. Kuntz received the Distinguished Teaching Achievement Award from the National Council for Geographic Education at the Tampa Marriot Waterside Hotel and Marina



High School Principal's Report

Dear Parents and Guardians,

The start of our new school year is just around the corner, and I'm sure it feels like your summer has come and gone in the blink of an eye. I want to take some time to inform everyone on some changes that will take place starting this new school year. Our goal at Milnor Public School is to provide a safe and secure place for everyone to learn and grow.

Handbook changes:

- Any student who is tardy more than five minutes to class will be considered absent. (page 8)
- Any additional tardies over 3 the student will need to make up the time either before or after school. (page 9)
- Consequences for inappropriate use of electronic devices are:
 - o First offense – device will be taken away and handed into the office. The student may pick up the device at the end of the school day or later.
 - o Second offense – device will be taken away and the student will be required to come and pick up the device at the end of the week or later.
 - o Third offense – device will be taken away and the student's parents will be required to come and pick up the device at the end of the week or later.
 - o Fourth offense – device will be taken away and the student's parents will be required to come and pick up the device at the end of the week or later and the student will serve one day of ISS. (page 24)
- ZAP Policy (Zeroes Aren't Permitted) – This policy was put in place to help students get their work in. If the student has an assignment missing or one with less than 50% credit, then he/she will be required to turn the work in with a grade of 50% or better. It is up to the teacher's discretion to determine what the assignment will be worth. The students will be able to work with their teacher during bison block or from 8:05am to 8:25am.

School Lockdown changes:

- The school will be adopting the ALICE training format. ALICE stands for: Alert, Lockdown, Inform, Counter, Evacuate. Our top concern at Milnor is for everyone's safety. It is our goal to stay on top of the changes in how we protect our students and staff. We plan on having some drills and practicing what to do during lockdowns and natural disasters.

Stay informed and on top of any school events and activities by visiting our Facebook or school website. The Milnor staff is looking forward to a great year. Feel free to call or email with any questions or concerns you may have.

Seth Engelstad
High School Principal
Seth.engelstad@k12.nd.us

*SUBMISSIONS TO THE NEWSLETTER CAN BE SENT
TO
KATHERINE.MCLAEN@K12.ND.US*

Elementary Principal's Report

It's the most wonderful time of the year...the start of school!

The summer break seems to go so fast with traveling, family events, class reunions, etc. filling up the schedule. My hope is that you have all enjoyed your vacation and found some time to relax, too.

My summer vacation included a trip to Washington D.C. for the National Association of Elementary School Principal's conference. I worked with administrators from around the country to learn the best practices for helping our students learn and grow. My biggest "take away" was that not only is Milnor Public School providing a quality education to students, but that our school is comparable to effective schools across the nation. I think this is an outstanding feat. I felt proud to share what MPS is doing to meet every single students' needs. We are embracing MTSS (Multi-Tiered Systems of Support for academics and behavior) and the Nurtured Heart Approach, which addresses how we treat one another. We are implementing PBIS (Positive Behavior Interventions and Support), that focuses on clear expectations school wide. MPS has also hired some amazing new staff members, please welcome them!

Overall, Milnor Public School is moving by leaps and bounds to be an exemplary school. My gratitude is immeasurable for the students and families in our district, the staff working in our building, and the administration leading the way.

Together in education,

Mrs. Chelsey Pederson

Elementary Principal

Something Different is Happening in Schools that use the Nurtured Heart Approach

The NHA is a communication style that helps bring out the positive character traits in students, helping students to become the best version of who they really are. The focus is on noticing what students are doing right and giving positive energy and praises for making the right choices, while decreasing the negative energy given to inappropriate behaviors. With The Nurtured Heart Approach students feel more engaged during class because they hear their teachers honoring who they are and speaking about their greatness. When students are recognized for their success and positive choices they begin to crave even more recognition for doing the right things. With this new classroom environment students really want to be in class because they want to be a part of their own success. The Nurtured Heart Approach uses consistent rules, consistent consequences, and many positives. The NHA is used school-wide it changes what is happening in the classrooms, hallways, playground and cafeteria. The approach changes how students are greeted at the beginning and end of the day and how discipline concerns are processed. The approach taken as a whole brings positive changes to the culture and climate of a school. Other schools that have implemented the NHA have seen overall academic scores rise along with a decline in discipline issue. The Nurtured Heart Approach can make a positive difference in the lives of our adults, students and their families. The Nurtured Heart Approach also has a parent component for families that would like to find more success and who want to raise the bar from good to great parenting. Parents who learn The Nurtured Heart Approach say that it is a life-changing experience that helps to make family life more enjoyable. Plus, having a consistent system at home and school has proven to be beneficial. Classes in how to use the Nurtured Heart Approach will be offered this school year. More information about these classes will be coming later.

SSMSL and Milnor High School Library

Check out the SSMSL Facebook page. Search Satre Memorial Milnor School Library. There will be books featured that are new to the library.

Great American Opportunities(GAO)

We will be doing the GAO fundraiser again in the fall. This is when the K-6 students will get a booklet to fill names in and bring them back to school. I send the booklets to the GAO Company. Then the company will send a magazine list to these people, and they can order magazines. We get 40% of what the magazine subscription costs. This will take place in late September. You can also order magazines online and the school can still get credit for it.

Dolly Parton's Imagination Library Program

Anyone living in the Milnor School District with a child ages 0-4 is eligible to register for this program. Your child will get one free book/month. Let's get books into the hands of our young people. There is a registration form on the Milnor School Facebook page.

2016 Fall Book Fair

The fall book fair will be November 1-3, 2016. This year's theme is Bookaneer: Where books are the treasure! Looking forward to seeing you there.

Yearbook DVD's

Mrs. Popp has a set of 4 DVD's available which contains the yearbooks from 1949-2014, 75th, 100th, & 125th Milnor celebrations, 1959 DeLamere book and a few of the reunion books. Cost is \$10.00 for the set of 4 DVD's or \$5.00 for an individual DVD plus shipping (about \$5.00). Pick-up is available at the school. Please contact Mrs. Popp to work out details. Mrs. Popp can be reached at the school, 701-427-5237 or by email: Sandy.Popp@k12.nd.us All proceeds will go towards the Stare Memorial Milnor School Library(SSMSL).

Please clip labels for the libraries!

We are collecting labels for our libraries. There are 4 different labels we are collecting:

Labels for Learning: Our Family brand. Any Our Family UPC's can be cut out and we can send them in. Each UPC is worth 5¢.

Check out more about Our Family brands at : <http://www.ourfamilyfoods.com/BoxtopsforEducation>: Cut out the box tops for education and help the libraries earn money. Each boxtop is worth 10¢. Remember the boxtops have an expiration date on them, so get them to the school before they expire. For a list of Box Tops products check out: <http://www.boxtops4education.com/products>

Loaves 4 Learning

Clip the UPC from and Country Hearth or Village Hearth item and give to the school. Each upc is worth 5¢. For more informations go to: <http://www.loaves4learning.com/tools.html>

Labels for Education: For a list of participating products go to :

<http://www.labelsforeducation.com/> Clip the upc and the points. Each label is worth 1, 5, or 10 points and sometimes you find bonus labels. With the points we can order things from Labels for Education catalog. Labels for Education is going to be done July 31, 2017. I can still send in since we have been involved with thispro program for awhile. If the UPC has Labels for Education on it that is what I need clipped out.

Please clip and give the labels to the school. Thanks!

Counselor's Report

Summer was great, but I'm excited to see smiling students in the hallways again! One question to consider... "How can YOU help your child succeed in school?" Here's a few tips.

- Stay involved and feel free to contact your child's teacher, counselor or principal with any questions or concerns.
- Make sure your child is getting plenty of sleep and is ready for school each day.
- Help your child with his/her homework every night.
- Ask your children about school and encourage them to talk about their day.
- Read with your child every night.
- Do not talk negatively about your child's teacher or school.
- Teach your children to be responsible for their actions and their schoolwork.

Another question that many have might be... "What does the school counselor do?"

Miss Heiken is here to support the development and academic needs of the students. School counselors also deliver prevention and intervention services that support the academic, career, personal, interpersonal and healthy development of all students. Prevention and intervention services include academic advocacy, classroom guidance lessons, small group and individual counseling, as well as student planning, staff and parent consultation, school program support, and crisis response. Most importantly, ALL students have access to high quality, developmentally appropriate school counseling services.

Stay in touch,
Miss Sasha Heiken
K-12 School Counselor
Sasha.Heiken@k12.nd.us

2016 - 2017 Milnor Elementary School Supplies List			
Kindergarten	Grade 1	Grade 2	Grade 3
(Must have completed immunization form) 1 container antibacterial wet wipes 1 large box of tissues 2 boxes of 24 count crayons 1 box of 8 or 10 count markers (thick) 4 pencils (no mechanical pencils) 2 glue sticks 1 pencil box 1 bottle drip glue 2 dry erase markers 1 plastic folder 1 white board 1 large pencil eraser 2 pkgs of 3X5 note cards 1 box sandwich size Ziplock bags headphones (in Ziplock bag) 1 binder and 1 notebook small blanket and pillow backpack * Please do not label supplies, but label headphones and backpack *	1 bottle drip glue 1 container wet wipes 1 dry erase board (8 X 10 or so) 2 plastic folders - 1 yellow and 1 different color 1 notebook 1 large box of tissues 2 boxes of 8 count crayons 3 glue sticks 2 pencil boxes 3 packages of blank index cards lots of pencils backpack lots of erasers ziploc bags (girls-gallon, boys-sandwich size) 5-6 dry erase markers & an eraser headphones (in Ziplock bag) scissors 1 storage box (shoebox size) colored pencils 1 deck playing cards Optional - 1 box markers (fat)	1 bottle Elmer's glue 1 container wet wipes 1 highlighter 3 pencil top erasers or 1 large eraser 1 ruler (inches & cm) 1 large box of tissues 2 plastic folders crayons (24 or less) 1 box washable markers 2 pencil boxes (regular size only) backpack scissors wide-lined spiral notebook pencils (no clicker pencils) 1 black Sharpie 4 dry erase markers headphones addition & subtraction flash cards (for home) Optional - 1 box of Ziploc bags (any size)	3 pencils (bring more regularly) 2 folders with pockets - 1 regular & 1 plastic 1 large box of tissues 1 large eraser (& pencil top erasers-optional) box of crayons (24 or less) pencil box (regular size only) scissors backpack addition, subtraction, multiplication flashcards for use at home
Grade 4	Grade 5	Grade 6	*ALL GRADES*
low-odor dry erase markers 12-24 count box of colored pencils 24 box(or more) crayons zipper-type pencil case (no boxes) 2 plastic folders with pockets 2 glue sticks ruler with both inches and cm 1 wide-lined wireless notebook pencils and erasers (clickers okay) markers (optional) 2 large boxes of tissues headphones or earbuds (last years will work) Styluses - available at the school for a low purchase price (\$5). Others may not work with iPads.	students do not need all supplies on the first day 3 glue sticks & Fiskars scissor 3 wireless notebooks & 1 spiral 1 large box tissues 2 charrreuse highlighters 5 folders with pockets (2 plastic) numerous pencils (no clickers) large eraser & some pencil top erasers 3 boxes (12 or more) colored pencils 2 boxes of markers (not permanent) small pencil box 1 good compass & 1 ruler (inches & cm) 1 pkg hot glue sticks, 100 ct, sm round ones	1 large box of tissues 1 large eraser & some pencil top erasers 4 pack dry erase markers 1 ruler (inches & cm) 2 glue sticks 12 or more colored pencils 1 scissor 1-1/2" 3 ring binder loose leaf paper- college ruled, 150 Sheets binder dividers (5 tab pack) 2 composition notebooks 2 plastic folders with pockets 1 compass and protractor 2 highlighters (different colors) small calculator small pencil box pack of #2 pencils mechanical pencils with extra lead (optional) Optional - deoderant for after gym/recess time	Gym shoes (need not be new, but must be clean) Please no Trapper Keeper type binders Backpacks must be able to fit in the locker adequately Please label all school supplies unless otherwise noted All elementary students must have a pair of headphones or earbuds

August 2016

Mon	Tue	Wed	Thu	Fri
		24 Breakfast Cereal Bar Lunch Chicken Sandwich Potato Salad Green Beans Peaches	25 Breakfast French Toast Lunch Crispitos Spanish Rice Cheese Sauce Salsa Fruit	26 Breakfast Cereal Lunch Tater Tot Hotdish Corn Pineapple
29 Breakfast UBR Bar Lunch Hamburger Puzzle Potatoes Glazed Carrots Applesauce	30 Breakfast Omelet and Toast Lunch Chicken Strips Rice Peas Fruit	31 Breakfast Muffin Lunch Tomato Soup Choice of Sandwich Veggies Pears	1 Breakfast Lunch Nacho Supreme Chips Cheese Sauce Fruit	2 Breakfast Lunch Piza Veggies Mixed Fruit

ALL MEALS ARE SUBJECT TO CHANGE.

BREAKFAST: Choice of milk, juice, fresh fruit and cereal every day.

LUNCH: Butter & peanut butter sandwiches and salad bar with variety of choices every day.

MILNOR PUBLIC SCHOOL: Does not discriminate on the basis of race, color, sex, national origin or disability in its educational programs, activities or in employment policies/practices.

Families are welcome to eat with their child. Adequate notice to the classroom teacher, administrative assistant, or kitchen staff is greatly appreciated so enough food is prepared.

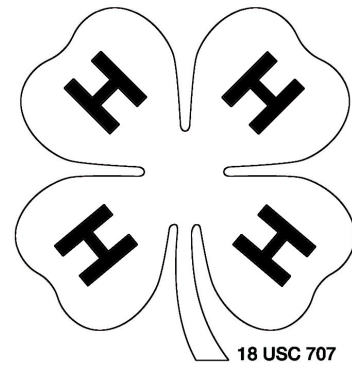


August, 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10 TBD Football-B/JH Milnor / North Sargent vs. TBD TBD Football-B/JV Milnor / North Sargent vs. TBD TBD Football-B/Varsity Milnor / North Sargent vs. TBD	11	12	13
14	15 TBD Volleyball-G/JH Milnor / North Sargent vs. Milnor	16	17	18	19	20
21	22 5:00pm Football-B/JH Ellendale-Edgeley vs. Milnor / North Sargent 6:30pm Football-B/JV Ellendale-Edgeley vs. Milnor / North Sargent	23	24	25	26 7:00pm Football-B/Varsity Lisbon vs. Milnor / North Sargent 8:00am Volleyball-G/Varsity Northern Cass vs. Milnor / North Sargent	27
28	29 4:30pm Football-B/JH Milnor / North Sargent vs. Central Cass 5:45pm Football-B/JV Milnor / North Sargent vs. Central Cass	30 4:30pm Volleyball-G/JH Wyndmere / Lidgerwood vs. Milnor / North Sargent 4:45pm Volleyball-G/C-Team Wyndmere / Lidgerwood vs. Milnor / North Sargent 6:00pm Volleyball-G/JV Wyndmere / Lidgerwood vs. Milnor / North Sargent 7:00pm Volleyball-G/Varsity Wyndmere / Lidgerwood vs. Milnor / North Sargent	31			

**4-H is the
GATEWAY
to
positive youth
development!**

**Be a self-
directed learner!**



**Lots of options for membership!
Join an existing club! Start your own new club!
Be an independent member!**

**Don't have a
horse?
Don't have
livestock?

No

Problem!
Choose from any**

4-H membership and projects
are a **SPRINGBOARD**
for developing life skills in communication,
decision-making, citizenship, and leadership!

**Call 724-3355, ext. 5 to learn
more about 4-H and how to
join!**

<https://www.ag.ndsu.edu/sargentcountyextension>

<https://www.facebook.com/ndsuentensionsargentcounty/>

Complete one application per household. Please use a pen (not a pencil).

List ALL Household Members who are infants, children, and students up to and including grade 12 (if more spaces are required for additional names, attach another sheet of paper)

Definition of Household Member : "Anyone who is living with you and shares income and expenses, even if not related." Children in Foster care and children who meet the definition of Homeless , Migrant or Runaway are eligible for free meals. Read How to Apply for Free and Reduced Price School Meals for more information.	Child's First Name	Child's Last Name	Student?		School, if applicable	Grade, if a student	Click all that apply	Homeless	
			Yes	No				Foster Child	Migrant, Runaway
			<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>

Do any Household Members (including you) currently participate in one or more of the following assistance programs: SNAP, TANF, or FDPIR?

Case Number:

Write only one case number in this space.

Report Income for ALL Household Members (Skip this step if you answered 'Yes' to STEP 2)

Please read Letter to Households for more information.

Farm, Business or Self-employment Income: Please add the sum of tax form 1040 lines 12, 13, 14, 17 and 18. Enter any profit under "All other income". Write "annual" in the space with the circles. Report any loss as a zero.

A. Child Income

Sometimes children in the household earn income. Please include the TOTAL gross income earned by all Household Members listed in STEP 1 here.

Child income

\$

Weekly	Bi-Weekly	2x Month	Monthly
<div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">○</div>	<div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">○</div>	<div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">○</div>	<div style="border: 1px solid black; width: 30px; height: 30px; display: flex; align-items: center; justify-content: center;">○</div>

B. All Adult Household Members (including yourself)

List all Household Members not listed in STEP 1 (including yourself) **even if they do not receive income**. For each Household Member listed, if they do receive income, report total **gross** income for each source in whole dollars only. If they do not receive income from any source, write '0'. If you enter '0' or leave any fields blank, you are certifying (promising) that there is no income to report.

Name of Adult Household Members (First and Last)	Earnings from Work	How often?				Social Security/Child Support/Alimony	How often?				Pensions/Business/All Other Income	How often?			
		Weekly	Bi-Weekly	2x Month	Monthly		Weekly	Bi-Weekly	2x Month	Monthly		Weekly	Bi-Weekly	2x Month	Monthly
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Signature

"I certify (promise) that all information on this application is true and that all income is reported. I understand that this information is given in connection with the receipt of Federal funds, and that school officials may verify (check) the information. I am aware that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted under applicable State and Federal laws."

Street Address (if available)	Apt. #	City	State	Zip	Daytime Phone and Email (optional)

Today's date

OPTIONAL Children's Racial and Ethnic Identities

We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced price meals.

Ethnicity (check one):

- ☐ Hispanic or Latino
☐ Not Hispanic or Latino

Race (check one or more):

- ☐ American Indian or Alaskan Native
☐ Asian
☐ Black or African American
☐ Native Hawaiian or Other Pacific Islander
☐ White

FOR SCHOOL/OFFICE USE ONLY**Calculating Yearly Income**

If paid weekly, multiply the weekly gross income by 52.

If paid bi-weekly, multiply the gross income by 26.

If paid twice a month, multiply the gross income by 24.

If paid once a month, multiply the gross income by 12.

Date Received:	Date of Approval & Notification to Family:
Determination: <input type="checkbox"/> Approved Free <input type="checkbox"/> Reduced-Price <input type="checkbox"/> Denied	
Reason for Denial:	
Signature of Determining Official:	
Signature of Confirming Official:	Date of Confirmation:
Date of Verification:	Did Verification Change the Determination: <input type="checkbox"/> Yes <input type="checkbox"/> No

The **Richard B. Russell National School Lunch Act** requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

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(866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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Report to PARENTS

The Rewards of Reading

The seeds for success in the classroom are sown at home. Encouraging children to read at home is one of the most powerful ways that parents can support students' learning. Just 15 minutes of reading at home per day can make a difference in students' reading fluency. Prioritize reading with these tips.

Always have books on hand. Keep a book in your bag or your car's glove compartment so your child can read in the car, or while waiting in line at the grocery store. Make regular trips to the library, and keep an eye out for books at bargain sales or garage sales. Or, consider holding a "book swap" with neighbors and friends. For birthdays or holidays, give your child new reading material.

Keep it up. Find ways to encourage your child to pick up new reading material to read once one book is finished. For instance, introduce him or her to a series or ask your librarian for books by the same author. Draft a "to-read" list that your child can check off. Consider subscribing your child to a magazine for kids.

Focus on their interests. Encourage your child to check out books from the library that feature characters or topics he or she is interested in. Whether it's NASCAR to NASA, the topic doesn't matter (as long as it's age-appropriate), as long as your child is reading.

Read out loud together. Schedule time to read aloud together, taking turns to read passages. Invite your entire family to participate. Use different voices for different characters, or invite your child to make sound effects for the story.

Make it a routine. Consider how to make reading habitual. Your family could have a weekly read-aloud session, or you and your child could read each week before bed.

Be a patient listener. No matter how slowly your young learner reads, avoid finishing sentences for your child.

Gently correct mistakes, sound out words together, and let your child know you're proud.

Cut the distractions. During reading time, turn off or put away electronic devices. Make sure you follow the rule, too.

Ask questions. Ask your child about what he or she is reading in school or what you are reading together. Try open-ended questions such as, "Why do you think the character did that?," "What would you do if you were in that situation?," or "What do you think will happen next?"

Read beyond books. Invite your child to read menus, greeting cards, movie listings, newspaper comic strips, or directions to a destination. Word recognition is an important step for reading fluency, so consider using strips of paper and tape to label everyday objects in your home to boost your child's familiarity with words.



Web Resources

Sign up for **Club Connect**, a reading and philanthropy initiative from NAESP and United Way. Your school may be already signed up—check with your principal.
www.unitedwayclubconnect.org/

Visit **Reading Rockets Parent Tips** page for specific activities for readers of various age groups.
www.pbs.org/launchingreaders/parenttips.html

WELCOME BACK!!

Milnor Public School

530 5th Street
Milnor, ND 58060