



MEASUREMENT CHART

Patient Name _____ H+C Number _____

| Date | | | | | | | | | |
|---|------------|-------|------|-------|------|-------|------|-------|------|
| Circumference MTP or MCP | | Right | Left | Right | Left | Right | Left | Right | Left |
| Mid foot (.....cm from nail bed of middle toe, ankle 0° DF) or Webspace | | | | | | | | | |
| 1 =cm from sole of foot (ankle 0° DF) or 1 =cm from nail bed of middle finger, wrist in 0° flex | 1 | | | | | | | | |
| | 2 | | | | | | | | |
| | 3 | | | | | | | | |
| | 4 | | | | | | | | |
| | 5 | | | | | | | | |
| | 6 | | | | | | | | |
| | 7 | | | | | | | | |
| | 8 | | | | | | | | |
| | 9 | | | | | | | | |
| | 10 | | | | | | | | |
| Distal Vol mls | | | | | | | | | |
| Distal Vol. Diff. | | mls | % | mls | % | mls | % | mls | % |
| Affected Side: R L B Dominant Side: R L Heightm | 1 | | | | | | | | |
| | 2 | | | | | | | | |
| | 3 | | | | | | | | |
| | 4 | | | | | | | | |
| | 5 | | | | | | | | |
| | 6 | | | | | | | | |
| | 7 | | | | | | | | |
| | 8 | | | | | | | | |
| | 9 | | | | | | | | |
| | 10 | | | | | | | | |
| Proximal Vol mls | | | | | | | | | |
| Proximal Vol. Diff. | | mls | % | mls | % | mls | % | mls | % |
| Total Vol mls | | | | | | | | | |
| Total Vol. Diff | | mls | % | mls | % | mls | % | mls | % |
| D/P Ratio= | | | | | | | | | |
| Weight kg | BMI | | | | | | | | |
| L-Dex Score | | | | | | | | | |

Therapist Name _____ Signature _____ Designation _____

Date of publication - Aug 2010

Date of review - Aug 2013



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| | 2 | | | | | | | | |
| | 3 | | | | | | | | |
| | 4 | | | | | | | | |
| | 5 | | | | | | | | |
| | 6 | | | | | | | | |
| | 7 | | | | | | | | |
| | 8 | | | | | | | | |
| | 9 | | | | | | | | |
| | 10 | | | | | | | | |
| Distal Vol mls | | | | | | | | | |
| Distal Vol. Diff. | | mls | % | mls | % | mls | % | mls | % |
| Affected Side: R L B Dominant Side: R L Heightm | 1 | | | | | | | | |
| | 2 | | | | | | | | |
| | 3 | | | | | | | | |
| | 4 | | | | | | | | |
| | 5 | | | | | | | | |
| | 6 | | | | | | | | |
| | 7 | | | | | | | | |
| | 8 | | | | | | | | |
| | 9 | | | | | | | | |
| | 10 | | | | | | | | |
| Proximal Vol mls | | | | | | | | | |
| Proximal Vol. Diff. | | mls | % | mls | % | mls | % | mls | % |
| Total Vol mls | | | | | | | | | |
| Total Vol. Diff | | mls | % | mls | % | mls | % | mls | % |
| D/P Ratio= | | | | | | | | | |
| Weight kg | BMI | | | | | | | | |
| L-Dex Score | | | | | | | | | |

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