POVALE									A	F	C	ar	eg	iv	er	Lo	g															
ROYALE -	Name of Agency: Cor												onsumer Name:								Month/Year:											
0 - 95																																
AFC FLOW SHEET	1	2	3	_	_	6	7																					28	29	30	31	
Activities of Daily Living (ADL)	se c	odes	: 0-l	ndep	ende	ent (r	no he	lp ne	ede	d), 1	-Set	up, 2	-Sup	ervis	sion,	3-Ph	ysica	al As	sist,	4-De	pend	lent,	8-Ac	tivity	/ did	not o	occu	<u>r</u>				
	Sup	pervision and/or Assistance through the task																														
Positioning in bed or chair																												Ь	ļ	<u> </u>	<u> </u>	
Transferring																													<u> </u>		Ш.	
Locomotion/ambulation home																													<u> </u>	<u> </u>	<u> </u>	
Locomotion/ambulation outside																													<u> </u>		<u> </u>	
Dressing upper body																													ļ		<u> </u>	
Dressing lower body																																
Eating																																
Bathing																																
Personal Hygiene																																
Toileting																																
Incontinence Care:	Red	ord t	he n	umb	er of	time	s scl	nedu	led to	oileti	ng o	rinco	ontin	ence	care	pro	vided	d. Fo	r cat	hete	care	erec	ord "	C", fo	or co	losto	myc	are r	ecor	d "Cl	_"	
Bowel																																
Bladder																																
Instrumental Activities of Daily L	iving	(IAC	DL) (Used	odes	s: 0-l	nde	end	ent,	1-So	me H	le lp,	2-Ful	l He l	p, 3-E	By otl	ners	, 8-A	ctivit	y did	not	occu	r					-				
Meal Preparation																																
Ordinary Housework																																
Managing Finances																																
Managing Medications																																
Phone Use																																
Shopping																																
Transportation																																
Other Services	Ch	eck a	all tha	at oc	curre	d												•						•		•						
Adult Day Health																																
Alternative Placement																																
Skilled Nursing Visit																																
MD visit																																
Hospitalized																																
ER visit																																
Day Habilitation																																
Other																																
Caregiver Initials																																
	Prin	nary	Car	egive	er (In	itial/	Sign	ature	e):								_															
	Alternate Caregiver (Initial/Signature):																															
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Daily Notes	: Plea	ase no	ote an	y act	ivity	consi	dere	d out	t of the	e ord	inary.	Plea	ise da	ate an	ıd init	ial ea	ch no	ote. L	Jse a	dditio	nal p	aper i	f nec	essa	ry.								
Behavior										rventi	on									Outcome													
1 - Wanderi									1 - 1:											1 - No Change													
2 - Verbally										Snack										2 - In													
3 - Physical										Redire										3 - Worsened													
4 - Socially Inappropriate Behavior										ion ac																							
5 - Resists											(per C	are F	lan)																				
6 - Other							6 - O)ther																									
7 - Other																		-															
Daily Behav																																	
	1					6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
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Outcome								-	+	_																							
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Caregiver I	nitials																																

Description of Activities of Daily Living (ADL)

Positioning in Bed or Chair: Turning side to side, changing position while in bed or chair. **Transferring:** Moving in and out of bed; on/off chair, sofa, etc. (Exclude to/from bath/toilet)

Locomotion/Ambulation (in home): Walking/wheeling in the home (if in wheelchair, self-sufficiency once in chair). **Locomotion/Ambulation (outside):** Moving about outside the home (if in wheelchair, self-sufficiency once in chair).

Dressing upper body: Street clothes on/off from waist up. Includes prostheses and orthotics.

Dressing lower body: Street clothes on/off from waist down. Includes prostheses and

orthotics.

Eating: Taking in food by any method, including tube feeding.

Bathing: Full body bath/shower or sponge bath (does not include washing of back & hair).

Personal Hygiene: Shampooing, combing hair, brushing teeth/dentures, shaving, applying makeup, washing & drying of face & hands, washing feet

(EXCLUDES bath & showers)

Toileting: using toilet, commode, bedpan/urinal, transferring on/off toilet, cleaning self after toilet use, incontinence care, changing pad, managing any special

devices required (ostomy or catheter), and adjusting clothes.

Description of Instrumental Activities of Daily Living (IADL)

Meal Preparation: Planning meals, cooking, assembling ingredients, setting out food and utensils.

Ordinary Housework: Doing dishes, dusting, making bed, tidying up, laundry.

Managing Finances: Paying bills, balancing checkbook, balancing household expenses.

Managing Medications: Reminding to take medications, opening bottles.

Phone Use: Making or receiving phone calls (with or without assistive devices, i.e. large numbers on phone, amplification

devices).

Shopping: Selecting food and household items, managing money. **Transportation:** Traveling to places that are beyond walking distances.

Description of Behavior Problem

Wandering: Moving with no rational purpose seemingly oblivious to needs or safety.

Verbally Abusive Behavior: Threatening, screaming or cursing at

others.

Physically Abusive Behavior: Hitting, shoving or scratching.

Socially Inappropriate Behavior: Disruptive sounds, noisiness, screaming, self-abusive acts, disrobing in public, smearing or throwing feces,

rummaging, repetitive behavior or causing general disruption.

Resists Care: Resists assistance with medications, ADL assistance, eating or changes in position. Does not include refusal of care.