



DURHAM CONNECTS FIDELITY CHECKLIST

Nurse: _____

Date of home visit: _____

Observed home visit

Listened to recording

Fidelity Checklist

Initial Home Visit

Y/N	Activity	Comments
INTRODUCTION		
	Introduce self by name and call Mother by name. Begin with a few moments of light conversation.	
	Describe rationale for DC visit <ul style="list-style-type: none"> • Celebrate the new arrival. • Acknowledge that caring for a newborn can be a joyful and also difficult job involving parents losing sleep, having unanswered questions about their own health or that of the baby, and in general needing support for their new role. • Durham community has multiple services and resources that a parent may not know about or may not know how to contact. • Link family to resources that can support this period of new parenting. 	
	Describe structure for DC visit <ul style="list-style-type: none"> • Newborn assessment • Mom postpartum assessment • Assessment of family needs in 4 areas <ul style="list-style-type: none"> ○ Family health ○ Caring for baby ○ Household needs ○ Caring for yourself • Education about topics relevant to newborns • Referrals as needed • Mention follow up phone call 	

	Explain and obtain consents	
	Verify demographic information with client on computer	
	Tell me how you are doing	
	Tell me about your baby	
SUPPORT for HEALTH CARE (Parent, Infant health & safety, Health care plans)		
	Parent health and health care plans	
	Postpartum assessment for mother	
	Newborn health and health care plans	
	Family household safety	
	Newborn physical assessment Weigh and measure	
	<i>Teaching</i>	
	<i>Good relationship with baby's doctor</i>	
	<i>Import of taking care of self (mother)</i>	
SUPPORT for CARING FOR INFANT (Child care plans, Parent-child relationship, Mgmt. of crying)		
	Plans for child care: incl. emergency plans	
	What is it like taking care of (baby's name?)	
	Infant crying	
	<i>Teaching</i>	
	<i>Parents who plan ahead about child care keep emergencies from becoming crises and worry less</i>	
	<i>PURPLE MESSAGE: Babies cry about 5 hours per day, sometimes inconsolably; peaks around 6 weeks. Very frustrating. Put baby down and use support people.</i>	
	<i>Can't spoil a newborn by picking them up when they are crying.</i>	
SUPPORT for a SAFE HOME (Household/material, Family/community violence, Hx. Parenting difficulties)		
	Do you have what you need to take care of baby?	
	Assess need for community resources	
	Have you ever felt unsafe in home or neighborhood?	
	4 DV questions 1. Have you ever felt unsafe with your partner? 2. Has your partner or anyone else ever physically hurt you? 3. Has your partner or anyone else ever insulted or talked down to you? 4. Has your partner or anyone else ever made you do something sexual you did not want to do?	
	How was it for you growing up?	
	How were your parents?	
	<i>Teaching</i>	
	<i>Baby behavior is meaningful; communicating needs through cries movements and other vocalizations</i>	
	<i>Babies are affected by their physical and emotional environment- their home, the relationship they have with their caregivers, and the stress caregivers feel</i>	
	<i>Parenting is made easier or more difficult by our own childhood experiences or by the experiences we have had with our other children.</i>	

SUPPORT for PARENTS (Parent emotional well being, Substance abuse, Parent emotional support)	
	How is being the parent of a new baby?
	In past 2 weeks, have you been tearful or felt blue?
	How much alcohol, drugs, or medication do you use; and is this a problem?
	Who gives you support as a parent?
	<i>Teaching</i>
	<i>All parents have a hard time some of the time</i>
	<i>All parents need support, whether personal friends or groups in the community. Who takes care of you while you take care of baby?</i>
	<i>Common for problems with sadness and worry or over-reliance on alcohol or other substances to interfere in a new parents' ability to make the connection with their baby that they wanted to make.</i>
WRITTEN SCREENERS	
	If okay with you, we like to ask some of the most difficult questions about areas you might have needs in more than one way...
	Open screener for Mother and explain how she should enter her answers with the digital pen.
	Score screeners
	Review scores and responses (if necessary) with mother
LET'S PLAN	
	Using the computer, score matrix near end of 1 st session
	Discuss what is going well
	Discuss any perceived needs and prioritize them
	Use the Agency Finder to locate the best referrals for the family. Record referrals and teaching.
	Make referrals as needed
	Make general recommendations as needed
	Summarize current visit and make plan for next visit, (If plan to make a F/U visit, record on the Planning screen) telephone call, etc.
	Anything we forgot?
	Did the nurse integrate computer into the IHV?

Additional Comments: _____
