



PEAK ADVENTURES TRIP

YMCA Day CAMPS

Packing List

- Bag Lunch for Tuesday
- Sleeping Bag & Pillow
- Towel/Washcloth/Soap
- Shampoo/Conditioner
- Toothbrush/Toothpaste
- Deodorant
- Socks/Shoes/Sandals
- T-Shirts/Sweatshirt
- Shorts/Long Pants
- Hat/Sunglasses
- Swimsuit
- Underwear
- Sleep wear
- Rain Gear
- Flashlight
- Sunscreen
- Water bottle
- Spending Money *optional
- Medications

(ALL MEDICATIONS MUST BE SENT IN THEIR ORIGINAL CONTAINER ALONG WITH THE MEDICATION PERMISSION FORM)

Campers should be dropped off the Southdale YMCA at 8:00am on Tuesday. (Please let us know if you need to drop off earlier than 8:00 and we can make that accommodation.) We will pack up and head out to our trip. Campers will arrive back at the Southdale YMCA around 4:00 on Thursday. Campers will call parents on Thursday, when they know a more exact estimated arrival time.

Campers may bring MP3 players for the van ride only. Please have your camper leave cell phones and all other electronic devices at home. The YMCA can not be responsible for any lost or stolen items on our trip. If you need to get ahold of your child throughout the week, there will be a cell phone available and you will all be provided the number.

You may send your camper with some additional spending money. There will be opportunities to purchase items at gas stations, convenience stores and souvenir shops along the way. Please note: additional money is not required to attend the trip but is highly recommended.

Trips are hard on clothing & equipment. Consider each item carefully as you pack. Is it durable? What would happen if it were torn, lost or damaged? Please ensure that the clothing that is sent is appropriate for the trip. Be aware of what you pack and try to avoid over packing as space is limited.



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Dear Campers and Parents,

We are so excited that you have registered to take the challenge of the Peak Adventures Program this summer!

Campers from YMCA Day Camps across the twin cities will be taking these adventures together with highly trained and qualified Camp Staff trip leaders.

All trip expenses and meals will be provided for campers. Please refer to the back side for more information on what to pack and when the trip departs and returns.

Wisconsin Dell's Outdoor Adventure

Offered June 17-19 and July 29-31

Zip Line Adventures

Offered July 15-17 and August 12-14

Lansboro Bike and Cave Adventures

Offered July 8-10 and August 5-7

North Shore Kayaking and Alpine Slide Adventure

Offered June 24-26 and July 22-24

Call or email with any questions at 952-445-4700 or kiciyapi@ymcatwincities.org

Sincerely,