

**SUBSTANCE ABUSE INDIVIDUALIZED RECOVERY TREATMENT PLAN**

Consumer Name: \_\_\_\_\_ Date of Admission: \_\_\_\_\_

Diagnosis \_\_\_\_\_ Estimated Length of Stay \_\_\_\_\_

Level of Care I - \_\_\_\_\_ hours/week Continued Stay (circle one): 60 days 10 hours

Staff responsible: \_\_\_\_\_

**Problem Statement (in client's own words):**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Goal/Outcome I:** \_\_\_\_\_

\_\_\_\_\_

Consumer strengths and how they will be used to meet this goal: \_\_\_\_\_

\_\_\_\_\_

**Objective#** \_\_\_\_\_:

\_\_\_\_\_

Dimension: \_\_\_\_\_ Service: \_\_\_\_\_ Frequency: \_\_\_\_\_ Target Date: \_\_\_\_\_

**Objective #** \_\_\_\_\_:

\_\_\_\_\_

Dimension: \_\_\_\_\_ Service: \_\_\_\_\_ Frequency: \_\_\_\_\_ Target Date: \_\_\_\_\_

**Objective #** \_\_\_\_\_:

\_\_\_\_\_

Dimension: \_\_\_\_\_ Service: \_\_\_\_\_ Frequency: \_\_\_\_\_ Target Date: \_\_\_\_\_

**Objective #**\_\_\_\_: \_\_\_\_\_  
\_\_\_\_\_

Dimension:\_\_\_\_\_ Service:\_\_\_\_\_ Frequency:\_\_\_\_\_ Target Date:\_\_\_\_\_

**Objective #**\_\_\_\_: \_\_\_\_\_  
\_\_\_\_\_

Dimension:\_\_\_\_\_ Service:\_\_\_\_\_ Frequency:\_\_\_\_\_ Target Date:\_\_\_\_\_

**Problem Statement (in client's own words):**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Goal/Outcome II:** \_\_\_\_\_  
\_\_\_\_\_

Consumer strengths and how they will be used to meet this goal: \_\_\_\_\_  
\_\_\_\_\_

**Objective #**\_\_\_\_: \_\_\_\_\_  
\_\_\_\_\_

Dimension:\_\_\_\_\_ Service:\_\_\_\_\_ Frequency:\_\_\_\_\_ Target Date:\_\_\_\_\_

**Objective #**\_\_\_\_: \_\_\_\_\_  
\_\_\_\_\_

Dimension:\_\_\_\_\_ Service:\_\_\_\_\_ Frequency:\_\_\_\_\_ Target Date:\_\_\_\_\_

**Objective #**\_\_\_\_: \_\_\_\_\_  
\_\_\_\_\_

Dimension:\_\_\_\_\_ Service:\_\_\_\_\_ Frequency:\_\_\_\_\_ Target Date:\_\_\_\_\_

**Case Management Plan**

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**Goal/Outcome I:** \_\_\_\_\_

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**Objective #** \_\_\_\_ : \_\_\_\_\_

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Dimension: \_\_\_\_\_ Service: \_\_\_\_\_ Frequency: \_\_\_\_\_ Target Date: \_\_\_\_\_

**Objective #** \_\_\_\_ : \_\_\_\_\_

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Dimension: \_\_\_\_\_ Service: \_\_\_\_\_ Frequency: \_\_\_\_\_ Target Date: \_\_\_\_\_

**Objective #** \_\_\_\_ : \_\_\_\_\_

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Dimension: \_\_\_\_\_ Service: \_\_\_\_\_ Frequency: \_\_\_\_\_ Target Date: \_\_\_\_\_

**Goal/Outcome II:** \_\_\_\_\_

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**Objective #** \_\_\_\_ : \_\_\_\_\_

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Dimension: \_\_\_\_\_ Service: \_\_\_\_\_ Frequency: \_\_\_\_\_ Target Date: \_\_\_\_\_

**Objective #** \_\_\_\_ : \_\_\_\_\_

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Dimension: \_\_\_\_\_ Service: \_\_\_\_\_ Frequency: \_\_\_\_\_ Target Date: \_\_\_\_\_

## REFERENCE SHEET – SUBSTANCE ABUSE RECOVERY TREATMENT PLANS

01 – **Individual Counseling**

02 – **Group Counseling** – Consumers and their significant others process issues related to their treatment

06 – **Didactic Group** – Educate consumers and their significant others on a specific treatment-related topic

07 – **Recreation**

08 – **Telephonic Counseling**

12 – **Medication Monitoring** – Physician only

21 – **Case Management – Consumer Engagement and Retention**

22 – **Case Management – Intra-Agency Staffing**

23 – **Case Management – Case Coordination** – with other providers

41 – **Family or Significant Other** – meeting with a family member or significant other to discuss consumer's care

42 – **Other (Employer, Friend, Minister, etc.)** – meeting to discuss consumer's care

**CASE MANAGEMENT SERVICES: As part of my treatment planning; I will make reports to probation or other appropriate services client involved in and client will complete all recommendations.**

**Client has been oriented to services in the following manner: Informed of emergency phone number 911, appointment cancellation policy, group times, hours of operation, and agency phone number.**

**INDIVIDUALIZED RECOVERY TREATMENT PLAN DEVELOPMENT**

I acknowledge by my signature that the process for development of my Individualized Recovery Treatment Plan and the contents of my treatment plan have been explained to me. I further acknowledge that I participated in the development of my plan, have been offered a copy of the plan, have had a chance to ask questions, have had my questions answered, I understand my recovery treatment plan and agree to actively participate in implementing my plan.

I have \_\_\_accepted a copy of my recovery treatment plan.

Consumer Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_(Staff Initials) I acknowledge by my signature that I have explained the treatment planning process and contents of the treatment plan to the consumer and/or guardian.

Medical Director: \_\_\_\_\_ Date: \_\_\_\_\_

Responsible Staff: \_\_\_\_\_ Date: \_\_\_\_\_

Program Director: \_\_\_\_\_ Date: \_\_\_\_\_

Other Signatures/Date: \_\_\_\_\_

\*\*\*\*\*I have complete TB/HIV/STD Education

\_\_\_\_\_  
Client Signature/Date Therapist Signature/Date