

# Journey Together Conference 2013

A Conference for Addiction Professionals

Presented by  
**Middle Tennessee Association for  
Addiction Professionals**



**Music City Sheraton  
Nashville, Tennessee  
September 22nd, 23rd, 24th and 25th, 2013**

**Conference begins Sunday, September 22nd  
with 2 Evening Workshops**



# **Conference**

## **General Information**

### **Program Description and Objectives**

The overall goal of the conference is to bring together professionals working with addictions, substance use disorders, prevention and treatment. Participants will explore a variety of topics related to the medical, psychological, and familial aspects of the disease of addiction and share knowledge, expertise, and resource networking.

Participants who attend this conference will:

- explore the impact of alcohol and drug use on adolescent, adult and older adult clients and family systems;
- be introduced to the latest research and clinical interventions in addressing the relationship between alcohol and drug use, mood disorders, abuse, other addictions and the newest treatment modalities;
- understand and practice creative and unique treatment approaches, identifying other addictions, treatment issues when working with adolescents and older adults, addressing relapse prevention, and other professional issues.

## **Tuesday Evening Networking Reception**

**sponsored by**

**TAADAS.**

**5:45-8:00 pm**

**Hors d'oeuvres will be served**

## **Continuing Education, LADAC Licensure and License Renewal Hours, and Social Work CE credits**

This conference has been planned and implemented in accordance with the credentialing standards of the licensed Alcohol and Drug Abuse Counselor standards and provides **23** possible CE credits total. Credit hours will be broken into primary functions for those individuals pursuing licensure. This program was approved by the National Association of Social Workers – Tennessee Chapter (Provider Number: NASWTN 2009-0056) for 23 continuing education units.

**Conference Etiquette:** Participants are asked to turn off cell phones when attending sessions or change to a silent signal. Please step outside the room when responding to a call.

**Conference Credits:** Each participant is responsible for recording his or her attendance at workshops and should claim only those hours of credit actually spent in the educational activities.

**Breakout Sessions:** Afternoon sessions are held in the plenary area on the main hotel level . Workshop designations will be posted at the registration table and by meeting room doors.

Please “like” us on facebook at  
MTAADAC  
Follow us on  
Twitter @MTAADAC  
for updates regarding educational  
opportunities, meeting updates, and  
all the latest news.

## **PLENARY SESSIONS—KEYNOTE SPEAKERS**

**Monday, September 23rd**

**David “Chip” Dodd II, PhD**

**“The Essentials of Self:**

**How We Lose How We are Made”**

During this session participants will learn the connection between emotional experience and how relational development sets the stage to avoid emotional experience. Dr. Dodd will explore symptomology reactions we use to protect ourselves from emotional identification or awareness. Skills to help clients separate actions from worth and specific awareness of how the disease of addiction moves an individual away from healthy relational development into addictive survival oriented actions will be discussed. The participants will receive educational tools that allow them to teach their clients the connections between emotion and addiction. They will be able to normalize the experience of emotion for their clients, which reduces the reactive triggers in addiction.

**Tuesday, September 24th**

**Dr. Frances Patterson, PhD, MAC**

**“What We Don’t Talk About**

**Can Create Ethical Dilemmas”**

Ethics are not always absolute! Do you ever think about those things that were never discussed or you were not taught in your training to become an addictions professional? How do you manage payment for services? Or when you “can’t stand” a client. And we certainly don’t want to “feel” about a client!! What do we do when we feel “human”? These questions, among others, will be addressed during this workshop. Exploring how our personal values and experiences affect the therapeutic environment will also be discussed. Participants will be encouraged to challenge their own belief system and continue to question their own ethical understanding.

**Wednesday, September 25th**

**Rokelle Lerner**

**“Narcissism and Addiction: The Challenge of Recovery  
and Strategies for Healing”**

Many addicts suffer from false pride, entitlement and grandiosity that unfortunately do not disappear with sobriety. This narcissism interferes with personal and professional relationships that are so filled with conflict and pain that relapse often occurs. This lecture will examine the developmental roots and relational consequences of narcissism and offer tools to clinicians who recognize this destructive dynamic in treatment and recovery.

**Sunday, Sept. 22nd**

**Evening Session**

**5:30-8:30**

**Karen Dennis, LADAC**

**“Advanced Clinical Supervision”**

During this workshop participants will discuss Tennessee's Rules regarding clinical supervision for those supervising toward LADAC licensure. More complex issues regarding the Clinical Supervision process will be discussed so that supervisors can better serve their agency, their supervisees, and ultimately the addict and their family. Discussion will include problems that may occur in supervision.

**Philip Guinsburg, PhD, LADAC, Toby Abrams, LADAC**

**"Hypnosis as a Clinical Tool for Clients in Recovery"**

We will demystify the hypnotic process by looking at what it can and cannot do. Practical uses for hypnosis will be presented along with its limitations. Self hypnosis techniques have proven useful with clients in recovery and will be discussed. The second half of this workshop will allow participants to practice both roles, as subject and as hypnotist, using the hypnotic induction.

# PRESENTERS AND WORKSHOPS

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## M1

### **David “Chip” Dodd, PhD** **“Recovery from Addictions; Recovery of Life“**

During this workshop participants will explore the characteristics of emotional and spiritual make up. They will gain a foundational thought process from which to build their own therapeutic processes. Included will be exploration of the eight feeling tools that allow their clients capacity to gain use of feeling for their recovery growth. Clients can take greater responsibility for their self care. Participants will be able to identify and communicate to their clients self-measuring devices that allow their clients to maintain continued recovery.

### **Jack Mulgrew, PhD, ABPP, CGP**

## M2

### **“Experiential Psychotherapy: A Focus on Interpersonal Exchanges Within a Community of Peers”**

This workshop will focus on the therapist's ability to show up and not hide during the process of therapy and will include demonstration and discussion of the therapeutic value of the therapist being able to join with and individuate from the client during the time limits of the therapy session. Through experiential and didactic techniques participants will have the opportunity to explore interpersonal relationships with their peers. The impact of individual, interpersonal, and systemic dynamics will be explored. Each session is limited to 20 participants. **\$20 fee. (3 day participation required, 2 afternoon workshops each day)**

## M3

### **Dr. James Powers, MD** **“Addictions in Aging”**

During this workshop, Dr. Powers will discuss the demographics of the aging population and the unique problems with “baby boomers” coming of age. Discussion of issues of substance use and abuse in older adults will be included during this session. Participants will have the opportunity to express concerns they have when working with the older adult population.

## M4

### **Greg Elam, MD** **“Drug Testing Update”**

Discussion in this workshop will include the basic sciences of drug testing. Dr. Elam will also discuss the types of samples that can be tested and the pros and cons of each of these. He will include information on the drugs that are tested including the newer drug classifications (designer drugs).

## M5

### **Dr. Paul Ragan, MD** **“PTSD, Trauma and Addictions”**

This workshop will address the relationship between trauma, PTSD and the development of addictions. Dr. Ragan will share the latest research, treatment strategies for helping patients, and will reserve time for extensive Q&A with participants.

## M6

### **David “Chip” Dodd, PhD** **“Recovery from Addictions; Recovery of Life”**

During this workshop participants will explore the characteristics of emotional and spiritual make up. They will gain a foundational thought process from which to build their own therapeutic processes. Included will be exploration of the eight feeling tools that allow their clients capacity to gain use of feeling for their recovery growth. Clients can take greater responsibility for their self care. Participants will be able to identify and communicate to their clients self-measuring devices that allow their clients to maintain continued recovery. This is a repeat session of W1.

**M7** **Jack Mulgrew, PhD, ABPP, CGP**  
**“Experiential Psychotherapy: A Focus on Interpersonal Exchanges  
Within a Community of Peers” Part 2**

Continuation of the workshop. You may not take this session if you did not take Part 1.

**M8** **Dr. James Powers, MD**  
**“Older Adults”**

During this workshop, Dr. Powers will discuss the demographics of the aging population and the unique problems with “baby boomers” coming of age. Discussion of issues of substance use and abuse in older adults will be included during this session. Participants will have the opportunity to express concerns they have when working with the older adult population. This is a repeat session of M3.

**M9** **Michelle Ryder, MS**  
**“Colors of Leadership: Blending Cultural, Generations, Personality,  
and Sex in a Leadership Style for Success “**

Our Clients are not the only ones that resist change; often our employees are the ones that prove to be resistant for many reasons. Not every management style and approach fits every person. This presentation will focus on the best management practices for Clinical Supervisors, or anyone that manages people. This presentation will include revolutionary strategies to motivate and lead others in this ever changing fast paced environment. Considerations of Diversity, Age, Personality Styles and Gender Biases will all be discussed in a very interactive and participatory setting. We will discuss best practices for resolving conflict in the workplace, and developing high performing teams both in clinical and correctional environments.

**M10** **Dr. Paul Ragan, MD**  
**“PTSD, Trauma and Addictions”**

This workshop will address the relationship between trauma, PTSD and the development of addictions. Dr. Ragan will share the latest research, treatment strategies for helping patients, and will reserve time for extensive Q&A with participants. Repeat of M5.

**M11** **Helen Yonts, BSSW, CAC-II, LADAC, Reiki Practitioner**  
**“Introduction to Reiki”**

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. This technique can be administered to self or others. More and more, we are looking to complimentary medicines to help with pain relief and reduction of symptoms. Reiki requires no chemicals to gain the benefits of relieving pain and symptoms from illness. During this workshop participants will learn the history of Reiki, understand how Reiki works and it’s benefits and have an opportunity to experience Reiki. Workshop is limited to 15 participants.

**M12** **Trey King, CFE**  
**“Synthetic Drugs: An Emerging Epidemic”**

During this workshop participants will have the opportunity to gain information about synthetic drugs, how these drugs are manufactured/distributed and where these drugs are sold. Additionally, the dangers/health risks associated with these drugs and the laws prohibiting these new substances will be discussed.

**T1**

**Frances Patterson, PhD, MAC, BCPC, CCJAS, QCS**  
**“Situations that can Cause Ethical Turmoil”**

In this workshop participants will be able to examine vignettes that may be encountered by the addiction professional in clinical practice. Discussion will include some situations to help clarify how to keep ourselves safe and ethical when these situations or “taboo” topics arise.

**T2**      **Jack Mulgrew, PhD, ABPP, CGP**  
**““Experiential Psychotherapy: A Focus on Interpersonal Exchanges**  
**Within a Community of Peers” ” Part 3**

Continuation of workshop. You may not take this session if you did not take part 1&2.

**T3**      **Jennifer Albright, MA, ATR, LPC/MHSP**  
**“Treating Addiction and Trauma with Experiential/Creative Means”**

Participants will be introduced to art therapy and experiential techniques that will assist with identifying underlying trauma and will contribute to healing potential for clients in treatment. Therapists will be encouraged to learn coping skills that they can model for clients for emotional regulation with trauma.

**T4**      **Helen Yonts, BSSW, CAC-II, LADAC, Reiki Practitioner**  
**“Introduction to Reiki”**

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. This technique can be administered to self or others. More and more, we are looking to complimentary medicines to help with pain relief and reduction of symptoms. Reiki requires no chemicals to gain the benefits of relieving pain and symptoms from illness. During this workshop participants will learn the history of Reiki, understand how Reiki works and it’s benefits and have an opportunity to experience Reiki. Workshop is limited to 15 participants. This is a repeat of M11.

**T5**      **Kyle Cook, MSN, NNP-BC**  
**“Neonatal Abstinence Syndrome”**

Substance abuse among women of childbearing age places newborn infants at risk of developing Neonatal Abstinence Syndrome (NAS) after birth. NAS is a cluster of symptoms that occurs after a baby is born to a mother who has used opioids during the pregnancy. The incidence of NAS across the country is increasing, however at East Tennessee Children's Hospital (ETCH) we have seen a tenfold increase in the number of babies admitted for NAS treatment during the past three years. This presentation defines NAS and the protocol ETCH uses to assess and treat these infants. It describes the multi-disciplinary approach the physician team and staff designed to care for these unique patients. Additionally, the short term and long term outcomes and the potential long term effects of NAS are discussed.

**T6**      **Frances Patterson, PhD, MAC, BCPC, CCJAS, QCS**  
**“How will the DSM 5 Changes Affect Client Diagnoses?”**

Often addicted clients have great difficulty staying clean and sober, have multiple admissions to treatment programs and alienate all those close to them. This could be due to unrecognized and untreated mental disorders. One of the responsibilities of addictions professionals is to identify co-occurring mental disorders. During this workshop, participants will learn the changes in the DSM 5 that will affect diagnosis of substance use and mental disorders.



**T7**

**Jack Mulgrew, PhD, ABPP, CGP**

**““Experiential Psychotherapy: A Focus on Interpersonal Exchanges  
Within a Community of Peers” ” Part 4**

Continuation of workshop. You may not take this session if you did not take Part 1-3.

**Michelle Moore, LPC, NCC, Kent Fisher, LPC, LADAC**

**T8**

**“Somatic Experiential Therapy; a process for treating  
Process Addictions and Trauma.”**

Participants will get information about Somatic Experiential Therapy and how it is highly effective in treating process addictions. There will also be an explanation about the correlation between attachment trauma and love and sex addiction on a neurological level. We will give an explanation on how this is effective in creating Trauma Bonded relationships. Those who participate will get a brief description of the autonomic nervous system and how it is an intricate part of the assessment and treatment of process addictions. Finally there will be an experiential learning opportunity for participants to practice intervention techniques.

**Paul Mulloy, MA, LADAC**

**T9**

**“Best Practices in Corrections: Outcome Data in Transition  
from Jail to Community”**

In 2009, the Davidson County Sheriff's office was chosen as one of six pilot sites in the nation for the Transition from Jail to Community initiative. Since that time, the DCSO has developed, implemented, and maintained a system wide approach to classifying and administering programming for offenders to increase effectiveness in reentry for our community, offenders, and their families. This presentation will have a brief overview of the Proxy (RISK) tool, NDS assessment (NEEDS) tool, Comprehensive Release planning, and data show the overall outcomes to this point.

**T10**

**Kyle Cook, MSN, NNP-BC  
“Neonatal Abstinence Syndrome”**

Substance abuse among women of childbearing age places newborn infants at risk of developing Neonatal Abstinence Syndrome (NAS) after birth. NAS is a cluster of symptoms that occurs after a baby is born to a mother who has used opioids during the pregnancy. The incidence of NAS across the country is increasing, however at East Tennessee Children's Hospital (ETCH) we have seen a tenfold increase in the number of babies admitted for NAS treatment during the past three years. This presentation defines NAS and the protocol ETCH uses to assess and treat these infants. It describes the multi-disciplinary approach the physician team and staff designed to care for these unique patients. Additionally, the short term and long term outcomes and the potential long term effects of NAS are discussed. This is a repeat of T5.

**T11**

**Networking Reception  
Sponsored by TAADAS**

Join us for an evening of conversation and music brought to the conference by the Tennessee Association of Alcohol and Drug Abuse Services, the state association for treatment service provider agencies. Hors d'oeuvres will be served.

**W1**

**Rokelle Lerner**

**“Healing the Loss of Dreams: Strategies for Resolving Loss ”**

The loss of a dream is difficult to articulate and clinicians often miss their impact. When dreams are shattered it causes inexplicable grief that others may have difficulty comprehending. For every tangible loss there is always a dream attached and until those dreams have been identified and processed, losses will never be resolved and optimism is thwarted. This lecture focuses on specific tools that allow clients to move beyond loss into a new vision for their future.

**Jack Mulgrew, PhD, ABPP, CGP**

**W2**

**““Experiential Psychotherapy: A Focus on Interpersonal Exchanges Within a Community of Peers” ” Part 5**

Continuation of the workshop. You may not take this session if you did not take Part 1-4.

**W3**

**Karen Moran, LADAC, QCS**

**“Women, Trauma and Addiction ”**

We have come far in the addiction and trauma treatment field in our understanding that men and women are different, as are their needs when it comes to the mechanism of their addiction, and their needs in treatment and recovery. This workshop will explore briefly the journey to a more effective model for treating women with addiction and trauma issues, as well as explore specific intervention strategies that apply consideration to the significance of relationship factors for intervention and treatment within the scope of practice of the addiction specialist.

**W4**

**Tennessee Co-Occurring Disorders Collaborative Panel**

**Randy Jessee, Vickie Harden, Hilde Phipps, Jim Jones**

**“Integrating Treatment—Making Connections for Recovery” Part 1**

This workshop discusses the importance of an integrated treatment and recovery approach for individuals with co-occurring mental illness and addiction. Individuals with co-occurring psychiatric and substance disorders are increasingly recognized as a population that is highly prevalent in both addiction and mental health service systems. Additionally, they have long been recognized to be “system misfits” in systems of care that have been designed to treat one disorder only or only one disorder at a time. This session will define an approach that emphasizes the importance of a unified partnership that includes families, providers and individuals and ways to bridge the gap between mental health and addictions treatment, using evidence-based treatment approaches. Tips for navigating the treatment system will also be provided.

**W5**

**Susan Cunningham, LCSW, LADAC**

**“Taking the Mystery Out of the Oral Exam Process”**

Explore the mysteries behind Tennessee’s oral examination process to become a state Licensed Alcohol and Drug Counselor. Put into perspective the purpose of the primary functions, the laws, and ethics that support these functions. Take a walk that builds confidence and skills for taking the exam or supervising others.

**W6**

**Rokelle Lerner**  
**“Attachment, Romantic Love and a New Paradigm  
for Relational Recovery ”**

This workshop will begin with a discussion of an overview of approaches in working with couples in recovery. Since trauma history is not uncommon in recovering patients, I will demonstrate specific exercises that will assist in alleviating trauma based reactivity as well as explanation and practice of boundaries and self soothing strategies for couples. Finally, this workshop will include explanation of how brain chemistry, passion and differentiation are linked and what recovery couple’s can do to enhance their communication and intimacy.

**W7**

**Jack Mulgrew, PhD, ABPP, CGP**  
**““Experiential Psychotherapy: A Focus on Interpersonal Exchanges  
Within a Community of Peers” ” Part 6**

Continuation of the workshop. You may not take this session if you did not take Part 1-5.

**W8**

**Shelley Hudson**  
**“Introduction to Motivational Interviewing”**

Motivational interviewing is a client-centered method of engaging intrinsic motivation to change behavior by developing discrepancy, exploring and resolving ambivalence within the client. It is non-judgmental, non-confrontational, and non-adversarial. This approach attempts to increase client awareness of their problems and consequences as a result of their behavior, and consider change. This workshop is adventure based (participant interactive). Participants will be introduced to Motivational Interviewing concepts and review the basic micro skills (OARS) of MI. Introduction to the concept of “listening for meaning” will involve the use of chiji processing cards. Participants will interact in mini break-out groups to process concepts.

**W9**

**Tennessee Co-Occurring Disorders Collaborative Panel**  
**Randy Jessee, Vickie Harden, Hilde Phipps, Jim Jones**  
**“Integrating Treatment—Making Connections for Recovery” Part 2**

This workshop discusses the importance of an integrated treatment and recovery approach for individuals with co-occurring mental illness and addiction. Individuals with co-occurring psychiatric and substance disorders are increasingly recognized as a population that is highly prevalent in both addiction and mental health service systems. Additionally, they have long been recognized to be “system misfits” in systems of care that have been designed to treat one disorder only or only one disorder at a time. This session will define an approach that emphasizes the importance of a unified partnership that includes families, providers and individuals and ways to bridge the gap between mental health and addictions treatment, using evidence-based treatment approaches. Tips for navigating the treatment system will also be provided. Continuation of W4.

**W10**

**John Rollins, LADAC**  
**“How Not to Pass the Oral Exams ”**

During this workshop participants will discuss some of the common misconceptions of the oral exam process. The “dangers “ of the oral exams will be revealed. Participants will leave with answers to the questions: Am I prepared ?How Do I best participate in my

**The Journey Together Conference  
Welcomes all attendees to YOUR  
conference this year!**

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**Our special thanks to  
The Davidson County  
Sheriff's Office  
Color Guard**

**The color guard will open the  
Conference with the presentation  
of the Flags and the Pledge of  
Allegiance**

.....

**The Middle Tennessee Association for  
Addiction Professionals  
would like to offer our special thanks and  
acknowledge the following benefactors of our  
conference:**

**THE BETTY BARRETT &  
JUANITA BATEMAN  
FOUNDATION**

**MICHAEL AND JANET RICHARDSON  
BILL AND ROBIN KING  
TOM BLACK**

**Without these generous donors we would not  
be able to provide scholarships to our  
conference.**

**We also thank  
NAADAC/SAMHSA  
TAADAS**

**For contributing financial support**

### **Door Prizes**

**We are grateful to all who donated door prizes.  
Please enter for door prize drawings at the  
registration desk.**

**Only one entry per conference**

## **Conference Planning Committee**

**Kim Burchett, LADAC, NCAC II, Committee Co-chair**

**Toby Abrams, LADAC, Committee Co-chair**

**Phone # 615-386-3333**

Phil Guinsburg, PhD

Brian Van Camp, PhD, LADAC

John Rollins, LADAC

Roger Enlow, ADACI, CNC

Ann Nothnagle, MA, LADAC

Amber Stevenson, LCSW, LADAC

Terry Kinnaman, LADAC

Frances Patterson, PhD

Hank Connor, LADAC

Karen Van Camp

Joe Dabbs

Karen Dennis, LADAC

Pat Marks, LADAC

Tina Reddy, LADAC

Are you interested in joining the planning committee for the 2014 conference? Talk to one of the individuals above or contact Toby Abrams or Kim Burchett.

### **Exhibitors**

We encourage you to visit exhibitors outside the plenary, workshop and hospitality rooms. The bookstore is located in the Cumberland room. **Exhibitors at the Journey Together Conference are not necessarily endorsed by MTAADAC or the conference.**

### **Hospitality Suite**

The hospitality suite is located in the General Thomas/Hood rooms where you may enjoy refreshments during breaks. Coffee is available during morning breaks in the plenary room and the hospitality suite.

### **NAADAC/TAADAC Membership**

Are you a member of your professional association? Pick up membership benefits information and application in the exhibit hall. If you join during the conference you will receive a \$50 certificate towards your Journey Together 2014 registration fee.

# PLENARY PRESENTER BIOGRAPHIES

## **David “Chip” Dodd, II, PhD** **Monday Plenary Speaker**

Dr. Dodd is the founder and executive director of the Center for Professional Excellence, a treatment center for professionals with addiction, depression, burnout, anxiety, and other behavioral problems. He is also the founder and chairman of the board for Sage Hill Institute, a leadership development organization. He is the author of *The Voice of the Heart and The Perfect Loss*. Dr. Dodd graduated from the University of North Texas in 1990 where he received his Ph.D. in counseling and the University of Mississippi in 1985 with a master's degree in English. He is well known as a therapist, teacher, storyteller, and leader. He has two grown sons, and lives with his wife, Sonya, in Murfreesboro, TN.

## **Frances Patterson, PhD, LADAC, MAC, BCPC, CCJAS, QSAP, QCS** **Tuesday Plenary Speaker**

Dr. Patterson received her bachelors and masters degrees at VCU in the A&D Education Rehabilitation Program and PhD in Clinical Psychology at CSU. She holds a certification as a Criminal Justice Addictions Specialist with the NAFC and is board certified as a professional counselor with the American Psychotherapy Association (APA). She is a Qualified Clinical Supervisor for A&D licensure and serves as an oral examiner. She has worked as a counselor, supervisor and program administrator in treatment programs in VA and TN over the past 24 years. She is owner of Footprints Consulting Services, LLC in Nashville. She provides client education, program consultation, professional training, and clinical supervision. She has conducted professional training locally, statewide and nationally for over 20 years on addictions, mental health and professional counseling issues. She is currently NAADAC Regional VP for the SE Region, chair of the clinical issues committee, a member of the ethics committee and is an approved provider. Additionally, she is a past president of TAADAC and MTAADAC. In 2005 she was honored to receive the Lifetime Achievement award by TAADAC and in 2006 NAADAC's national Professional of the Year award.

## **Rokelle Lerner** **Wednesday Plenary Speaker**

Ms. Lerner is a psychotherapist, international consultant and lecturer on women, relationships, families and chemical dependency. Ms Lerner is the clinical director and co-creator of the InnerPath Programs for Cottonwood de Tucson. Ms Lerner has received numerous awards for her work including National Association for Children of Alcoholics award for life long achievement and Esquire Magazine's award for the top 100 women who are Changing the Nation. Rokelle has published: *The Object of My Affection is in My Reflection: Narcissistic Relationships*, *Living in the Comfort Zone: The Gift of Boundaries in Relationship*, *Affirmations for Adult Children of Alcoholics*, *Affirmations for the Inner Child*, *Building Relationships that Last: A Workbook for Singles and Couples*.

# WORKSHOP PRESENTER BIOGRAPHIES

## **Toby Abrams, LADAC**

Ms Abrams is the current President of TAADAC, the Tennessee Association for Addiction Professionals, and the Tennessee affiliate of NAADAC. Her practice includes clients from the wealthiest families as well as chronically homeless and addicted men, experiencing the poorest living conditions. This dual perspective affords a unique view into working strategies for clients in recovery.

## **Jennifer G. Albright, MA, ATR, LPC/MHSP**

Currently, Ms. Albright is teaching Methods and Principles of Substance Abuse Counseling at Southwestern Community College. Her licensure is in art therapy and counseling. She has been working in private practice with the Experiential Healing Center since 2009. Her work there is with addiction and trauma. Prior to her current position, Ms. Albright was the Treatment Coordinator at Memphis Recovery Center.

## **Kyle Cook, MSN, NNP-BC**

Ms. Cook holds a Master's degree in nursing. She is a Neonatal Nurse Practitioner and has earned nursing board certification from the National Certification Corporation. She is currently working at the Pediatrix Medical Group at East Tennessee Children's Hospital in Nashville. She has several years experience working with infants and children, including those born with Neonatal Abstinence Syndrome.

## **Susan Cunningham, LCSW, LADAC**

Ms. Cunningham, is the Director of Workforce Development for TRICOR. She holds an MS degree from UT's School of Social Work. She serves as an oral examiner for LADAC licensing. She also holds a certification as a Global Certified Development Facilitator. She has worked in social work for over 20 years and has worked with criminal justice clients for 15 years in a range of settings including transitional housing and other non-profits, county government, psychiatric hospitals, and state government. For several years she has presented statewide and nationally on offender reentry.

## **Karen Dennis, LADAC, NCAC**

Ms. Dennis has worked in the field of addiction for over thirty years, and has supervised clinicians for the last twenty-four. She is currently in private practice in Memphis, TN. In addition to addiction counseling services, she provides continuing education throughout Tennessee, and provides clinical supervision for both individuals and agencies. She is also a member of the NAADAC Clinical Issues Committee.

## **Greg Elam, MD**

Dr. Elam is certified by the American Association of Medical Review Officers. He is a member of the team of Medical Review Officers at National Toxicology Specialists. He has experience in dealing with controlled substance disorders and has supervised the review of over two million drug tests. He brings a very professional and personal approach to the review of drug tests. The MRO interview sets the tone for the future interactions, giving the MRO the opportunity to provide a possible approach to a shame based condition. Dr. Elam epitomizes the professional but compassionate physician in dealing with drug test issues.



## **WORKSHOP PRESENTER BIOGRAPHIES**

### **Kent D. Fisher, LPC, MHSP, LADAC, NCC, MAC, CETII, CSAT-S**

Mr. Fisher holds a Master's in Substance Abuse Counseling from the University of LA, and has over 20 years experience in treating addiction, trauma, codependency, and related disorders. He has a specialty in the area of human sexuality and working with issues of identity, orientation, abuse or addiction, and helping to restore individuals to their healthy sexual/relational selves. Mr. Fisher has taught courses in counseling and psychology at the college level. He has trained with pioneers in the field of addiction and mental health, as well as worked with the indigenous tribal elders of the Lakota Reservation. He is a Certified Somatic Transformation Therapist. He has presented at various conferences and workshops, including the ACA and the APA.

### **Philip Guinsburg, PhD, LADAC**

Dr. Guinsburg has been in the drug and alcohol field for 40 years. He was awarded, by TAADAC, both the Professional of the Year Award and the Lifetime Achievement Award. In 2004, NAADAC awarded him the honor of national Professional of the Year. Dr. Guinsburg has been able to present on various different topics. He has been an oral examiner for almost 15 years for the LADAC Licensing Board. He has been instrumental in helping to plan and implement the Journey Together Conference since it's beginning.

### **Vickie Harden, MSSW**

Ms. Harden holds a BS in Psychology from MTSU and MS in Social Work from UT. She is Senior VP of Clinical Services for Volunteer Behavioral Health. Her responsibilities include the oversight and development of specialty programs such as children's services, A&D and residential treatment services and therapeutic foster care, as well as many grants and contracts. Ms. Harden has over 20 years of experience in direct care, supervision and administration. She currently is an adjunct professor at MTSU and the UT College of Social Work graduate program. She has worked closely with the State of TN Office of Post-Conviction Defenders as a mitigation specialist and mental health consultant. She is a member of TAMHO and TN Co-Occurring Disorders Collaborative Steering Committee.

### **Shelly Hudson**

Ms. Hudson is the current Supervisor for the Family Services Division, Juvenile Court in Davidson County. She is a Member of Motivational Interviewing National Trainers (MINT), and Adjunct Instructor in the Master's level Substance Abuse course for Argosy University where she also instructs motivational interviewing.

### **Jim Jones, LCSW**

Mr. Jones is Clinical Program Manager at Pathways of TN in Jackson. He received his Masters of Science degree in Social Work from the University of Tennessee Memphis Branch in 1991. He began working at Pathways in 1992 providing counseling services to clients with a wide variety of diagnoses. He met the qualifications to become a Licensed Clinical Social Worker in 1995. He has managed several Outpatient Programs during his tenure at Pathways. He has been the manager of the Mobile Crisis Program since 1996 and in 1999 he was also given responsibility for the Substance Abuse Services Program. He is a trained Critical Incident Debriefing. Jim has been instrumental in the development and implementation of the Co-Occurring Treatment Program at Pathways. Mr. Jones is a member of the TAMHO Addictions Committee.

# WORKSHOP PRESENTER BIOGRAPHIES

## **Trey King, CFE**

Mr. King holds a BS in Criminal Justice Administration from MTSU. He is a Certified Fraud Examiner and has been an Investigator in the TN Office of the Attorney General and Reporter since 2004. He is on the Board of Directors of The Recovery Support Foundation of Rutherford County. Mr. King has received specialized training in criminal investigations from various state and federal law enforcement training entities. He has conducted numerous criminal and civil investigations pertaining to crimes involving public corruption, property crimes, other financial related crimes (white collar crimes), consumer protection violations, crimes against the State of TN, and most recently, in the area of synthetic drugs.

## **Randall Jessee, Ph.D., LPC**

Dr. Jessee is Senior Vice President of Specialty Services at Frontier Health in East TN where he has been since 1980. He received his Ph.D. at PA State University. He is a past president of TAADAS and chair of the TAMHO Addictions Committee. He currently serves as the chair of the Tennessee Co-Occurring Disorders Collaborative Steering Committee. He served as a consultant to the State of TN Bureau of A&D Services and is a founding member and currently president of the Coalition of Appalachian Substance Abuse Policy, a multi-stakeholder organization for Kentucky, Ohio, Tennessee, Virginia, and West Virginia. In 2012, he was appointed to the Tennessee Department of Mental Health Licensure Review Panel.

## **Michelle Moore, M.A., LPC, NCC, CSAT-S, CSTP**

Michelle has over 20 years experience in the addiction/mental health field. She holds a Masters in Substance Abuse Counseling from University of LA at Monroe. She has specialties in trauma, addiction, eating disorders, human sexuality, inner personal neurobiology, women's issues, and related disorders. Michelle has trained with top educators in the field. She is a Certified Sex Addiction Therapist, a trained Experiential Therapist, and certified in EMDR. She completed a 2 year fellowship with Sharon Stanley in Somatic Transformation. She has been an educator and professor, as well as worked with First Responders in traumatic incidents.

## **Karen Moran, LADAC, QCS**

Ms. Moran has been working in the field of addiction since 1989. Her professional history includes specialized work with adolescents and adults with substance use disorders, as well as individuals of all ages who struggle with codependency and other ACA issues. Additionally, she provides clinical supervision for those seeking licensure as substance addiction specialists. In May of 2010, she started Inner Vision Clinical Consulting, a counseling and consulting practice, working with individuals, couples, & families who seek their own "Inner Vision" for the healing journey.

## **Jack Mulgrew, Ph.D, ABPP, CGP**

Dr. Mulgrew is Director of the Gestalt Training Center, and is a Professor Emeritus at Appalachian State University. In 1975 he founded the Gestalt Center located in Boone, N.C. He has continued as director of the center from that time.

## **Paul Mulloy, MA, LADAC**

Mr. Mulloy has worked for the Davidson County Sheriff's Office for 21 years. He is currently DCSO Director of Programs. In his current position he is responsible for approximately 50 staff persons and 2000 persons in custody or on alternative sentencing. He supervises Pretrial Diversion, Day Reporting Program, DUI Safety School, IOP and Certified Batterer's Intervention Programming. Mr. Mulloy is also a nationally recognized trainer in Domestic Violence and Substance Abuse in Corrections.

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## **Hilde Phipps, MA, LADAC**

Ms. Phipps is the Director of Adult Addiction Services at Helen Ross McNabb Center, Centerpointe in Knoxville, TN. She holds a Master's degree in Pastoral Ministry from Trinity Theological Seminary. She has provided clinical care for 20 years and has 23 years of management experience. The TN Bureau of A&D Services selected her as the East TN Prevention Professional of the Year in 2002. Ms. Phipps graduated from the Community Action Committee Community Leadership Class in 2004. She is immediate past Chair of the Region II Planning Council, serves on TAMHO's Addiction Committee and TN Co-Occurring Disorders Collaborative Steering Committee. She is a past President of TAADAC. Ms. Phipps has received Addiction Professional of the Year and Lifetime Achievement Award by both ETAADAC and TAADAC.

## **James S. Powers, MD**

Dr. Powers is Associate Professor of Medicine at Vanderbilt University and Medical Director of the Senior Care Service. He is also Chief of Geriatrics at the VA Hospital. Dr. Powers and his colleagues have developed a Geriatric Program and serve many community agencies fostering services for seniors.

## **Paul Ragan, MD**

Dr. Ragan is an Associate Professor of Psychiatry at Vanderbilt University. He is a Senior Consulting and Psychiatrist, at Vanderbilt Hospital and Staff Psychiatrist in the PTSD Clinic, VA TN Valley Health System, Nashville Campus. He received his medical degree at the University of Arizona and his advanced training in Psychiatry at the Naval Hospital in Bethesda, MD and National Institute on Alcohol Abuse & Alcoholism, National Institutes of Health. He has been highly recognized in his field for his expertise and is extensively published in Medical and Psychiatric journals. Dr. Ragan is an expert in addiction and PTSD.

## **John Rollins, LADAC, QCS**

Mr. Rollins is a counselor and clinical supervisor at the VA centers in Nashville and Murfreesboro, TN where he has worked with veterans with addictions issues for 25 years. He has been an oral examiner for LADAC licensure since 1994. Additionally, Mr. Rollins has been involved with the Journey Together conference planning committee for the past 14 years.

## **Michelle L. Ryder, MS**

Ms. Ryder is currently the Director of Addictions Treatment and Behavioral Programs for Corrections Corporation of America. She was previously an Assistant Warden of Programs for this company as well at Marion County Jail II in Indianapolis. She has a BA in Criminology, and a Master's of Management and Leadership. She has over 15 years of experience in the addictions field and was a CADAC II in IN until 2011. Ms. Ryder worked for 7 years as a Case manager and Addictions Counselor at Volunteers of America, and was a Director of a Therapeutic Community for a Residential Correctional treatment program for Community Education Centers for 7 years.

## **Helen Yonts, LADAC**

Ms. Yonts has been working in the field of addictions for more than 20 years. She began her career in mental health and moved quickly to the field of substance abuse treatment. Ms. Yonts recently moved to SC to continue this work. She is currently working for Cornerstone in Greenwood, SC as a Clinical Counselor. She has sought for many years to help the addicted client manage pain (physical, emotional, spiritual) without the use of more chemicals. She is a Reiki Practitioner and has worked throughout TN and SC.

# CONFERENCE SCHEDULE AT A GLANCE

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>
7:30-9:00 Registration	7:30-9:00 Registration	7:30-9:00 Registration
8:45 Opening Ceremonies: color guard	8:45 Announcements	8:45 Announcements
9:00 Plenary 1 Rokelle Lerner	9:00 Plenary 2 Frances Patterson	9:00 Plenary 3 David “Chip” Dodd
10:30 BREAK	10:30 BREAK	10:30 BREAK
11:00 Plenary 1 David “Chip” Dodd	11:00 Plenary 2 Frances Patterson	11:00 Plenary 3 Rokelle Lerner
12:30 LUNCH A&D Licensure Board Q&A	12:30 LUNCH Regional Meetings	12:30 LUNCH TAADAC/NAADAC Meeting and Awards
	<b>Breakout Sessions</b>	
2-3:30 M1: Dodd M2: Mulgrew M3: Powers M4: Elam M5: Fultz	2-3:30 T1: Patterson T2: Mulgrew T3: Albright T4: Yonts T5: Cook	2-3:30 W1: Lerner W2: Mulgrew W3: Moran W4: Jessee, et al W5: Cunningham
3:30 BREAK	3:30 BREAK	3:30 BREAK
4-5:30 M6: Dodd M7: Mulgrew M8: Powers M9: Ryder M10: Ragan	4-5:30 T6: Patterson T7: Mulgrew T8: Moore T9: Mulloy T10: Cook	4-5:30 W6: Lerner W7: Mulgrew W8: Hudson W9: Jessee, et al W10: Rollins
6-8:00 M11: Yonts M12: King	5:45-8:00 T11: TAADAS reception	5:30 Certificates Distributed

**Registration Form**  
**Journey Together Conference**  
**September 22nd, 23rd, 24th, 25th, 2013**

NAME: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_

EMPLOYER: \_\_\_\_\_

DAY PHONE: (    ) \_\_\_\_\_ FAX: (    ) \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

**Indicate which workshops and lunches (included in conference registration fee) you plan to attend:**

\_\_\_\_ Mon. Lunch    \_\_\_\_ Tues Lunch    \_\_\_\_ Wed. Lunch

Vegetarian meals? \_\_\_\_\_

**Please choose only one workshop for each time slot: (If choosing Mulgrew or Yonts workshops, please indicate 2nd choice as participation is limited and is on a 1st come basis.)**

**Sunday, September 22nd**

5:30-8:30    S1 \_\_\_\_ Dennis  
                  S2 \_\_\_\_ Guinsburg/Abrams

**Monday, September 23rd**

2:00-3:30	M1 ____ Dodd	4:00-5:30	M6 ____ Dodd
	M2 ____ Mulgrew		M7 ____ Mulgrew
	M3 ____ Powers		M8 ____ Powers
	M4 ____ Elam		M9 ____ Ryder
	M5 ____ Fultz		M10 ____ Ragan
6:00-8:00	M11 ____ Yonts		
	M12 ____ King		

**Tuesday, September 24th**

2:00-3:30	T1 ____ Patterson	4:00-5:30	T6 ____ Patterson
	T2 ____ Mulgrew		T7 ____ Mulgrew
	T3 ____ Albright		T8 ____ Moore
	T4 ____ Yonts		T9 ____ Mulloy
	T5 ____ Cook		T10 ____ Cook
<b>5:45-8:00</b>	T11 ____ TAADAS Reception		

**Wednesday, September 25th**

2:00-3:30	W1 ____ Lerner	4:00-5:30	W6 ____ Lerner
	W2 ____ Mulgrew		W7 ____ Mulgrew
	W3 ____ Moran		W8 ____ Hudson
	W4 ____ Jessee, et al		W9 ____ Jessee, et al
	W5 ____ Cunningham		W10 ____ Rollins

# Fee and Payment for Conference

## Registration:

### Early Bird Rate before August 17th

TAADAC Members: \$195 \_\_\_\_  
Non-Members: \$230 \_\_\_\_

### Rates after August 17th

TAADAC Members: \$215 \_\_\_\_  
Non-Members: \$260 \_\_\_\_

### One Day Rate:

TAADAC Members: \$100 \_\_\_\_  
Non-Members: \$125 \_\_\_\_

### Fee for Mulgrew Workshop \$20 \_\_\_\_

**Payment:** \_\_\_\_ Check/MO \_\_\_\_ Credit Card Visa/MC  
Total \$ \_\_\_\_\_

For Credit Card Charges:

Card Type: MasterCard \_\_\_\_ Visa \_\_\_\_

Account Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

CVVS \_\_\_\_\_ (3 digit code on back of card)

Signature of Card Holder: \_\_\_\_\_

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**Credit card registrations can be phoned or faxed to  
Phil Guinsburg**

**Phone: 615-386-3333 Fax: 615-386-3353**

**(All credit card payments will be processed through Psychotherapy Services)**

**Organizational discount for 10 or more attendees.**

**Individual scholarships are available.**

**Please fax requests to Phil Guinsburg or submit in writing to the  
address below.**

**Submit completed registration form and payment to:  
MTAADAC 2313 21st Ave. S., Nashville, TN 37212**

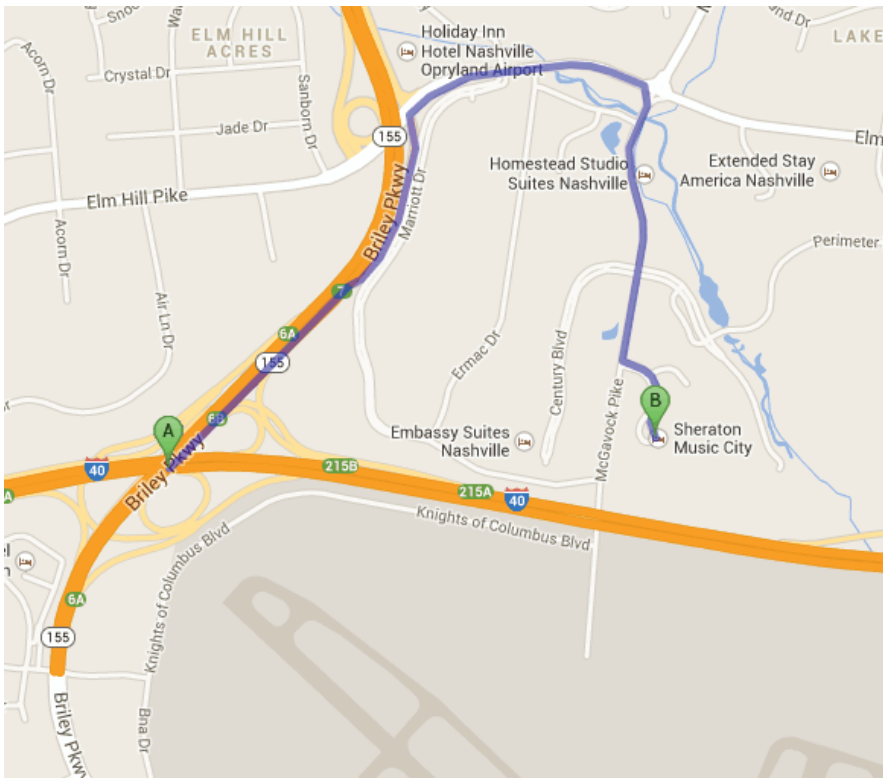
# Location and Accommodations

## Music City Sheraton

777 McGavock Pike  
Nashville, TN 37214  
615) 885-2200

Enjoy a warm, southern welcome at the Sheraton Music City Hotel. Connect with the heart of downtown Nashville at the Country Music Hall of Fame or experience the awe of The Grande Ole Opry. Spend a relaxing day at one of Nashville's beautiful state parks, the Adventure Science Center, or the home of President Andrew Jackson – The Hermitage. The Nashville International Airport is also just minutes away. Gather with friends for a relaxed conversation in our beautiful open-air courtyard. Or swim to your heart's content in our indoor and outdoor swimming pools. As evening falls, retreat to your spacious guest room or suite and step into the fresh air on your private balcony or patio. Over 33,000 square feet of centralized and elegant meeting space invites groups of 20 to 1,300 for meetings, events, galas, and weddings. Ask for the Journey Together Conference room rate of **\$109** per night, by **8/29/2013**. Do not delay and miss this early bargain!

**Take I-40 to Exit 215B - Briley Pkwy / North. Take exit 7, Elm Hill Pike. Turn right at bottom of exit. Go to McGavock Pike and turn right. Turn left into hotel drives and hotel is on the left.**



**MIDDLE TN ASSOC. OF ALCOHOLISM  
AND DRUG ABUSE COUNSELORS**

**Journey Together Conference**

2313 21st Avenue South  
Nashville, Tennessee 37212

**Return Service Requested**

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