

Rowlett High School Rhythmettes

Line Member *Packet*

2013-2014

For officer packet email or see Ms. Harwood at the
informational meeting.

LKHarwoo@garlandisd.net

RHYTHMETTES

ROWLETT HIGH SCHOOL 4700 PRESIDENT GEORGE BUSH TURNPIKE ROWLETT, TEXAS 75088 (972) 463-8690

Welcome to Rowlett High School! I am excited that you are interested in JV Drill Team. Rhythmettes will be an excellent opportunity for you to develop your dance skills, make new friends, display school spirit, and be part of an award winning organization. I hope after reading all requirements and expectations that you will be a Rhythmette for the 2013-2014 school year!

I expect all young ladies going to be on Rhythmettes to hold high standards for themselves and show respect for their teammates, officers, and school staff at all times. I expect the best out of my team; you will always represent this organization with your best manners and respect. Being a Rhythmette will be a great learning experience and fun for everyone.

The Rhythmettes JV Drill Team promotes school spirit while learning skills needed to continue on to Varsity Drill Team. You will also learn respect, manners, and skills that will last you a life time. JV Drill Team is a fun activity but requires a lot of time, dedication, and hard work. JV Drill Team is not conducted the same as a pee wee drill team. We have tryouts for every performance, have 2-4 practices weekly, and hold you to the standards set forth by the GISD JV Drill Team Constitution. Please make sure you are aware of the time commitment as well as the consequences given in the constitution if you should incur a violation of that document.

The following pages contain all information necessary to become acquainted with Rhythmettes. If interested, fill out the application in the Rhythmette Line Member packet and return by May 20, 2013. June 4th at 6 p.m. will be the fitting day for uniforms and practice wear. Everyone must attend the fitting to participate. At this time we will order uniforms, team shirts, practice wear and team warm ups. Please turn in all paper work on 5/20/2013 and payments will be due on 6/4/2013 at the fittings.

Please attend the informational meeting on April 17th, 2013 at 6 p.m. in the Rowlett High School Cafeteria to answer any concerns or questions you might have about the team and officer tryouts. Officer candidates and parents must attend this meeting at 6:00 and the following officer meeting at 6:45 for important information about officer tryouts. Afterwards, feel free to email any additional concerns or questions you might have to lkharwoo@garlandisd.net. (LKHARWOO)

I look forward to meeting you and working with you next year! I know it will be a year to remember for you as a Rhythmette and your freshman year in high school.

Katie Harwood
Rhythmette Director

IMPORTANT DATES

IMPORTANT DATES & INFORMATION

APRIL 17 MANDATORY MEETING *RHS Cafeteria*

* This is a mandatory meeting at 6:00 p.m. for girls who want information in joining the Rhythmettes. Officer Hopeful Meeting will follow around 6:45.

MAY 20 ALL OFFICER/ TEAM APPLICATION INFORMATION DUE

OFFICERS: Notebook, grades, attendance report, teacher recommendations as well as medical forms and Line Member applications. (*from Rhythmette line member packet*) are due.\

LINE MEMBERS: Grades, 3 Teacher Recommendations, Attendance Report and all application forms in packet

MAY 29-30 JV CLINIC

***Mandatory** for girls interested in JV drill team.

*Clinic in the RHS gym from 4:30 to 6:30 Come see what drill team is about!

*You will stretch, learn, and have fun getting to know each other.

MAY 30 MANDATORY TEAM INFORMATIONAL MEETING

*6:30 in RHS Cafeteria

JUNE 4 UNIFORM FITTINGS

*In the RHS Gym at 6:00 pm ... short meeting (6:00-6:15) and then fittings.

*Please be on time!

*All practice wear fees must be paid this day. Please bring cash or money order for Booster items. Texas Motion Sports will take check, cash, or credit card.

JUNE 15 MANDATORY TEAM PICTURES: 7:45 A.M. LOCATION TBA

*Roster headshots and team football program picture taken this day.

*Wear black shirt and jeans (no shorts or capris) please wear sandals

*DO NOT BE LATE!

JULY 31 – AUG 1 from 8 -11:00am

*Rhythmette summer practice at RHS (Meet at RHS ramp at 7:45)

AUG 5 - AUG 8 PRIVATE LINE CAMP: 8:45am- 3:30pm

*Camp will be held at Coyle Middle School and this is **MANDATORY** for every line member. We will learn all of our field routines. **If you are not present you will not participate during football season.**

(Showoffs will be August 8th at 5:00 p.m. \$2 Admission)

AUG 9 TEAM WORKSHOP w/Shary Anderson

- **MANDATORY** Coyle Middle School 9-4

AUG 14-15 TEAM PRACTICE 6:00-8:00 P.M.

*MANDATORY

*Officer Strut practice at RHS from 6:00-6:30

*Rhythmette practice 6:00 at RHS, meet at the ramp.

AUGUST 26 - FIRST DAY OF SCHOOL

*Wear your white jersey, jeans, tennis shoes (No sperry's or your performance keds), team earrings, make-up, hair half up/ half down with ribbon. (Team-Maroon, Line Leaders, Navy, Officers White)

IMPORTANT INFORMATION: (*Rhythmettes, please initial by each section.*)

____**LINE CAMP:** This is mandatory. If you do not attend line camp you will not perform during football season.

____**FUNDRAISING:** These are mandatory! We will begin fundraising this summer to get a head start on our account. As an organization we raise money in the fall for our spring banquet that every Rhythmette is invited to attend. If a minimum amount is given for a fundraiser the Rhythmette must meet that amount by participating or paying out of pocket.

____**ABSENCES:** The only excused absences are: personal illness, death in family, illness in family that requires out-of-town travel, funeral, mandatory court appearance, and religious holidays (*per GISD JV Constitution*). Everything else will count as an unexcused absence. It is very important that you understand *if you miss a tryout day the week of a game or a performance you will be out for that game/performance*, no matter if it is unexcused or excused. For an illness to be excused, your Rhythmette must come with a doctor's note stating you are too ill to dance. You also have to be present on the day of tryouts to be eligible to be in that performance. *Please email Ms. Harwood if you know you will be absent from school, game, or any function we participate in at least 24 hours in advance.*

____**PRACTICES:** Rhythmette practices are mandatory and held on Mondays, Tuesdays and Wednesdays after school 2:30-4:30. Please make arrangements now to make doctor and dentist appointments other than these days after school. On weeks that we have a Wednesday night JV game we will have practice Monday and Tuesday.

____**TUTORIALS:** Grades and eligibility are very important as part of your success on Rhythmettes and at Rowlett High School. That being said, the times your Rhythmette is available to attend tutorials is BEFORE school every day, on game days (When we do not have practice) and on Fridays.

____**JV GAMES:** Rhythmettes perform at all in-district (Garland, Rowlett, and Sachse, etc...) JV games on Wednesday or Thursday nights.

____**VARSITY GAMES:** The Rhythmettes are required to attend all in-district (Garland, Rowlett, and Sachse, etc...) Varsity games on Friday nights. They will not attend any Varsity games that are held on Thursday nights, unless specified beforehand.

____**TRANSPORTATION:** You are responsible for taking and picking up your Rhythmette from all games. We do not ride buses to any of the games. I will stay 5-10 minutes after the game and expect the girls to be picked up by then. I will issue demerits if it is longer than 15 minutes.

____**ARRIVAL TIMES:** The Rhythmettes will arrive to each game 30 minutes to an hour before the start time of the game. Please make arrangements if you work and can't be there that early for your Rhythmette to have a ride. Per the constitution, an absence is recorded if you are 20 minutes late. If you are more than 20 minutes late then it is counted as an absence and 10 demerits will be given at that time.

Rhythmette Turn in Check List

These items must be completed and returned in order to be a RHS Rhythmette by May 20, 2013. This is in addition to attending the JV Clinic, uniform fittings, the summer practices and all other Rhythmette activities:

_____ Constitution Verification

_____ Application Packet

_____ Part I: Rowlett High School Drill Team Application

_____ Part II: Health Form

_____ Part III: Permission For Medical Treatment

_____ Part IV: Parental Consent Form

_____ Part V: Rhythmettes Application (with photo)

_____ Teacher Recommendations

_____ Report Card

_____ Attendance Report

_____ Directory Sheet

_____ Medical History (physical required!)

*****This sheet is for your assistance in completing information and does not have to be returned*****

ROWLETT JV DRILL TEAM CONSTITUTION VERIFICATION

This document confirms that you the parent or guardian, and the student, have read and understand the Garland Independent School District JV drill team constitution that can be viewed at:

http://www.garlandisd.net/departments/drill_team/documents/JuniorVaristyDrillTeamConstitution_000.pdf.

By signing this document, you acknowledge the consequences for failure to abide by these rules, which may include grounds for dismissal from the JV drill team.

I, _____, parent/guardian of student and member of the Rhythmettes, _____, have read and discussed the Garland Independent School District JV drill team constitution. **I further understand anyone on the JV drill team who violates any of the rules of the GISD JV drill team constitution will serve the consequences set forth by the document.**

PARENT/GUARDIAN

DATE

JV DRILL TEAM MEMBER

DATE

***Please make sure you have read the document at the attached link or if you need a copy let me know. It is very important that you understand all consequences for violations of this document.

PART 1: ROWLETT HIGH SCHOOL DRILL TEAM APPLICATION

APPROVED: _____
Michelle Bounds, Principal

Dear Parents:

These are the rules and regulations for membership in the Junior Varsity Drill Team at Rowlett High School. If you are interested in your student becoming a member of this organization, please read the information on the following pages carefully and return this reference along with the following documents (I-V). If you need additional information you may email me at lkharwoo@garlandisd.net. (LKHARWOO)

We are looking forward to having your student in the Rowlett High School Drill Team.

NAME: _____

ADDRESS: _____

PHONE NUMBER: _____ STUDENT ID#: _____

SCHOOL NOW ATTENDING: _____

PRESENT GRADE LEVEL: _____

I understand that I will be required to attend mandatory summer practice and camp as scheduled and will be expected to stay after school for scheduled practices. I am fully aware and agree to accept the responsibility of being a member of the Rowlett High School Junior Varsity Drill Team.

Member's Signature

As a parent, I am aware of the extra costs and time necessary for my child to be a member of the drill team. I give my permission for my child to participate on the drill team.

Parent/Guardian's Signature

PART II: HEALTH FORM

TO THE PARENT:

As a member of the Rhythmettes, your daughter will participate in the following activities throughout football, basketball, and competition season:

1. Approximately two to four hours of strenuous physical activity per day.
2. Participation in half time performances at all Junior Varsity football games and Friday night games, as well as participation in the Labor Day parade. This involves physical and emotional stress.
3. Extra time spent at home and school in meetings and other activities related to Drill Team.
4. Your daughter will be dancing, jumping off of and manipulating wood props in some performances.

Because of these strenuous activities, Rhythmettes must be in good health and practice good health habits.

Please check and sign below:

1. Any health weakness such as, a bad back, weak knees, or weak ankles that would prohibit her from her giving her best possible performance?

YES _____ NO _____

2. Does she take any medication that would cause her harm if she exerted herself too much?

YES _____ NO _____

3. I believe that my daughter is in good health and practices good health habits.

YES _____ NO _____

4. My daughter may participate in drill team.

YES _____ NO _____

5. My daughter may do jump splits.

YES _____ NO _____

6. I realize that my daughter should care for her injuries and is responsible for maintaining a status report.

YES _____ NO _____

Parent's Signature

Candidate Signature

PART III: PERMISSION FOR MEDICAL TREATMENT

In the event of an emergency as a result of athletic participation that requires medical attention, I grant permission to the school and/or its employees, the _____ coaching staff, to take whatever action in deems necessary. If I cannot be reached, the _____ coaching staff is authorized to give consent for unexpected medical care and hospitalization to my son/daughter, _____.

Check one: YES _____ NO _____

I expect every effort will be made to contact me in order to receive my specific authorization before any medical treatment or hospitalization is taken.

Signed _____ Date _____ Phone # _____

Address _____

Home # _____ Business # _____ Cell # _____

Do you have medical insurance? Yes _____ No _____

Insurance Company Name _____ Policy # _____

Person to be notified other than parent or guardian in an emergency:

Emergency _____ Phone # _____

Family Doctor _____ Phone # _____

MEDICAL INFORMATION

	YES	NO
Kidney Injury	_____	_____
Heart Condition or Disease	_____	_____
Diabetes	_____	_____
Asthma	_____	_____
Date of last Tetanus Shot	_____	_____
Allergic to any medication (PLEASE STATE):		

Additional medical information that may be helpful (PLEASE STATE):

PART IV: PARENTAL CONSENT FORM

_____ and I have discussed the
RHYTHMETTE
responsibilities of being a member of the Rhythmettes, such as cost, time involved, and
physical requirements. I understand her obligations and responsibilities of being a
Rhythmette and I will help her in her assignment for the entire year. I have received
and read the GISD regulations and my child and I will abide by them.

Signature of Parent/Guardian

Date

Signature of Parent/Guardian

Date

In case of emergency, contact:

Name

Address _____

City, Zip _____

Home Phone _____

Work Phone _____

Cell Phone _____

PART V: RHYTHMETTES APPLICATION

Attach Photo Here:

Full Name: _____
(Last) (First) (Middle)

Complete Address _____

Phone # _____ Age _____ Birthday _____

Classification (circle one) FRESHMAN SOPHOMORE JUNIOR

Are you employed? _____ Where? _____

of hours per week _____

Would your employment interfere with Rhythmettes practice or performance? _____

Have you ever been in Drill Team or a similar activity? _____

Have you ever taken dancing lessons? _____

Where and for how long? _____

To what other clubs or organizations do you belong? _____

Why are you interested in becoming a Rhythmette? _____

I have read all the rules and regulations and received a constitution of the Rhythmettes and will participate in all required activities. I understand to remain eligible; Rhythmettes must pass all courses each six weeks.

Candidate's Signature

Date

Directory Sheet

Name: _____

Grade (9, 10, 11, 12): _____

Address: _____

Home Ph. #: _____

Rhythmette Cell #: _____

Rhythmette Email: _____

Rhythmette Birthday: _____

Parent/Guardian Names: _____

Parents #s: (D) _____

(M) _____

Parents Emails: (D) _____

(This is how I contact you with updates) (M) _____

Interested in booster club position? Yes _____ No _____

Please choose one of committees you are interested in serving. *Water/ Ice, Snacks, Fundraising, Homecoming, Banquet, Competition Season, Prop Helper*

Please make sure you
include a copy of your
report card and
attendance record.

Please get 3 teachers to
fill out the attached
form and include in
your packet or they can
email me.

Teacher Recommendation
Rowlett High School Rhythmettes
JV Drill Team

Teacher: _____

From: Katie Harwood, Director

Please email me the form at lkharwoo@garlandisd.net or send through GISD mail to Box 407. Thank you!

*Must be received by May 20, 2013.

Student Name: _____

Student ID# _____

Grade in your class: _____

1.) How is this student's behavior in your classroom?

2.) Would this student be a good role model for Rowlett High School as a member of the JV Drill Team?

3.) Please list any other information you think will be useful.

*The information given will be kept confidential.

UNIFORM AND PRACTICE WEAR EXPENSES
Costs if buying everything new
****Prices tentative, based on 2012-2013 items****

PRACTICE WEAR

4 TOPS/1 BERMUDA PANTS/ LONG PANTS	\$137.50
TIGHTS	\$11.90

ACCESSORIES

GAME DAY SHIRT	
JERSEY	\$35.75
WARM UPS	\$79.05
CAMISOLE SPORTS BRA	\$16.25
BAG	\$18.40
POMS	\$32.90
PRACTICE SHOES	\$40.05
SHIPPING & HANDLING	\$8.65

TOTAL TO TEXAS MOTION SPORTS **\$380.45**

UNIFORM **\$85.00**

(This does not include sleeves and leotard...this is additional but we have a team set of them if you would like to rent them used for \$10 each)

Team seat cushion, ribbon & earrings	\$15.00
Field performance "ked" like shoes	\$15.00
Field Makeup	\$22.00
Team T-Shirts	\$20.00
CAMP FEE	\$40.00
WORKSHOP	\$25.00
BOOSTER ACTIVITY FEES PER SEMESTER	\$90.00

TOTAL TO RHYTHMETTE BOOSTER CLUB **\$312.00**

***At least half is due on JUNE 4th (Cash, check, or money orders accepted)

***** There will be used uniforms and practice wear for sale from old Rhythmettes for half price. *****

**** You will be required to purchase white crew socks for field performances. ****