

Intra ve no us se da tion



What is intra ve no us se da tion?


Intra ve no us se da tion is so me thing to make you feel calm and relaxed.


It is no rma lly given to you via :


- your mouth
- your nose
- a drip in your hand.



About my appointment..

 My appointment is on _____.

 The time of my appointment is _____.

 My appointment is at _____

_____.

Please tell us if you can't come to your appointment. We won't be cross.

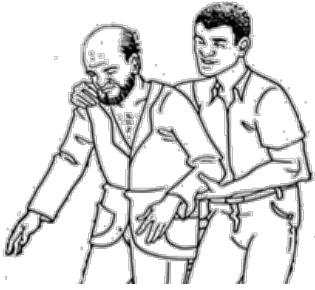


On the day of my appointment..

Tell the dentist if you are having a baby (you are pregnant).



Tell the dentist if you are trying for a baby (trying to get pregnant).



Bring someone with you

A responsible adult should:

- come with you to the appointment
- wait while you have your treatment
- take you home
- stay with you for the rest of the day
- stay with you for the night.




If you do not have someone with you we may not be able to give you treatment.



Bring two people with you if you need to be taken home by car.




Eat a small meal

You should eat it at least **2 hours**  before your appointment.

It should be healthy and low in fat.




Take your medicine

If you have medicines then take them at the normal time .

Remember to tell us what medicines you take.



Do not drink alcohol (for example beer or wine)

Do not drink alcohol in the 24 hours  before your appointment.



Clothes and shoes

Wear clothes that are comfortable.

Wear flat shoes.



Make sure you can show us the top of your arm.
This is so we can take your blood pressure.



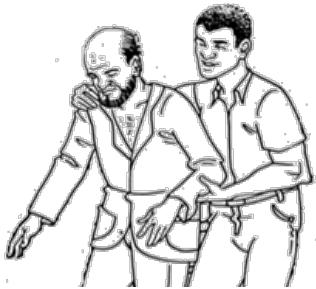
Do you feel ill?

Make sure you tell us if you have a cold, blocked nose or feel ill.

Na il va mish

Do not wear nail varnish or false nails to your appointment.

After my appointment...



Going home

Travel home with your responsible adults by car. You will not be allowed to drive.

Someone to help you

A responsible adult should:

- take you home
- stay with you for the rest of the day
- stay with you for the night.



Driving

You should **not** drive a car or ride a bike until the next day.



Do not drink alcohol (for example beer or wine)

Do not drink alcohol for the rest of the day.



Do not sign anything

Do not sign any legal or business documents.



Do not look after children

Do not look after babies or young children on your own.





Going to work

If you feel better the day after you can go back to work.


Contact us

 **Aylesham** 01304 843790


 **Ashford, Rainbow Centre**
0300 042 0954

 **Broadstairs** 01843 255311


 **Canterbury** 01227 597022


 **Dover** 01304 865556


 **Faversham** 01795 562027

 **Margate, Greenbanks**
0300 042 0865

 **Heme Bay** 01227 594832

 **New Romney** 01797 246613

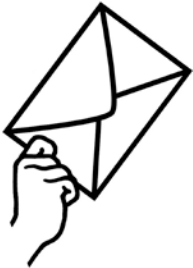
 **Ramsgate** 01843 255211

 **Appleby** 0207 4457035

 **Shewsbury** 0208 5865002



Head office phone 0300 790 0158



Address Kent Community Health NHS
Foundation Trust
Dental Service
Capital House
Jubilee Way
Faversham
Kent ME13 8GD

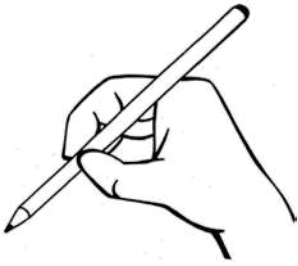
What do I do in an emergency?

For teeth (dental) emergencies you can:

- Phone NHS 111.
It is an NHS helpline open all day and night.
- Out of hours you can phone DentaLine on
01634 890300.



Questions I want to ask the dentist...



If you have any questions you want to ask the dentist you can write them below...

Need help?



Our Customer Care Team can support you.

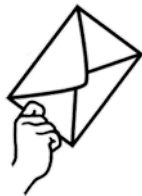
You can ask a question or tell them if you are unhappy about something.



Phone: 0300 123 1807 (they can phone you back)



Email: kc.ht.c.c.t@nhs.net



Post:

Customer Care Team

Kent Community Health NHS Foundation Trust

Trinity House

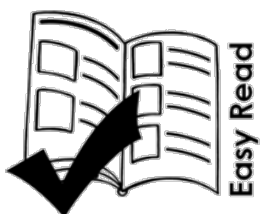
110-120 Upper Pemberton

Eureka Park

Ashford

Kent TN25 4AZ

Made using CHANGE pictures www.changepeople.org



This information was made with help from people with learning difficulties.

Code: 00600a
Published: April 2015
Expires: April 2018
Page 8 of 8