

HEALTH CARE PROXY

(New York Public Health Law, Article 29-C, Section 2981)

I, _____ (name
of principal) hereby appoint _____

_____ (name,
home address and telephone number of agent) as my health care agent to make any and all
health care decisions for me, except to the extent I state otherwise.

This health care proxy shall take effect in the event I become unable to make my own health care
decisions.

NOTE: Although not necessary, and neither encouraged nor discouraged, you may wish to state
instructions or wishes, and limit your agent`s authority. Unless your agent knows your wishes
about artificial nutrition and hydration, your agent will not have authority to decide about
artificial nutrition and hydration. If you choose to state instructions, wishes, or limits, please do
so below:

I direct my agent to make health care decisions in accordance with my wishes and instructions as
stated above or as otherwise known to him or her. I also direct my agent to abide by any
limitations on his or her authority as stated above or as otherwise known to him or her.

In the event the person I appoint above is unable, unwilling or unavailable to act as my health
care agent, I hereby appoint _____

(name, home address and telephone number of alternate agent) as my health care agent.

I understand that, unless I revoke it, this proxy will remain in effect indefinitely or until the date or occurrence of the condition I have stated below:

(Please complete the following if you do NOT want this health care proxy to be in effect indefinitely):

This proxy shall expire: _____ (Specify date or condition)

Signature:

Address:

Date:

I declare that the person who signed or asked another to sign this document is personally known to me and appears to be of sound mind and acting willingly and free from duress. He or she signed (or asked another to sign for him or her) this document in my presence and that person signed in my presence. I am not the person appointed as agent by this document.

Witness: _____

Address: _____

Witness: _____

Address: _____
