



June 3rd, 2016

Dear Parents,

Thank you for choosing the Winnetka Park District for your summer camp experience. We truly appreciate the decision to send your child to camp and hope we make this a safe, fun, and memorable summer.

Adventure Camp provides children entering 7th – 9th grade an exciting opportunity to partake in a variety of activities they might normally get to experience. Along with sports, games, and recreational activities, this camp will travel and go on many interesting and unique field trips. Campers are expected to have a bike on many days throughout the summer, so please plan accordingly.

Camp officially begins on Monday, June 13th at the Maple St. Beach House. *If you are signed up for the second session, your first day is Monday, July 11th.* There is a list of the scheduled field trips attached near the end of this packet, but please note these are only trips which we will riding the bus and does not encompass the entire summer. Your camp director will be providing you with a more detailed calendar laying out the entire session after the first day.

Please take a few brief moments to look over the enclosed materials. While there is quite a bit of information—which I highly recommend reviewing—there is a table of contents to help you decipher any specific questions you may have in your mind. Please note that there are different policies and procedures for each of our summer camps; if you have children attending multiple WPD camps please make sure to look for differences (e.g. drop-off and pick-up). *There is also an **emergency form** in the back of your manual which needs to be **reviewed, signed, and returned** by the time camp begins.*

If you have any issues prior to the start of camp, please contact us at (847) 501-2040. Once camp starts, please contact the camp director with any issues that may arise. We hope your child has a wonderful summer.

Sincerely,

A handwritten signature in black ink, appearing to read "Toby Ross".

Toby Ross
Recreation Supervisor

A handwritten signature in black ink, appearing to read "Sam Scherer".

Sam Scherer
Camp Director



540 HIBBARD ROAD, WINNETKA, IL 60093
Email: wpdinfo@winpark.org

847-501-2040, FAX: 847-501-5779
Website: www.winnpark.org



recycled paper

Adventure Camp
Parent Manual



2016



Camp Parent Manual Table of Contents

Alphabetical

- ❖ **Emergency Form 12**
- ❖ Additional Medication Forms8
- ❖ Allergies.....8
- ❖ Attendance Policy3-4
- ❖ Attire5
- ❖ Beach Day.....6
- ❖ Bicycling5
- ❖ Cellphone/Portable Electronics Policy.....9-10
- ❖ Dates3
- ❖ Discharge Policy10
- ❖ Discipline10
- ❖ Drop-off.....4
- ❖ Emergency Contact Information.....8
- ❖ Extreme Heat7
- ❖ Field Trip Schedule11
- ❖ Field Trips6
- ❖ Groups.....6
- ❖ Important WPD Contact Information3
- ❖ Location.....3
- ❖ Lost & Found7-8
- ❖ Newsletters7
- ❖ Parent Guidelines.....9
- ❖ Parent Night3
- ❖ Participant Ratios6
- ❖ Pick-up.....4-5
- ❖ Program Evaluation.....10
- ❖ **Rainout Line & Rainy Day Procedures (UPDATED!).....7**
- ❖ Snacks & Lunch5-6
- ❖ Special Needs9
- ❖ Sunscreen Policy7
- ❖ Times3
- ❖ Visiting Camp5

IMPORTANT WPD CONTACT INFORMATION

- ❖ Sam Scherer, *Adventure Camp Director*: (847) 770-0843
- ❖ Toby Ross, *Recreation Supervisor*: (847) 501-2071; tross@winpark.org
- ❖ **UPDATED!** Rainout Line, (847) 563-3131, <http://www.winpark.org/weather-cancellations/>
- ❖ Winnetka Park District: (847) 501-2040; <http://www.winpark.org>

LOCATION

Adventure Camp will meet daily at Maple St. Park and utilize both the beach and beach house. Drop-off will occur at Maple St. Park in the parking lot. Please see the *Drop-off & Pick-up* sections of this manual for your specific procedures and map.

DATES

Adventure Camp Session I runs from June 13th through July 8th with Session II running from July 11th through August 5th. Both sessions of Adventure Camp are different, so if your schedule permits it, I highly recommend registering for both sessions!

There will be NO camp on Monday, July 4th; however, we strongly urge everyone to take part in our Fourth of July Celebration which includes the Parade at 10:00am (campers can even walk in the parade!), Events on the Green immediately following, Fourthfest at 6:00pm, and the Fireworks display at 9:20pm.

TIMES

Camp runs from 9:00am – 3:00pm.

PARENT NIGHT

Join us for an informational parent meeting on Tuesday, June 7th at 5:30pm in the Park District Community Room at 540 Hibbard Rd. This meeting can be an excellent opportunity to ask any specific questions you may have regarding the program, or receive clarification on anything written in this manual, as well as meet the camp director. After a brief overview of some frequently asked questions, we will break into small groups with each camp director available for questions.

ATTENDANCE POLICY

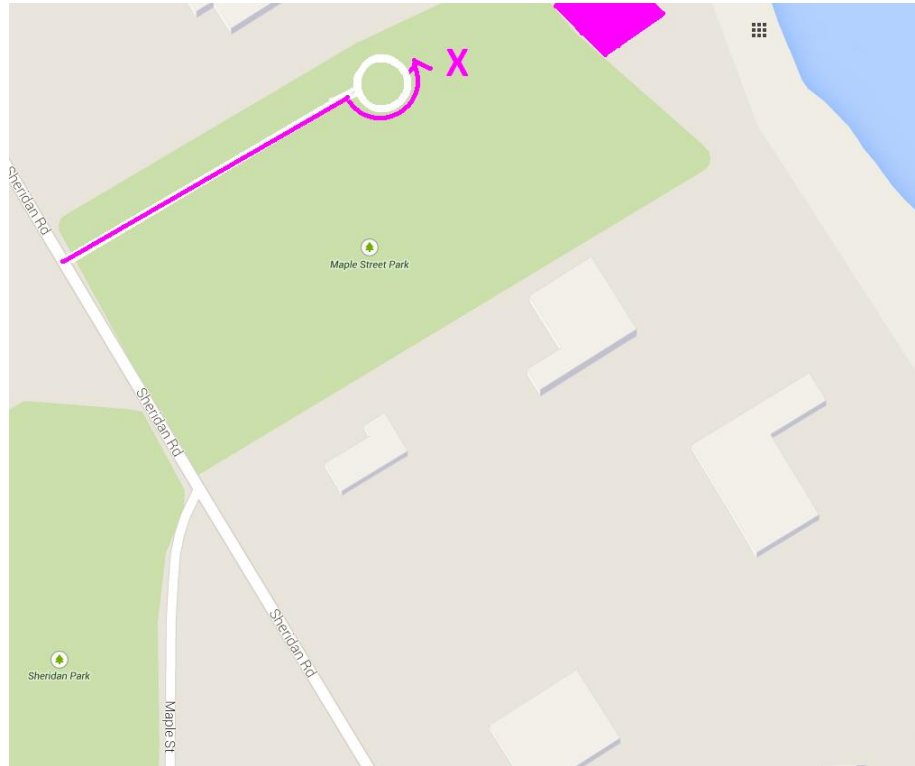
In order to ensure the safety of our campers, we ask that you let us know if your child will be leaving early or missing camp. If you have prior knowledge of an absence, please put it in writing and give it to your child's counselor or the camp director. If your child is not present at camp and we did not receive any notification, we will contact you to determine the cause of the absence.

If you do not have advanced notice (illness, etc.), please call the camp director at (847) 770-0843 by 8:50am to report the absence or special pick-up request. If no one is available to answer your call, please leave a message.

While this is extremely important every day, it is especially vital on field trip days since we are often on a fixed schedule and would prefer not to leave someone behind.

DROP-OFF

Drop-off for Adventure Camp will be in the Maple St. Park parking lot. Please follow the instructions of the staff and the signs posted to keep traffic flowing. If there are any special notes that need to be passed along to your child's counselor or director, please make sure to indicate it at this time.



PICK-UP

Pick-up will occur in the same location and follow the same procedures with an added component of signing your child out of camp. Please complete the attached *Emergency Form* and Authorized

Sign-out List section if you have someone who will be picking up your child regularly (e.g. babysitter, grandparent, etc.). If anyone other than the parent is picking up your camper, please notify the camp director with a written note indicating the name and phone number of the person who is approved to sign your child out of camp. Without a written note, only authorized individuals and parents may sign their child out of camp. ***Camp staff have been instructed to NOT let campers leave with anyone other than their parents, pre-authorized individuals, or someone temporarily authorized from a written note. Staff may ask to see a photo ID if they do not recognize the person picking up the child and have the right to refuse dismissal until appropriate confirmation has been determined.*** Thank you for your cooperation in this matter.

If your child is walking or biking to or from camp, please check the appropriate box on the emergency form granting permission for his/her counselor to dismiss him/her at the end of camp each day. **Your child will not be allowed to sign themselves out of camp early for any reason.**

*****For the safety of your children we require that counselors remain on-site until all their children have left. Please reciprocate this courtesy by being on time at dismissal. If an emergency arises and you know you will be late, please call your camp director at (847) 770-0843. Tardiness will result in fines. Fines will be \$10 for the first 15 minutes and \$5 per minute thereafter.*****

BICYCLING

Due to the amount of travelling, it is vital for campers to have access to a bicycle while at Adventure Camp.

If your child will be allowed to ride his or her bicycle to camp, and subsequently be able to sign themselves in and out of camp, you must fill out the attached *Emergency Form* (page 12) at the back of this manual, check the appropriate box, and return it to your camp director before your child may be allowed to leave on their own accord. Your child will **not** be allowed to **sign themselves out of camp early** for any reason.

Children bicycling to camp are strongly encouraged to bring a lock to secure their bicycles.

The Winnetka Park District will not be held responsible for any lost or stolen equipment at camp.

VISITING CAMP

The only reason to visit camp outside of drop-off and pick-up would be to deliver something left behind or to pick-up a child early. Please see the *Attendance Policy* above for instructions on how to pick-up your child early from camp. If any person fails to cooperate with staff regarding these procedures, they will be referred to Toby Ross, and if necessary, the Winnetka Police Department.

Adventure Camp is constantly moving and thusly hard to visit. If you need to get in touch with the camp please contact the camp director at (847) 770-0843.

ATTIRE

Campers should wear comfortable clothing that is alright to get messy. We ask that you refrain from sending them to camp in good clothes. Gym shoes or sandals with straps should be worn each day. **Flip-flops are NOT appropriate for camp.**

Each camper will receive one camp T-shirt. We will make every effort to see that your child gets the proper size. **Camp t-shirts MUST be worn on all field trips.**

SNACKS & LUNCH

Each day you should send your child to camp with two snacks, a lunch, and drink (preferably a water bottle which can be refilled). Lunch will be eaten at approximately 12:05pm each day. There will be NO access to any type of refrigeration, so please pack their snack(s)/lunch accordingly. Occasionally lunch will be provided on field trip days, but plan on bringing a lunch every day unless otherwise notified. Please make sure to check out our optional, fee-based lunch service at

<https://marlaslunch.orderlunches.com/> for purchasable lunch options and avoid worrying about packing a lunch every day! Please read our Allergies section on page 8 for more information.

Due to the ever increasing rash of food allergies in our society, we do ask that you make every attempt to be as considerate as possible and make efforts to avoid sending your children with foods typically beleaguered with dangerous reactions (e.g. peanuts).

GROUPS

Due to the age of children at Adventure Camp, we do not set the children into specifically defined groups. You will be contacted the weekend prior to the start of camp by one of the counselors who will be with your child for the summer. If, for some reason, you did not get the chance to communicate with your camp counselor, please direct your concerns to the camp director on the first day of camp.

PARTICIPANT RATIOS

The camper to counselor ratio at Adventure Camp strives to keep a better than 8:1 ratio at all times, but will never exceed a ratio of 10:1.

FIELD TRIPS

Adventure Camp will go on a multitude of field trips throughout the course of camp. Field trips are all day activities. There are no alternative transportation plans for children on field trip days. We depart for most field trips at approximately 9:15am and will return just before 3:00pm so it is imperative that you drop your child off on time. There is no additional fee to participate on field trip days. ***Trips may be added, removed, and/or altered from the list provided due to outstanding circumstances (e.g. weather, rainouts, rescheduling).***

Please note that all excursions are NOT listed in this document; only trips that will require the use of a bus have been included--bike trips (e.g. kayaking) are not included. A calendar will be distributed during the first week outlining the activities for the session.

Camp t-shirts MUST be worn on field trips.

Please see page 11 for our full list of scheduled field trips.

BEACH DAY

Adventure Camp will greatly utilize Winnetka's finest amenities, our parks and beaches. Unlike other camps, they will not have a fixed weekly schedule at any specific location. Please check the field trip list and calendar of events provided by your camp director for more information on daily activities.

We take the safety of our camps while at the lakefront very seriously. The lakefront staff is intensely trained and informed of the added presence and increased participation on the beach. ***Counselors will always be in the water with the campers.***

UPDATED! RAINOUT LINE & RAINY DAY PROCEDURES

Camp meets rain or shine; if it is raining, we will remain indoors and amend our schedule appropriately. Some field trips may be adjusted due to weather. Please call the Winnetka Park District's new rainout line at **(847) 563-3131**. The previous number and procedure are no longer functioning as we have transitioned to this new and more efficient system. Please note that this is the Park District's rainout line for the entire district, so there will be a multitude of various options including fields, beaches, etc. You can access this information in a variety of ways: you can call the number listed above, check the website at <http://www.winpark.org/weather-cancellations/>, and can even sign up for mobile and email alerts. Just remember to be specific when registering for alerts, as you may be inundated with unwanted alerts if you don't specify the location desired. This will only be updated in the event of poor weather conditions starting at least 30 minutes before camp. Please make every effort to utilize the rainout line on these days and avoid contacting the front desk. If the message does not accurately reflect the appropriate day / time, please refresh the site/app—it will be updated at least thirty (30) minutes prior to camp.

SUNSCREEN POLICY

It is vital to apply sunscreen to your camper **before** camp. You may elect to send sunscreen with your camper in their bag, but please note that camp counselors will **not** apply sunscreen that requires it be physically applied. As an alternative, you may send a spray-on sunscreen with your child which we can apply.

EXTREME HEAT

In cases of extreme heat, the Winnetka Park District will provide plenty of water, keep campers indoors or the shade, and plan relatively low-key activities. We respect your judgment for what is best for your child if you wish to send them to camp or keep them home.

NEWSLETTERS

Camp newsletters will be distributed and posted online every Friday. The newsletters will inform parents of what the campers did that week along with a schedule of upcoming events. Any pertinent information such as needed supplies, costumes, etc. that campers may need for the following week will be indicated in the newsletter. Other information or updates may be sent home periodically when necessary.

LOST & FOUND

If your child loses any item while at camp, please contact your child's camp counselor or the camp director. There will be a designated box at your camp site for any lost items. The Park District strongly urges you to label everything you send to camp.

Any items not recovered by the last day of camp will be taken to the Park District Administrative Office at 540 Hibbard Rd. Anything not picked up thirty (30) days after camp will be donated or thrown away.

The Winnetka Park District will not be liable for any lost items while your child attends camp.

EMERGENCY CONTACT INFORMATION

Please fill out the *Emergency Form* attached to the back of this packet (page 12). The form will be kept on file at the camp site at all times. You can drop the form off at the Park District Administrative Office, fax it to (847) 501-5779, e-mail it to tross@winpark.org before the start of camp, or bring it on the first day of camp (just make sure it gets in the hands of your child's counselor!). After the first day of camp, please do not drop these documents off at the office.

ADDITIONAL MEDICATION FORMS

If your child takes any medication throughout the day, you must complete a *Medication Consent Form* (and potentially an *Auto Injector Form* if applicable) prior to the first day of camp. These forms are available at the front desk of the Winnetka Park District Administrative Office.

ALLERGIES

Many children have food allergies ranging from mild to severe anaphylactic reactions. If your child is diagnosed with a food allergy, **please** make sure you fill out our additional medication forms located at the front desk or ask your camp director for a copy. **It is imperative for staff to be aware of any such conditions as soon as your child steps foot on our campsite.**

All campers will wash their hands with soap and water (not hand sanitizer) before and after eating and encouraged at other times throughout the day.

In addition, peanut/nut-free or other allergen-free tables will be provided, as needed. The allergen-free table will be located where it minimizes the isolation of allergic students. Staff will remain cognizant of any bullying and/or teasing behavior toward a food-allergic student and report any incidents to the camp director and Recreation Supervisor. Campers with allergies cannot sit at a table with anyone eating anything with nuts unless specifically seated next to a counselor who is watching to make sure no food is being exchanged or touched, and that no other kids touch her while eating. After eating, tables and chairs will be wiped down to make sure nothing with nuts has been left behind.

We ask all parents to be courteous of the well-being of all the children at camp and encourage everyone to avoid foods potentially harmful to those around them. Sharing food between staff and campers or campers and campers is strictly prohibited while at camp. If you are interested in bringing a special treat for your camp group, contact your camp director ahead of time so everyone can plan accordingly. Homemade foods, including foods prepared by parents or staff, are never permitted for sharing among campers. Any group snacks or treats to be shared with campers must be commercially made and include an ingredient label printed on the packaging by the manufacturer. No outside food will be permitted unless explicitly reviewed for proper labeling by the camp director and/or Recreation Supervisor in advance.

(e.g., Imagine how your child would feel if they were not able to enjoy some type of delicious treat that was brought to camp on a whim while everyone else was able)

SPECIAL NEEDS

Every year we encounter situations where staff struggles to understand the best means to help children more effectively participate. For your child's sake, and to make sure your child has the best opportunity to achieve a satisfying experience, please take the time to provide us with any relevant details of special needs or special information. Please use the enclosed *Emergency Form* to explain your child's special assistance. Examples of information to note include, but are not limited to:

- ❖ Special medications for allergies or illness (**especially food allergies**)
- ❖ Special counseling your child has received or is receiving
- ❖ Any special fears (e.g. swimming, animals, etc.)
- ❖ Attention deficit disorder or if on any special behavior plans
- ❖ Special accommodation needs in accordance with the Americans with Disabilities Act

Any information we receive will be kept strictly confidential between the Park District, the camp director, and the counselor supervising your child. The Park District cannot, and will not deny participation to any child due to the information you provide.

If you have not been contacted regarding ADA accommodations, contact Toby Ross at (847) 501-2071.

PARENT GUIDELINES

- ❖ Please read your parent manual thoroughly
- ❖ Emergency forms must be properly filled out and brought in prior to your child starting camp (you may deliver these on your first day, just make sure your counselor gets it!).
- ❖ Prompt drop-off and pick-up is very crucial to the flow of camp. Campers often get very concerned if they are the last one picked up.
- ❖ Use extreme caution when driving around the campsite.
- ❖ Please be patient during drop-off and pick-up; follow the staff instructions so we can load and unload as quickly as possible. Please remember that the children's SAFETY is our top priority.
- ❖ Please label all personal belongings (e.g. lunches, swimsuit, towel, extra clothes, hats, water bottles, etc.). We cannot be responsible for misplaced items, and having items labeled makes them easier to identify.
- ❖ Notify your camp director if someone else is picking up your child or you are having ANY issues at camp
- ❖ Medication must be kept by the camp director. Do not send medication in your child's lunch.
- ❖ Ask your child how his/her camp day went. Report any problems immediately to the camp director.
- ❖ Remind your children to speak kindly to others and use appropriate language while at camp
- ❖ Also remind them to be respectful of all school district property and Park District supplies

CELLPHONE/PORTABLE ELECTRONICS POLICY

We recognize that many campers carry cellphones or other portable video game devices. We strongly recommend that these items **not** be brought to camp. While we respect any decision regarding electronics, campers may **not** use any such devices while at camp without the specific approval of the

camp director. If electronic devices are brought to camp, they must stay in the campers bag at all times. *The Winnetka Park District will not be liable for any lost items while your child attends camp.*

DISCIPLINE

Staff will go over the rules with the campers on the first day (as well as periodically review these rules) to make sure everyone understands the types of behavior that will be expected while at camp. If inappropriate behavior occurs, a prompt resolution will be sought specific to each individual's situation. Counselors and the director will determine the severity of the action required, but it will typically begin with a verbal warning. Any repeated warnings or more severe punishments (e.g. time-outs) will be reported to the camp director and the parents that day. Further observation and discussions will occur depending on the severity and frequency of the behavioral issue.

The Winnetka Park District reserves the right to dismiss a participant whose behavior endangers his or her own safety or the safety of others. Please see the *Discharge Policy* in the section below.

DISCHARGE POLICY

Children may be discharged from a Park District camp if they cause a problem that poses immediate danger to the welfare of the participants and/or are detrimental to the quality of the camp operation. It is the Park District's policy that discharge is the last resort, but will be implemented if the Park District feels this is in the best interest of the District and its camp participants.

Discharge will occur after the parent(s)/guardian(s) of the child in question have met with the Recreation Supervisor and any other necessary staff to review the issues that have resulted in the discharge. As a follow-up to the meeting, the parent(s)/guardian(s) will receive a letter confirming the Park District's discharge decision.

PROGRAM EVALUATION

We are constantly trying to improve our programs at the Winnetka Park District and any feedback—positive or negative—is helpful. If at any time during camp you have any comments or suggestions, please feel free to contact the camp director or Toby Ross at tross@winpark.org. You will also receive a brief electronic survey at the end of the camp which I hope you spend a few moments completing.

Adventure Camp

Winnetka Park District

2016 Field Trip Schedule (Bus trips only)

Wednesday, June 15th
Vertical Endeavors
 246 Windy Point Dr.
 Glendale Heights, IL 60139

Thursday, June 16th
Schaumburg Baseball Stadium
 1999 S Springinsguth Rd.
 Schaumburg, IL 60193

Friday, June 17th
Whirlyball
 285 Center Dr.
 Vernon Hills, IL 60061

Tuesday, June 21st
TILT Studio (Rink Side)
 6152 Grand Ave.
 Gurnee, IL 60031

Wednesday, June 22nd
Sky High Sports
 6424 West Howard St.
 Niles, IL 60714

Thursday, June 23rd
Rainbow Falls Waterpark
 200 Rev Morrison Blvd.
 Elk Grove Village, IL 60007

Monday, June 27th
Twin Lakes Adventure Outing
 1200 E. Twin Lakes Dr.
 Palatine, IL 60074

Tuesday, June 28th
Hidden Creek Aquapark
 1220 Fredrickson Pl.
 Highland Park, IL 60035

Thursday, June 30th
Main Event Entertainment
 28248 Diehl Rd.
 Warrenville, IL 60555

Tuesday, July 5th
America's Action Territory
 12345 75th St.
 Kenosha, WI 53142

Thursday, July 7th
Mystic Waters Family Aquatic Center
 2025 Miner St.
 Des Plaines, IL 60016

Tuesday, July 12th
Enchanted Castle
 1103 S. Main St.
 Lombard, IL 60148

Thursday, July 14th
Medieval Times Dinner & Tournament
 2001 N. Roselle Rd.
 Schaumburg, IL 60195

Tuesday, July 19th
Northbrook Teams Course
 1471 Maple Ave.
 Northbrook, IL 60062

Wednesday, July 20th
Teen Camp Challenge
 808 Blackhawk Dr.
 Westmont, IL 60559

Thursday, July 21st
Outdoor Aquatic Center
 327 West Dundee Rd.
 Wheeling, IL 60090

Tuesday, July 26th
TopGolf
 699 W Thorndale Ave.
 Wood Dale, IL 60191

Wednesday, July 27th
Great America
 1 Great America Pkwy.
 Gurnee, IL 60031

Thursday, July 28th
Barefoot Bay
 1461 N Midlothian Rd.
 Mundelein, IL 60060

Tuesday, August 2nd
Vernon Hills Family Aquatic Center
 635 N. Aspen Dr.
 Vernon Hills, IL 60061

Thursday, August 4th
Rainbow Falls WaterPark -- Elk Grove Park District
 200 Rev Morrison Blvd.
 Elk Grove Village, IL 60007



WINNETKA PARK DISTRICT CAMP EMERGENCY FORM



PLEASE COMPLETE INDIVIDUALLY FOR EACH CHILD AT CAMP

PARENT/GUARDIAN CONTACT INFORMATION

ADDRESS: _____

MOTHER/GUARDIAN NAME: _____

CELL PHONE: _____ ALT PHONE: _____

FATHER/GUARDIAN NAME: _____

CELL PHONE: _____ ALT PHONE: _____

AUTHORIZED SIGN-OUT LIST

Your child will not be released to anyone other than the **parent/guardian** names written above **unless** listed in the space below. By adding a name to this document, you are granting that individual the authority to sign-out your child from camp*:

<u>FIRST & LAST NAME</u>	<u>RELATIONSHIP</u>	<u>PHONE #</u>

*This list is for **REGULAR** pick-ups, not someone who might one day pick-up your child. Any additional special pick-up requests (e.g. playdates) need to be made in writing and given to the camp director.*

Please check the following box** **ONLY IF** you will allow your child to walk and/or ride their bicycle to and from camp **unescorted**:
 By checking this box you further allow the counselors of the Winnetka Park District the ability to release your child **at the end of the camp day** provided they sign themselves out. This does **not** grant your child permission to sign themselves out of camp early or for any reason other than end of the day dismissal.

****Children attending HAPPINESS IS are NOT permitted to arrive or depart from camp alone—even if this box is checked.**

OTHER EMERGENCY CONTACT INFORMATION

Please contact the person(s) below in the event the parent/guardians cannot be reached.

NAME: _____ RELATIONSHIP: _____ CONTACT PHONE: (____) _____ - _____

NAME: _____ RELATIONSHIP: _____ CONTACT PHONE: (____) _____ - _____

PRIMARY CARE PHYSICIAN'S NAME: _____ PHONE: (____) _____ - _____

DOES YOUR CHILD HAVE ANY PHYSICAL OR MEDICAL PROBLEMS THAT CAMP STAFF SHOULD BE AWARE OF? _____

PLEASE DESCRIBE ANY OTHER INFORMATION ABOUT YOUR CHILD THAT WOULD BE HELPFUL TO THE STAFF (SWIMMING ABILITY, EFFECTIVE TYPES OF DISCIPLINE, RUNNER, ETC.): _____

LIST ANY SIBLINGS AT THIS OR OTHER WPD CAMPS: _____

*I understand and agree to all the content contained in the Camp Parent Manual which I received or viewed online and read through in its entirety. I further agree to allow my child to be transported via bus or van for various reasons including camp field trips that may or may not be listed in the camp manual or for emergency conditions (e.g., inclement weather while at the beach).
 The information provided above is accurate and was completed by a parent/guardian of the child on this form.*

NAME OF PARENT/GUARDIAN: _____ **SIGNATURE:** _____ **DATE:** _____

PARTICIPATION CAN BE DENIED if the signature of the child's parent/guardian and date are not on this form.

PARTICIPANT INFORMATION

CAMPER'S NAME: _____

BIRTH DATE: _____ GENDER: Male Female

ALLERGIES: _____
[please list any medications below]

CELL PHONE: (____) _____ - _____

E-MAIL: _____

CAMP ATTENDING: _____