

ALL-IN-ONE Handbook for NCAA DII Collegiate Sand Volleyball

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Reminder: Institutions that wish to add sand volleyball after they have completed their sports sponsorship list for a particular year will need to submit a waiver with the NCAA's Academic and Membership Affairs department. For questions about sports sponsorship, reach out to Nicole Hollomon at nhollomon@ncaa.org

(1.) Guidelines for Coaches, Officials, and Event Managers developed during the regular season of intercollegiate play

- 1. <u>Lineup Regulations: Coaches are responsible to position their teams in order of ability</u> for ALL matches from the first match of the season to the last match of the season. (Sand VB Committee minutes 6-25-14 & 2-10-15)
 - a. Within this guideline, line-up changes are restricted to one position up or down from one event to another.
 - b. If a player is injured and misses one or more matches, she returns to the line-up in her old position, and may be moved from there in subsequent matches as warranted.
 - c. The one-up/one down regulation applies to pair's events also, i.e. a #1 team cannot play in the #3 spot or vice-versa.
 - d. Transfers at quarter break or student-athletes joining the sand team from the court team after the sand season has started should be placed in the line-up by ability.

The reason for the line-up flexibility is to allow for movement of pairs up and down the lineup based on performance mostly in practice and, to a more limited extent, in matches.

Examples: your #2 team is losing matches consistently, but still beats your #3 team in practice, they stay at #2; your #5 team is winning all their matches but loses challenge matches in practice to #4, they stay at #5; your #3 team beats your #2 team in a pairs event, the #3 team should move to #2 for the next event.

2. Coaching Regulations:

- a. Since sand VB is often played in open, accessible spaces, the 'official' coaches must be designated prior to the event and listed on the line up sheet.
- b. Two coaches, plus one coach designated by the institution as a volunteer per Bylaw 11.7.4.3.2.3, may be active during an event.
- c. Coaches must be in their team's player box or actively moving from one court to another during competition.
 - --> No other team members should be allowed into the "player box" alley between courts
 - -- > If needed to monitor an athlete's health, a trainer may be in the player box
- d. Coaches are allowed to offer instructional content only during timeouts, court switches, and between sets:
 - -->Cheering" for an occasional excellent play is allowed.
- -->It is suggested that such cheering is not offered after every rally, but only after the exceptional one.
- --> It is suggested that coaches offer "simple praise" phrases that can't be misconstrued as coaching.

Examples might include: "Great play!" "Good hustle!" or "Way to go Blue!"

Penalties for Inappropriate Coaching

1. Language *between rallies* that involves instructional content is subject to sanction by the referee.

First instance: verbal reminder Second Instance: Yellow card

Third instance: Red card, loss of rally and a point for the opponent

2. Language *during a rally* that offers instructional content or that might affect the rally in play is immediately sanctioned

First instance: Yellow

Second: Red

3. Coaches are **NOT** allowed to interact directly with the officials during a match.

First instance: Yellow

Second: Red

4. *Captains* should know that they have the right to occasionally ask referees for explanations of decisions, or clarification of rules.

DON'T

Stand at a baseline, watching your opponents as they signal serving and blocking strategy.

Scout your opponents from other vantage points, and then enter an active court as a coach

DO

When possible, stay with your team, in or near their player box, switching sides with them.

If you opt for spectator locations, work to take "neutral" positions (example: beside a court, along the centerline)

If you do opt to stand "deep, on your team's side" then be seen to "move along" when court switches leave you "on the wrong side"

- e. Substitutions: line up substitutions should be communicated to the official referee as soon as they are determined and, at the latest, one hour before the start of play on a given day, or 15 minutes before a match is to begin if made during the same day. The head referee will share the lineup changes with the opponents as soon as possible.
 - For purposes of lineup changes, a dual match and a bracket pair's tournament are different events, even if played on the same day or at the same site on simultaneous days.
 - 2. A coach may make lineup changes based on injury or performance from one event to another as long as they stay within the one position parameter for moving players. Example 1: During a dual match a player on the #2 team sprains her ankle during the first set and is unable to continue play. Her school forfeits the #2 flight. The next day a 10 team bracket tourney is scheduled and she is still unable to compete. The coach may substitute another player who was not part of the original 10 onto the #2 team for tourney play, or may move up a player from the #3 pair to #2, from the #4 pair to the #3, and from the #5 pair to #4 and substitute the 11th player into the #5 team.

<u>Example 2</u>: During a dual match a player on the #3 pair performs poorly. The coach may substitute a player that was not in the top 10 into that pair for bracket tourney play or may bring up a player from the #4 team to play on the #3 pair and move the underperformer to the #4 team.

- 3. Warm-up Protocols (From Sand VB Committee minutes, 2-29-12)
 - a. 10 minutes of shared time guaranteed before or between matches. The clock starts after the coin toss is completed. No coaches on the court during this 10 minutes. If the court is free earlier or there is a free court available at the site, players may warm up longer than 10 minutes and coaches may assist in the warm up.
 - b. All extra courts are shared space Warm up: Teams should have access to the same number of courts for warm up. Coaches may participate in warm up until 15 minutes before the start of a match. All coaches and non-participating players must leave the court. The official and match management staff have 5 minutes to do the coin toss and do any restorative grooming of the court. The participants may have up to 10 minutes of shared warm up time (From Sand VB Committee Minutes 3-20-12)
 - c. Coaches and Officials should make a point of teaching ball shaggers to bring balls back to the sidelines and set them in the sand, or toss them directly to a waiting player rather than rolling them back onto the court.

4. Formats for Play

- a. The emphasis for varsity programs needs to be on playing dual contests, even if multiple schools are playing at the same site. (Sand VB Committee 5-21-12) Pair's tournaments can be added for variety, but only after dual matches have been played.
- b. Only a 2/3 match played to completion is considered a legitimate contest. No other results should be reported or will be considered for AVCA Sand Championship selection purposes. (Sand VB Committee 5-21-12)
 - 1. Recommended scheduling for a dual match on two courts is flights 4 & 5, then flight 3, then flights 1 & 2. With three courts, flights 4 & 5, then flights 1, 2, & 3. Coaches should do their best to keep 'suspense' scheduled into the event. (Sand VB Committee 5-21-12)
 - 2. Three Protocol Options for Subsequent Rounds in an event (to be agreed upon at the start of the day) (From Sand VB Committee minutes 4-4-12)
 - i. "By Rounds"
 - 1. No Round 2 play until all Round 1 matches conclude
 - 2. Following Round 1, Referees take 5 minutes for court maintenance, restroom, etc. then toss coins on all courts for Round 2
 - 3. Courts may be used by waiting players and coaches until coin toss, then all coaches to box and 10 minutes of shared time.
 - 4. All Round 2 matches begin simultaneously
 - ii. "No Sooner Than"

- 1. No play may begin until the specified match time; coin toss and 10 minute protocol is administered 10 minutes prior to the scheduled start time.
- 2. If a court is running behind, there will still be a 15 minute break 5 + coin toss and 10 shared before start of the next match

iii. "As Available"

- 1. This format is generally used in large-format tournaments, when time is short, or when weather threatens to interfere with play
- 2. Matches assigned by the Tournament Director to the next available court
- 3. Participants must track where they will play at the tournament desk
- 4. Referees administer 10 minute protocol on each court, beginning 10 minutes prior to posted start time
- c. Number of Matches Per Day: three seemed like a workable number, two would be easy, and four a possibility if needed to complete an event. 15 minutes seemed like adequate rest between matches although this seemed to be strongly related to temperature. As the majority of the season is played when temperatures are cooler, sitting too long and having to 'rewarm up' was identified as more fatiguing in cool or rainy weather than just continuing to play. On the other hand, in hot weather, times between matches can be stretched to 20 minutes if requested by a team who has just finished playing. Matt Gage, tournament manager for the 2012 National Championship, recommended that the tournament manager and head official use good judgment and exercise some discretion on this matter, especially when excessive heat presents a danger to participants. (From Sand VB Committee Minutes 5-21-12)

5. Uniforms:

a. All players from a school should be dressed in similar school uniforms so that they are readily recognizable across the venue.

All in matching jersey tops (sleeve length may vary, but color must be the same) Top must cover the midriff when player is still.

All in *identical* colored shorts/briefs/bikini bottoms/capris (length may vary)

b. The two members of a doubles team on court together must be dressed *identically* in all respects, i.e. length of sleeves, length and type of bottom.

-all tops worn during competition must be legally numbered, using only 1,2,3,4,5 combinations

c. Personal Items:

- a) "Personal/Cold-Weather" clothing may be worn in conjunction with uniform: Outer wear, if worn on court, should be of school issue and color, and must display player number
- b) Undergarments should fit snugly under team uniform. Dark or neutral colors only.
- c) Hats, visors, sunglasses and sand-socks are considered optional personal items. Hats or visors should be of school issue and color
- d.) No display of any advertisement, slogan, etc. is allowed on any personal item at any time

NCAA SAND VOLLEYBALL RULES MODIFICATIONS

Modifications to the 2009-2011 Domestic Competition Regulations as Presented by USA Volleyball Beach Volleyball Rules

Note: Teams shall abide by all USA Volleyball Beach Rules unless stated below in the NCAA Sand Volleyball Rules Modifications.

RULE	MODIFICATION
NCAA Definitions	Definitions:
	Doubles team—two-player team (an NCAA Sand Volleyball match will consist of five doubles
	teams)
	Team (overall)—all players representing a single institution and represented by five doubles
	teams
1.2.4 COURTS	Grass courts are prohibited in NCAA competition.
1.2.6 COURTS	Number of Courts: Two courts are required, three recommended to conduct an NCAA Team
	Match. If a match needs to be moved indoors to accommodate inclement weather, it may be
	played on one court, if there is only one court available.
	Adjacent Courts: When building courts side by side, it is recommended that the free space be six
	meters. If adjacent courts are situated end line to end line, the recommendation is 9 meters of
	free space.
	Playing Surface: If the sand courts are man-made, it is recommended that the sand
	be washed, screened and clean, round, sub-round or sub-angular in shape, and intermediate in sizing, at least 18 inches deep on the court and at least 12 inches deep in the free space. The sand
	should drain adequately for the site, a general guideline being 30 minutes from weather incident. If
	the courts are outdoors, the whiter the sand the more it will reduce relative heat gain. It is
	recommended that schools allow volleyball athletes to evaluate the sand prior to purchase.
	Net System: In permanent court setups, it is recommended that the poles anchoring the nets be free
	from guide wires and that the poles be padded.
	Note: Many Sand Volleyball courts will be built to accommodate both doubles play (16m x 8 m
	court) and fours or sixes (18m x 9 m court). Buried line anchors for two sets of lines can be
	placed at the corners of the court, but only one set of lines should be visible during play.
1.5 WEATHER	The weather must not present any danger of injury to the players.
	Inclement weather. Collegiate sand volleyball is an outdoor sport. Matches shall be played outdoors
	unless weather or court conditions threaten the health and safety of student-athletes. In the event
	of inclement weather, a team match shall be conducted indoors provided a regulation sand
	volleyball court(s) is available.
	1.5.1 Determining playable outdoor weather conditions
	When on site within one hour before game time, the coaches of both teams and/or the on-site
	administrator shall decide whether a game shall not be started because of unsatisfactory
	conditions of weather or competition court.
	Note: Guidelines for inclement weather conditions are outlined in the NCAA Sports Medicine Handbook
	under Lightning Safety and Cold Stress and Cold Exposure.
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	1.5.2 Decision to suspend play
	Should bad weather or unfit conditions exist during a match, the referee shall be the final
	judge as to the suspension, resumption or termination of play.
	If play is suspended due to weather conditions, it is suggested that play resume as soon as
	conditions allow.
	If a postponed match can be scheduled within a 48 hour period, the match shall resume at the
	point of suspension. Otherwise, the match is not replayed or continued at a later date unless both coaches agree to do so or unless conference rules dictate otherwise.
	both coathes agree to do so of unless conference fules dictate otherwise.
2.1 NET	2.1 The net is 8.5 m (27'10 1/2") long and 1 m (39") +/- 3 cm (+-11/8") wide when it is hung taut,
	placed vertically over the axis of the center of the court. It is made of 10 cm (4") square mesh. At its
	top and bottom there are two 7-10 cm (21/2-4") wide horizontal bands made of two-fold canvas,

	preferably in dark blue or bright colors, sewn along its full length. Each extremity of the upper band has a hole through which passes a cord fastening the upper band to the posts to keep the top of the net stretched. Within the bands, there are: a flexible cable in the upper one and a cord in the bottom one for fastening the net to the posts and keeping its top and bottom taut. It is permissible to have advertising on the horizontal bands of the net. Note: At the prerogative of the host institution, advertising (print or decal) may be placed on the top tape, top net sleeve, bottom tape and/or tape outside the antenna. Institutional logos and NCAA logo are also permitted. During NCAA championship events, commercial advertising is prohibited.
2.2 SIDE BANDS	2.2 Two color bands, 5-8 cm (2-31/8") wide (same width as the court lines) and 1 m (39") long, are fastened vertically to the net and placed above each sideline. They are considered part of the net. Advertising is permitted on the side bands. Note: At the prerogative of the host institution, advertising (print or decal) may be placed on the top tape, top net sleeve, bottom tape and/or tape outside the antenna. Institutional logos and NCAA
	logo are also permitted. During NCAA championship events, commercial advertising is prohibited. Vertical tape markers are optional. If used, bands of white material 5 centimeters (2 inches) wide and 1 meter (39 inches) in length are fastened to the net at each end, over and perpendicular to each sideline and the center line. Vertical tape side markers are part of the net. If vertical tape markers are used, logos, markings and advertising are permitted.
2.5 POSTS	2.5 Posts The posts supporting the net may be placed at an upright spread of 36'-37' to accommodate both collegiate sand doubles play and recreational play. If courts are built only for sand doubles play, the posts should be between 27 ½" – 39" from the side line.
CHAPTER II/Participants	
4.1 COMPOSITION AND	4.1.1 A team is composed of five doubles (two-player) teams .
REGISTRATION	
4.1.1	USAV 4.1.1 (added by USAV) A Coach and no more than one Assistant Coach are permitted to participate in the match to promote athletic development.
	Only five doubles teams count in the scoring of a match, either a dual or a tournament. Others may participate in exhibition matches or brackets but their points do not count toward the team score for determining the winner of a competition.
	Only the two players recorded on the scoresheet may participate in that doubles match.
4.1.3	Coaching is permitted under the following guidelines, Coaches:
(added by USAV)	4.1.3.1 must be identified as a coach and dress professionally, in shirt and shorts as a minimum requirement
	4.1.3.2 may not address the officials or attempt to influence their decisions at anytime
	4.1.3.3 may perform drills with their team on court prior to their official warm up
	4.1.3.3.1 must leave the playing court at the start of the official timed warm up
	4.1.3.3.2 may only instruct from the sideline during the shared team warm up
	4.1.3.4 may not give instructions during play and must remain seated in the participant chairs if those are available given the court setup
	4.1.3.5 may give instruction during all time outs and between sets
	4.1.3.6 while coaching a specific match , must remain in their participants area during the entire match and will switch sides with their team
	4.1.3.7 are subject to sanction for delay of the match, coaching from the sideline, or inappropriate behavior
4.2 CAPTAIN	The team captain shall be indicated on the scoresheet. There shall be a captain designated for each doubles team.
5 PLAYERS' EQUIPMENT 5.1 EQUIPMENT	5.1.1 A player's equipment consists of shorts or briefs . A jersey or "tank-top" is required . Players may wear a hat.
	NCAA: When engaged in competition, each competitor must wear an official team uniform with components governed by these rules or be subject to disqualification. Wearing any part of the

official team uniform illegally (i.e., top off or intentionally shortened, shoulder straps lowered) while in the area of competition shall lead to a warning by the official that repeated violations may result in disciplinary action. A report of uncorrected violations shall be made to the referee and offending competitor's coach. The referee will submit a NCAA Incident Report within 48 hours of the completion iof the match in which the violation occurred.

- a. A uniform consists of two school-issued components—shorts or briefs and a top. A onepiece body suit is acceptable as a combination of the two components. Any outer garment (i.e. sweatpants) that is school-issued becomes the official uniform, when worn.
- b. The uniform must be of a material and design deemed to not be objectionable or offensive by the athletics department of the issuing institution.
- c. The uniform top must, by design and size, cover the full length of the torso, meeting or hanging below the waistband of the bottoms, while the competitor is standing.
- Additional visible clothing is an undergarment. It must be worn under the uniform and be
 of a solid color.

5.1.2 In addition to 5.1.1 the following will apply:

- a. All players must be dressed identically.
- b. Team members must wear uniforms clearly indicating through color, logo and combination of all outer garments, that members are from the same team.
- Visible garments on the top (i.e. T-shirts) worn by team members must be identical.
 Visible undergarments on the bottom (i.e. tights) must be identical.

5.1.3 Logo Policy

An institution's official uniform and all other items of apparel (e.g., socks, headbands, T-shirts, wristbands, visors or hats, swim caps and towels) that are worn by student-athletes in competition, practice and official championship functions may bear a single manufacturer's or distributor's normal trademark, not to exceed 2½ square inches, including any additional material (e.g., patch) surrounding the normal trademark or logo. The logo or trademark must be contained

within a four-sided geometrical figure (i.e., rectangle, square, parallelogram).

In addition, an institution's official uniform cannot bear a design element similar to the manufacturer's that is in addition to another logo or that is contrary to the size restriction. These restrictions apply to all apparel worn by student-athletes during the conduct of competition, which includes any practice, pregame or postgame activities.

The logo restrictions on student-athletes' apparel set forth in Bylaw 12.5.4 shall apply during NCAA championships to all personnel (e.g., coaches, trainers, managers) who are on the team bench for practices and games or who participate in NCAA news conferences. Please note that contracts between institutions and apparel manufacturers or distributors that include logo specifications may be honored, provided such contracts were in effect before August 11, 1998. The logo restrictions on student-athletes' apparel set forth in 12.5.4 shall apply to commercial logos on uniforms worn by band members, cheerleaders, dance team members and the institution's mascot during NCAA championship events.

5.1.5

5.1.5 Player's jerseys must be numbered on the front and back of the jersey.

5.1.6 A player number with Arabic numerals.

- Each team member's game jersey shall be numbered on the front and back. The number shall be centered on the back of the jersey. In the front, the number must be either centered or placed on one shoulder with the top of the number no more than 5 inches down from the shoulder seam.
- 2. The following numbers are legal: 1, 2, 3, 4, 5, 10, 11, 12, 13, 14, 15, 20, 21, 22, 23, 24, 25, 30, 31, 32, 33, 34, 35, 40, 41, 42, 43, 44, 45, 50, 51, 52, 53, 54, and 55.
- 3. The number shall be at least 6 inches high on the back and at least 4 inches high on the front and not less than 1-inch wide.
- 4. Duplicate numbers are not permitted to be worn by members of the same team.
- 5. The number shall be one single solid color that contrasts the jersey color and may be bordered by no more than a ½-inch border of any color(s).

6.1	USAV – 6.1 Both Players and Coaches
	6.1.1 Participants must know the Beach Volleyball Domestic Competition Regulations and the NCAA
	modifications and abide by them.
6.1.2	6.1.2 Participants must accept referees' decision with respectful conduct, without disputing them. In
	case of doubt, clarification may be requested.
	6.1.2.1 Either player may make this request (USAV addition)
6.1.9	Coaching
	1. When coaching is allowed. A coach must remain seated except during timeouts and between
	sets. Coaching may occur during warm up, side changes, timeouts and between sets or matches. A coach may not interfere with play or coach verbally or by signaling during other times than
	specified above. Coaches shall be designated before the doubles matches. Use of electronic
	communication devices (e.g. walkie-talkies and cell phones) is prohibited.
	2. Penalties when coach interferes with play. The purpose of coaching is to offer advice to the player. Coaches shall not in any way distract or annoy the opposing players. If a coach in any way
	interferes with play or distracts an opposing player at any time, he/she shall receive a direct
	warning from the Referee. For any subsequent violation, his/her player, on the court where the
	violation occurred, shall be assessed a point penalty.
	2. Who may coach? Coaching is parmitted by the head coach and assistant coach on the
	3. Who may coach? Coaching is permitted by the head coach and assistant coach on the institutional coaching list and registered with their respective school. Two coaches may coach on
	the same court at one time.
	4. Conversations of coach with opposing player banned. A coach shall not initiate a conversation
	with the opposing player or in any way get involved with an on-court problem, except at the request of the referee, or the player or the coach of the player involved. At no time should a
	player initiate a conversation with an opposing coach. Violations of these provisions by the
	coach are subject to misconduct.
6.3	Location of Participants
	The players chairs must be at least 3 meters (9'10") from the sideline. If two courts are side-by-side,
	the participant chairs shall be placed on the outside of each court. If multiple courts are placed side-
	by-side, the participant chairs shall be placed in the endzone free space unless there is at least 6
	meters of free space between the courts. Participant chairs may be removed during play and only
CHAPTER III/ Point, Set and	used during breaks if necessitated by space constraints. 7 Scoring System
match winner	7 Scotting System
7.1	TO WIN A MATCH
	7.1.1 A doubles team match is won by the doubles team that wins two sets.
	ret.
	7.1.2 In case of a 1-1 tie, the deciding set (the 3 rd) is played to 15 points with a minimum lead of 2
	points.
	7.1.3 Dual Meet Matches. The format is five best-of-three set doubles matches. Each doubles
	match is worth one point. The team meet is won by the team that wins the majority of
	doubles matches (i.e. best 3 of 5 doubles matches). Three or more points are required to
	win a team match.
	7.1.3.1 All doubles matches should be played to completion, unless there are extenuating
	circumstances.
	7.1.3.2 An unfinished match will be treated as a default by the withdrawing team, unless the
	decision not to finish is mutually made by both coaches.
	7.1.4. For a tournament to count toward the sport sponsorship minimum, a school must field five
	doubles teams. All schools in the tournament do not need to field five teams, but only
	those schools fielding five teams may count the dates toward minimum requirements.
	Those schools fielding less than five teams must still count all dates of the tournament
	toward the manifestory of the MOAA bullet 20.0.4.2)
	toward the maximum requirement. (Per NCAA bylaw 20.9.4.3)
COMPANIE NA	
CHAPTER IV	PREPARATION OF THE MATCH, STRUCTURE OF PLAY
CHAPTER IV 9.2 SUBSTITUTIONS	PREPARATION OF THE MATCH, STRUCTURE OF PLAY Once the warm-up begins in any match (on any number of courts) substitutions are not permitted
	PREPARATION OF THE MATCH, STRUCTURE OF PLAY Once the warm-up begins in any match (on any number of courts) substitutions are not permitted and players may not be replaced.
	PREPARATION OF THE MATCH, STRUCTURE OF PLAY Once the warm-up begins in any match (on any number of courts) substitutions are not permitted

replaces both members of a doubles team, then the lower teams will move up to fill the vacated position and the two alternates create a new team that plays in the #5 team.
If playing on less than five courts, the players not on the court may still be replaced before the start of their warm-up (e.g. if a player on team No. 4 gets sick/injured while No.1-3 are warming upteam No. 5 replaces team number 4 and slide the remaining team up. Team Line-ups
 Exchange of line-ups. One hour before the start of the match, the coaches shall simultaneously exchange their complete doubles line-ups.
Only physically able players shall be listed in the line-up. Coaches shall list players in the line-up only if they are able to play.
 Players must play in order of ability. The line-up shall always be based on order of ability. "Matching up" is prohibited. Players must compete in order of ability with the best doubles team on the team playing at the No. 1 position, the second best at No. 2, and so on through all positions.
4. Line-up changes in back-to-back dual matches. In back-to-back dual team matches (two consecutive dual team matches played regardless of time between matches), the team line-up (as played) may be changed for the second match. A player may move up or down one position in this situation. The line-up must still stay in order of ability.
5. Team that has an insufficient number of players. A team appearing with an insufficient number of players shall default matches at the bottom of the line-up. If the No. 1 doubles team is not available to compete, all doubles teams must move up one position. The No. 1 doubles match cannot be forfeited. The minimum number of players for a dual-meet match is six physically able players. A team that does not meet this minimum must forfeit the match.
REFEREEING CORPS AND PROCEDURES
One referee required. Players from non-competiting teams may keep score, serve as a line judge or serve as the second referee.

(3.) NCAA DII Manual 11-12 Sand Volleyball Legislation

A. Bylaws: Amend 15.5, as follows: 15.5 MAXIMUM INSTITUTIONAL GRANT-IN-AID LIMITATIONS BY SPORT

[15.5.1 through 15.5.1.8 unchanged.]

15.5.2 Equivalency Sports.

15.5.2.1.2 Women's Sports. There shall be a limit on the value (equivalency) of financial aid awards (per Bylaw 15.02.4.1) that an institution may provide in any academic year to counters in each women's sport, as follows:

Sand Volleyball 5.0

- 15.5.3 Multisport Participants. A counter who participates in two or more sports shall be counted in one or more sports as specified on the individual's financial aid agreement.
- 15.5.3.3 Volleyball -- Additional Requirements. In volleyball, a counter who participates (e.g., practices, competes) in volleyball and sand volleyball shall be counted toward institutional limits in volleyball.

B. Bylaws: Amend 17, as follows: 17 Playing and Practice Seasons

- 17.17 SAND VOLLEYBALL. Regulations for computing the sand volleyball playing season are set forth in Bylaw 17.1, General Playing-Season Regulations. (See Figure 17-1 and Figure 17-2.)
- 17.17.1 Length of Playing Season -- Championship and Nonchampionship Segments. The length of an institution's playing season for both segments in sand volleyball shall be limited by the dates and regulations set forth in the remainder of this section.
- 17.17.2 First Date of Practice -- Championship Segment. A member institution shall not commence practice sessions in sand volleyball in the championship segment before January 10 or the first day of class, whichever is earlier.
- 17.17.3 First Date of Competition -- Championship Segment. A member institution shall not engage in its first date of competition with outside competition in the championship segment before February 1.
- 17.17.4 End Date of Practice and Competition -- Championship Segment. A member institution shall conclude all practice and competition (games and scrimmages) in sand volleyball in the championship segment by the last day of final examinations for the regular academic year.
- 17.17.5 First Date of Practice and Competition -- Nonchampionship Segment. A member institution shall not commence practice sessions or engage in outside competition in the nonchampionship segment before September 7 or the first day of class, whichever occurs first.
- 17.17.6 End Date of Practice and Competition -- Nonchampionship Segment. A member institution shall conclude all practice and competition in the nonchampionship segment no later than November 15.
 - 17.17.7 Number of Contests.
 - 17.17.7.1 Maximum Limitations -- Institutional. A member institution shall limit its total playing schedule with outside competition in sand volleyball during the institution's sand volleyball playing season to 16 dates of competition during the segment that ends with a National Collegiate Championship event, and four dates of competition during

the nonchampionship segment, except for those dates of competition excluded under Bylaws 17.17.7.3 and 17.17.7.4 (see Bylaw 20.10.3.5 for minimum contests and participants requirements).

- 17.17.7.2 Maximum Limitations -- Student-Athlete. An individual student-athlete may participate each academic year in 16 dates of competition in sand volleyball during the segment in which a National Collegiate Championship is conducted and four dates of competition during another segment (this limitation includes those contests in which the student represents the institution in accordance with Bylaw 17.02.8, including competition as a member of the varsity, junior varsity or freshman team of the institution).
- 17.17.7.3 Annual Exemptions. The maximum number of dates of competition shall exclude the following:
 - (a) Conference Championship. Competition in one conference championship tournament or playoff;
 - (b) Season-Ending Championship Tournament. Competition in one recognized national intercollegiate championship event in sand volleyball (e.g., National Collegiate Sand Volleyball Championship). A season-ending tournament involves competition after the end of the regular season between teams that are not identified until the close of the regular season;
 - (c) Alumni Game. One contest with an alumni team of the institution;
 - (d) Foreign Team in United States. A date of competition against a foreign team in the United States played in the facility in which the member institution regularly plays its home dates of competition;
 - (e) Hawaii, Alaska, Puerto Rico. Any contest played in Hawaii, Alaska or Puerto Rico, respectively, either against or under the sponsorship of an active member institution located in Hawaii, Alaska or Puerto Rico by a member institution located outside those locales;
 - (f) Fundraising Activity. Any activities in which student-athletes from more than one of the institution's athletics teams participate (or in individual sports per Bylaw 17.02.14.2, in which team members of that sport participate) with and against alumni and friends of the institution, the purpose of which is to raise funds to benefit the institution's athletics or other programs, provided the student-athletes do not miss class as a result of their participation (see Bylaw 12.5.1.1);
 - (g) Celebrity Sports Activity. Competition involving a maximum of two studentathletes from a member institution's team who participate in local celebrity activities in sand volleyball conducted for the purpose of raising funds for charitable organizations, provided:
 - (1) The student-athletes do not miss class as a result of the participation;
 - and (2) The involvement of the student-athletes has the approval of the institution's athletics director; and
 - (h) U.S. National Team. One date of competition against a U.S. national team as selected by the appropriate national governing body in that sport.
- 17.17.7.4 Once-in-Four-Years Exemption -- Foreign Tours. An institution may exempt the dates of competition played on a foreign tour, provided the tour occurs only once in a four-

year period and is conducted in accordance with the procedures set forth in Bylaw 30.7 (see Bylaw 17.29).

- 17.17.8 Out-of-Season Athletically Related Activities. Student-athletes and members of the coaching staff shall not engage in countable athletically related activities outside the championship segment except for the following:
 - (a) Conditioning, Weight-Training and Skill Instruction. Student-athletes may participate in conditioning, weight-training and skill instruction in accordance with Bylaw 17.1.6.2; and
 - (b) Nonchampionship Segment Activities. During the segment in which a National Collegiate Championship does not occur, student-athletes may participate in any practice or competition activity as permitted by other legislation provided such activity is restricted to a maximum of 24 days that occur within a period of 45 consecutive calendar days, omitting vacation and examination days officially announced or on days that the institution is closed due to inclement weather, as long as no practice or competition occurs on such days. The 45 consecutive calendar days must be within the dates set forth in Bylaws 17.17.5 and 17.17.6.
- 17.17.8.1 Summer Practice. Practice that is organized or financially supported by a member institution shall be prohibited during the summer unless specifically authorized in the bylaws (e.g., foreign tour) or through official interpretations approved by the Management Council. An institution may pay fees associated with the use of institutional practice and competition facilities by student-athletes engaged in voluntary athletically related activities in his or her sport.
- 17.17.9 Camps and Clinics. There are no limits on the number of student-athletes in sand volleyball who may be employed (e.g., as counselors) in camps or clinics (see Bylaw 13.12). Currently enrolled student-athletes may not participate as campers in their institution's camps or clinics.
 - 17.17.10 Other Restrictions.

17.17.10.1 Noncollegiate, Amateur Competition.

17.17.10.1.1 In Season. A student-athlete shall be denied eligibility for intercollegiate sand volleyball competition for the remainder of the season if, after enrollment in college and during any year in which the student-athlete is a member of an intercollegiate sand volleyball squad or team, she competes or has competed as a member of any outside sand volleyball team in any noncollegiate, amateur competition (e.g., tournament play, exhibition games or other activity) during the institution's intercollegiate sand volleyball season (see Bylaw 14.7.5 for exceptions and waivers).

17.17.10.1.2 Out of Season. There are no limits to the number of studentathletes with eligibility remaining in intercollegiate sand volleyball who may practice or compete out of season on an outside, amateur sand volleyball team.

17.17.10.1.2.1 Involvement of Coaching Staff. No member of the coaching staff of a member institution may be involved in any capacity (e.g., coach, official, player or league/team administrator) at any time during the academic year, vacation periods and summer with an outside team that involves any student-athlete with eligibility remaining from the institution's sand volleyball team except as provided in Bylaws 14.7.5, 16.8.1.3.1 and 17.29).

- 17.17.10.1.2.2 Olympic and National Team Development Program. There are no limits on the number of student-athletes from the same institution who may participate in Olympic and national team development programs. Such programs may also include a coach and student-athlete from the same institution.
- 17.17.10.2 Equipment Issue, Squad Pictures. It shall be permissible to designate a single date for issuing sand volleyball equipment and for taking squad pictures after the beginning of classes in the fall term or the day before the beginning of a segment as specified in Bylaw 17.17.5.
- 17.17.10.2.1 Exception for Sundays. If the day before the beginning of a segment is a Sunday, the member institution may designate the preceding Saturday for issuing equipment and taking squad pictures.

[Remainder of 17 unchanged.]

C. Bylaws: Amend 20.10.3.5, as follows: 20.10.3.5 Minimum Contests and Participants Requirements for Sports Sponsorship.

In each sport, the institution's team shall engage in at least a minimum number of intercollegiate contests (against four-year, degree-granting collegiate institutions) each year. In the individual sports, the institution's team shall include a minimum number of participants in each contest that is counted toward meeting the minimum-contest requirement. The following minimums are applicable:

Team Sports Minimum Contests Sand Volleyball 8

- 20.10.3.5.9 Sand Volleyball. A member institution shall meet minimum sports sponsorship in sand volleyball by applying the following:
 - (a) Not less than three of the minimum eight contests shall be dual, one-day competitions in which five two-person teams compete (institution versus institution on a single day) Other competition may occur that day, either a team dual or pairs play, but only one contest may be counted toward meeting the minimum eight contests.
 - (b) The remaining number of contests shall be achieved by satisfying Bylaw 20.10.3.5.9-(a) or multi-opponent competitions. For a tournament to qualify for sports sponsorship purposes, all five two-person teams must be in competition with all other participating institutions and one institution shall be crowned champion of the tournament based on the performance of its five, two-person teams;
 - (c) All other competition formats will constitute the use of a date of competition but not count towards the minimum sports sponsorship requirement; and
 - (d) Contests against a collegiate institution's club team may not be counted toward meeting the minimum-contest requirements, except for the following:
 - (1) During each intercollegiate season, one contest against a collegiate institution's club team may be used in meeting the minimum-contest requirements provided the contest is a dual, one-day competition in which all five two-person teams compete.



Sand Volleyball Lineup Sheet



Give to Official 1 hour before 1st Match

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2015 Sand Volleyball Championships Results Tracking *Team and Pairs*



Team Record:

Date	Opponent	Location	Result

Pairs Records

Team (Player Name/Player Name)	Position	Record

Individual Records

Player	Record

Composite Pairs Results

Players: Name/Name

Date	Opponent	Location	Result

Players: Name/Name

Date	Opponent	Location	Result

(5.) FAQ on Issues involving Sand VB Players and Coaches

Stephanie Castera, NCAA Member Services Representative AVCA Sand VB Coaches Meeting, Friday, Dec. 14, 2012

Always check any issue w/ your Institutional Compliance Officer

Question 1 - Out of Season Limits

Q: The majority of the beach volleyball season takes place after the college season has ended (the first weekend of May). Sand volleyball student-athletes will continue to play in events during the summer. Is contact with their college coach permissible?

Answer: It is not permissible for student-athletes and members of the coaching staff to engage in countable athletically related activities outside the institution's declared playing season (NCAA Bylaw 17.17.6).

Additionally, outside of the playing season, no member of the coaching staff may be involved in any capacity (e.g., coach, official, player) at any time (academic year, vacation periods and summer) with an outside team that involves any student-athlete with eligibility remaining from the institution's sand volleyball team (Bylaw 17.17.8.1.2.1).

Q: What about contact with a college coach from a different school?

Answer: NCAA coaches from another institution may not provide lessons/coach student-athletes from other institutions.

Question 2 - Out of Season Limits

Q: May sand volleyball student-athletes play in noncollegiate events during the academic year? **Answer:** Outside competition outside the playing season is only permitted per the exception in Bylaw 14.7.1.3, i.e. not earlier than May 1, AD approves, no missed class, no more than 2 SA's per school on a team.

Question 3 - Out of Season Limits

Q: May a student-athlete use the institution's practice facility and/or weight room during the summer?

Answer: Student-athletes may use the institution's practice facility/weight training facility during the summer, so long as the activity is initiated by the student-athlete (e.g., coach can't require workout) and the coach is not present, supervising or monitoring the activity (Bylaw 17.02.13)

Question 4 – Summer Events

Q: For student-athletes playing in summer events that involve prize money, may student-athletes play in events that offer prize money?

Answer: Yes, but student-athletes may not accept prize money (Bylaws 16.1.1.2 and 16.1.1.3)

Q: May student-athletes play with a prospect as their partner?

Answer: Yes, so long as the partnership was initiated by the student-athlete or prospect (e.g., institution and coach cannot arrange partnership).

Q: If a student-athlete wins prize money, can they accept up to actual and necessary expenses?

Answer: No, student-athletes may not receive cash as an award (Bylaws 16.1.1.2 and 16.1.1.3).

Q: Are the rules for accepting prize money different for prospects?

Answer: Yes, a prospect may accept prize money based on place finish or performance in an open team event (an event that is not invitation only), provided such prize money does not exceed actual and necessary expenses and is provided only by the **sponsor** of the open event. For example, an individual competing on a sand volleyball team as part of a tournament may

accept prize money up to the value of actual and necessary expenses that he or she incurred. However, if the team pays the actual and necessary expenses of its members, individual team members may not accept any prize money (Bylaw 12.2.4.1)

Q: Regarding Bylaw 20.9.4.3.8, is the minimum of three dual, one-day competitions in which five two-person teams compete required even if the school is playing more than the eight minimum dates?

Q: Is sand volleyball a team or individual sport?

Answer: For NCAA legislation purposes sand volleyball is a team sport.

Question asked at the Meeting – Coaching Staff

Q. NCAA rules stipulate that Sand VB can have two coaches. May the third coach from the court VB staff, or a court VB employee in a Director of VB position spectate at sand VB competitions?

Answer: Yes, they can watch, just like the men's team coaches can watch the women's team and vice versa without violation. They may not engage in any sand VB coaching activities with participants at any time.

Sand VB Equipment Needs for Starting a Program

Item	Cost per Item	Quantity	_
Scoreboards	\$40 each, need one per court	120	
Tent	\$250 printed one per school	250	
Balls	\$40 each 60 Wilson balls	2400	Enrico.DiMario@wilson.com
Lines	\$50 each 8 x 8m 2" black	150	
Refs	\$200/full day \$125/per half day	2000	One per Court
Uniforms	One long sleeve and one short sleeve	600	
Sand Socks	For Cold and hot weather \$20/pr	400	
Vest	zip up sleeveless vest for cold weather	750	
Headbands	Headbands Thick fleece ones that cover ears		
Tights	ghts long length non flare at bottom		
Sunglasses \$90 each? (or kids buy their own)			
Sunblock		200	
Rain gear (coaches)		300	_
Total to start		\$7,970	_
Annual Total		\$4,750	

Information provided by Danalee Corso, Florida State Sand VB Coach 6(12)

EQUIPMENT CHECKLIST for Beach Volleyball

COURT: (see USAVolleyball Beach Rulebook for exact specifics)

Net (8 or 8.5m length, 1m height, with steel top cable and steel or nylon lower cable) Posts (preferably without guy wires, and adjustable in height to ensure referee view)

Padded to 5' height, and with mechanism to adjust net height and tension

2 Antennae, (plastic clamp-on style preferred: see "shopping" suggestions, below)

2" wide strap court-lines w bungeed anchors (no metal fasteners)

- → COURT LINES MUST BE ADJUSTABLE (this has been a problem at many sites...)
- → YOU WANT AN ADJUSTABLE PLASTIC BUCKLE IN EACH OF THE FOUR SIDES
- * 1 Ref stand per court (see "shopping suggestions," below)
- * 1 sand rake per court if possible (see "shopping" suggestions, below)
- 2 chairs + Umbrella for each player box

Water coolers (on court near player boxes for use during timeouts)

"Banners" or divider nets, as possible, to contain errant balls

Weather-radio

SCORING MATERIALS:

Clipboards, pencils, pens and grease pencils (china markers) for scoring **Paperwork** (see AVCA "All-in-one" for current versions)

AVCA Line-Up reporting sheets

College Score-sheets (1 per match, printed both sides... plus a few extras)

AVCA Statistics sheets (1 per match)

AVCA tournament result sheet

Storage Box (suggest plastic "hanging file" type with waterproof lid)

NOTE: It's a great idea to prepare LAMINATED score and statistics sheets

On rainy days, a grease pencil and laminated sheets can be used on-court, then transcribed to paper for permanent record-keeping. You'll need two per court, of each.

EQUIPMENT BOX:

Balls (beach specific at a minimum, AVCA Wilson preferred)

Ball-bags or ball-carts

Plastic bags to keep balls dry during rain

Possibly a hair drier to dry off balls that do get wet during competition

score-boards for each court (flip style, or electronic)

ball pump and ball gauge

maintenance kit (net-crank, wrench, screwdriver, black duct tape, spare rope, etc)

NEAR COURT:

Shade/Rain Tents for your teams... for your statisticians,

Also tents for your trainers, plus one or two for refs/administrators

Ropes, weights etc to anchor tents during wind and rain

Folding tables and chairs for each tent

Whiteboard with Dry-Erase markers for Tourney Results

Folding chairs for staff, coaches

Electronic system ("smart" cell phone?) for checking weather and lightning risk

TRAINERS

water coolers and ice chests first aid and training supplies radio and cell phone for emergencies emergency contact numbers (local urgent care, paramedics, etc)

REFEREE STANDS (Required equipment for all counted contests:

SEE SHOPPING LIST BELOW !!!

Please note that the opinions here regarding style and suitability are my own, and are not formally "approved" by any governing body. **Safety for all participants should be the paramount concern.**

Points to consider:

- * Stands provided by professional sports equipment providers are preferred.
- * Stands that affix to the net standards (poles) are generally the most stable
- * Adjustable platform height is preferred.
- * Choose materials that are resistant to water (rust) and sand (jamming of parts)
- * Clear field of view for the referee is an important consideration

That said, "platform ladders" make decent low-budget referee stands. They are :

- * lightweight, portable, and durable
- * less expensive than many other options
- * readily available from "bigbox" hardware stores (sometimes even in stock)

Four Foot Platform Height is appropriate

(some companies refer to these as 6-foot stepladders)

Rated load is important. I suggest 250-pound (or higher) "Total Rating," minimum.

Homeowner "Project ladders" or other forms of stepstools are not acceptable!

SAND RAKES: (Really necessary, and really different from what baseball uses!)

SEE SHOPPING LIST BELOW !!!

ANTENNAS: (same as indoor, but try to buy ones without any metal that will rust)

SEE SHOPPING LIST BELOW !!!

SHOPPING SUGGESTIONS

SAND RAKES: (1 rake for two courts, min) Cost approx. \$40 each

KOBALT RAKE at LOWES (\$40)
Ace Hardware RAKE (\$55)
Home Depot RAKE (\$78)

Inexpensive Antennae for Beach Volleyball

Try to find models that don't have metal thread systems, which will rust.

Referee Stand (one functional and affordable option)

\$150 PODIUM LADDER at Lowes or at Home Depot

"House-Hold Step-Stools" are NOT suitable for use as referee platforms.

For more information: contact info@beachcommission.org