



Established 1925

Wellington Indian Association Inc.

Patrika

Bharat Bhavan, 48 Kemp Street, Kilbirnie
Box 14-148 Ph 387-3003 www.wia.org.nz

Contact: president@wia.org.nz, secretary@wia.org.nz

May 2010 Issue

"We must be the change we wish to see"Gandhi

From President's Desk...

Many of the Executive Committee members are busy at this time in preparation of our annual audit and report, the men/women hours in preparation of our statutory obligation is overwhelming – thank you Kusumbhen, Mukeshbhai and Ajitbhai

The upcoming annual (AGM) meeting is around six weeks away, will you give consideration to supporting the WIA either by volunteering for a specific role or offering your personal or professional service to your Samaj! You may have accounting or book keeping experience, you may be a builder or carpenter who is prepared to volunteer a few hours to your time.

You can make a difference, you can add value.

I attended the NZ ICA Branch meeting in Auckland some weeks ago. I have conveyed commitment to Central for the next twelve months, some good work is done at this forum, and we have a long association.

Having upgraded the toilets, the next target was the foyer however speaking to some users the kitchen has some major issues primarily health and safety, I plan to meet with interest parties over the next few weeks. We do need to step up the standard to make our facility venue of choice!

I trust you are well. I look forward to seeing you at the AGM Sunday 27th June 1.30 PM for a cup of tea and biscuit!

Should have general business items for AGM please email to secretary@wia.org.nz or post it to **WIA Secretary, WIA, P O Box 14-148, Kilbirnie.**

Note: General business items will be discuss only if time permits.

Prakash Soma

MEMBERSHIP COMMITTEE

Membership for 2010-2011 has now begun.

This year when we receive your payments and updating your membership on our new database we will be able to print your receipt at the same time.

This is only one of the many new systems we have set in place to make things easier for all. Soon you will be able to pay our membership on line

– how, with the times is that?

But for now, please complete the "Membership Application Form" for 2010 – 2011 which is in this partrika, attach your cheque and post it in ASAP!

If you would like to include last year's fees with this payment, please do so, that would be greatly appreciated and if you have any amendments please note your old and new details on the form so it will make it easier to find you on the database as we have many people with the same name.

My contact details are membership@wia.org.nz or leave a message on the WIA phone number 04 387 3003.

Bhagiben and Ajitbhai

MAHILA SAMAJ

ANNUAL GENERAL MEETING

Date: Tuesday 15th June 2010

Time: 7.00pm

Venue: Bharat Bhavan, 48 Kemp St. Kilbirnie, Wellington

AGENDA

1. Welcome and Apologies
2. Minutes of last AGM
3. Corrections and Confirmation of Minutes
4. Matters arising
5. Chairlady's Report
6. Election of officers.
7. Mahila Samaj 40 year's celebrations in 2011
8. General Business

Prior to the AGM there will be a cooking demonstration on how to make Enchiladas by **Ramilaben**. There will be samples for everyone to try.....

Yes another year has flown by.

I look forward to seeing all the ladies of WIA at the AGM.

If anyone would like the job description of the Chairlady, or wish to know more about the Mahila Samaj and to join the committee don't hesitate to contact any committee member or myself.

It will be a great opportunity to see new members coming on board as we celebrate Mahila Samaj's 40years of existence.

"As you can change your handwriting by constant practice, so you can change your mind pattern by constant practice of positive and constructive thoughts."

Swami Shivananda

Wishing you health and happiness always.

Naena Chhima Tele: 3836388

Email: mahilasamaj@wia.org.nz

GUJARATI SCHOOL

Namaste,

Term 2 started on Sunday 18 April - a reminder that school starts at 9.30am and finishes at 12.30pm. We will be holding a parent/teacher meeting on Sunday 16 May 2010 at 9.30am. All parents and newcomers are welcome to attend. This will be your chance to share your views and comments and be a part in influencing how the school is run.

The Gujarati School AGM will be held on Sunday 13 June 2010 at 9.30am. Please come forward and volunteer your help either on the committee or in the classrooms. It is a great way to be connected to your child's learning. We are also looking for new teachers to join the school. We are at a stage where we are now looking for new blood to gradually take over at the school so we would love to see. A lot of our current teachers have been with the school for more than ten years and it is time for someone else to step in and enjoy the good company of our children – believe me there is never a dull moment!

Enrolments are still open. Admissions are open to children aged 5 and over. Youths are welcome to class six, no age bar.

School Term dates as follows:

Term 2: 18.4.10 – 4.7.10

Term 3: 25.7.10 – 26.9.10

Term 4: 17.10.10 – 12.12.10

Vandna Patel

Coordinator Gujarati School

National Indian Telephone Directory

The New Zealand Indian Central Association (NZICA) is proposing to publish a refreshed National Indian telephone directory in 2010. We are in the process of collecting the data required from members. If you are receiving the patrika we assume we have your permission to publish your details.

Once completed, the directory will be available to all members to purchase. The NZICA is also seeking advertisements to offset the cost of the telephone directory. Therefore, you have an opportunity to advertise in the directory the costs for which are given below.

Advert size/ location	Cost	Advert size	Cost
Back cover	\$10,000	1/16 page	\$200
Full page	\$2,000	2 rows only	\$50
Half page	\$1,100		

Advert size/ location	Cost	Advert size	Cost
Front inner cover	\$7,000	Quarter page	\$600
Inner back cover	\$7,000	1/8 page	\$400

Get in now to avoid missing out on your preferred location.

If you require any further details for the advertisements please contact Ashwinbhai Gulab, (Phones: 383 5990, 027 444 9989 or email Ashwin.Gulab@xtra.co.nz)

Unless we explicitly hear from you to exclude your details (i.e. name, address and/or phone numbers), WIA will forward all of your details to NZICA for publishing in the above mentioned phone directory.

Please sign and return this coupon by e-mail to secretary@wia.org.nz if you wish to exclude your details from the National Indian telephone directory to

Wellington Indian Association
P O BOX 14480, Kilbirnie 6241

I _____ of
Full Name

Address

Do not wish to have my details published in the NZICA National Indian telephone directory.

Signed

Date

ન્યુઝીલેન્ડ ઈન્ડિયન ટેલીફોન બુક

ન્યુઝીલેન્ડ ઈન્ડિયન સેન્ટ્રલ એસોસિએશન આખા ન્યુઝીલેન્ડના ઈન્ડિયનોની સુધારા-વધારા સાથેની ટેલીફોન બુક 2010માં બહાર પાડવાનું વીચારે છે. આ માટેની વીગતો અમે ભેગી કરીએ છીએ. જો તમને આપણી પત્રીકા મળતી હોય તો અમે માની લઈએ છીએ કે તમારી વીગતો અને ફોન નંબર આ બુકમાં મુકવા માટે તમારી સંમતી છે.

ટેલીફોન બુક બહાર પડ્યે મંડળનાં સહુ સભ્યો એ ખરીદી શકશે.

જો તમારા તરફથી આ ટેલીફોન બુકમાં તમારી વીગતો બહાર ન પાડવી એવું તમે સ્પષ્ટપણે જણાવશો નહીં તો તમારી વીગતો એમાં આપવામાં આવશે.

તમારી વીગતો બહાર ન પાડવી હોય તો નીચે મુજબનું લખાણ તમારી સહી કરીને તારીખ ૧૪ ડિસેમ્બર ૨૦૦૯ પહેલાં નીચેના સરનામે મોકલવા વીનંતી.

Wellington Indian Association
P O BOX 14480, Kilbirnie 6241

હું _____ (આખું નામ)

(સરનામું)

આખા ન્યુઝીલેન્ડમાં વસતા ઈન્ડિયનોની ટેલીફોન બુકમાં મારી વીગતો આપવા રાજી નથી.

સહી

તારીખ

HEALTH AND WELLNESS COMMITTEE

A new look at health for the Wellington Indian Association Members

MAY

The evening talk is on **Primary Health Care**. Understand how to make the health system work for you and get the health entitlements you are entitled to.

Health and disability. If you want to know more about your rights when using health and disability services, get questions answered or make a complaint, this talk can help you to find an independent advocate. We can also give you some tips on self-advocacy.

Independent advocates offer education and training for anyone about consumer rights and provider duties.

DATE: Tuesday 25 May 2010

Guest speaker: Rachel Harrison, from Capitol Public Health Office (PHO)

VENUE:

Conference room, Bharat Bhavan, Kemp St. Wellington.

TIME: 7.30PM TO 9.00PM

Entry: \$2

Persons wanted for DIABETES Survey.

Are you interested in education and support on your condition? You are invited to take part in FREE education sessions to help you with your DIABETES

The sessions are part of a study. Each session is 2 hours and the study will run for 6 consecutive weeks. Next group is expected to start in late May or early June.

At these sessions Dieticians and Diabetes Nurses will work with you on topics like;

- Understanding and managing your diabetes
- Food choices – Healthy meals and snacks
- Keeping yourself well

***The Vision:** Healthy People in Healthy Communities. Most of us know what healthy people are. Healthy communities help people be healthy by providing a safe environment.*

***The Mission:** Promote physical and mental health to prevent disease, and minimise the impact of injury and disability.*

Sessions for Indian people are being run at Bharat Bhavan, Kemp Street, Kilbirnie

Contact the Health and Wellness group at health@wia.org.nz Raman Chhima, tel 04 383 6388 or call the study group on (04) 806 2458 if you would like more details.

The study has been developed by a group with specialised knowledge in diabetes led by Dr Jeremy Krebs. The study is supported by:

- Primary Health Organisations of the greater Wellington Region
- Wellington Regional Diabetes Trust

If you would like translation into Gujarati, let us know and we will try to organise a group with translation.

Any other person wishing to sponsor our events are welcome to do so.

Who to contact: Raman Chhima, Tel **04 383 6388** or health@wia.nz.org or any committee member.

The Vision: Healthy People in Healthy Communities. Most of us know what healthy people are. Healthy communities help people be healthy by providing a safe environment.

The Mission: Promote physical and mental health to prevent disease, and minimise the impact of injury and disability.

Have you check our new website?

www.wia.org.nz

FREE...



Call us if you would like a -

Free... Market Appraisal

Free... Information on what has sold in your area

Free... 0% commission until your property is sold

Find out about our \$500 lawyer discount voucher

For information on any RE/MAX Leaders properties you can email or call us

Specialising in Residential Sales & Marketing



Hamant Patel

mob: 0276198099

hm: 3882 150

Mahendra Patel

mob: 0276198098

hm: 3879 920

hpatel@leaders.co.nz

RE/MAX Leaders Real Estate (1987) Ltd MREINZ

Licensed under REAA 2008



We also have cash buyers on our books looking for Properties up to \$350,000 \$450,000 \$700,000 \$1M+ We look forward to hearing from you





Wellington Indian Association, Kemp Street, Box 14-480, Wellington South

-
- *Anger is the enemy of non-violence and pride is a monster that swallows it up*
 - *Each one has to find his peace from within. And peace to be real must be unaffected by outside circumstances*
 - *Faith is not something to grasp, it is a state to grow into*
 - *Anger and intolerance are the enemies of correct understanding*
 - *An unjust law is itself a species of violence. Arrest for its breach is more so*

Mahatma Gandhi Quote
