-- A-NATIVE-ELDER PROGRAN



View the newsletter in color online: www.anelder.org



The Spring Food Run Volunteer Set Up Committee at Big Mountain

## **Service from the heart**

"Everybody can be great...because anybody can

to serve. You don't have to make your subject

and verb agree to serve. You only need a heart

— Martin Luther King Jr.

full of grace. A soul generated by love."

by CJ Robb, Assistant Director, Adopt-A-Native-Elder Program

Our volunteers are truly the heart and soul of ANE. I feel that our volunteers are not only the engine that makes everything that we do possible, but they are the living, breathing embodiment of everything that makes our program special.

Through the massive efforts of serve. You don't have to have a college degree our dedicated volunteers we are able to deliver more than 250,000 pounds of assistance to

the reservation every year. Although that number sounds impossibly impressive, the real presence in every giveaway that is wrapped in our warehouse, every box that is packed and labeled with the names of our Elders, and every smile and gentle touch of the hands that passes between our support people and their

> Elders on the Food Runs. The love for the Elders that makes our program great isn't possible without the many dedicated

volunteers who give their time and hearts in service to the Elders and their families.

Continued on page 2

gift that we deliver is love. You can feel its



BJ Boucher of Durango, CO visits with a new Elder at the Tsaile Food Run.

During our twice yearly Food Runs, we rely on more than 100 individual volunteers to transport the food, giveaways, and fresh produce that we give to the Elders on the reservation; work in groups to put together a special day for the Elders in each of our Food Run locations, and honor the Elder's culture and traditional lifestyle.

The incredible people who take the opportunity to join us on these journeys return home with the blessings of the Elders, the deep

TABLES IV.

Volunteers at the warehouse donate thousands of hours throughout the year wrapping and packing giveaways.

gratitude of our staff, the knowledge that they have done their part to make a difference in the lives of the Elders and their families, and in many cases new friendships built on the strength of mutual service.

The Food Runs attract a diverse group of volunteers with incredible variety of experiences that they offer. The Runs begin with a

journey through the enchanting desert canyon lands of Southern Utah and Northern Arizona. As volunteers arrive from all corners of the country, we hold an orientation meeting, introducing our veteran volunteers with twenty plus years of experience and newcomers alike.

During the meeting, job assignments are handed out to volunteers, letting them know what tasks they will be performing throughout the coming days. Many volunteers work with local

Navajo family members on the kitchen committee. Some volunteers work on the giveaway committee, unpacking, organizing, and setting up all of the gifts that our warehouse volunteers spend months wrapping and packing.

Many of our strong-backed male

volunteers work outdoors to painstakingly organize all of the Food Boxes and produce. I love watching all of our volunteer committees work in unison to serve the Elders, as our veteran volunteers use their years of experience to aid in directing and organizing the many moving parts of a Food Run. There are also precious moments when participants have the opportunity to sit with the Elders and experience firsthand the culture and customs that define them.

Every volunteer who has given time working in our warehouse, every support person who has made the commitment to join us on a Food Run, every person who has given of themselves to serve another, and every Elder who we have been able to assist in the last 31 years is a part of the ANE family. I hope you'll consider joining us on one of our Fall Food Runs, they are truly an experience of a lifetime. You'll return home with new friends and the knowledge that you made a real difference in the lives of the Elders that we hold dear.



LeeRoy Arrellano, Tom Terry and Greg Gonzales help load boxes in the Elder's vehicles.

#### MISSION STATEMENT

The *Adopt-A-Native-Elder Program* exists to create a bridge of hope between Native Americans and other cultures. It allows us to reach out to one another, share our gifts, and mend the broken circle of our relationship with the Land and the Native Americans who hold it in sacred trust.

## We appreciate your kindness, generosity, and caring for our Program and the Elders

In the last 30 years I have visited more than 80 percent of our Elders at their homelands. Our homes are sacred to us no matter what conditions we live in. I have struggled to understand why the Elders are forgotten when it comes to their basic living conditions. Most of our Elders are now in their 80's. It has been so many years since home repairs have been made on their homes.



**Alice Begay** 

The Elders face many struggles and hardships. We try to help them live out their lives in their traditional ways. With 500 Elders, there are many requests and special needs.

Alice Begay lives in Birdsprings, AZ. She is in her 80's. The ceiling above her bed is corroded from water damage. When it rains, it comes in on her where she sleeps.



The floor in her hallway (on left) is extensively worn and dangerous for an old one to walk on at any time. The faucets in her tub are no longer working and an old bucket is carried in with water that is hauled to her home so she can wash with after it is heated on the stove.

Like many of our Elders, Alice is old and not considered a priority to receive assistance. The daily lives of so many of our Elders and their families and

caretakers consist of chopping wood, hauling water, traveling many miles to wash clothes and traveling for medical assistance.



Coordinator Darlene Slivers with Sarah Etcitty

Sarah Etcitty lives in Many Farms, AZ. She lives in a 1950's old camper trailer with a homemade stove inside it. She hauls her water and chops her wood. She is over 80 years old. She has been on a waiting list to receive housing for over five years. The doctors at the hospital, the senior center and the ANE Program have tried many ways to address the serious conditions she lives in. I worried about her all through the winter months when I heard she did not

receive housing. I sent our coordinator over there to check and to see that she had wood, blankets and food all winter long.

I am blessed to be able to assist these Elders in small ways to help make their daily lives easier, helping with survival needs – food, firewood and clothing items.

We need more help and support. If you have friends, foundations and people that you know that could help us assist the Elders, please let us know.

May you be blessed, Linda A. Myers

## "Because you bring me food, you wish my life to continue for another day and I will always remember you and bless you."

- Bessie Begay from Big Mountain, AZ

We thank you for your help in sustaining the Elders so they can live out their lives with dignity.

This year we are experiencing a higher than normal request from the reservation for new Elder sponsorship. Our standing goal is to serve every Elder in our Program with \$50 Food Certificates each month.

Unfortunately, due to funding shortfalls, we are currently not able to reach this urgent goal.

In addition to meeting the needs of the 500+ Elders in our Program, there are 45 Elders on our waiting list. This takes us to well over our program capacity of serving 500 Elders.

**Ultimate Food/Firewood Mission Goal:** 

Food Certificate Assistance

 $$50 \times 10 \text{ month } \times 550 \text{ Elders} = $275,000$ 

Firewood Assistance

 $100 \times 3 \log x \times 550$  Elders = 165,000

Would you be willing to make a special mid-year donation of \$50, \$100 or whatever you can afford to help us meet our goal in assuring that every elder receives the Food Certificates they need?

We simply can't do it without you. Your support will make a real, lasting impact in the lives of those who are still in need. Thank you for your continued support and friendship.

### ANE Yearly Distribution Impact/ 250,000 lbs of Food & Giveaways:

- 356 Rainbow Food Boxes
- 360 Grandma Boxes/120 Grandpa Boxes
- 200 Forgotten Feathers Boxes
- 50,000 Give Aways
- 400 Medical Boxes
- 120 Mother's Day Boxes
- 2,560 \$50 Food Certificates



Barbara Kescoli, Pinion, AZ

## Thank you!

### Thank you Individual, Corporate and Foundation Sponsors

**AARP Utah** 

The Agua Fund Community Foundation of Collier county

**American Express** 

Scott Anderson of Bancorporation Foundation

**Burrow Family Charitable Foundation** 

**Communique Marketing** 

The Denver Foundation

**Harold A McVey Family Fund** 

George S & Dolores Doré Eccles Foundation

**Green Realty** 

**JEPS Foundation** 

Native American Trading Post

**Marriner Eccles** 

Newman & Zenith Ward Foundation

**Park City Rotary Club** 

**Redmond Trading Co** 

**RSF Social Finance** 

Sealey Powers Consulting,

St Mark's Episcopal Outreach

United Way of Northern Utah

Valley of the Sun

**United Way** 

Vanguard Charitable Endowment

Lisa Wishnick & The William Wishnick Foundation

We appreciate all of the donations and Individual Sponsors and Donors whose contributions help provide food and supplies for the Elders.

We are always looking for foundations, corporations or individuals who might have an interest in contributing to the success of our various programs for the Elders. If you know someone connected with a foundation, corporation, business or a philanthropist with possible interests in helping the Elders or the Native American arts and culture they represent, please contact our office at <a href="mailto:caroline@anelder.org">caroline@anelder.org</a> or call Linda Myers at 435-649-0535. Any assistance in this effort would be greatly appreciated. Thank you.

# Thank You For Your Service & Kindness

The Adopt-A-Native-Elder Program wouldn't be the same without our many wonderful Support People, Sponsors and Volunteers. The mission and activities of the Program are highly dependent on the hundreds of people who so generously donate thousands of hours throughout the year. Without you, many of the ways we serve the Elders would not be possible.

Each spring and fall, ANE is blessed with the generous support of people who selflessly deliver boxes of food, clothing and simple medicines to the many different areas of the Navajo Reservation. It is truly a cross-cultural meeting of hearts and hands. To the over 100 support people who attend the Food Runs, Adopt-A-Native-Elder and the Elders say, "Ahéhéé'" or "Thank you."



John Percival and Tom McCrea unload food boxes at Big Mountain.



Thank you for your Oljato/Navajo Mountain support.



Thank you for your Dilkon/Leupp/Birdsprings support.



Thank you for your Many Farms/Pinion/Tsaile support.



Thank you for your Sanders/Big Mountain/Teesto support.

## **Big Mountain Food Runs**

By Mary Robertson Begay

Excitement fills the air as the Elders begin to arrive at 7:00 in the morning. They greet one another with handshakes, hugs and tears. This might be the only time they see each other all year long. We all anxiously look down the road for the caravan of ANE volunteers to arrive. A new set of friends to shake hands with, hug and share a tear with are on their way.

About 18+ years ago, my mother, Sarah Robertson,

agreed to host the Big Mountain Food Run. I would come home from work and see my mother sweeping the grounds where the chairs would be set up and where the rainbow circle of foods were to be placed. She would start the process of preparing for the Food Run at least two weeks before. She loved being hostess to so many people. The morning of the Food Run, my mother would quietly make the dough for fried bread and put up about 3 different stews.

15 years later my sisters and I scramble to get everything in place. The atmosphere is the same with excitement and anticipation for the day. I watch the weather reports for a whole week and pray each day that I do not have to move my beloved activity inside somewhere.

On the morning of the Food Run, I, along with my family set out the chairs out and make sure they are clean for the Elders. Amongst us somewhere is my Dad. He

came to live with us a couple of years after my mom passed on. I have gotten to know my Dad all over again. He has been my inspiration on many a morning when I just don't feel like doing this or that. My Dad has been in the program for quite some time now and he has grown to love everything about it. A couple years ago I walked into his room and found an ANE name tag on the floor. I picked it up and he told me to affix it back behind his door. I looked behind his door and there were years of name tags, his and my mom's all stuck behind his door. Later I thought about how much he cherished these events and what it meant to him.

He has his own special chair set up for him for the Food Run by my daughter, Kisha: the first chair of the circle on the north side. He is a quiet yet very observant person. At the end of the day watching him open the black bag and take out the give-away items is like Christmas. He inspects each item carefully. The food boxes might have the same items at each Food Run, but it's the motion of opening the boxes to examine the contents that is so loved. He says, "Someone who I have never even met cares enough to buy food for me."

Our menu at Big Mountain is a Thanksgiving dinner. A

week or so before, I call each of my three sisters and remind them of each to buy a turkey, usually I will have bought my 2 turkeys a month before. Nieces are called to ask for salads or traditional foods. Two loaded carts and a couple hours later we emerge to put cold stuff into a 60 gallon ice chest, fill with ice and fit everything into the back of the truck. This past spring we had 60 volunteers, 84 Elders, approximately 160 Elder family members, around 80 people who just show up for the event and about 35 of my own extended family. Approximately 419 people! They all leave with food in their tummies.

About 45 minutes before the people arrive, the big yellow Penske truck arrives loaded with food and give-away items. My husband, Harry, leads a group of guys in unloading Bluebird flour and food and medical boxes for

all the Elders. They remind me of little black ants. Each one now knows his place in the creation of the rainbow-shaped half circle set up of food boxes.

Then the ANE group arrives. Linda Myers and I go around to each Elder, place a name tag on them and greet them in the traditional way. Each Elder is greeted and loved ever more. They have had a hard life. Even to this day some of them still do not have indoor plumbing and electricity. I hardly ever hear them complain. Some of them in their old age continue to herd sheep, plant fields of corn and other vegetables.

Thank you to every volunteer, sponsor and the wonderful staff that make everything go round and round.

Ahéhéé'!



Mary Robertson Begay with her father, Alex Robertson

### Your donation of firewood helps keep the Elders warm

As the Fall approaches, many Elders will need firewood. In several areas, local tribal chapters are willing to help us see that Elders in need get the firewood. Many of the Elders depend on the wood for cooking and staying warm in the winter.

Each truckload of firewood costs **\$100.00**. Prices are the best in the early Fall. By late Fall the prices can be more than \$120.00 a load. Most of the Elders use firewood October through April.

A truckload of wood can last a family 3-6 weeks.

## PLEASE NOTE—All Fall Firewood Orders will be delivered at the FALL FOODRUN.

If you would like to make a donation for your Elder, please use the "Your Adopted Elder" section of the form on page 15.



For a donation to help an Elder in need, please use the "Forgotten Ones" section of the form on page 15

### Most of the Elders weave during the winter—now's a great time to send yarn

We know that when we provide the Elders with yarn for weaving, they can sell or trade their rugs for their needs. Weaving reinforces their culture and helps to preserve the tradition in Navajo families. Yarn boxes can be ordered at any time for your Elder or be gifted to the Program which will find a weaver on your behalf.



We have chosen the seven color combinations the weavers most often request. Each box will contain six skeins of wool and one warp which will weave a two foot by three foot rug. The cost for each yarn box is \$40 which includes shipping and insurance.

If you are ordering more than one box, we recommend that you order at least two of the same color. This will allow the Elder to weave a larger rug. Each box can be ordered in one of the color combinations below:

Chief: Grey heather, onyx, white frost, ruby red, and blue flannel colors of yarn

Crystal: Oatmeal, roasted coffee, Turkish olive, bronze patina, and crème colors of yarn

**Desert Turquoise**: Onyx, jaded dreams, light turquoise, crème, wild oak, and roasted coffee colors of yarn

Ganado: Deep heather, onyx, white frost, ruby red, and grey heather colors of yarn

Greyhills: Charcoal heather, sable brown, crème, roasted coffee, and oatmeal colors of yarn

Old Style: Deep charcoal, sable brown, crème, sunburst gold, and oatmeal colors of yarn

Traditional: Charcoal heather, onyx, white frost, medieval red, and grey heather colors of yarn

## **Christmas Stockings Project**



#### STOCKINGS DUE NOVEMBER 1st

Please label if the stocking is for a boy or girl and the age group: 1ST-3RD GRADE, BOY OR GIRL—OR—4TH-6TH GRADE, BOY OR GIRL

FAVORITE ITEMS II Small Games II Craft Kits II Puzzles II Crayons II Coloring Books II Beanie Babies II Small Dolls II Bubbles II Christmas Candy

**DRIVERS WILL BE NEEDED** to deliver the stockings to the Reservation.

**DRIVERS NEEDED—NOVEMBER 15th** 

## Santa's Workshop Opens in mid-October

We will begin to pack stockings for Navajo Elders and their grandchildren in October.

The stockings will be given to the schools for school children, and to Family Services in Chinle, Arizona for families in need.

**Stockings need to be 8 inches wide x 12 inches long.** If you are shipping stockings, we prefer you lay the stockings flat and set items in a bag to fill each stocking.

**Please** do not send large stuffed animals. Small items that fit into the stocking are preferred.

For stocking guidelines or questions contact Joan Reid at jcreid5@gmail.com

## Forgotten Blankets may be ordered for the Fall Foodrun



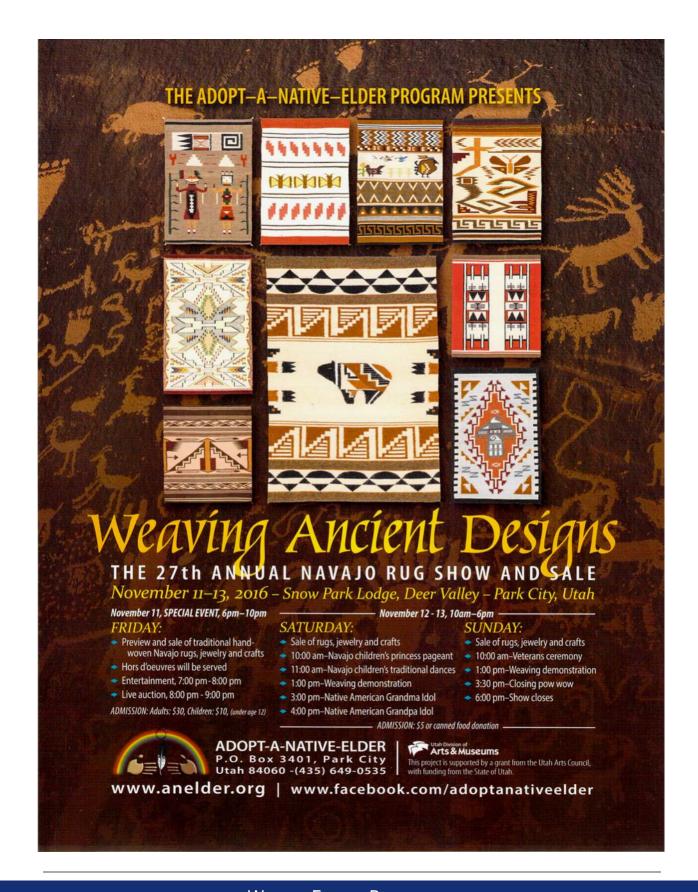
The program has purchased new blankets in six native designs. These can be purchased for your Elders for the fall Foodrun under "Forgotten Blanket". You may purchase one for your Elder or one for a Forgotten Elder as a donation.

The blankets are *twin size* made of acrylic and very warm. Because the Elders seem to always be cold, they are very happy when they receive a new blanket.

You might also consider gifting a blanket to an Elder in honor of someone's birthday or anniversary, or maybe as a memorial or honor for a friend or family member.

Include the name of the person you wish to honor and we'll send you a gift card telling them a blanket was given to a Navajo Elder on their behalf. If we send the card directly, we'll need their address as well.

See Order Form on page 15.



#### WILLS & ESTATE PLANNING

Supporters of the *Adopt-A-Native-Elder Program* (ANE) have expressed an interest in naming ANE as a beneficiary in their will or estate plan. If you would like more information on how you may help in this important legacybuilding way, please contact John Burrow: (503) 312-5655 or jburrow5@aol.com.

#### WHEN EAGLES FLY

In special remembrance to the great Elders we loved and the joy that we all shared together

#### Dilkon



Ada Jane Nez



Thelma Lee

#### Navajo Mountain



Willard Nez Tsosie

#### Sanders



Desbah Yazzie

#### **MEMORIALS**

Outi Gould purchased a beautiful rug in memory of her mother who was a weaver.

Phyllis Hazell made a donation in memory of her beloved Soul Mate, Hal Hazell.

Linda Myers made a donation on behalf of ANE in memory of the mother of Rug Show Assistant and Volunteer Andrea Berman.



SHEEP DOG TRIALS
Soldier Hollow: Midway, UT
September 2-5
We are looking for volunteers
who would like to work
half-day shifts.

barbyamada@gmail.com

Come see the beautiful rugs and weaving demonstrations!



Darlene Furcap talks about the loom



Mae Shay spins wool



John Aldrich

## Thanks to John Aldrich for photographing all eleven Spring Food Runs

Once again, we were fortunate to have John Aldrich of Salt Lake City, Utah attend and photograph all of the Food Runs this Spring.

John's work is stunning and we are grateful to him for his talent and dedication to the Program.

Greg Burns of Salt Lake City is also a gifted photographer. Greg joined John in lending his talents at the Sanders, Big Mountain and Teesto Food Runs. The photo on the right shows Greg positioning himself carefully to take photos of the Elders.



**Greg Burns** 

## Photographer Needed For Fall 2016 Food Runs

If you have photography skills and are interested in attending the Fall Food Run, please contact us: caroline@anelder.org Expenses will be paid.

September 27-30: Dilkon, Leupp & Birdsprings
October 4-8: Many Farms, Pinion & Tsaile
October 9-13: Sanders, Big Mountain & Teesto

### FOOD PACKING 2 Saturdays: August 6 & 13 8:00am-11:30am

We invite you, your family and friends to help us pack the Food Boxes for our Fall Deliveries.

We hope to see you at the warehouse. As always, we thank you for your generosity, hard work and support.



Notice: Reasonable efforts will be made to use donations for the specific purpose designated. All donations become the property of Adopt-A-Native-Elder and will be used at the discretion of the organization to further the mission of the Adopt-A-Native-Elder Program in delivering materials and services to the Elders.

PAGE 11 / JULY 2016

### **UPCOMING EVENTS & DEADLINES Summer/Fall 2016**

OFC	DIVING EVENTS & DEADLINES SUITINEI/FAIT 2010
<u>JULY</u>	
July 15	All Food Run Driver applications due for Oljato, Navajo Mountain (Tonalea) SPACE IS LIMITED Online Application at: www.anelder.org
July 17	Last day backpacks accepted for August delivery
July 23	Fall Food delivery day for Rainbow Food Boxes at Warehouse 9:00 am—11:00 am 801-474-0535
July 30	Shiyazhi Tea Party Saturday 1:00-3:00 pm SLC Warehouse~ All are welcomeAndrea Berman 801-582-1946
<u>AUGUST</u>	
Aug 6 & 13	ALL RAINBOW BOXES WILL BE PACKED THESE TWO SATURDAYS
	Volunteers Needed: Food Packing 8:00 am-11:00 am
Aug 5	All Food Run money due for Oljato, Navajo Mountain (Tonalea)
	Order Online at: www.anelder.org or call SLC office 801-474-0535
Aug 19	All Driver Applications due for all remaining (Arizona) Food RunsEd Keane 801-272-3679
	Online Application at: www.anelder.org
Aug 19-20	Load trucks for Oljato, Navajo Mountain Food Run—Fri, SatEd Keane 801-272-3679
Aug 23-25	Oljato, Navajo Mountain (Tonalea) Food Run—Tue, Wed, Thur
<u>SEPTEMBER</u>	
Sept 1	ALL Food Run Box Money Due for ARIZONA Fall Food Runs
	Order Online at: www.anelder.org or call SLC office 801-474-0535
Sept 2-5 da@gmail.com	Volunteers Needed: Sheep Dog Show, Soldier Hollow Please Contact Barbara Yamada: barbyama-
Sept 8	Rug Show Volunteer Meeting at P.C. Community Church 5:30 pmAndrea Berman 801-582-1946
Sept 12	ANE Event: Red Butte Garden SLC 6:00 pm—8:00 pmAndrea Berman 801-582-1946
Sept 17	Shiyazhi Pageant 1:00-3:00 pm SLC Warehouse ~ All are welcomeAndrea Berman 801-582-1946
Sept 23	Mandatory Food Run Drivers Meeting—Friday, 5:30 pm (Utah Drivers Only)Ed Keane 801-272-3679
Sept 27-30	Dilkon, Leupp, Birdsprings Food Run—Tue, Wed, Thur, Fri.
<u>OCTOBER</u>	
Oct 4-8	Many Farms, Piñon, and Tsaile Food Run—Tue, Wed, Thur, Fri, Sat
Oct 9-13	Sanders, Big Mountain, Teesto Food Run—Sun, Mon, Tues, Wed, Thur
Oct 27	Rug Show Volunteer Meeting at P.C. Community Church 5:30 pmAndrea Berman 801-582-1946
NOVEMBER	

PAGE 12 / JULY 2016

Rug Training SLC Warehouse

27th Annual Rug Show, Deer Valley, Utah

Nov 6

Nov 11-13

### ADOPT-A-NATIVE-ELDER PROGRAM FOOD RUN DRIVER'S APPLICATION FALL 2016



NAME:				
PHONE: (H)	(C)			
ADDRESS:		EMAIL:		
CITY:	STATE:	ZIP:		
VEHICLE TYPE: SUV MODEL:		VAN MODEL:	Her Street Section 1	
PICKUP MODEL:	_ (BED SIZE): _	(SHELL?)	YESNO	
OTHER: NO	TE: Vehicles ne	ed to be able to carry at least 1	6 food boxes	
PASSENGER: NAME:		_PHONE: (H)	(C)	
ADDRESS:		EMAIL:		
CITY:	STATE:_	ZIP:		
*** (Please do not apply if you caOljato-Navajo Mtn: Augu Dilkon-Leupp-Birdsprings Many Farms-Pinon-Tsaile:	nnot be preser st 23rd-25th (A s: September 2 October 4th-8	LOWING FOOD RUN() at for the entire food run.) *** Application due by July 15th, Some state of the entire food run.) Application due by July 15th, Some state of the entire food run.) Application due by Augus Bth (Application due by Augus Bth-13th (Application due by	pace is Limited) August 19th) st 19th)	)
Please mail to: <b>Adopt-A-Native-E</b> Please indicate if you are a certified If you have questions please call Linda	ed emergency m	edical responder, nurse, or physi	<b>T 84060</b> cian.	
Preference will be given to drivers leav If you would like to participate but do	ing from Utah s not live in Utal	to that food boxes can be transpo th you may fly into Salt Lake City	orted from the wa y and rent a pick-u	rehouse. 1p truck,

Applications will be considered based on a variety of factors such as vehicle size and the number of volunteers needed for each food run. You will be notified by Linda Myers if your application is accepted.

van or SUV. Or you could fly to Albuquerque or Phoenix, rent a suitable vehicle and meet us in Arizona.



### FOOD RUN RAINBOW GIFT BOXES FOR YOUR ELDER

<u>AUGUST 5:</u> ALL FOOD RUN MONEY DUE for UTAH Fall Food Run (Oljato, Navajo Mountain, Tonalea)

<u>SEPTEMBER 1:</u> ALL FOOD RUN BOX MONEY DUE for ARIZONA Fall Food Runs

**Please** 

this hox for

vour Elder.

## QUICK & EASY ONLINE ORDERING

Please go to www.anelder.org Click on "Order for Your Elder" and follow the instructions.

#### FORGOTTEN ELDERS

If you wish to provide Rainbow Boxes or other gift boxes for Forgotten Elders, please indicate that on your order form.

If ordering online, when the dialogue box appears asking the Elder's name, just indicate "FOR THE FORGOTTEN ELDERS" and the Program will take care of getting those items delivered.

#### **DROP-OFF BOXES**

If you pack boxes for

the Program to deliver
to your Elder
during the Food Run,
PLEASE clearly mark them as
DROP-OFF BOXES
and include both Sponsor and

Elder Name and Elder's Food Run Area.

#### MAXIMUM SIZE LIMIT:

18 inches long

15 inches wide

12 inches high

Because of the space limitations and the need to utilize volunteers' vehicles, the limit is two Drop-Off Boxes.

PER ELDER

## The Rainbow Food Boxes or Rainbow Food Certificates (DK, LP, BS, PI only) for your elder are \$100.

We will increase our giveaway sets of food boxes to Elders who live far away from the grocery stores and to Elders who are homebound. We ask you to walk the Circle of the Giveaway by helping us to see that each Elder receives a Rainbow Food Box Set/Rainbow Food Certificate.

#### RAINBOW FOOD BOX, \$100:

coffee, tea, toasted oats, 2 cartons

oatmeal, large cornflakes, large

shortening, large baking

powder, salt, 4 cans Vienna
Sausages, 2 cans pork and
beans, corn, carrots, peas, 2

mandarin oranges, applesauce, pears, peaches, fruit cocktail, chicken noodle soup, 2 cases Ramen noodles, graham crackers, sugar, spaghetti sauce, noodles, macaroni, 20 lbs. Bluebird flour, 4 sugar-free Jell-O, strawberry jam, peanut butter and yellow cornmeal, 10 lbs. potatoes, and 5 lbs. of onions.



**GRANDMA Box, \$40:** 3 yards Panné velvet fabric for blouse, 4 yards cotton print fabric for skirt, matching thread, 2 pairs socks, white yarn for hair ties, safety pins, and sewing needles.

**GRANDPA Box, \$30:** 1 sweatshirt, 2 T-shirts, 2 pairs of socks, bandana, 1 flannel shirt, beef jerky, peanut butter crackers and 2 Spam singles.

**MEDICAL Box, \$35:** Vaseline, Vicks, Handi-Wipes, cough drops, Band-Aids, Pepto Bismol, Bengay, Q-tips, hand lotion, toothpaste, chapstick, pain relief cream, Ace bandage, and triple antibiotic ointment.

FORGOTTEN BLANKET \$35: (FALL ONLY) The program has purchased new blankets in three native designs. See page 8 for details.

CHILDREN'S BOX, \$15: 2 spiral notebooks, wide rule filler paper, book: 'Illustrated Classics', facial tissue, markers (8), colored pencils (12), pencil case, crayons (24), 2 glue sticks, 2 erasers, scissors, 12" ruler, Rice Krispy treat, fruit snacks and Vienna Sausages.

YARN Box, \$40: See page 7 for details.

### **Food Run Order Form & Donations**

Mail your order along with your check to: Adopt-A-Native-Elder, POB 3401, Park City, UT 84060 For quicker processing, order online: www.anelder.org or by phone: 801-474-0535

Elder #1:	Elder's Foodrun:				
Elder #2:	Elder's Foodrun:				
,	Email:				
FOOD	Run orders for Utah - Navajo Mtn/Ol.	JATO (TONALEA) DUE A	JUGUST 5		
	All Arizona Food Run Orders D	UE SEPTEMBER 1			
Please indicate	whether you would like your donation to be ap	plied to a Food Run.			
Firewood (	a) \$100	Fall '16 Spring '17	\$		
	 D \$40 (Choose: Greyhills, Ganado, Chiefs, Crystal , Ola	, 3			
_	Desert Turquoise, Traditional, ANE Choice) Fall '		\$		
Food Certif	ficates (Circle Send to: Elder / Sponsor) @ \$25 ea		\$		
	tructions:				
PLEASE PLACE	Your Fall Food Run Order Early For Y	OUR ELDER			
·	ood Box @ \$100		\$		
	ood Certificate @ \$100 (DK, LP, BS, PI only)		\$		
	ox @ \$35	Fall '16 Spring '17	\$		
Grandma B	30x @ \$40	Fall '16 Spring '17	\$		
Grandpa Be	ox @ \$30	Fall '16 Spring '17	\$		
Forgotten	Blanket (Fall Only) @ \$35	Fall '16	\$		
Child Scho	ool Box @ \$15	Fall '16 Spring '17	\$		
<b>DONATIONS FOR</b>	FORGOTTEN ONES:				
Rainbow F	ood Box (for FORGOTTEN) - suggested 1 set @	\$100	\$		
Feathers fo	or Forgotten - suggested 1 order @ \$35		\$		
	Program - <i>suggested</i> 1 order @ \$100		\$		
	lour (20-lb @ \$10.00)		\$		
_	Blanket (Fall Only) @ \$35	Fall '16	\$		
OTHER DONATION					
	auty Program		\$		
	ol Box @ \$15F	, , ,	\$		
	Stocking Project		\$		
	<del>_</del>	)	\$		
Purchases or C					
	Necklace @ \$10		\$ \$_		
Adopt-A-Native Elder T-shirt @ \$22 (Circle Men's/Woman's SizeColor Adopt-A-Native Elder Logo Baseball Cap @ \$15 (one size fits all)					
			\$		
inewsiette	r Annual Renewal @ \$25 (1-year subscription) .		\$		
	TOTAL	AMOUNT ENCLOSED	\$		

## Please Join Us To Deliver Food this Fall



It takes many vehicles to get all of the food and giveaways to the Elders for the winter. If you would like to help, please send in your Driver's Application on page 13. Thank you!

#### Adopt-A-Native-Elder Program 328 West Gregson Ave Salt Lake City, UT 84115



It's time for good coats, shoes, blankets, sweatshirts, jeans and shoes to put on our tarps for the Elders to have warm clothing this winter. Please make sure items are clean and in good condition. We need all items by September 1, 2016.