

**Information for case example for occupational therapy role managing long term conditions**

**1 To which care sector(s) does the case example relate? ('X' in all that apply)**

Integrated Care Team	<input type="checkbox"/>	Learning Disability Team	<input type="checkbox"/>
Paediatric Service	<input type="checkbox"/>	Community Rehabilitation Team	<input type="checkbox"/>
Children's Centre	<input type="checkbox"/>	Social Services	<input type="checkbox"/>
Housing	<input type="checkbox"/>	Reablement Service	<input type="checkbox"/>
Vocational Rehabilitation Service	<input type="checkbox"/>	Third Sector Organisation (please state)	<input type="checkbox"/>
Mental Health Team	<input type="checkbox"/>	Other (please state:- )	<input checked="" type="checkbox"/>
Inpatient Service	<input type="checkbox"/>	Therapy Directorate, Community Services Long Term Neurological Conditions Neuro Case Management Service	

**2 Which aspect of long term conditions management does your case example illustrate? ('X' in all that apply)**

Service re-design for costs and effectiveness	<input checked="" type="checkbox"/>
Treating people with long term conditions in the community	<input checked="" type="checkbox"/>
Assisting commissioners to design integrated services	<input type="checkbox"/>
Working with people with more than one long term condition	<input checked="" type="checkbox"/>
Obesity, how it contributes to LTCs, its prevention and management	<input type="checkbox"/>
Effective integration of health, social care and other services, including Third sector	<input checked="" type="checkbox"/>

**Continued**

Case Example:- Occupational therapy role in the management of long term conditions

Implications of an ageing population and ability of services to meet demand	<input type="checkbox"/>
Interaction between mental health and long term physical conditions	<input checked="" type="checkbox"/>
The extent to which people are being offered personalised services	<input checked="" type="checkbox"/>
Other (please state)	<input type="checkbox"/>

**3. Practice Details:** Please enter text within the relevant text box. **Word limit (for guidance only) 500 words.**

**Title of case example:** Neuro Case Management Service, Sheffield Health And Social Care NHS Foundation Trust

**Case Example:- (where you work and your intervention)**

One example of effective integrated care is the Neuro Case Management Service in Sheffield. The service integrates care across health, social and voluntary sector, whilst providing personalised care. The team consists of three occupational therapists and one nurse, working as case managers, with the four health professionals being responsible for an increasing case load of over 800 people. The service has been commissioned to provide:-

- long term case management and care navigation without discharge
- management of those people with a neuro diagnosis (who may also have co-morbidities) who have complex needs
- self management and reduction of unplanned GP activity and hospital admissions
- reduction of duplication regarding rehab referrals made across an uncoordinated pathway
- timely medical, rehab and social care intervention to maintain status
- proactive MDT network plan to coordinate current and future needs
- holistic assessment that links with health, social and 3rd sector and employment services<sup>1</sup>.
- Identification of levels of complexity throughout the LTNC population which assists in the categorization of client need and resource availability
- Focus on long term monitoring and self management from early onset
- Focus on providing stability and a point of contact for multi factorial, unstable, unpredictable complex neurological conditions

**Outcomes of your intervention:- how does/did your intervention help people to manage their long term conditions? (see accompanying guidance document for suggestions)**

- assessment by holistic complexity profile leading to provision of client guided care plan
- EQ-5D to look at perceived quality of life
- Dorset Mental Health Questionnaire to look at respect, quality of life and personalisation
- Service Feedback questionnaire to establish client satisfaction
- Service Providers feedback questionnaire to establish service provider satisfaction

**4. Contact details:** Please provide full information

**5. Declaration** The following declaration relates to the provision of information to be used to illustrate the occupational therapy role in the management of long term conditions, and in particular to support written evidence to be submitted to the Health Select Committee’s Inquiry into the management of long term conditions.

**(please delete ‘yes’ or ‘no’ or ‘not applicable’.)**

My employer has agreed to my providing this case example.	Yes	
All patient identifiable information has been removed from the information I have provided for this case example.	Yes	
The person has given consent for his/her anonymised information to be used for this case example.		Not applicable
I agree to the information I have provided being shared with College of Occupational Therapists, the Health Select Committee, the Allied Health Professions Federation and the Department of Health	Yes	

In addition to the above declarations, I agree to the case example being published more widely in College of Occupational Therapists or Health Select Committee	Yes	
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Case Example:- Occupational therapy role in the management of long term conditions

publications (for example, 'OT News', Specialist Section Newsletters) or on the College of Occupational Therapists or Health Select Committee or Allied Health Professions Federation websites.		
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Your name:- Sal Foulkes

Your position:- Senior Case Manager

Date:- 08/05/2013

**End**